



Hockey Academy

The goal of the Sharks Ice Hockey Academy is to develop each individual and help prepare them to move on to the next level of hockey. This will be done by a strenuous four-week program where players will be measured on and off the ice. Off-ice training will include an experienced strength and conditioning coach putting the players through a hockey specific regimen. On the ice, the players will have individual skill development along with an opportunity to apply their training in small games and scrimmages.

Dates: April 8th – May 8th, every Monday & Wednesday

Ages: 10U-12U | 2012 - 2015 birth years
14U-16U | 2008 - 2011 birth years

Fee: \$355.00 on or before March 26th
\$390.00 after March 26th

Ice Time: 10U-12U | 5:00-6:00PM
14U-16U | 6:15-7:15PM

Dryland Time: 10U-12U | 6:30-7:15PM
14U-16U | 5:00-5:45PM

Lead On-Ice Coach | Shane Galaviz | Head Coach, Jr Sharks 16AA Youth team, and Assistant Coach, Jr Sharks 14AAA Girls, for the 2023-24 season. He is also the High School Hockey Coordinator.

Lead Strength & Conditioning Coach | Shane Galaviz | Currently the Jr Sharks Director of Strength & Conditioning. Certified strength & conditioning specialist, formerly an assistant strength coach for the Anaheim Ducks.

To register, please go to www.sjirsharks.com/campsandclinics. For any questions, please contact Robert Savoie at rsavoie@sharksice.com or (408) 999-6754.