## ELK RIVER GIRLS YOUTH BASKETBALL ASSOCIATION 2022 Summer Basketball CHALLENGE June 1, 2022 – August 31, 2022

All girls completing the Summer Basketball Challenge will receive a T-shirt and be recognized at a girl's varsity basketball game!!

Must be a member of the ERGYB Association to participate.

UPON COMPLETION OF THE SUMMER BASKETBALL CHALLENGE MINUTES, PLEASE COMPLETE THE FOLLOWING AND RETURN THIS FORM AND YOUR TALLY SHEET BY SEPTEMBER 30 TO:

## ERGYB Summer Basketball Challenge PO BOX 235 ELK RIVER, MN 55330

PARTICIPANT NAME:
PARENT NAME:
ADDRESS:
CITY:ZIP
TELEPHONE NUMBER:
GRADE LEVEL FALL 2019S:
HIRT SIZE: Youth Sizes L XL
Adult Sizes S M L XL XXL
VERIFY THAT MY DAUGHTER HAS COMPLETED THE SUMMER CHALLENGE MINUTES AS REQUIRED TO BECOME A MEMBER OF THE 2017 ERGYB SUMMER BASKETBALL CHALLENGI CLUB.
ARENT SIGNATURE:
or ball handling and dribbling ideas visit: www.coachesclipboard.net.

## **Summer Basketball Challenge**

Complete the required minutes of basketball depending on grade level.

All basketball activities count towards your total minutes EXCEPT games

- -Dribbling at the park or in driveway
- -Dribbling at home
- -Participating in camps
- -Participating in the Sherburne county parade

Challenge Minutes- based on grade you will be going into this fall

1<sup>st</sup>/2<sup>nd</sup> grade- 1500 minutes 3<sup>rd</sup> grade- 2000 minutes 4<sup>th</sup> grade- 2000 minutes 5<sup>th</sup>/6<sup>th</sup> grade- 2500 minutes 7<sup>th</sup>/8<sup>th</sup> grade- 3000 minutes

"Don't PRACTICE until you get it right, PRACTICE until you don't get it wrong."