



# Spring 2018 Offerings

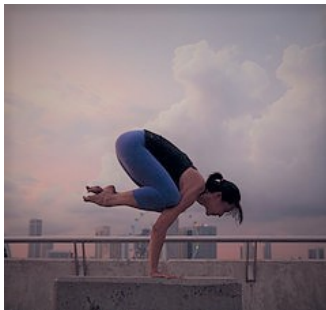
Check out our NEW programs!



Why wait until next year to start improving your game? Start workouts now to be the best you can be next season! Don't let your competition outwork you!

## ***PeeWee & Squirt Hockey Training***

**Tuesdays**  
6-7pm; 5 weeks  
Program starts May 1st  
**PCX at the Cyclone Center**  
**865 Publishers Pkwy**  
Cost:\$50



## **Yoga**

Unroll your yoga mat for an invigorating full-body experience!

**Tuesdays @ 7pm and Saturdays @ 9am**

**\$50 (5 sessions)**  
**PCX at the Cyclone Center**  
**865 Publishers Pkwy**

## ***Bantam & Midget Hockey Training***

**Thursdays**  
6-7pm; 5 weeks  
Program starts May 3rd  
**PCX at the Cyclone Center**  
**865 Publishers Pkwy**  
Cost:\$50