



GIRLS TIER I 14U

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Welcome

I wanted to welcome you to the 2020 CCM Minnesota Hockey High Performance Tier I League, which is presented by Mayo Clinic Sports Medicine!

Congratulations on earning your place among the best players in Minnesota! As you likely already know, Minnesota consistently leads the country in developing elite players across all areas of measure, including NCAA Division I, the NHL and international competition. Therefore, reaching this level of competition is a significant achievement and another step as you progress in your hockey career.

In recognition of your success, we're excited to offer you the best Tier I development opportunity in the country. The CCM High Performance Tier I Leagues provide a unique combination of local training, competitive games and focus on overall athleticism that will help take your game to the next level.

Once the Tier I season concludes, we hope you will take what you learned home to your community, where you will be counted on as a leader on and off the ice. Continue to enhance your strengths and hone your weaknesses because this is merely the beginning of your development path. We truly wish all of you the best and hope the experience of this League acts as a spring board for future development.

Good Luck!

Mike MacMillan

High Performance Director

**DON'T ASPIRE
TO BE THE BEST
ON THE TEAM.
ASPIRE TO BE
THE BEST FOR
THE TEAM.**

HAVE FUN. STAY SAFE.





WHAT'S YOUR GOAL IN 2020?

DURING THE **COVID RESTRICTIONS** (REDUCED ICE TIME, NUMBERS, ETC), IT IS IMPORTANT TO CREATE A HYBRID LEARNING ENVIRONMENT FOR ALL PLAYERS. **THE HOCKEY INTELLIGYM** CAN PROVIDE **INDIVIDUAL ACTIVITY** THAT SUPPLEMENTS THE ON-ICE HOCKEY TRAINING AND BRIDGES THE PRACTICE VOIDS THIS SEASON.



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Loons Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Jiahui	Zhan	G	R	9	Saint Paul
2	Sophie	Martin	F	L	8	Roseville
3	Regan	Flohrs	F	L	8	Saint Paul
4	Madelyn	Tinkle	D	R	9	Mounds View
5	Ashlyn	Hoff	F	R	9	Stillwater
6	Abigail	Broz	F	L	8	White Bear Lake
7	Amanda	Smythe	D	L	8	White Bear Lake
8	Grace	Bailey	F	R	8	White Bear Lake
9	Nora	DeVries	D	R	8	Chisago Lakes
10	Avery	Irlbeck	D	R	9	Stillwater
11	Addison	Andre	F	R	8	Chisago Lakes
12	Regan	Berglund	F	R	8	Mahtomedi
13	Ruby	Eskin	F	R	9	Roseville
14	McKinley	Haycraft	D	R	8	Mahtomedi
15	Madelyn	Kemplin	F	L	8	Forest Lake
16	Kasey	Senden	D	R	8	Vadnais Heights
17	Zoe	Timmons	F	L	9	White Bear Lake
18	Hailey	Dawe	D	L	9	White Bear Lake
19	Samantha	Pool	D	L	9	Forest Lake
20	Taylor	Thompson	G	L	7th	Forest Lake
C	John	Cole		AC	Breanna	Seibel
GM	Joe	Anderson				

Walleye Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Kayla	Simonson	G	L	9	Delano
2	Alexandra	Paulsen	F	R	8	Corcoran
3	Mary	Knoll	F	L	8	Minneapolis
4	Macy	Rasmussen	F	R	8	Wayzata
5	Zoe	Lopez	F	L	8	Plymouth
6	Emilie	Anderson	F	R	9	Minneapolis
7	Bailey	Gray	D	L	8	Plymouth
8	Kendall	Hassler	F	L	8	Delano
9	Alexa	Niccum	F	L	9	Maple Plain
10	Ellie	Zakrajsheck	F	R	8	Golden Valley
11	Grace	Bickett	D	R	9	Orono
12	Ruby	Ryan	D	R	8	Maple Grove
13	Bryn	Etzell	D	R	9	St Louis Park
14	Kaeli	Koopman	F	L	9	Independence
15	Campbell	Rucinski	D	L	8	Orono
16	Elizabeth	Hamel	F	R	9	Minneapolis
17	Hanna	Olson	F	R	8	Maple Grove
18	Alexandra	Pleimann	D	R	9	Wayzata
19	Berit	Loichle	D	R	8	Minneapolis
20	Demetra	Walsma	G	R	9	Maple Grove
C	Kelly	Crandall		AC	Hannah	Williams
GM	Kendra	Verbeten		AC	Emily	Erickson
				AC	Clay	Cassanova

