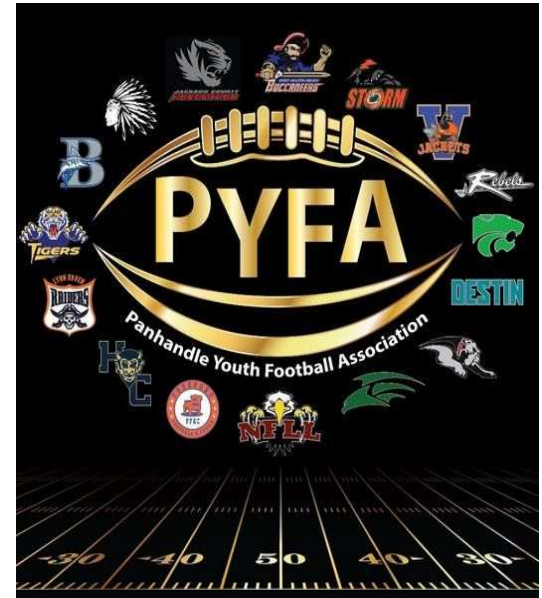




Parent Meeting
2025 Season





LHS Board Members



President

Mike Freitas (850) 896-8579
LynnHavenStorm1@gmail.com



Vice President

Jessica Gutierrez 307-259-5566
LynnHavenStorm1@gmail.com



Football Commissioner

Lonnie Stringer 386-288-2304
lstr1327@Outlook.com



Cheer Commissioner

Karla Chambers
lynnhavencheer@gmail.com



Asst. Football Commissioner
Thomas Mosley



Fundraising Coordinator
Simone Earl

**All board members are
volunteers**



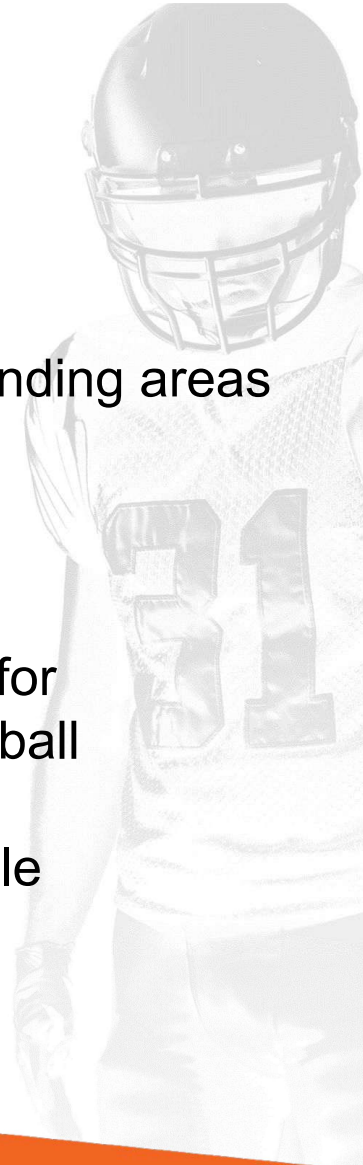


About LHS

- Entering our 11th season!
- Member of the Panhandle Youth Football Association (PYFA)
- 501(c)(3) Not-for-Profit Organization serving Lynn Haven and surrounding areas
- **14 Super Bowl Championships** (most in PYFA)!

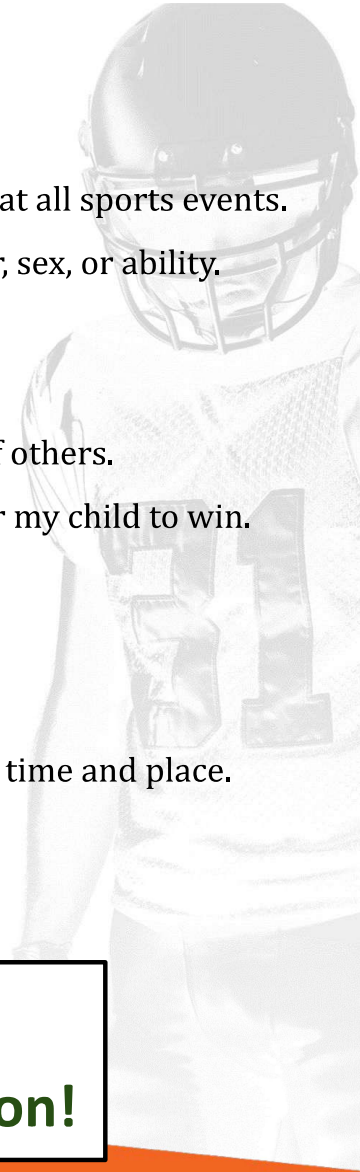
LHS Mission

Our mission is to provide a safe and supportive environment for young athletes to develop their skills, character, and love for football and cheerleading. We aim to inspire teamwork, discipline, and sportsmanship, promoting physical and emotional well-being while fostering community spirit and academic excellence.





