

7 and Under Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Emersyn Bradley	17.41	5/15/2022	IRUN	Indianola, IA
	Kiley Russell	18.17	6/4/2017	JRC	Johnston, IA
	Addelynn Jones	18.30	5/16/2021	IRUN	Indianola, IA
	Brynn Magel	18.78	6/1/2025	JRC	Johnston, IA
	Reagan Wey	18.85	6/15/2019	USATF Iowa	Ames, IA
	Maggie Kohler	19.11	6/9/2024	IRUN	Des Moines, IA
	Gwyneth Guillaume	19.33	6/12/2021	AAU State	Des Moines, IA
	Paisley Keraus	19.46	5/25/2025	CRTC	Cedar Rapids, IA
	Charlotte Anderson	19.68	5/15/2022	IRUN	Indianola, IA
	Cora Harrison	19.75	5/3/2025	Excaliburs	Waukee, IA
200m	Emersyn Bradley	37.10	6/5/2022	JRC	Johnston, IA
	Paisley Keraus	39.12	5/11/2025	IRUN	Indianola, IA
	Addelynn Jones	39.57	5/16/2021	IRUN	Indianola, IA
	Reagan Wey	39.73	7/20/2019	Iowa Games	Ames, IA
	Brynn Magel	40.80	5/11/2025	IRUN	Indianola, IA
	Gwen Anderson	40.85	5/13/2023	Excaliburs	Waukee, IA
	Maggie Kohler	41.76	5/5/2024	Valley	West Des Moines, IA
	Brooklynn Orna	42.26	6/1/2025	JRC	Johnston, IA
	Charlotte Anderson	42.45	5/7/2022	Valley/DCG	West Des Moines, IA
	Avery Mollenbeck	43.10	5/1/2022	JRC/CRTC	Johnston, IA
400m	Addelynn Jones	1:23.10	5/30/2021	CRTC	Cedar Rapids, IA
	Paisley Keraus	1:30.40	6/1/2025	JRC	Johnston, IA
	Brynn Magel	1:31.07	6/1/2025	JRC	Johnston, IA
	Reagan Wey	1:33.86	6/2/2019	JRC	Johnston, IA
	Avery Mollenbeck	1:34.87	5/14/2022	Excaliburs	Waukee, IA
	Gwen Anderson	1:35.80	6/4/2023	JRC	Johnston, IA
	Zoey Phillips	1:37.85	5/6/2023	Valley	West Des Moines, IA
	Brooklynn Orna	1:37.90	5/11/2025	IRUN	Indianola, IA
	Gwyneth Guillaume	1:38.05	5/7/2022	Valley/DCG	West Des Moines, IA
	Lauren Oberfell	1:43.61	5/11/2024	Excaliburs	Waukee, IA
800m	Addelynn Jones	3:14.18	6/19/2021	USATF Iowa	Ames, IA
	Paisley Keraus	3:17.85	5/25/2025	CRTC	Cedar Rapids, IA
	Zoey Phillips	3:22.51	7/1/2023	AAU Region 14	Des Moines, IA
	Brynn Magel	3:25.07	5/4/2025	NW Elite	Waukee, IA
	Gwyneth Guillaume	3:34.39	8/3/2022	AAU Nationals	Greensboro, NC
	Lauren Oberfell	3:48.97	5/11/2024	Excaliburs	Waukee, IA
1500m	Zoey Phillips	6:48.23	7/2/2023	AAU Region 14	Des Moines, IA
	Gwyneth Guillaume	7:04.26	8/4/2022	AAU Nationals	Greensboro, NC
Long Jump	Avery Mollenbeck	9' 1"	5/7/2022	Valley/DCG	West Des Moines, IA
	Emersyn Bradley	8' 8"	5/15/2022	IRUN	Indianola, IA
	Reagan Wey	8' 2.25"	7/20/2019	Iowa Games	Ames, IA
	Brynn Magel	8' 2"	6/1/2025	JRC	Johnston, IA
	Jocilynn Hoenicke	7' 3"	5/5/2019	Iowa Speed	North Liberty, IA
	Harper Jones	7'	5/23/2021	JRC Field Meet	Johnston, IA
	Gwen Anderson	6' 5.75"	6/4/2023	JRC	Johnston, IA
	Nora Clark	5' 11"	7/28/2020	JRC	Johnston, IA
	Alleigh Shipley	5' 6"	5/5/2019	Iowa Speed	North Liberty, IA
Shot Put	Leah Zehr	12' 0.5"	6/2/2024	JRC	Johnston, IA
2kg	Sienna Dake	8' 5"	5/13/2023	Excaliburs	Waukee, IA
	Amelia Davidson	6' 9.5"	6/25/2022	AAU Region 14	Des Moines, IA
Shot Put	Sienna Dake	8' 8.75"	7/1/2023	AAU Region 14	Des Moines, IA
4 lb					
Javelin	Lauren Oberfell	32' 6"	5/25/2024	CRTC	Cedar Rapids, IA
	Gwyneth Guillaume	32' 4"	8/5/2022	AAU Nationals	Greensboro, NC
	Reagan Wey	27' 2"	6/18/2017	USATF Iowa	Ames, IA
	Paisley Keraus	27' 1"	5/25/2025	CRTC	Cedar Rapids, IA
	Brooklynn Orna	27' 0"	6/1/2025	JRC	Johnston, IA
	Maggie Kohler	26' 2"	5/5/2024	Valley	West Des Moines, IA
	Leah Zehr	19' 5"	5/11/2024	Excaliburs	Waukee, IA
	Sienna Dake	19' 4"	6/30/2023	AAU Region 14	Des Moines, IA
	Amelia Davidson	16' 1"	6/18/2022	USATF Iowa	Ames, IA
	Brynn Magel	14' 4"	5/5/2024	Valley	West Des Moines, IA

8 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Emersyn Bradley	15.61	6/11/2023	Indianola Booster	Indianola, IA
	Maggie Kohler	17.10	5/3/2025	Excaliburs	Waukee, IA
	Alexia Leach	17.11	7/15/2017	Iowa Games	Ames, IA
	Eleanor Guillaume	17.75	7/17/2021	AAU Region 14	St Paul, MN
	Reagan Wey	17.84	8/15/2020	TME Social Distance	Rockford, MN
	Adelyn Rodemyer	17.87	6/4/2023	JRC	Johnston, IA
