

Alaska USA Wrestling Mat side Coaches Requirements

REQUIREMENTS TO COACH AT AUSAW STATE

Mat-side Coaches:

AUSAW takes the responsibility of coaching young athletes very seriously. In order to be in the coaches' corner mat-side or to have any engagement with referees or table workers, SafeSport and USA Wrestling require all individuals to be properly certified. Coaches' bands will be available at the Coaches Registration table during the coaches meeting each morning before wrestling begins. You must meet the following criteria to get a coach's band.

1. A Current USA Wrestling Leader Card, that includes a background check (takes about 7 to 14 days) and completion of SafeSport curriculum (2-4 hours) depending on if it's the first SS certification or a renewal refresher course.

- **LINK TO: [USAW Memberships System for Coaches, Athletes and Officials](#)**
- **LINK TO: [USAW MEMBERSHIP FAQs](#)**

2. NCEP Copper Certification or higher.

- **LINK TO: [NCEP Copper and/or Bronze Coaches Certification.](#)**

3. Evidence of completion of concussion training (*note this concussion training is not part of Copper or Bronze certification and requires a separate training. (1 hour)

- If you have completed concussion training within the past 3 years with another organization, simply bring in a copy of it to show us when you get your coach's band at State. If you do it through the USA Wrestling membership system you won't need to bring a copy of it.
- To complete the certification and concussion training, go to the USA Wrestling membership site (<https://www.usawmembership.com>) and log in using your leadership information, from the drop down menu titled "Manage" you will see a link titled "Heads Up Concussion" and "Coach Certifications".
- This training is only good for 3 years from completion date. If you have completed concussion training in the USA Wrestling membership system along with your "Wrestling Leader" membership it will show up as the letters **CT** on your printed membership card. This is something that is mandatory for coaching youth sports in Alaska and several other states.

Please note that these need to be done BEFORE the tournament in order to acquire a coach's band.

Any parent without a coach or videographer band will NOT be allowed in the corner mat side. Anyone that doesn't have the proper credentials to include videographers are NOT allowed to interact with the table or referees in any manner. Parents will need to coordinate with coaches to determine who will be accompanying the child and coaching the child mat-side. SafeSport requires AUSAW to operate within these guidelines. There will be no exceptions to this policy.

- We will not be holding matches waiting for coaches at State for 16U and older as we are on a time limit for each session.