**Numbers and rosters are subject to change.*

Polars Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Morgan	Dorn	G	L	9	Sauk Rapids
2	Josie	Brill	D	R	8	Albertville
3	Kailey	McFarlin	D	R	8	Monticello
4	Kylie	Smith	D	R	9	St. Cloud
5	Linnea	Preugschas	D	R	8	Buffalo
6	Tatum	O'Neal	D	R	9	St. Cloud
7	Kaley	Ruth	D	L	8	Buffalo
8	Emma	Fredericks	F	R	8	Becker
9	Lauren	Juncewski	F	R	9	St. Cloud
10	Annabelle	Leland	F	R	8	Otsego
11	Addison	Longie	F	L	8	Hutchinson
12	Magdelyn	O'Hara	F	R	8	St. Cloud
13	Marlo	Reynolds	F	L	9	Buffalo
14	Raedyn	Roling	F	L	7	Hutchinson
15	Ali	Schaefer	F	R	9	Maple Lake
16	Brayley	VanDenBerg	F	R	8	Sartell
17	Annica	Walters	F	L	9	Albertville
18	Sophie	Wieland	F	L	8	Rice
20	Kathrine	Lemke	G	L	8	Monticello
C	Brooke	Rundell		C	Jared	Smith
GM	Brooke	Rundell		C	Robert	Davidson
				C	Grant	Dorniden

Lakers Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Quinn	McDonald	G	R	9	Minnetonka
2	Anna	Tomas	F	L	9	Burnsville
3	Ella	Konrad	D	R	8	Eden Prairie
4	Lauren	Mack	F	R	8	Chaska
5	Lorelai	Nelson	F	R	7	Edina
6	Taylor	Porthan	D	R	9	Edina
7	Whitney	Horton	F	L	8	Edina
8	Ruby	Rauk	F	R	8	Minnetonka
9	Lauren	Goldsworthy	D	L	9	Minnetonka
10	Julia	Evens	F	R	9	Minnetonka
11	Maielle	Schugel	D	L	8	Victoria
12	Ella	Pasqua	D	R	8	Minnetonka
13	Addie	Bowlby	F	R	9	Burnsville
14	Kendra	Distad	F	R	9	Burnsville
15	Sienna	Duffy	F	R	9	Chaska
16	Adrianna	Mitchell	F	R	8	Eden Prairie
17	Claire	Christopherson	F	L	8	Chaska
18	Gianna	Kowalkoski	F	R	9	Eden Prairie
19	Haley	Schiel	F	R	9	Eden Prairie
20	Nora	Hannan	G	L	8	Edina
21	Lauren	Karl	D	L	9	Eden Prairie
22	Siena	Carver	D	L	9	Minnetonka
30	Ashlyn	Hazlett	G	L	8	Waconia
C	Brooke	White-Lancette		AC	Jenny	Saxon
GM	Tony	Lancette		AC	Riley	Olson

**Numbers and rosters are subject to change.*

Moose Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Gracie	Ambright	G	R	9	Cottage Grove
2	Ashley	Fischer	D	R	8	Madison Lake
3	Nora	Carstensen	F	L	8	Mantorville
4	Zoe	Juncker	D	R	8	Lakeville
5	Brooke	Roth	D	L	9	Woodbury
6	Josie	Skoogman	D	R	8	St Paul
7	Ashley	Wagenbach	D	L	9	Lakeville
8	Alida	Ahern	F	R	8	Mendota Heights
9	Grace	Bendickson	F	R	7	Lakeville
10	Lillian	Hunst	D	R	9	Owatonna
11	Ella	Fowler	F	L	9	Lakeville
12	Erin	Hayward	F	R	9	Farmington
13	Kennedy	Meier	F	L	8	Farmington
14	Makayla	Moran	F	R	8	Lakeville
15	Ayla	Puppe	F	R	9	Faribault
16	Sophie	Stramel	F	R	8	Apple Valley
20	Avery	Miller	G	L	8	Rosemount

