



## 2018 SPORTS PHYSICALS MINNESOTA STATE HIGH SCHOOL LEAGUE-SANCTIONED ACTIVITIES

**Olmsted Medical Center will be offering discounted 2018 sports physicals (appointment required):**

- DATE/TIME:** Saturday, June 2, and Saturday, August 4, 2018  
9:00 AM – 11:30 AM
- LOCATION:** OMC Sports Medicine & Athletic Performance Building
- ADDRESS:** 5155 55<sup>th</sup> Street NW, Rochester, MN
- COST:** The cost of these sports physicals will be \$25.
- CONTACT:** Please call 507.535.1977 to schedule an appointment.

### **SPORTS PHYSICALS BILLED TO INSURANCE:**

Olmsted Medical Center provides scheduled, non-discounted well-child visits during which the sports physical requirements will be reviewed and necessary forms completed. These are available at all clinic locations, except FastCare. These will be billed to your health insurance as a "Well-Child Visit." It will be the responsibility of the parent to contact their insurance company to determine coverage under their insurance plan.

### **FASTCARE LOCATIONS:**

Olmsted Medical Center operates two FastCare (convenience care) clinics which are located at Shopko North and Shopko South in Rochester. **These clinics offer sports physicals for \$55.00, which must be paid in cash at the time of service and which are not billable to insurance.** No appointment is necessary, but online reservations can be made at [www.olmstedmedicalcenter.org/wait-times](http://www.olmstedmedicalcenter.org/wait-times). (These sites are unable to complete adaptive athletic sports physicals.)

- Shopko South:** 2820 South Broadway, Rochester (next to Menards South)  
**Shopko North:** 3708 Highway 63 North, Rochester (next to the Paragon Chateau Theatres)

### **FastCare Hours:**

|                 |                    |                                  |
|-----------------|--------------------|----------------------------------|
| Monday - Friday | 8:30 AM – 8:00 PM  |                                  |
| Saturday        | 8:30 AM – 5:00 PM  | <b><u>Closed on Holidays</u></b> |
| Sunday          | 10:00 AM – 5:00 PM |                                  |

### **REQUIRED PAPERWORK FOR DISCOUNTED & FASTCARE LOCATIONS:**

It is necessary for the **parent and patient sections of the MSHSL Sports Qualifying Physical Examination Form 2017-2018 to be fully completed and signed** prior to the examination. **We require that a parent be present at the time of the exam.**

Bring the following to the appointment:

- If the student wears glasses or contacts, they must wear or bring the glasses/contacts to the appointment.
- The student's immunization record.