

GOALIE SCHOOL

Run by certified goalkeeping coach [Yanni Ntapas](#)

Ages: 9-18 yrs. (born 2006-2015)

Day/Time: Mondays / 7:30pm – 8:30pm

****** Special Promotion ******

For all players wishing to try out the position or develop further.

This program will help players to develop:

- Strength and physical literacy
- Speed, agility, and reflexes
- Ball handling technique
- Positioning and game awareness

Registration cost \$50.00

Requirements:

- Shin guards, cleats, socks, gloves, shorts / training pants required.
- Long sleeve training top recommended.

Schedule

**Sessions: Nov. 6/13/20/27, Dec. 4/11/18, Jan. 8/15/22/29,
Feb. 5/12/26**