



For Immediate Release

For information contact: Glen Andresen, T: 651.602.5727 Fax: 651.222.1055 E-mail: gandresen@minnesotahockey.org

Minnesota Hockey Announces Gold Rush Girls Hockey Camp

Camp Will Include Instruction from Members of 2018 Women's Gold Medal-Winning Team

St. Paul, MN – May 1, 2018 – Minnesota Hockey today announced it will host the first-ever Gold Rush Girls Hockey Camp, featuring instruction from 2018 Gold Medal-winning Olympians: Goaltender Maddie Rooney, Sydney Morin and Kelly Pannek. The four-day camp will be held June 25 – June 28 at Plymouth Ice Center in Plymouth, Minn. In addition to on-ice instruction, the camp will also include daily off-ice athletic activities to promote the importance of multi-sport athletes like Rooney, who was also a softball player at Andover High School.

The camp will provide on-ice instruction and off-ice activities for 10U and 12U Girls, and will also include a two-day “Learn to Play” event for girls ages 4 – 8. The camp will be limited to 50 participants in the 10U age group and 40 participants in the 12U age group, and will be filled on a first-come, first-serve basis. **Registration opens on Monday, May 7 at www.minnesotahockey.org.** Cost for the camp is \$350 for 10U and 12U players.

Learn to Play participants will not be charged, and spots will be filled on a first-come, first-serve basis. Equipment will be provided for Learn to Play participants that do not have their own equipment.

With assistance from the gold medalists, the on-ice sessions and dryland training will be led by Minnesota Hockey's Jess Christopherson and her certified Minnesota Development Model coaches.

The schedule for the camp is as follows. All times and activities are subject to change:

Monday, June 25

noon – 12:45 PM	Registration (all players)
1:30 – 2:45 PM	10U On-Ice Session 12U Dryland Session
3:00 – 4:15 PM	12U On-Ice Session 10U Dryland Session
4:30 – 5:15 PM	Q & A Session

Tuesday, June 26

1:15 – 2:30 PM	12U On-Ice Session 10U Dryland Session
2:45 – 4:00 PM	10U On-Ice Session 12U Dryland Session
4:00 – 5:00 PM	Girls Learn to Play Program
4:15 – 5:15 PM	Volleyball/Soccer Games

Wednesday, June 27

1:15 – 2:30 PM	10U On-Ice Session 12U Dryland Session
2:45 – 4:00 PM	12U On-Ice Session 10U Dryland Session
4:15 – 5:15 PM	Kickball/Dodgeball Games

Thursday, June 28

Noon – 1:00 PM	Girls Learn to Play Program
1:15 – 2:30 PM	12U On-Ice Session 10U Dryland Session
2:45 – 4:00 PM	10U On-Ice Session 12U Dryland Session
4:00 – 5:00 PM	Girls Learn to Play Program
4:15 – 5:15 PM	Photos/Autographs/Graduation

317 Washington Street
St. Paul, MN 55102
www.minnesotahockey.org

Phone 651-602-5727
Fax: 651-222-1055
E-mail: info@minnesotahockey.org