

1970 MSHSL NORDIC SKI RACING STATE MEET

Four mile Classic Results*

Location:	Cbester Bowl, Duluth Mn	Date:	2/14/1970
Snow conditions:	The Cloquet area had about eight inches of snow in January and seven in February prior to the state meet, six of which fell on Feb. 4th.	High Temperature:	Temperatures were cold, with a race day high of five above and nighttime temperatures between minus fifteen and twenty five degrees.

Rank	Name	Grade	Team	Time
1	Tim Heisel	11	Hopkins	23:33
2	Tom Diehl		Edina	24:15
3	Steve Garlock		Edina	24:15
4	Dewey Bjork		Aurora	24:31
5	Pete Hamilton		Hopkins	24:46
6	Scot Smith		Cloquet	25:34
7	Frank Finsrud		Mpls West	26:30
8	Brian Berkner		Ely	26:30
9	Kim Zander		Richfield	26:57
10	Jerry Hill		Aurora	27:08
11	Jeff Kulnozewicz		Aurora	27:25
12	Scot Anderson		St. Louis Park	27:31
13	Steve Cherne		Ely	27:34
14	Jon Strom		Mpls Roosevelt	27:39
15	Brian Wigdahl		Robbinsdale	27:54
16	David Ryland		Robbinsdale	28:01
17	James Ziemer		Richfield	28:04
18	Bruce Fenderson		Mpls West	28:38
19	Shawn Koos		Cooper	28:55
20	Duane Klinge		St. Louis Park	28:58
21	Howard Pakola		Virginia	28:58
22	Dave Ottoson		Mpls Edison	28:59
23	Dave Madson		Mpls West	28:59
24	Todd Staber		Edina	29:02
25	Steve Watters		Duluth East	29:15

*Results from Duluth News Tribune dated February 15th. 1970

Stories of Tim Heisel are found in Amazon book "Norm Oakvik: The Inconspicuous Coach"

www.amazon.com/dp/B0DX7JZ9SK

Cross Country Teams (top two)			Top two	Pct
1	Hopkins	48:19	23:33+24:46	98.931
2	Edina	48:30	24:15+24:15	98.557
3	Aurora Hoyt Lakes	51:39	24:31+27:08	92.546
4	Ely	54:04	26:30+27:34	88.409
5	Richfield	55:01	26:57+28:04	86.883
6	Minneapolis West	55:09	26:30+28:38	86.673
7	Robbinsdale	55:55	27:54+28:01	85.484
8	Cloquet	56:14	25:34+30:40	85.003
9	Minneapolis Roosevelt	56:14	27:39+28:35	85.003
10	St. Louis Park	56:29	27:31+28:58	84.627

Corrections or additions, please email Doug Edmonson at edmonsondm@outlook.com



STATE SKI WINNERS — Scot Smith of Cloquet, left, congratulates Tim Heisel of Hopkins after they won the state high school ski meet events held at Chester Bowl Sunday. Smith grabbed the jumping title and took a sixth in cross country to lead the Lumberjacks to their sixth straight team title. Heisel took the cross country crown.—(News-Tribune sportshot.)

While junior Tim Heisel was leading his Nordic team to another state title and wrapping up a 42 second win the cross-country event, Scot Smith was helping Cloquet to their seventh straight team title with a win in jumping and a sixth place finish in the cross-country race. Both would compete for the Central Division Junior ski team in Truckee, California. Heisel and Tom Diehl, the second place finisher at state, would turn in the nation's third and fourth fastest relay legs at the Junior Nationals, which CUSSA coach Norm Oakvik thought "was impressive given the altitude" at Truckee versus the flatlander Minnesota altitude.

Hopkins Nordic ski team (below)



VARSITY SKIING. KNEELING, Mike Allen, Dan Grodnik, Steve Jaffee, George Blach, Greg Lee, Chuck Bertelson; **STANDING,** Bob Bangston, Keith Williams, Jay Jacobson, Cliff Reep, Tom Ziegler, John Sylvestre, Bob Klarquist, Dave Howard, Dan Moll, Peter Hamilton, Tim Heisel, Coach Kragseth.

Cloquet - Overall Team champs (below)

Skiers win State Title again and again and again



The Cloquet Lumberjacks ski team took their sixth straight State Championship. Scot Smith led the team to the victory with a first in jumping and a sixth in cross-country. Jim Quinn took third in the slalom behind skiers from Grand Marais and Richfield. Two jumpers, Mike Proulx, and Gene Schilling, that did great jobs all year fell on their second jumps to take 11th and 12th places. To get to the state the Jacks won their 10th out of the last 12 Districts with their great balance. Other skiers that were a great benefit to the squad were: Terry Vajdal, Doug Carter, Gary Johnson, Jim Salo, Graf LeSavage, Rick Bradford, and Mike Sobczak.

A great young crop of kids are coming up to follow the strong Cloquet tradition. Brent Smith, Ross Johnson, and Ron Nelson are all Junior Highers who have skied with the A-team. Coach Joe Nowak has set a fine tradition of winning for the boys.



Show us how, Terry!



ROW 1: Ken Sobczak, Mike Cary, Rick Bradford, Gary Johnson, Mike Proulx, Gene Schilling. ROW 2: Joe Richardson, Ross Johnson, Graf LeSavage, Scot Smith, Coach Nowak, Jim Quinn, Brad Putnam, Mike Spitzer, Mr. Johnson, Coach Marciniak.

ROW 3: Dick Grove, Doug Carter, Mike Sobczak, Peter McKinney, Keith Hulon, Terry Vajdal, Brent Smith, John Luomala, Ron Nelson.



Cross-country: ROW 1: Terry Vajdal, Brent Smith, Bill Bradford, Ron Spjoberg. ROW 2: Rick Bradford, Brad Putnam, Coach Marciniak, Scot Smith, Gary Johnson, Ron Nelson.



Ready for takeoff.



Home stretch.

Jumping: ROW 1: Ken Sobczak, Brent Smith, Doug Carter, Just Johnson, Mike Cary, Scott Smith, Scott Sobczak. ROW 2: Ross Johnson, Mike Proulx, Mike Spitzer, Mike Sobczak, Gene Schilling.



Slalom: ROW 1: Dick Grove, John Luomala, Mark Luomala, Joe Richardson. ROW 2: Jim Quinn, Graf LeSavage, Keith Hulon, Peter McKinney.



Looks like we're in.