	Sutton Keuning	17.89	6/16/2024	USATF Iowa	Ames, IA
	Jordin Royster	18.44	6/7/2015	JRC	Johnston, IA
	Leila Nixon	18.61	7/28/2020	JRC	Johnston, IA
	Audrey Edwards	18.77	5/3/2025	Excaliburs	Waukee, IA
200m	Emersyn Bradley	31.56	7/2/2023	AAU Region 14	Des Moines, IA
	Alexia Leach	37.75	6/4/2017	JRC	Johnston, IA
	Eleanor Guillaume	37.76	6/12/2021	AAU State	Des Moines, IA
	Reagan Obergfell	38.04	7/31/2021	Iowa Games	Ames, IA
	Maggie Kohler	38.11	5/11/2025	IRUN	Indianola, IA
	Adelyn Rodemyer	38.45	5/13/2023	Excaliburs	Waukee, IA
	Audrey Edwards	38.62	5/11/2025	IRUN	Indianola, IA
	Sutton Keuning	38.77	6/16/2024	USATF Iowa	Ames, IA
	Reagan Wey	39.12	7/14/2020	JRC	Johnston, IA
	Leila Nixon	39.23	7/14/2020	JRC	Johnston, IA
400m	Emersyn Bradley	1:13.64	8/1/2023	AAU Nationals	Des Moines, IA
	Eleanor Guillaume	1:26.40	7/31/2021	Iowa Games	Ames, IA
	Alexia Leach	1:26.50	7/15/2017	Iowa Games	Ames, IA
	Sutton Keuning	1:26.68	7/7/2024	USATF Region 8	Fargo, ND
	Myla Huffman	1:26.94	7/9/2022	USATF Region 8	Lakeville, MN
	Audrey Edwards	1:27.75	6/15/2025	USATF Iowa	Ames, IA
	Gwyneth Guillaume	1:28.28	7/15/2023	Iowa Games	Ames, IA
	Gwen Anderson	1:28.97	6/30/2024	AAU Region 14	Arden Hills, MN
	Reagan Obergfell	1:30.44	6/20/2021	USATF Iowa	Ames, IA
	Blythe Comfort	1:30.69	5/5/2024	Valley	West Des Moines, IA
800m	Zoey Phillips	3:10.03	7/20/2024	Iowa Games	Ames, IA
	Gwyneth Guillaume	3:13.64	7/1/2023	AAU Region 14	Des Moines, IA
	Blythe Comfort	3:18.21	5/11/2024	Excaliburs	Waukee, IA
	Gwen Anderson	3:23.63	6/30/2024	AAU Region 14	Arden Hills, MN
	Mackenzie Craven	3:34.72	6/28/2015	AAU Region 14	Brooklyn Park, MN
	Lauren Obergfell	3:36.39	7/13/2025	USATF Region 8	Ames, IA
	Gwen Iverson	3:39.34	6/17/2023	USATF Iowa	Ames, IA
	Leila Nixon	3:42.90	7/28/2020	JRC	Johnston, IA
	Reagan Obergfell	3:45.79	7/31/2021	Iowa Games	Ames, IA
	Annabel Emmett	4:26.40	6/11/2023	Indianola Booster	Indianola, IA
1500m	Gwyneth Guillaume	6:29.07	8/3/2023	AAU Nationals	Des Moines, IA
	Zoey Phillips	6:31.28	6/2/2024	JRC	Johnston, IA
	Blythe Comfort	6:33.91	6/2/2024	JRC	Johnston, IA
	Lauren Obergfell	7:05.84	6/15/2025	USATF Iowa	Ames, IA
	Gwen Anderson	7:43.70	7/13/2024	MVTC	Davenport, IA

4x100	Audrey Edwards, Maggie Kohler, Brynn Magel, Paisley Keraus	1:19.61	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Gwen Iverson, Gwen Anderson, Taylor Keraus, Amelia Davidson	1:21.25	8/4/2023	AAU Nationals	Des Moines, IA
	Myla Huffman, Gwyneth Guillaume, Charlotte Anderson, Emersyn Bradley	1:22.37	5/7/2022	Valley/DCG	West Des Moines, IA
	Alexia Leach, Lauren Nuss, Peyton Weeks, Kiley Russell	1:22.49	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Emersyn Bradley, Harper Jones, Gwyneth Guillaume, Myla Huffman	1:23.14	5/1/2022	JRC/CRTC	Johnston, IA
	Gwen Iverson, Sloane Woolery, Sophie Johnson, Zoey Phillips	1:24.86	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Myla Huffman, Harper Jones, Lauren Obergfell, Emersyn Bradley	1:24.88	6/5/2022	JRC	Johnston, IA
	Gwen Iverson, Taylor Keraus, Amelia Davidson, Gwen Anderson	1:25.40	7/1/2023	AAU Region 14	Des Moines, IA
	Adelyn Rodemyer, Gwen Anderson, Sophie Johnson, Sawyer Minard	1:25.78	5/13/2023	Excaliburs	Waukee, IA
	Audrey Edwards, Emily Bearden, Harper Black, Paisley Keraus	1:26.35	6/1/2023	JRC	Johnston, IA