Parent Code of Conduct



- **I will support** a sports environment that is free from drugs, tobacco, and alcohol and will refrain from their use at all sports events.
- **I will ensure** that my child treats players, coaches, officials, and fans with respect regardless of race, creed, color, sex, or ability.
- **I will respect** the coaches and officials and their authority during games.
- **I will remember** that children participate to have fun and that the game is for youth, not adults.
- **I will inform** the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- **I will promote** the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- **I will learn** the rules of the game and the policies of the league.
- **I will reinforce** skill development and practices and how they benefit my child.
- **I will not ridicule** my child or other participants for making a mistake or losing a game/competition.
- **I will not confront** coaches at the game field and will take the time to speak with the coaches at an agreed upon time and place.
- **I will not engage** in any kind of unsportsmanlike conduct with any official, coach, player, or parent.
- **I will not encourage** any behaviors or practices that would endanger the health and well-being of the athletes.

ZERO TOLERANCE FOR FIGHTING!
PYFA will suspend all teams for the remainder of the season!



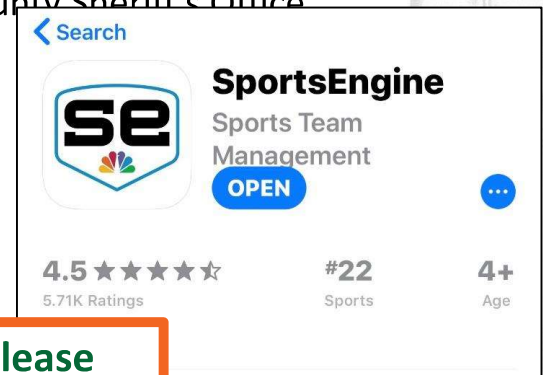
Volunteer Support

Home Game Support

- LHS is hosting four home games this season and **volunteers are critical to the success of each!**
- Sign-ups are communicated through SportsEngine.
- Multiple positions & time slots available.
 - Gate Entry
 - Concessions
 - Grill
 - Chains (during game on sideline)

Team Mom/Dad

- Provide snacks/drinks for entire team during halftime.
- Point of contact for parents, players, and coaches.
- Must pass a background check through Bay County Sheriff's Office



Please
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Preseason





2025 Season Merchandise

- 2025 Merchandise still under development.
- Previous season merchandise available on Square site, during practices, and at home games.
- Merchandise can be ordered at [Lynn Haven Storm Football & Cheer \(square.site\)](https://square.site)



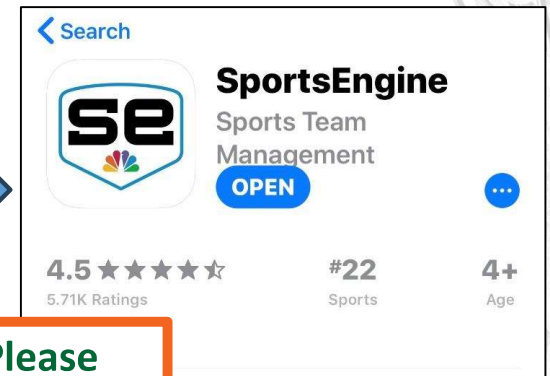
Concept photo... Storm logo to be added later





Communication

- **Sports Engine is the primary communication tool** for important updates and information (weather, gameday changes, etc.)
- **Your account is the same email used during registration.**



**Please
Download**

Useful Websites

www.LYNNHAVENSTORM.org

www.ThePYFA.org

Lynn Haven Storm Email

Lynnhavenstorm1@gmail.com



Important Information

- **Home Field:** Dean Bozeman High School
- **Regular Season:** 8 games (4 home, 4 away)
- **Post Season:** Up to 3 games (1st and 2nd rounds, Super Bowl)
- **Dolphin Bowl + Banquet:** Date & Opponents TBD

Important Dates

- **Equipment Issue:** 12 July
- **Conditioning begins (Cleats only):** 14 July
- **Helmet-only begins:** 21 July
- **Full-pads begins:** 28 July
- **Picture Day (Mandatory):** 2 August
- **PYFA Jamboree (Niceville):** 16 August (vs TBD)
- **Regular Season Game #1:** 23 August (vs TBD)

As of today, the Regular Season Schedule is yet to be released by the PYFA.

