



**MICHIGAN USA WRESTLING**

*Michigan's Leader in Freestyle and Greco-Roman*



# **Cadet/Junior National Teams**

**Mandatory Practice**

**Saturday May 19<sup>th</sup>, 2018**

**10:00 a.m. – 12:00 p.m.**

**Central Michigan University  
Wrestling Room**

**Guest Clinician – Dave Habat of Cliff Keen**

**Session will include technique, drilling and High Intensity Live Wrestling. Our goals are to get the teams together for them to get to know each other and the coaches.**

**Questions:**

**Jerry Lajoy – [Frenchy49735@yahoo.com](mailto:Frenchy49735@yahoo.com)**

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