

The importance of the small sided game with 10U-14U.

We aspire to provide you a unique experience. We believe in the long lasting effects of 3v3 and 4v4 competition in a player's development. As our youth recreational players progress into 7v7 and then 9v9 competition, we will organize them in a manner in which they will be competing in 3v3/4v4 competition as well as 7v7 or 9v9 competition. Players will essentially be part of two different leagues within the same season. This approach will enhance player development and lead them to being creatively comfortable on the ball. When the player plays small sided season too, they allows them to get a large amount of touches as well as more scoring opportunities for all players. Thus promotes opportunities for lots of successes which lead to confidence. Also, this teaches players to think quicker and play quicker which enhances their cognitive ability. These skills they gain from small sided play will translate to smart, unselfish and confident players when they play 7v7/9v9 games. Our purpose and goal is not to simply just run a league, but to manage each youth's development in a manner that prepares them for the future.