Football Coaches

Boomers (5-6 Years)

Head Coach: Vic Wharton

Team Mom:

Pee Wee (7-8 Years)

Head Coach: Mike Freitas

Team Mom:

Juniors (9-10 Years)

Head Coach: Rick Whitely

Team Mom:

Seniors (11-12 Years)

Head Coach: Dedrick Telfair

Team Mom:





Equipment Information

LHS Issued Equipment

- Helmet
- Shoulder Pads
- Game Jersey
- Game Pants
- 1 Mouthpiece

Parent Provided Equipment

- Practice Pants & Jersey
- Extra mouthpieces
- Cleats
- Socks (Gameday & Practice)
- Any additional gear (e.g. gloves, back plate, visor)



LHS Issued Equipment must be returned following the players last game (bring a full change of clothes).

Opportunities to purchase jerseys will be made available prior to postseason (if applicable).

Tinted or reflective visors are not authorized, per PYFA.



Practice Information

Practice Schedule

July 14th - August 8th

Mon/Tue/Thurs/Fri 6:00 PM - 8:00 PM

(Fields alternate day-to-day; check SportsEngine)

August 11th - end of season:

Mon/Tue/Thurs 6:00 PM - 8:00 PM

Boomers - Football & Cheer:

6:00 PM - 7:30 PM

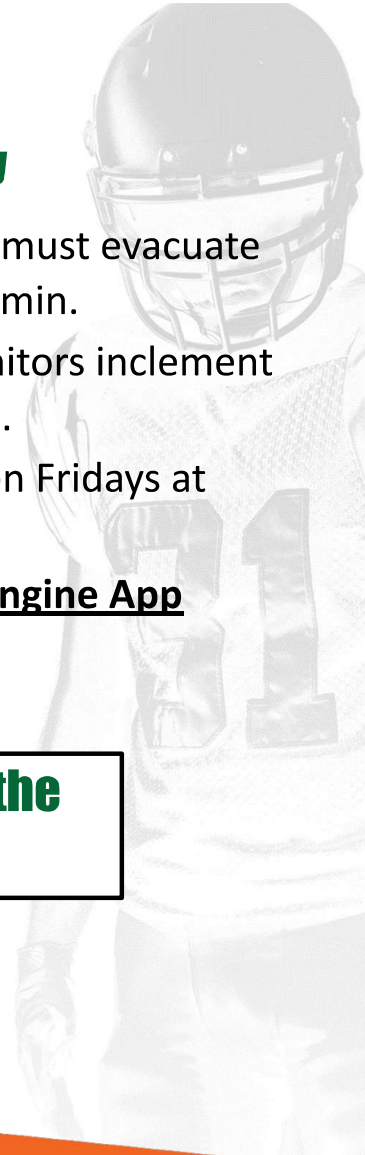
Important Information

- **PARENTS MUST BE IMMEDIATELY AVAILABLE** during practice in the event of inclement weather or injury.
- **COACHES & PLAYERS ONLY** allowed on practice field
- **HYDRATE!** Players must bring water for practices.
- **NO CLIMBING** on/over fences
- Please do not leave trash behind and don't forget your child's water bottle.

Inclement Weather Policy

- **Lightning Strike <10 miles:** EVERYONE must evacuate the practice field, suspend practice 30 min.
- **Practice Cancellations:** LHS Board monitors inclement weather to make decisions by 5:30 PM.
- **Cancelled Practices** may be made up on Fridays at Board or Head Coach's discretion
- **ALL Notifications are sent via Sports Engine App**

Parents must not leave the practice area.





Practice Information





Gameday!





