

# What Summit Offers!

## **Tournaments (MS-this applies to 2025's and above)**

- Fall- 1 out of state tournament and 1 in state playday
- Winter- Sandstorm (January 19-20):
- Summer- 1 in state playday and 2 out of state tournaments

**\*\*While registration for tournaments has not opened, more details are to follow**

## **Coaching:**

- Talented and committed coaching staff
- former and current D1, D2, and D3 players
- focus on individual player development and character building

## **Practices:**

- Fall- practices will be 1-2 times per week starting September through mid-November (dates are tentative)
- Winter- leading up to Sandstorm, practices will begin at the beginning of January for 2-3 times per week (Sandstrom is January 19-20)
- Spring/Summer- practices are from April through June for 1-3 times per week (dates are unknown)
- **Practices are mandatory for players to attend! Excused absences include family emergencies; otherwise, we would like the girls to attend if they are injured so they can still learn the curriculum.**

## **Tuition/Fees:**

- Tournament fees for all required tournaments and events
- all Fall, Winter, and Summer training sessions and practices

● Practice jerseys and game uniforms

- \*\*All fee's above will be provided prior to player commitment to the program.

**For more information, check out our website: [summitlacrosse.net](http://summitlacrosse.net)**