C	Kim	McClintick	AC	Scott	Waldo
GM	Jeff	Daggitt	AC	Andy	Roeser

Green Giants Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Gretchen	Paaverud	G	R	9	Ramsey
2	Sydney	Bailey	D	R	8	Rogers
3	Amelia	Mcquay	F	R	8	Andover
4	Noelle	Hemr	F	R	9	Blaine
5	Hannah	Christenson	F	R	8	Andover
6	Maya	Engler	F	R	8	Andover
7	Sophia	Olson	F	R	7th	Brooklyn Park
8	Abby	Hansberger	F	R	8	Elk River
9	Avery	Brown	F	R	8	Andover
10	Avery	Kasick	D	R	8	Andover
11	Gracy	Knowles	F	R	8	Coon Rapids
12	Courtney	Little	D	L	8	Andover
13	Ella	Thoreson	D	L	8	Andover
14	Carly	Humphrey	D	L	9	Elk River
15	Hailey	Jussila	F	L	9	Elk River
16	Reese	Christoff	F	R	8	Ramsey
17	Kendall	Rykkeli	F	L	8	Ramsey
18	Mackenzie	Jones	D	R	9	Andover
19	Nora	Sauer	F	R	9	Andover
20	Layla	Hemp	G	R	8	Andover

C	Al	Blomker	AC	Steve	Blomker
GM	Jason	Waldowski	AC	Steve	Vinson

*Numbers and rosters are subject to change.

Voyageurs Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Ella	Brisbois	G	R	9	Duluth
2	Mercury	Bischoff	F	R	8	Grand Rapids
3	Kylie	DeBay	F	R	7	Grand Rapids
4	Jane	Eckstrom	F	L	8	Hermantown
5	Izy	Fairchild	F	L	9	Hermantown
6	Gracyn	Schipper	F	R	8	Duluth
7	Nia	Kramer	F	R	8	Duluth
8	Hailey	Laspi	F	R	9	Hermantown
9	Ilsa	Lindaman	F	L	9	Duluth
10	Emma	Parks	F	L	8	Cloquet
11	Sandra	Ribich	F	R	8	Moose Lake
12	Ella	Rothe	F	L	8	Hermantown
13	Hannah	Graves	F	L	9	Hermantown
14	Katrina	Thorson	F	L	8	Duluth
15	Reagan	Zywicki	F	L	9	Hermantown
16	Hallie	Klavu	D	R	8	Moose Lake
17	Morgan	Lavalley	D	L	9	Hermantown
18	Avery	Lian	D	L	8	Duluth
19	Katie	Sandelin	D	R	9	Hermantown
20	Addison	Hess	G	R	9	Hibbing
21	Daisy	Andrews	G	R	9	Eveleth Gilbert
C	Jamie	Plesha		AC	Linsy	Holst
GM	Linsy	Holst		AC	Alicia	Randall

Blue Ox Girls 14U



No.	First	Last	Pos.	Shot	Grade	High School/Assoc.
1	Ericah	Folden	G	L	8	Brainerd
2	Cami	Woidtke	F	L	8	Moorhead
3	Morgan	Aure	F	L	8	Alexandria
4	Payton	Remick	F	R	8	Badger
5	Emily	Lorenson	F	R	8	Warroad
6	Maggev	Plante	F	L	9	East Grand Forks
7	Lauren	Heneman	F	L	8	Moorhead
8	Taylor	Brueske	F	L	9	Moorhead
9	Brekken	Tull	F	L	9	Crookston
10	Kali	Knutson	F	L	8	Red Lake Falls
11	Kaiya	Sandy	F	R	8	Warroad
12	Talia	Hanson	D	L	8	Warroad
13	Lauren	Hornstein	D	R	8	Garfield
14	Kellsey	Kludt	D	R	8	Moorhead
15	Kylie	Lattimer	D	L	9	Alexandria
16	Kendall	Lund	D	L	8	Moorhead
17	Reese	Swanson	D	L	9	Crookston
18	Madison	Schwartz	F	R	8	Alexandria
19	Jerrett	Tietz	F	R	9	East Gull Lake
20	Rachael	Mohr	G	L	8	Alexandria
C	Allison	Borgstrom		AC	Becca	Zarembinski
GM	Jude	Boulianne		AC	Brinna	Dochniak