Pregame

- Beginning the day prior, **Hydrate! Hydrate! Hydrate!**
- Player MUST be fully-dressed by the designated arrival time (full pads/uniform/helmet/etc.)
- The hour prior to kickoff includes warmups, weigh ins, and gametime decisions/changes... no time to waste!
- **Players that miss weigh-in are ineligible to play until 2nd half**
- Gameday Updates are sent via Sports Engine App

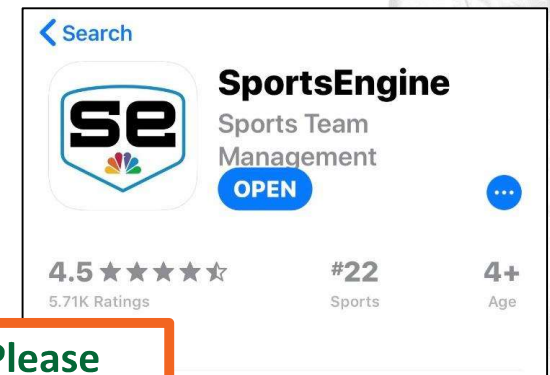
Halftime

- This time is for coaches and players to make adjustments, rest, and hydrate.
- **ONLY coaches, players, and authorized staff allowed on the field!**

Required Gametime Equipment (missing items may prevent play)

- Helmet
- Shoulder Pads
- Uniform Pants + Jersey
- Cleats
- Mouthpiece (teeth guard)

UPDATES



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Questions?





Lynn Haven Storm Cheer





Cheer Coaches

Boomers (5-6 Years)

Summer Brooks - Head Coach

PeeWee (7-8 Years)

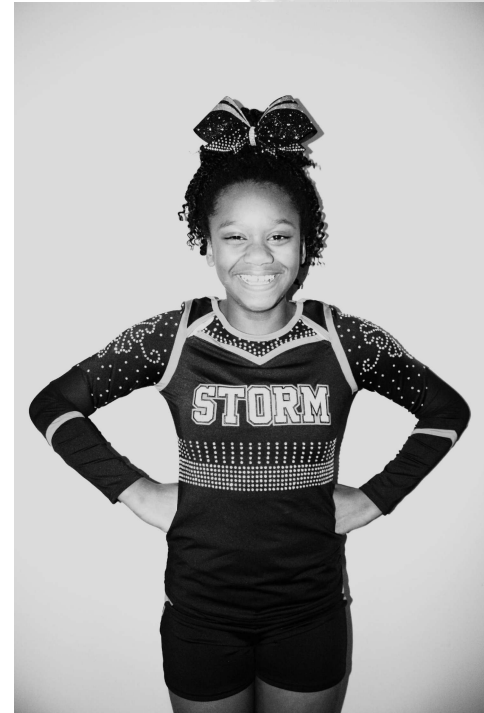
Jessica Gutierrez - Head Coach

Junior (9-10 Years)

Karla Chambers - Head coach

Senior (11-12 Years)

Karla Chambers - Head Coach





Cheer Practice

Cheerleaders will :

- Bring Pom Poms and Water
- Wear tennis shoes, black soffes and dark orange shirts
- Not wear jewelry (This is for Safety)
- Keep hair up or braided.
- Cell phones will be kept in bags for the duration of practice

Cheerleaders without appropriate shoes will not practice.



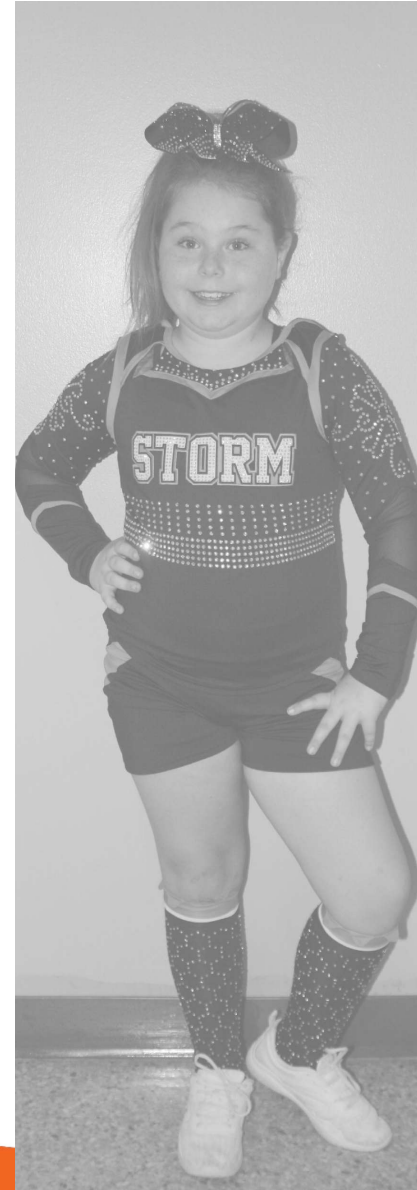


Cheer Practice

Cheerleaders will :

- Tuesday is excused practice for tumbling at a gym. This is an optional practice day for game day stunting skills as a whole group.