4x200	Gwyneth Guillaume, Emersyn Bradley, Gwen Anderson, Adelyn Rodemyer	2:39.79	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Paisley Keraus, Maggie Kohler, Brynn Magel, Brooklynn Orna	2:51.49	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Gwen Iverson, Sawyer Minard, Sloane Woolery, Sophie Johnson	2:58.26	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Cora Harrison, Emily Bearden, Camryn Bach, Audrey Edwards	3:03.76	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Sutton Keuning, Maggie Kohler, Violet Luttenegger, Lauren Obergfell	3:05.28	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Nora Clark, Gwyneth Guillaume, Reagan Obergfell, Harper Jones	3:07.03	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Gwyneth Guillaume, Lauren Obergfell, Harper Jones, Charlotte Anderson	3:19.75	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Annabel Emmett, Lauren Obergfell, Sienna Dake, Amelia Davidson	3:38.18	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Emersyn Bradley, Annabel Emmett, Sienna Dake, Xzholaj Madlock	3:43.31	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
4x400	Gwen Anderson, Gwyneth Guillaume, Gwen Iverson, Emersyn Bradley	6:15.18	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Audrey Edwards, Paisley Keraus, Maggie Kohler, Brynn Magel	6:29.75	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Blythe Comfort, Zoey Phillips, Sophie Johnson, Lauren Obergfell	6:37.38	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Myla Huffman, Gwyneth Guillaume, Emersyn Bradley, Charlotte Anderson	6:45.14	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Gwen Iverson, Gwen Anderson, Gwyneth Guillaume, Sawyer Minard	6:48.95	6/4/2023	JRC	Johnston, IA
	Amelia Davidson, Emersyn Bradley, Gwen Iverson, Gwyneth Guillaume	6:59.82	5/13/2023	Excaliburs	Waukee, IA
	Camryn Bach, Lauren Obergfell, Brooklynn Orna, Emma Peters	7:04.52	5/21/2025	JRC/ATC Relay Meet	Johnston, IA

800SM	Sloane Woolery, Sophie Johnson, Gwen Anderson, Emersyn Bradley	2:48.71	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Charlotte Anderson, Harper Jones, Emersyn Bradley, Myla Huffman	2:51.87	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Presley Wright, Sutton Keuning, Eisleigh Oden, Gwen Anderson	3:02.96	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Emily Bearden, Cora Harrison, Emma Peters, Lauren Obergfell	3:07.94	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Adelyn Rodemyer, Amelia Davidson, Sawyer Minard, Zoey Phillips	3:08.26	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Nora Clark, Eydie Luttrell, Harper Jones, Eleanor Guillaume	3:17.13	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
1600SM	Sophie Johnson, Gwen Anderson, Blythe Comfort, Zoey Phillips	6:17.59	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Sawyer Minard, Adelyn Rodemyer, Zoey Phillips, Gwyneth Guillaume	6:40.92	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Eydie Luttrell, Gwyneth Guillaume, Eleanor Guillaume, Reagan Obergfell	7:34.33	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
Long Jump	Emersyn Bradley	10' 8"	8/5/2023	AAU Nationals	Des Moines, IA
	Reagan Wey	9' 10.5"	7/28/2020	JRC	Johnston, IA
	Alexia Leach	8' 11.75"	7/15/2017	Iowa Games	Ames, IA
	Camryn Bach	8' 1"	5/11/2025	IRUN	Indianola, IA
	Myla Huffman	8' 0.25"	6/18/2022	USATF Iowa	Ames, IA
	Elizabeth Jauron	7' 11.25"	6/22/2014	USATF Iowa	Ames, IA
	Harper Jones	7' 8.5"	6/5/2022	JRC	Johnston, IA
	Leah Zehr	7' 8"	5/4/2025	NW Elite	Waukee, IA
	Gwen Anderson	7' 7.75"	5/5/2024	Valley	West Des Moines, IA
	Leila Nixon	7' 6"	7/14/2020	JRC	Johnston, IA
Shot Put	Leah Zehr	14' 10.5"	6/1/2025	JRC	Johnston, IA
	Reagan Wey	14' 2"	7/14/2020	JRC	Johnston, IA
2kg	Elaine Davidson	12' 7.25"	6/15/2019	USATF Iowa	Ames, IA
	Eisleigh Oden	12' 1.25"	6/2/2024	JRC	Johnston, IA
	Ainslee Bixby	9' 0"	6/1/2025	JRC	Johnston, IA
	Amelia Davidson	8' 5.25"	6/11/2023	Indianola Booster	Indianola, IA
Shot Put	Amelia Davidson	8' 10.25"	7/1/2023	AAU Region 14	Des Moines, IA
4lbs					
Javelin	Lauren Obergfell	43' 2.5"	7/13/2025	USATF Region 8	Ames, IA
300g	Gwyneth Guillaume	37' 11"	6/4/2023	JRC	Johnston, IA
	Leah Zehr	30' 1"	5/17/2025	Valley	West Des Moines, IA
	Eisleigh Oden	28' 7"	6/2/2024	JRC	Johnston, IA
	Maggie Kohler	27' 9"	5/25/2017	Valley	West Des Moines, IA
	Gwen Anderson	24' 0"	5/12/2024	Excaliburs	Waukee, IA
