

Kenosha County Invite 2019

Hosted by Indian Trail High School & Academy

- Date:** Tuesday, April 2, 2019
- Location:** Carthage College TARC
- Teams:** Kenosha Indian Trail, Kenosha Bradford, Kenosha Tremper, St. Joseph Academy, Shoreland, Westosha Central, Wilmot, Christian Life
- Entries:** Entries will be accepted online only using Athletic.net. Teams can access online entries directly at www.athletic.net or www.tracksidetiming.com. The meet is titled “Kenosha County Invite” and located in the 2019 indoor season calendar on athletic.net. You must have all entries submitted by **8:00 p.m. on Sunday, March 31st**. Meet information, heat sheets and results will be posted at www.tracksidetiming.com
****55m IM / 55LH will be listed as 50m hurdles on athletic.net**
- Entry Limits:** Three entrants in each individual event and one relay team per event. An athlete is able to participate in a maximum of four events, one of which must be a field event. Coaches will need to declare their entrant in advance in the relay events. Also, in the 3200 meter run, PLEASE don't enter an athlete who will not be running times competitively in a varsity competition.
- Future Meets:** **2020-Christian Life, 2021-St. Joseph, 2022-Bradford, 2023-Shoreland, 2024-Tremper**
- Scratches:** We will allow each team to make a maximum of two scratches with replacements. **Additions will NOT be allowed.** Please keep scratches with replacements to an absolute minimum. Also, athletes will not be allowed to be scratched from one event and then be added to another event.
- Info Packets:** Please pick up your packets upon arrival at the finish line table.
- Team Camps:** Please make team camps below the track level in the TARC.
- Track:** Six-lane Mondo surface. 1/4” pyramid spike is maximum allowed. No pins or Christmas tree spikes are allowed.
- Timing/ Results:** All races will be timed with Trackside Timing
www.tracksidetiming.com

LJ/TJ: Two pits will be used. The order will be girls TJ and boys LJ first, followed by boys TJ and girls LJ. There will be two flights with four jumps and no finals. Boys will be jumping on the east pit and girls on the west pit.

HJ: Will be run with boys first, girls to follow. Starting heights TBD.

Pole Vault: Will be run with girls first, boys to follow. Starting heights TBD.

Shot Put: Will be run in two flights with four throws and no finals. Girls shot put first and boys to follow.

Awards: Medals to the top three finishers in each individual event and relays.

Results: All results can be found at www.tracksidetiming.com

Scoring: Team scores will be kept with places 1-8 scoring.

Rest Rooms: Located on Level One and Two of the TARC

Concessions: Carthage will have a concession stand available

Trainer: Indian Trail will be providing a trainer for the event.

Admission: Adults - \$4.00, Students - \$3.00, Programs - \$1.00

Other Notes: Meet workers are volunteering their time, please be kind if any issues arise.

Contacts: Meet Director – Brian Vanderhoef, Boys Head Coach
bvanderh@kusd.edu (262) 818-7551
Ashley Kuehl, Girls Head Coach akuehl@kusd.edu 608-609-9988

Kenosha County Indoor Track & Field Meet

3:00 p.m.	Facility Opens	
3:30 p.m.	Coaches Meeting at Scorer's Table near the finish line	
4:00 p.m.	Field Events run to completion, finals only, no preliminaries	
	Shot Put girls (boys to follow)	
	High Jump boys (girls to follow)	
	Pole Vault girls (boys to follow)	
	Long Jump boys (girls to follow)	
	Triple Jump girls (boys to follow)	
4:15 p.m.	All running events are finals, no preliminaries. There is no set time schedule. However, listed are approximate times for each running event.	
4:15 p.m.	4 x 800 Relay	girls/boys
4:45 p.m.	55 High Hurdles	boys/girls
5:00 p.m.	55 Meter Dash	girls/boys
5:10 p.m.	1600 Meter Run	girls/boys
5:40 p.m.	4 x 200 Relay	girls/boys
5:55 p.m.	400 Meter Dash	girls/boys
6:20 p.m.	55 IM Hurdles	boys/girls
	<i>listed as 50m hurdles on athletic.net</i>	
6:30 p.m.	800 Meter Run	girls/boys
6:55 p.m.	200 Meter Dash	girls/boys
7:25 p.m.	3200 Meter Run	girls/boys
8:00 p.m.	4 x 400 Relay	girls/boys