



## PRESS RELEASE

DATE: Friday, April 14, 2023  
TO: Twin Cities media outlets  
FROM: Phil Kuemmel, Activities Director, Park High School  
RE.: Athena Award Winner

Park senior Sydnee Nelson has been selected as the school's Athena Award winner for 2023. The St. Paul Area Athena Award committee honors the outstanding senior female athletes from over forty area high schools each year.

Sydnee is a three-sport athlete for the Wolfpack after transferring to Park as a junior. She was a varsity letter winner in soccer and earned versatility and most improved awards. In basketball Ms. Nelson was a six-year letter winner and earned All-Conference honors. She scored over 1,000 points throughout her career. Sydnee also plays lacrosse and will be a starting defender this year in just her second year playing the sport.

Sydnee has 3.5 GPA and is an academic letter winner. She volunteers at youth sports clinics and Adopt a Highway. She will attend Upper Iowa University in the fall and play basketball.

Past winners of this award at Park include Megan Maloney, Shauna Miller, Saren Croker, Annie Williams, Anna Keys, Larissa Lurken, Allie Morse, and Jackie Voigt, as well as current Park staff members Ashley (Homan) Bailey and Kate Schwartz. Sydnee will receive her award at the 29<sup>th</sup> Annual St. Paul Area Athena Award luncheon on April 19<sup>th</sup> at the St. Paul RiverCentre.



Feel free to call me (651/425-3758) if you have any questions.

*The mission of the Park High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their activities, school, and community.*