	Elaine Davidson	18' 10"	5/5/2019	Iowa Speed	North Liberty, IA

9 Year Old Girls

Event	Name	Time/Distance	Date	Meet	Location
100m	Emersyn Bradley	15.09	6/9/2024	IRUN	Indianola, IA
	Shea Johnson	16.28	6/21/2015	USATF State	Ames, IA
	Jenica Lewis	16.38	6/5/2016	JRC	Johnston, IA
	Matisen Harre	16.51	5/3/2025	Excaliburs	Waukee, IA
	Ainsley Marso	16.61	6/5/2016	JRC	Johnston, IA
	Carly McGuine	16.71	5/29/2022	CRTC	Cedar Rapids, IA
	Reagan Wey	16.81	6/19/2021	USATF State	Ames, IA
	Emerson Mann	16.87	6/25/2022	AAU Region 14	Des Moines, IA
	Adelyn Rodemyer	16.94	5/5/2024	Valley	West Des Moines, IA
	Annabell Kaufman	16.94	5/19/2024	Indianola Booster	Indianola, IA
200m	Emersyn Bradley	30.74	6/8/2024	AAU State	Des Moines, IA
	Alexia Leach	34.59	7/21/2018	Iowa Games	Ames, IA
	Reagan Wey	34.70	6/12/2021	AAU State	Des Moines, IA
	Emerson Mann	35.00	6/25/2022	AAU Region 14	Des Moines, IA
	Shea Johnson	35.05	6/21/2015	USATF Iowa	Ames, IA
	Ainsley Marso	35.52	6/28/2015	AAU Region 14	Brooklyn Park, MN
	Eleanor Guillaume	35.63	7/8/2022	USATF Region 8	Lakeville, MN
	Sophia Wagner	36.24	6/25/2022	AAU Region 14	Des Moines, IA
	Katelyn Kohler	36.54	6/9/2024	IRUN	Indianola, IA
	Reagan Oberfell	36.69	5/15/2022	IRUN	Indianola, IA
400m	Emersyn Bradley	1:09.22	6/2/2024	JRC	Johnston, IA
	Matisen Harre	1:16.62	6/15/2025	USATF Iowa	Ames, IA
	Ainsley Marso	1:18.97	7/12/2015	USATF Region 8	Ames, IA
	Samantha Craven	1:19.46	8/2/2014	AAU Nationals	Des Moines, IA
	Alexia Leach	1:20.85	6/17/2018	USATF Iowa	Ames, IA
	Eleanor Guillaume	1:21.29	7/9/2022	USATF Region 8	Lakeville, MN
	Stella Soll	1:22.04	6/26/2022	AAU Region 14	Des Moines, IA
	Katelyn Kohler	1:22.10	6/9/2024	IRUN	Indianola, IA
	Ryah Woodley	1:22.78	6/2/2019	JRC	Johnston, IA
	Alexa Kosman	1:22.86	5/23/2021	JRC/Iowa Flyers	Johnston, IA
800m	Zoey Phillips	3:03.84	5/11/2025	IRUN	Indianola, IA
	Samantha Craven	3:04.90	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Stella Soll	3:05.46	6/25/2022	AAU Region 14	Des Moines, IA
	Gwyneth Guillaume	3:09.01	5/29/2024	Indianola Booster	Indianola, IA
	Blythe Comfort	3:09.58	5/11/2025	IRUN	Indianola, IA
	Reagan Oberfell	3:09.75	8/3/2022	AAU Nationals	Greensboro, NC
	Gwen Iverson	3:17.84	5/5/2024	Valley	West Des Moines, IA
	Madeline Meiners	3:22.99	6/5/2016	JRC	Johnston, IA
	Amelia Davidson	3:23.31	6/9/2024	IRUN	Indianola, IA
	Gwen Anderson	3:25.50	5/17/2025	Valley	West Des Moines, IA
1500m	Alyx Woodley	5:41.87	6/4/2017	JRC	Johnston, IA
	Zoey Phillips	6:12.13	5/25/2025	CRTC	Cedar Rapids, IA
	Blythe Comfort	6:13.10	5/4/2025	NW Elite	Waukee, IA
	Gwyneth Guillaume	6:20.75	6/2/2024	JRC	Johnston, IA
	Stella Soll	6:24.98	6/11/2022	AAU State	Des Moines, IA
	Reagan Oberfell	6:35.26	6/5/2022	JRC	Johnston, IA
	Madeline Meiners	6:35.71	6/5/2016	JRC	Johnston, IA
	Mackenzie Craven	7:06.35	7/3/2016	AAU Region 14	Brooklyn Park, MN
	Ashley Molis	7:07.97	5/12/2018	Excaliburs	Waukee, IA
	Gwen Anderson	7:11.69	5/4/2025	NW Elite	Waukee, IA
Long Jump	Emersyn Bradley	13' 4.5	5/29/2024	Field Event IRUN	Indianola, IA
	Reagan Wey	10' 1.75	8/3/2021	AAU Nationals	Humble, TX
	Emerson Mann	10' 0	6/11/2022	AAU State	Des Moines, IA
	Alexia Leach	9' 9.75	6/17/2018	USATF Iowa	Ames, IA
	Myla Huffman	9' 7.5	6/4/2023	JRC	Johnston, IA
	Arushi Suresh	8' 8.5	6/16/2013	USATF Iowa	Ames, IA
	Mia Curry	8' 6.25	6/4/2017	JRC	Johnston, IA
	Sophia Wagner	8' 6	6/5/2022	JRC	Johnston, IA
	Emily Mathews	8' 3.5	5/23/2021	JRC Field Meet	Johnston, IA
	Jordin Royster	8' 1.5	6/5/2016	JRC	Johnston, IA

High Jump	Harper Veigel	3' 4	6/29/2019	IRUN	Indianola, IA
	Arushi Suresh	3' 3.25	6/16/2013	USATF Iowa	Ames, IA
	Carly McGuine	3' 3.25	5/14/2022	Excaliburs	Waukee, IA
	Harper Jones	3' 3	6/2/2024	JRC	Johnston, IA
	Reagan Wey	3' 2	5/23/2021	JRC Field Meet	Johnston, IA
	Reed Webb	3' 2	6/4/2023	JRC	Johnston, IA
	Harper Randall	3' 1	6/2/2024	JRC	Johnston, IA