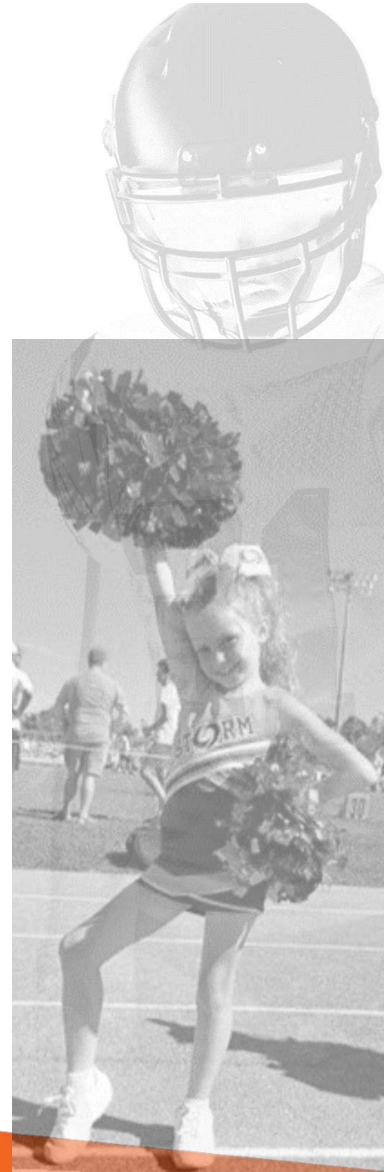
Tuesday Schedule : **6 to 7:30 pm** Game Day Skills; This is our stunting Day.





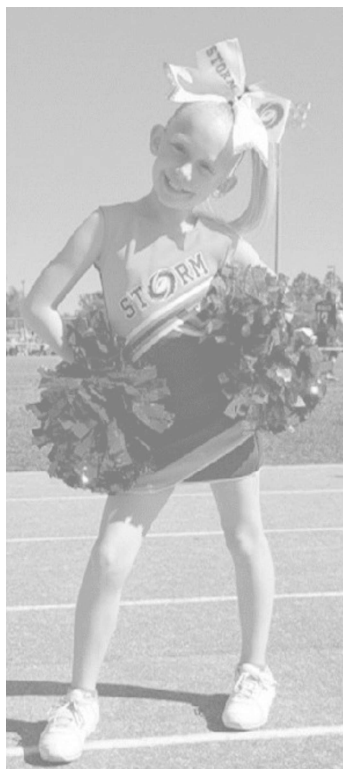
Cheerleader Expectations

- Demerit System for PeeWees through Seniors
- Cheerleaders and Parents will be expected to read and sign the agreement.
- Merit System
- We are not responsible for any lost items (water bottles, jackets, warm-ups, etc)
- Questions? Contact Karla (619)606-7288.





Bow-to-Toe Checklist



Game Day

Bow to Toe Checklist

Attire

- ☐ Uniform Top & (Sleeves if Cold)
- ☐ Uniform Skirt
- ☐ Bloomers
- ☐ No Show Socks
- ☐ Cheer Shoes
- ☐ High Pony Hair With Bow
- ☐ Black Undergarment;
- ☐ Pom Poms
- ☐ Warm-ups on cold days
- ☐ Cover up shirt for halftime

Accessories

- ☐ Water Bottle
- ☐ Sunscreen
- ☐ Bug Spray
- ☐ Hairbrush
- ☐ Hair Tie





Game Day Cheer

1. **SHOWTIME:** 60 minutes prior to start time at cheer tent
 - Hydrated, rested, and prepared (use your bow-to-toe checklist; take your cheerleader to the bathroom prior to arriving to the tent)
2. **WARM UPS:** 30 minutes prior to start time
3. **Cool Down :** 20 minutes prior to start time (hydrate, stretch)
4. **Line up:** 10 minutes prior to start time
5. **Half Time:** Halftime show for home games, then snack. Cheerleaders may not leave the cheer tent during halftime.
6. **Collect :** all gear before leaving the field. Parents may pick up at cheer tent following the game. Cell Phones will remain in backpacks for the entirety of the game.

GAME DAY UNIFORMS ARE NOT TO BE WORN AFTER GAMES - BRING A CHANGE OF CLOTHES!





Game Day

- Gate Entry upto \$ 5 for 5 years and above
- Gate fees are free for players in uniform
 - Not all fields have bleachers
 - No outside coolers are allowed
- Concession Stands are available at games