**Numbers and rosters are subject to change.*

Team Wisconsin Girls 14U



No.	First	Last	Pos.	Shot	Grade	Community
1	Claire	Calmes	G		8	
2	Emma	Stebbeds	F		9	
3	Parker	Beyer	D		9	
4	Lily	Pachl	D		8	
5	Hailey	Chady	F		7	
6	Michaela	Gerum	D		8	
7	Allison	Waara	F		8	
8	Mckenna	Lafleur	F		9	
9	Scout	Stromberg	F		9	
10	Charlotte	Fetherston	F		9	
11	Madison	Wagner	D		9	
12	Taylor	Heleniak	F		9	
13	Madigan	Depuydt	D		9	
14	Sophie	Wilde	F		9	
15	Gabriella	Cicirello	D		9	
16	Julianne	Bradford	F		8	
17	Lily	Schmeier	D		9	
18	Jillian	Bilsborough	F		9	
19	Evelyn	Mursau	F		7	
35	Tanith	Plachetka	G		9	
48	Makaela	Reinke	F		8	
52	Morgan	Rhyner	D		9	
C	Krystal	Strassman		AC	Dave	Kinsler
GM	Robin	Bilsborough		AC	Samantha	Kinsler

Team North Dakota



No.	First	Last	Pos.	Shot	Grade	Community
1	Maggie	Seeley	G		8	West Fargo, ND
2	Jada	Purdy	D		8	Fargo, ND
3	Taylor	Reese	F		7	West Fargo, ND
4	Avery	Hovland	F		8	West Fargo, ND
5	Madison	Hanson	F		9	Fargo, ND
8	Kenleigh	Fischer	D		7	Fargo, ND
10	Ellie	Krueger	D		8	Jamestown, ND
12	Kate	LeMoine	F		8	Bismarck, ND
14	Allie	Emineth	D		9	Fargo, ND
15	Ashlyn	Abrahamson	F		9	Devils Lake, ND
16	Jaidyn	Nass	F		9	Williston, ND
18	Julia	McIvor	D		9	Devils Lake, ND
19	Marit	Seeger	D		9	Grand Forks, ND
20	Bauer	Ackerman	D		9	Bismarck, ND
21	Addison	Moos	F		8	West Fargo, ND
22	Olivia	Kalbus	F		8	Fargo, ND
23	Anna	Nelson	F		9	Fargo, ND
30	Emily	Fuchs	G		8	Williston, ND
31	Harleigh	Parisien	G		8	Bottineau, ND
C	Mitch	Hanson		C	Jay	Erickson
GM	Ryan	Griggs				

**Numbers and rosters are subject to change.*

Madison Capitols Girls 14U

No.	First	Last	Pos.	Shot	Grade	Community
1	Tatum	Ellingson				
2	Abigail	Piatigorsky				
3	Paige	Brien				
4	Giavanna	Thompson				
5	Mia	Straka				
6	Charlotte	Voge				
7	Ava	Rode				
8	Samantha	Schneider				
9	Briana	Anundsen				
10	Maria	Gray				
11	Karsen	Nicksic				
12	Sophia	Bohlin				
14	Jenna	Jones				
15	Tiana	Stindt				
16	Madison	Hoffman				
18	Kamdyn	Davis				
21	Brianna	Gruber				
26	Ali	Sanders				
31	Emma	Sheppard				
C	Jasmine	Giles		AC	Natalie	Berg
GM	Kristi	Davis				