	Sophia Kaye-Moore	3' 0	5/16/2021	IRUN	Indianola, IA
	Anna Kallen	3' 0	6/6/2021	JRC	Johnston, IA
	Harper McDonough	2' 6	5/23/2021	JRC Field Meet	Johnston, IA
Shot Put	Lydia Koppin	15' 4.5	6/6/2021	JRC	Johnston, IA
	Reagan Wey	13' 8.25	8/1/2021	AAU Nationals	Humble, TX
	Alena Wagner	12' 10.25	6/1/2025	JRC	Johnston, IA
	Aureshi Suresh	11' 6.75	6/16/2013	USATF Iowa	Ames, IA
	Caroline Stines	10' 7.25	6/1/2025	JRC	Johnston, IA
	Elizabeth Jauron	10' 0	6/7/2015	JRC	Johnston, IA
	Eleanor Guillaume	9' 5.5	7/8/2022	USATF Region 8	Lakeville, MN
	Amelia Davidson	7' 11.25	6/9/2024	IRUN	Indianola, IA
Javelin	Paisley Campbell	54' 11	5/28/2023	CRTC	Cedar Rapids, IA
300g	Gwyneth Guillaume	48' 7	6/2/2024	JRC	Johnston, IA
	Lydia Koppin	42'	5/23/2021	JRC Field Meet	Johnston, IA
	Reagan Obergfell	30' 10	6/19/2022	USATF Iowa	Ames, IA
	Reagan Wey	28' 1	5/23/2021	JRC Field Meet	Johnston, IA
	Amelia Davidson	25' 9	6/15/2024	USATF Iowa	Ames, IA
	Harper Jones	24' 8	5/13/2023	Excaliburs	Waukee, IA
	Olivia Edwards	21' 3	5/29/2024	Field Event IRUN	Indianola, IA
	Eleanor Guillaume	14' 4	6/5/2022	JRC	Johnston, IA
Javelin	Paisley Campbell	48' 3	6/30/2023	AAU Region 14	Des Moines, IA
400g	Gwyneth Guillaume	46' 3	6/8/2024	AAU State	Des Moines, IA
	Reagan Obergfell	36' 11	8/4/2022	AAU Nationals	Greensboro, NC
	Amelia Davidson	20' 10.5	6/8/2024	AAU State	Des Moines, IA
Triathlon	Reagan Wey	370	8/1/2021	AAU Nationals	Humble, TX
	Aureshi Suresh	275	6/16/2013	USATF Iowa	Ames, IA
	Eleanor Guillaume	241	7/8/2022	USATF Region 8	Lakeville, MN

10 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Emersyn Bradley	14.98	5/11/2025	IRUN	Indianola, IA
	Cora Shaw	14.99	6/3/2018	JRC	Johnston, IA
	Lezlee Napier	15.30	6/15/2019	USATF Iowa	Ames, IA
	Shea Johnson	15.35	6/18/2016	USATF Iowa	Ames, IA
	Katelyn Kohler	15.75	5/3/2025	Excaliburs	Waukee, IA
	Emerson Mann	15.76	5/28/2023	CRTC	Cedar Rapids, IA
	Sydney Hodges	15.86	6/5/2016	JRC	Johnston, IA
	Taylor Sedivec	15.87	6/18/2011	USATF Iowa	Johnston, IA
	Adelyn Rodemyer	16.18	5/3/2025	Excaliburs	Waukee, IA
	Annabell Kaufman	16.19	5/4/2025	NW Elite	Waukee, IA
200m	Emersyn Bradley	29.46	6/15/2025	USATF Iowa	Ames, IA
	Taylor Sedivec	32.66	6/18/2011	USATF Iowa	Johnston, IA
	Reagan Obergfell	32.66	6/25/2023	USATF Iowa Combined	Pella, IA
	Shea Johnson	32.93	6/19/2016	USATF Iowa	Ames, IA
	Cambri Bradley	33.09	5/7/2022	Valley/DCG	West Des Moines, IA
	Lezlee Napier	33.20	6/15/2019	USATF Iowa	Ames, IA
	Alexa Kosman	33.26	6/19/2022	USATF Iowa	Ames, IA
	Reagan Wey	33.38	6/26/2022	AAU Region 14	Des Moines, IA
	Cora Shaw	33.54	6/3/2018	JRC	Johnston, IA
	Emerson Mann	33.58	5/28/2023	CRTC	Cedar Rapids, IA
400m	Emersyn Bradley	1:07.29	6/15/2025	USATF Iowa	Ames, IA
	Lezlee Napier	1:14.37	6/2/2019	JRC	Johnston, IA
	Alexa Kosman	1:15.29	6/11/2022	AAU State	Des Moines, IA
	Reagan Qualley	1:16.11	6/2/2024	JRC	Johnston, IA
	Ainsley Marso	1:17.63	6/5/2016	JRC	Johnston, IA
	Reagan Wey	1:17.95	6/19/2022	USATF Iowa	Ames, IA
	Alyx Woodley	1:18.10	6/3/2018	JRC	Johnston, IA
	Alexia Leach	1:18.80	6/2/2019	JRC	Johnston, IA
	Olivia Fehn	1:19.09	6/3/2018	JRC	Johnston, IA
	Ryah Woodley	1:19.67	7/28/2020	JRC	Johnston, IA
800m	Shea Johnson	2:46.51	7/10/2016	USATF Region 8	Mankato, MN
	Savannah Warren	2:48.70	7/13/2025	USATF Region 8	Ames, IA
	Katelyn Kohler	2:49.59	7/13/2025	USATF Region 8	Ames, IA
	Reagan Obergfell	2:49.84	7/1/2023	AAU Region 14	Des Moines, IA
	Samantha Craven	2:52.01	6/28/2015	AAU Region 14	Brooklyn Park, MN
	Alexia Leach	2:53.13	6/15/2019	USATF Iowa	Ames, IA
	Olivia Edwards	2:53.27	7/13/2025	USATF Region 8	Ames, IA
	Alyx Woodley	2:54.56	6/3/2018	JRC	Johnston, IA
	Ainsley Marso	2:56.34	6/18/2016	USATF Iowa	Ames, IA
	Eleanor Guillaume	3:03.83	7/1/2023	AAU Region 14	Des Moines, IA
1500m	Alyx Woodley	5:37.95	7/1/2018	AAU Region 14	Indianola, IA
