

## OSSEO FOOTBALL 2018

### ATHLETE EXPECTATIONS AND SEASON GOALS

Our goal is to use the game of football to build lifelong characteristics that our young men can use throughout life. We expect our kids to be successful on and off the field. On the field our goal is to be the fastest, most disciplined and excited team every day. Our goal is to play for a district and section title every year. If we work hard and do the right things we can achieve these goals. Off the field our goal is to be the best we can be every moment. This is also along the same lines as our expectations. We need to have the goal to be the greatest citizens that we can be.

#### 2018 Season Goals:

- 90+% attendance and buy in during summer practices and football activities
- Increase Summer weight room numbers (from 2017 numbers)
- Win Jack Rabbit Competition (SDSU)
- Win Excellent Team Award (SDSU)
- Win all district/rivalry games
- Win all home games
- .500+ win percentage at all away games
- Compete to win District Championship
- Compete to win Section Championship
- Compete to win State Champions
- Maintain all program players from August 14th until the end of the season

#### 2018 Player Expectations:

- Give their very best effort towards receiving a quality education.
- Do right by their families, teammates, coaches and community.
- Always give their best effort for the team, teammates, and themselves.
- Treat others the way you want to be treated.
- To be prompt, ready, and properly equipped for all football activities.
- To hustle, give the best effort possible.
- To know their assignments, be students of the game.
- Abide by team and school rules.
- Sacrifice for the team, each individual is only as good as the team.
- Be the best person that they can be, be a role model for others.
- To play with *Character* – “Play as well as you can for as long as you can.”
- To play with *Pride* – “Know that you won’t quit when it gets tough.”
- To be Mentally *Tough* – “Accept discomfort and live with it.”
- Understand and abide by the four pillars of success T.E.A.M.