**Numbers and rosters are subject to change.*

Girls 14U Tier I Schedule

Day	Time	Home	Away	Location
9/11	6:10 PM	Green Giants	Polars	Fogerty Arena - South
9/11	6:40 PM	Moose	Loons	Fogerty Arena - North
9/11	7:50 PM	Lakers	Madison Capitols	Fogerty Arena - South
9/11	8:20 PM	Team Wisconsin	Walleye	Fogerty Arena - North
9/12	8:00 AM	Madison Capitols	Green Giants	Fogerty Arena - South
9/12	8:30 AM	Polars	Walleye	Fogerty Arena - North
9/12	9:40 AM	North Dakota	Moose	Fogerty Arena - South
9/12	10:10 AM	Blue Ox	Team Wisconsin	Fogerty Arena - North
9/12	11:50 AM	Lakers	Voyageurs	Fogerty Arena - North
9/12	4:20 PM	Team Wisconsin	Lakers	Fogerty Arena - South
9/12	4:50 PM	Loons	Madison Capitols	Fogerty Arena - North
9/12	6:00 PM	Green Giants	North Dakota	Fogerty Arena - South
9/12	6:30 PM	Polars	Voyageurs	Fogerty Arena - North
9/12	8:10 PM	Blue Ox	Walleye	Fogerty Arena - North
9/13	7:00 AM	Blue Ox	North Dakota	Fogerty Arena - South
9/13	7:30 AM	Madison Capitols	Voyageurs	Fogerty Arena - North
9/13	8:40 AM	Walleye	Loons	Fogerty Arena - South
9/13	9:10 AM	Team Wisconsin	Moose	Fogerty Arena - North
9/13	12:00 PM	Polars	North Dakota	Fogerty Arena - South
9/13	1:40 PM	Loons	Blue Ox	Fogerty Arena - North
9/13	1:40 PM	Voyageurs	Green Giants	Fogerty Arena - South
9/13	3:20 PM	Lakers	Moose	Fogerty Arena - North

Congratulations!

Participating in the **Minnesota Hockey High Performance Tier I League** is a great accomplishment and is an opportunity to compete with some of the best players in the state!

As a proud sponsor of the MN Hockey High Performance Tier I League, we want to wish each player good luck this fall!



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HP TIER 1 LEAGUES**



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ALL
OUT.

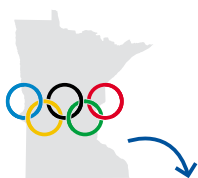
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IS EVERYTHING

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Minnesotans have accounted for **23%** of ALL Americans drafted since 2000.

100%

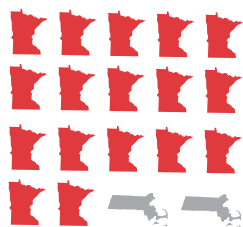
of 2014 & 2018 U.S. Men & Women
OLYMPIANS FROM MINNESOTA
played in the high performance programs

12

MINNESOTANS
were selected in the
2019 NHL draft



**BLAKE
WHEELER**



Since 2000,
MINNESOTA HAS LED
ALL U.S. STATES in the
number of draft picks in

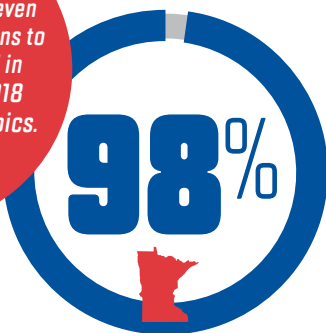
17 OUT OF 19

NHL DRAFTS



Maddie Rooney
was one of seven
Minnesotans to
win gold in
the 2018
Olympics.

Mass. had
the only other
two (2002
and 2015)



98%

(56 out of 57)
Minnesotans in NHL played in the **HIGH**
PERFORMANCE PROGRAMS.

**Minnesota
LED THE
COUNTRY
in NCAA
Division I
players:**



169

WOMEN



201

MEN



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