	Savannah Warren	5:49.75	7/25/2025	USATF JO Nationals	Savannah, GA
	Reagan Obergfell	5:50.37	6/18/2023	USATF Iowa	Ames, IA
	Olivia Edwards	6:00.18	6/29/2025	AAU Region 14	Arden Hills, MN
	Samantha Craven	6:00.60	6/21/2015	USATF Iowa	Ames, IA
	Sawyer Minard	6:11.09	6/1/2025	JRC	Johnston, IA
	Ashley Molis	6:22.60	6/15/2019	USATF Iowa	Ames, IA
	Gwyneth Guillaume	6:23.29	6/15/2025	USATF Iowa	Ames, IA
	Isabella Wells	6:36.17	5/17/2025	Valley	West Des Moines, IA
	Jaden Studer	6:38.57	6/16/2012	USATF Iowa	Johnston, IA
1500m RW	Avery Kamienski	10:52.01	6/18/2011	USATF Iowa	Johnston, IA

4x100	Alyx Woodley, Genna Shaw, Lila Shaw, Cora Shaw	1:06.75	6/3/2018	JRC	Johnston, IA
	Emerson Mann, Reagan Wey, Carly McGuine, Cambri Bradley	1:06.84	6/5/2022	JRC	Johnston, IA
	Emerson Mann, Cambri Bradley, Reagan Wey, Alexa Kosman	1:07.20	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Carly McGuine, Eleanor Guillaume, Emerson Mann, Reagan Wey	1:08.65	5/14/2022	Excaliburs	Waukee, IA
	Carly McGuine, Emerson Mann, Myla Huffman, Reed Webb	1:09.88	6/4/2023	JRC	Johnston, IA
	Eleanor Wharton, Harper Veigel, Lezlee Napier, Ryah Woodley	1:10.14	5/11/2019	Excaliburs	Waukee, IA
	Carly McGuine, Lyla Lowe, Eleanor Guillaume, Myla Huffman	1:10.61	5/13/2023	Excaliburs	Waukee, IA
	Lyla Lowe, Reagan Obergfell, Reagan Qualley, Reed Webb	1:11.47	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Harper McDonough, Addisyn McCracken, Elaine Davidson, Reagan Wey	1:11.93	6/6/2021	JRC	Johnston, IA
	Emily Mathews, Addisyn McCracken, Elaine Davidson, Reagan Wey	1:12.87	5/30/2021	CRTC	Cedar Rapids, IA
4x200	Cora Shaw, Genna Shaw, Olivia Fehn, Lila Shaw	2:16.13	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Emersyn Bradley, Adelyn Rodemyer, Harper Jones, Reagan Qualley	2:20.53	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Alexia Leach, Leah Ferguson, Ryah Woodley, Harper Veigel	2:26.89	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Harper Jones, Eleanor Guillaume, Afton Phillips, Emerson Mann	2:29.51	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Briella Parry, Elaine Davidson, Sophia Kaye-Moore, Reagan Wey	2:38.45	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Sophia Kaye-Moore, Isabel Kremer, Harper McDonough, Carly McGuine	2:44.21	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Abigail Lahey, Adeline Osweiler, Alexa Kosman, Reagan Obergfell	2:45.44	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Elaine Davidson, Reagan Wey, Lauren Lambert, Lezlee Napier	2:46.79	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Ava McGinn, Ashley Molis, Jessica Kelso, Sydney Houghton	2:50.44	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Anna Kallen, Emily Mathews, Lydia Koppin, Madeline Goteti	2:54.50	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
4x400	Katelyn Kohler, Emersyn Bradley, Sawyer Minard, Adelyn Rodemyer	5:29.71	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Cora Shaw, Genna Shaw, Olivia Fehn, Ashley Molis	5:32.10	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Reagan Obergfell, Eleanor Guillaume, Reagan Qualley, Emerson Mann	5:38.80	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Myla Huffman, Eleanor Guillaume, Afton Phillips, Reagan Qualley	5:39.20	7/2/2023	AAU Region 14	Des Moines, IA
	Gwyneth Guillaume, Katelyn Kohler, Gwen Iverson, Emersyn Bradley	5:40.86	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Alexa Kosman, Reagan Wey, Stella Soll, Cambri Bradley	5:43.81	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Alyx Woodley, Lila Shaw, Mia Curry, Jessica Kelso	5:52.57	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Blythe Comfort, Gwyneth Guillaume, Zoey Phillips, Savannah Warren	6:02.16	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Savannah Warren, Gwen Anderson, Olivia Edwards, Blythe Comfort	6:06.18	6/1/2025	JRC	Johnston, IA
