



FIELD HOCKEY ONTARIO
Box# 80030
Appleby Line, Burlington, ON
L7L 6B1
tel: 1 (877) 605-0855
info@fieldhockeyontario.com

Field Hockey Ontario Board of Directors Expression of Interest Package

Name: Adelle DSilva

Hometown: Mississauga, Ontario

Affiliated Club: Brampton Warriors Field Hockey and Sports Club

of Years Involved in Field Hockey: 15

I have served on FHO's Board before: YES NO

If yes to above, please list years and role: 2019 to 2021; Director at Large

I am a current FHO Member (Sep 1/2024-Aug 31/2025): YES NO

The following positions are up for election at the 2024 AGM (February 10, 2025):

- Chair (President) (1 Position – 3 Years)
- Treasurer (1 Position – 2 Years)
- Secretary (1 Position – 1 Year)
- Director-at-Large (3 Positions – 3 Years)
- Director-at-Large (2 Positions – 2 Years)
- Director-at-Large (2 Positions – 1 Year)

I am interested in serving on the FHO Board of Directors in the following position (check above).

Nominated By (Name & Club): Alison Saunders, KW Dragons

Seconded by (Name & Club): David Dawe, No Affiliation





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In 100 words or less, please provide background on your current or prior professional experience relevant to being on the Board of Directors.

I have served on the Board of Directors with FHO previously from 2019-2021 as a Director at Large. During this time, the Board set up the Strategic Plan for 2021-2025, set up Working Committees to engage the Hockey community and diligently worked to put together policies that would build towards a stronger provincial sports organization. I worked on the Long Term Athlete Development Program with Sherry Doiron and other members of FHO. I worked on Club out reach and opportunities to strengthen our clubs through engagement, cross collaboration and increased communication.

In 100 words or less, please provide background on any previous Board and/or committee experience.

Over the last two years I was the Volunteer Lead for the U18 National tournament in Brampton and part of the Local Organizing Committee. Over the past year, I have been the Lead for the Communications and Membership Working Committee working with other community members to provide value to our membership and elevate FHO.

Over the last 8 years I have been supporting the Brampton Warriors club (previously CFHCC) with registrations, website and social communications, tournament management and facilitating the needs of the club and the Program Manager.

I have also worked in other profit and not for profit organizations supporting their league, tournament and event management activities, scheduling and planning activities, social media and communications.



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In 100 words or less, please provide background on any relevant Field Hockey or other sport industry experience.

**Tournament Director for University of Toronto Indoor Tournament (2022 /23 and CFHCC Senior Tournament 2024).
Tournament Official for the U18 Nationals tournament in Brampton (2022) and multiple other tournaments both in Canada and US.
Club Secretary for CFHCC/ Brampton Warriors (2017-19)**

Please list your skills and competencies related to field hockey or sport. (i.e. Knowledge of member structure within field hockey clubs and FHO, community level field hockey in Ontario, coaching or officiating requirements, volunteer sport-based organizations, Long Term Athlete Development (LTAD), high performance athlete development, etc.).

- **Growing clubs and membership by providing strength and value**
- **Strengthening grassroots programming by increasing playing opportunities**
- **Developing a centre of excellence for Coaches and Officials through training facilitation and mentorship**

Please list your skills and competencies related to your business or professional background. (i.e. Specific industry experience, not-for-profit governance, strategic planning, risk management, accounting/financial analysis, previous board/committee experience etc.).

- **Strategic planning and roadmap development**
- **Program delivery which is goal oriented, timely and customer focused.**
- **Organizational Change Management empowering teams to deliver together.**





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As a Board of Director or FHO Officer, the top three things I would like FHO to focus on in the next year are:

- 1. Build a sense of pride which comes from belonging to a community that supports each other 'My FHO'**
- 2. Developing programming to support growth for all member clubs, coaches, officials, associates and athletes of all ages, gender and capability.**
- 3. Develop a strong and sustainable governance model that can withstand and support organizational change while continuing to build.**

Declaration:

I hereby confirm that all information submitted in this package is accurate and correct. I also confirm that I comply with all the requirements for a Board of Director member and the additional requirements of a Chair (President), Secretary or Treasurer (if apply for one of these FHO Officer positions). I understand that the first meeting of the Board of Directors will be held sometime in February 2025, meetings are held monthly/bimonthly (and ad hoc as required) and that I must be in attendance.

Signed:  Date: January 13, 2025

