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|  | Concussion Return to Play Policy | |
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The statements in this policy document are not to be construed as a contract or covenant of employment. They are not promises of specific treatment in specific situations, and are subject to change at the sole discretion of Clark County Youth Football (CCYF).

SCOPE: All CCYF players, parents, coaches, trainers, volunteers, & board members.

PURPOSE: To establish a Return to Play (RTP) Policy for players who incur concussions that ensures safe return to play and that satisfies the requirements under Washington State RCW 28A.600.190, also known as the Zackery Lystedt Law.

POLICY: All CCYF players that are suspected of sustaining a concussion during a practice, game, or other CCYF function must immediately be removed from competition. All CCYF players removed from competition, practice, or other event due to a suspected concussion must be evaluated by a licensed healthcare provider trained in the evaluation and management of concussions. The player must receive a signed unconditional written clearance to return to play from this healthcare provider before they can return to competition. In addition, the healthcare provider evaluating the player and providing unconditional written clearance must be one of the following licensed types:

1. Doctor of Medicine (MD)
2. Doctor of Osteopathic Medicine (DO)
3. Physician Assistant (PA)
4. Advanced Registered Nurse Practitioner (ARNP)
5. Licensed Certified Athletic Trainer

REQUIREMENTS:

1. This policy is subject to amendment annually by CCYF executive board approval, and changes in the Washington State Lystedt Law.
2. All CCYF coaches and assistants must undergo annual, mandatory one hour concussion training, provided by the league.
3. All CCYF players and parents must be provided a concussion and head injury information sheet before each season.
4. The concussion information sheet must be signed by the youth player and the player’s parent and/or guardian and returned to the league prior to the player initiating practice or competition.
5. Parents and/or guardians will be provided a copy of the “Return to Play Medical Release Form” (Appendix A), as needed either from their coach or from the league website, so that they can take this to their licensed healthcare provider. NOTE: The licensed healthcare provider can choose to sign this form or complete one of their own, so long as the release is unconditional.
6. This policy will reside on the league website at www.ccyf.com.
7. Any volunteer coach, assistant or league employed trainer who suspects a concussion has occurred will call the league Safety Officer within 24 hours of evaluating a player for a possible concussion.
8. League Safety Officer will contact concussed player’s parent(s) and discuss the player’s progress and monitor injury for appropriate medical release.

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9. Player may not return to competition in any practice or game until an unconditional release is obtained from a licensed healthcare provider. This release must also be faxed to the league safety officer, and receipt verified, before the player may return to competition.

REFERENCES:

Forms:

Appendix A: Return to Play Medical Release Form



Return to Play
Medical Release Form

Law, Regulations & Accreditation:

Revised Code of Washington (RCW) 28A.600.190

Web Sites:

1. Washington State Legislature website, RCW 28A.600.190:
<http://apps.leg.wa.gov/rcw/default.aspx?cite=28A.600.190>
2. Washington Interscholastic Activities Association website, Concussion Management Guidelines: <http://www.wiaa.com/subcontent.aspx?SecID=623>

End of Policy

The remaining portion of this policy document contains approval, review and revision information only.