	Alexia Leach, Eleanor Wharton, Ella Maki, Leah Ferguson	6:08.99	6/2/2019	JRC	Johnston, IA

4x800	Savannah Warren, Blythe Comfort, Zoey Phillips, Gwyneth Guillaume	12:30.42	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Emersyn Bradley, Gwen Iverson, Olivia Edwards, Sawyer Minard	12:50.62	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Reagan Qualley, Gwyneth Guillaume, Gwen Iverson, Chelsea Bach	13:24.13	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
800SM	Ryah Woodley, Harper Veigel, Eleanor Wharton, Lezlee Napier	2:32.99	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Isabel Kremer, Sophia Kaye-Moore, Cambri Bradley, Reagan Wey	2:36.48	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Ava Roeding, Eydie Luttrell, Carly McGuine, Reagan Qualley	2:41.25	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Harper McDonough, Emily Mathews, Emerson Mann, Eleanor Guillaume	2:45.19	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Penelope Watermillier, Kate Cowan, Katelyn Kohler, Blythe Comfort	2:47.30	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Sailor Maas, Rylie Henry, Clare Tracy, Mackenzie Craven	2:49.95	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Harper Jones, Ivy Bierbaum, Gwen Iverson, Olivia Edwards	2:52.36	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Sophie Johnson, Adelyn Rodemyer, Sawyer Minard, Zoey Phillips	2:53.95	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Gwen Anderson, Chelsea Bach, Olivia Edwards, Gwen Iverson	2:54.32	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Reagan Wey, Ava McGinn, Sydney Houghton, Mia Curry	2:56.25	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
1600SM	Genna Shaw, Lila Shaw, Cora Shaw, Alyx Woodley	5:18.60	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Adelyn Rodemyer, Harper Jones, Emersyn Bradley, Gwyneth Guillaume	5:34.21	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Katelyn Kohler, Emersyn Bradley, Savannah Warren, Gwyneth Guillaume	5:40.41	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Myla Huffman, Lyla Lowe, Reed Webb, Reagan Obergfell	5:52.81	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Emerson Mann, Anna Kallen, Emily Mathews, Stella Soll	5:58.02	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Reagan Wey, Addisyn McCracken, Elaine Davidson, Briella Parry	6:04.58	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Lezlee Napier, Leah Ferguson, Eleanor Wharton, Ashley Molis	6:08.11	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Addisyn McCracken, Eleanor Guillaume, Alexa Kosman, Reagan Wey	6:37.59	5/23/2021	JRC/Iowa Flyers	Johnston, IA
	Gwyneth Guillaume, Lydia Koppin, Emily Mathews, Elaine Davidson	6:55.70	5/23/2021	JRC/Iowa Flyers	Johnston, IA
	Adeline Osweiler, Harper McDonough, Anna Kallen, Leila Nixon	6:56.63	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
Long Jump	Emersyn Bradley	12' 6.5	6/15/2025	USATF Iowa	Ames, IA
	Reagan Wey	11' 8.5	5/22/2022	Boys & Girls Club	Omaha, NE
	Emerson Mann	10' 11	5/6/2023	Valley	West Des Moines, IA
	Alexia Leach	10' 5.75	6/15/2019	USATF Iowa	Ames, IA
	Harper Jones	10' 4	5/11/2024	Excaliburs	Waukee, IA
	Reagan Qualley	10' 3.25	5/11/2024	Excaliburs	Waukee, IA
	Leah Ferguson	9' 11	6/15/2019	USATF Iowa	Ames, IA
	Emily Mathews	9' 11	6/5/2022	JRC	Johnston, IA
	Madeline Minger	9' 8.5	5/23/2021	JRC Field Meet	Johnston, IA
	Savannah Warren	9' 7	5/4/2025	NW Elite	Waukee, IA

High Jump	Cambri Bradley	3' 8	5/15/2022	IRUN	Indianola, IA
	Reagan Wey	3' 7.25	7/31/2022	AAU Nationals	Greensboro, NC
	Jaden Studer	3' 5.25	6/17/2012	USATF Iowa	Johnston, IA
	Taylor Sedivec	3' 5.25	6/18/2011	USATF Iowa	Johnston, IA
	Ashley Molis	3' 4.25	7/1/2019	AAU Region 14	Milwaukee, WI
	Kailey Gragen	3' 2	5/5/2019	Iowa Speed	North Liberty, IA
	Sydney Houghton	3' 2	6/3/2018	JRC	Johnston, IA
