

# LifeZone360 Lacrosse

## Pre-Academy Lil' Laxers



### Lifezone360 2018 SUMMER LIL' LAXERS PRE-ACADEMY

**GRADES:** K - 3

**AGES:** 5 - 8

**SKILL LEVEL:** Beginner

**SESSIONS / DAYS:** 16 Sessions / Wednesdays

**TIME:** 6p - 7p

**COST:** See Pricing Options

**LOCATION:** Lifezone360

The LifeZone360 Pre-Academy (Lil' Laxers Program) is designed to introduce young athletes in K-3 grade to lacrosse including:

- Fundamentals and Rules of the Game
- Stick Handling
- Scooping Ground Balls
- Cradling
- Passing
- Catching
- Dodging

The program is designed to incorporate other fun activities such as dodge-ball and sharks and minnows using a lacrosse approach.

The Lil' Laxer program will set a good foundation for the athletes that are just starting out with lacrosse and are looking to move up and excel at the sport.

STICKS ARE PROVIDED IF YOUR ATHLETE NEEDS ONE.

Lil' Laxers training uses a soft lacrosse training ball **HOWEVER FULL LACROSSE GEAR IS REQUIRED**



#### LIL' LAXER QUICK INFO

**Wednesdays 6p - 7p**

@Lifezone360

999 W Main Street

W Dundee IL 60118

JUNE 6, 13, 20, 27

JULY 11, 18, 25

AUGUST 15, 22, 29

SEPT 5, 12, 19, 26

OCT 3, 10

16 TOTAL SESSIONS

#### PRICING OPTIONS

**DROP IN: \$20**

4 PACK OF SESSIONS: **\$75**

8 PACK OF SESSIONS: **\$120**

UNLIMITED SESSIONS: **\$199**

Attendance will be tracked by coaching staff.

There are NO REFUNDS for this program.

**CLICK HERE TO REGISTER FOR THE 2018 Lil' Laxer Program**

or visit <https://goo.gl/6OEFao>

#### PROGRAM CONTACT

Kyle Pepich

LZ360 Lacrosse Director

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