

Order of Events for most meets*

4x800 M Relay

110 High Hurdles

100 M Dash

4x200 M Relay

1600 M Run

4x100 M Relay

400 M Dash

300 M Intermediate Hurdles

800 M Run

200 M Dash

3200 M Run

4x400 M Relay

Field events will be run concurrently.

Long Jump

Triple Jump

Shot Put

Discus Throw

High Jump

Pole Vault