



## Arizona Soccer Club U7 Small Sided Game Rules

AZSC U7 rules follow FIFA Laws with the following modifications:

- \* Team Size - (7)
- \* Field Size - 30 – 20 yards
- \* Game Size - 4 v 4 (No Goalkeeper)
- \* Length of game - Four 8-minute quarters. Two 2-minute break between quarters
- \* Half-time interval of five (5) minutes.
- \* Quarter Start Procedure - Alternating team kick-off each quarter
- \* Ball Size - 3
- \* Goal Size - 4' x 6'
- \* The penalty box is 6 yards x 3 yards.
- \* Players must play in both halves of each game. Each player SHALL play a minimum of 50% of the total playing time. Teams and games may be coed.
- \* Players must wear assigned uniform. Alterations to the uniform are not permitted.
- \* No jewelry or hats allowed during play
- \* No toe cleats. (Ex: baseball cleats)
- \* Referees will check both teams and their equipment before game.
- \* Shin guards must be worn (under socks) at all times
- \* Substitutions allowed between quarters, after a goal is scored by either team, own kick-in or goal kick..
- \* One Coach from each team is allowed on the field during play to guide the players
- \* One Assistant Coach is allowed behind the goal to guide the defensive players
- \* No other adult from either team is allowed on the field or behind the goal
- \* Parents/fans must stay 5 ft. away from field during play
- \* No offside penalties
- \* No slide tackles
- \* No penalty kicks
- \* No headers
- \* No cards are shown for misconduct.

## **Arizona Soccer Club**

### **U7 Small Sided Game Rules cont.**

- \* Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in **an indirect** free kick. The referee/coach/parent must explain ALL infringements to the offending player.
- \* A kick-in shall be used to restart play when the ball goes out of bounds. Kick-ins are considered as an indirect free kick.
- \* Indirect Free Kicks Or Pass-In – Any unsafe play, charging a goalie, etc. All free kicks are indirect and the opponent must be at least 4 yards from the ball until it's in play.
- \* The Corner Kick: Conform to FIFA with the exception that opponents remain at least four (4) yards from the ball until it is in play.
- \* The Goal Kick: The goal kick should be taken anywhere within the goal area. Opposing players must be outside the goal area AND at least four (4) yards away from the ball until it is in play. It is suggested that if necessary that opponents are on their own half of the field until the ball is in play.