

GIRLS 14-17 MULTI DISTRICT CAMP
AUGUST 5 – 10, 2018
KENT STATE UNIVERSITY

Overview: The Girls 14 – 17 Multi-District camp is made up of players who were born in 2000-2004. The Districts that have participated in the past and/or are planning to participate in 2018 are: Mid Am, Southeast, Michigan, New York and Northern Plains. The National Office at USA Hockey are involved with assigning the coaches to this camp. Head coaches will consist of current college head and assistant coaches as well as prep school coaches. There will be 3 separate groups (2004, 2003 and 2000-2002) Note: 2000 birth years are only eligible if they are not playing college hockey in the fall of 2017.

Process: Players selected for the camp must go through the tryout process for their District. Each District has their own guidelines for running tryouts. The only exception to this are the 2000 players. No 2000 player needs to try out and if a 2000 has participated in any of the past 14-17 camps, they can receive an automatic invitation through the District Representative. A 2000 player who has not participated in past camps is subject to each District's own criteria.

Goaltenders: There will be up to 12 goalies for this camp. The goalies who are chosen for this camp must have attended the Multi District Goalie camp at Kent State July 8 – 13, 2018. At the conclusion of that camp, the goalies will be chosen to attend the August 5 – 10, 2018 camp. Each day there will be an hour of specialized training for the goalies. Goaltending staff from around the country will be working the camp.

Location: Kent State University, Kent, OH. Kent State is located 1 hour southeast of Cleveland, OH, 20 minutes from Akron, OH, and 90 minutes northwest of Pittsburgh, PA. Both the tryouts and the camp are at Kent State.

Transportation: Players are responsible for their own travel to Kent or one of two airports (Cleveland Hopkins or Akron/Canton). Staff will be available to pick up and drop off players from these two airports at no additional charge.

New in 2018: We cannot provide staffing to handle an unaccompanied minor while at the airport. Our staff will meet players in the baggage claim area only. Please make sure this policy is passed along to the parents prior to them signing up for camp.

Medical, Hold Harmless and Climbing Wall Forms: During the online registration process, all medical and hold harmless forms will be filled out. Before camp starts an additional form will be needed for Kent State and that will be emailed to all registered participants.

Supervision of Players and Staff: Players are under supervision at all times both on and off the ice. They are never allowed to be on their own. Each team is assigned a head coach, assistant coach, counselor and evening counselor. In addition to the assigned team staff, we also have a trainer, dorm director and off- ice instructor. All staff working the camp will have a background check and also completed Safe Sport Training.

Accommodations: The players and staff of each team will be housed in modern dormitories within a 5 minute walk of the Ice Arena. The dorm is air-conditioned and has several lounges for the players to relax in. The players are assigned a roommate randomly unless there is a medical or other valid reason. Ben linens, towels, blankets etc... are provided by the camp.

Meals: All meals will be eaten on the campus and most will be served at the KSU Ice Arena. If anyone has dietary restrictions, accommodations can be made on a case by case basis.

Recreation Rink: During the summer our second rink is a dry floor. This is a rink with dimensions of 150 x 80 feet and is a perfect facility for coaches to use for walk through or other off- ice activities.

Recreation and Activities: Teams will have access to Eastway Recreation Center which is a five minute walk from the Ice Arena, here players can use the billiards tables, bowling alley and snack shop. We will

also be using the Student Recreation and Wellness Center which has a swimming pool, climbing wall, basketball court and other amenities.

On Ice Overview: There will be two to three ice sessions per day. At each session there will be up to 40 skaters and 4 goalies. Most sessions/practices will be small group teaching utilizing small areas of the ice. This allows for more individual instruction with higher repetitions and greater intensity.

Each day, during one of the sessions, we will break the players down by position (forwards, defense and goalies). This allows for each player to work on position specific drills.

Evaluations: Towards the end of camp, each player will have a face to face meeting with their coach to go over their strengths and weaknesses. The purpose of this meeting is to have a discussion with the player to make sure they understand what is being said and to ask them for comments. In addition to the verbal evaluation, there will also be a written one.

Daily Schedule: Below is a sample daily schedule . The 2017 schedule will be similar. It will be finalized in late May once the meal times and Rec Center times are set.

Daily Schedule (Monday – Thursday)

7:15am	Wake up
7:30 – 8:00am	Breakfast
8:30 – 9:45am	Ice Time
10:00 – 11:00am	Lecture/Dryland
11:30 – 12:30pm	Ice Time
1:00 – 1:30pm	Lunch
1:30 – 2:30pm	Lecture/Dryland
3:00 – 4:15pm	Ice Time
4:30 – 6:00pm	Rec Center (T, TH)
4:30 – 6:00pm	Eastway (M & W)
6:30pm – 7:00pm	Dinner
7:00pm – 8:30pm	Activity

Cost: \$660 (includes room, board, ice time, jersey, etc...)

Additional Questions and Information:

After accepting the invitation to attend the camp, instructions will be emailed to each participant containing registration instructions and information on the camp such as check in times, what to bring, check out times, forms etc...

For additional information, please contact your Section Rep. or Bill Switaj who will oversee the camp at Kent State. His contact information is wswitaj@kent.edu or 330-671-5775 (cell).