	Carly McGuine	3' 1.75	5/13/2023	Excaliburs	Waukee, IA
	Eleanor Guillaume	3' 1.75	5/13/2023	Excaliburs	Waukee, IA
	Lyla Mumm	3' 1.25	5/7/2022	Valley/DCG	West Des Moines, IA
Shot Put	Reagan Wey	17' 2	6/24/2022	AAU Region 14	Des Moines, IA
	Reagan Obergfell	15' 11	7/15/2023	Iowa Games	Ames, IA
	Elaine Davidson	15' 10	6/6/2021	JRC	Johnston, IA
	Taylor Sedivec	15' 0.75	6/18/2011	USATF Iowa	Johnston, IA
	Amelia Davidson	11' 2.75	6/1/2025	JRC	Johnston, IA
	Eleanor Guillaume	10' 10	6/25/2023	USATF Iowa Combined	Pella, IA
Javelin	Gwyneth Guillaume	62' 4	6/15/2025	USATF Iowa	Ames, IA
	Reagan Obergfell	55' 1	6/17/2023	USATF Iowa	Ames, IA
300g	Lyla Mumm	38' 0	5/29/2022	CRTC	Cedar Rapids, IA
	Amelia Davidson	29' 4	6/15/2025	USATF Iowa	Ames, IA
	Elaine Davidson	25' 8	5/23/2021	JRC Field Meet	Johnston, IA
Javelin	Reagan Obergfell	54' 2	6/30/2023	AAU Region 14	Des Moines, IA
400g	Gwyneth Guillaume	53' 9	6/21/2025	AAU State	Huxley, IA
	Amelia Davidson	30' 11	6/21/2025	AAU State	Huxley, IA
Triathlon	Reagan Wey	663	7/8/2022	USATF Region 8	Lakeville, MN
	Taylor Sedivec	644	6/18/2011	USATF Iowa	Johnston, IA
	Reagan Obergfell	590	6/25/2023	USATF Iowa Combined	Pella, IA
	Eleanor Guillaume	413	6/25/2023	USATF Iowa Combined	Pella, IA

11 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Lezlee Napier	15.10	7/14/2020	JRC	Johnston, IA
	Marissa Pewe	15.41	6/4/2017	JRC	Johnston, IA
	Blakelie Lippincott	15.45	6/4/2023	JRC	Johnston, IA
	Melayna Brown	15.52	7/14/2020	JRC	Johnston, IA
	Shae Harris	15.56	5/3/2025	Excaliburs	Waukee, IA
	Reagan Wey	15.65	5/28/2023	CRTC	Cedar Rapids, IA
	Lexi Van Steenis	15.74	6/4/2023	JRC	Johnston, IA
	Lila Shaw	15.89	6/2/2019	JRC	Johnston, IA
	Shawna Molstre	15.95	5/11/2024	Excaliburs	Waukee, IA
	Ava Thornton	16.10	6/5/2016	JRC	Johnston, IA
200m	Cambri Bradley	30.13	7/1/2023	AAU Region 14	Des Moines, IA
	Lezlee Napier	30.84	7/14/2020	JRC	Johnston, IA
	Shae Harris	31.08	5/4/2025	NW Elite	Waukee, IA
	Cora Shaw	31.09	6/2/2019	JRC	Johnston, IA
	Reagan Wey	32.33	5/14/2023	I-Run	Indianola, IA
	Blakelie Lippincott	32.46	6/4/2023	JRC	Johnston, IA
	Alexa Kosman	32.72	5/13/2023	Excaliburs	Waukee, IA
	Emily Mathews	32.98	5/13/2023	Excaliburs	Waukee, IA
	Marissa Pewe	33.02	6/18/2017	USATF Iowa	Ames, IA
	Lexi Van Steenis	33.02	5/13/2023	Excaliburs	Waukee, IA
400m	Shae Harris	1:07.96	6/15/2025	USATF Iowa	Ames, IA
	Cambri Bradley	1:08.10	7/2/2023	AAU Region 14	Des Moines, IA
	Alexa Kosman	1:13.40	6/18/2023	USATF Iowa	Ames, IA
	Micah Fitzgerald	1:14.80	5/26/2019	CRTC	Cedar Rapids, IA
	Faith Nead	1:15.07	6/7/2015	JRC	Johnston, IA
	Lezlee Napier	1:15.22	7/14/2020	JRC	Johnston, IA
	Reagan Wey	1:16.58	5/13/2023	Excaliburs	Waukee, IA
	Lily Dunley-Williamson	1:18.57	6/18/2011	USATF Iowa	Johnston, IA
	Melayna Brown	1:19.17	7/28/2020	JRC	Johnston, IA
	Anna Kallen	1:19.40	5/6/2023	Valley	West Des Moines, IA
800m	Reagan Obergfell	2:41.37	7/31/2024	AAU Nationals	Greensboro, NC
	Micah Fitzgerald	2:48.73	5/26/2019	CRTC	Cedar Rapids, IA
	Shae Harris	2:49.10	6/29/2025	AAU Region 14	Arden Hills, MN
	Alexa Kosman	2:52.90	6/17/2023	USATF Iowa	Ames, IA
	Faith Nead	2:56.66	6/21/2015	USATF Iowa	Ames, IA
	Reagan Wey	2:57.22	7/16/2023	USATF Region 8	La Crosse, WI
	Lily Dunley-Williamson	3:01.82	6/18/2011	USATF Iowa	Johnston, IA
	Briella Parry	3:04.75	5/14/2022	Excaliburs	Waukee, IA
	Eleanor Guillaume	3:05.36	7/31/2024	AAU Nationals	Greensboro, NC
	Mackenzie Craven	3:07.44	7/1/2018	AAU Region 14	Indianola, IA
1500m	Micah Fitzgerald	5:29.93	6/16/2019	USATF Iowa	Ames, IA
	Alyx Woodley	5:43.17	5/11/2019	Excaliburs	Waukee, IA
	Reagan Obergfell	5:52.31	5/29/2024	Indianola Booster	Indianola, IA
	Samantha Craven	6:07.30	7/3/2016	AAU Region 14	Brooklyn Park, MN
	Faith Nead	6:08.87	6/21/2015	USATF Iowa	Ames, IA
	Kate Rastetter	6:15.23	6/18/2017	USATF Iowa	Ames, IA
	Afton Phillips	6:16.29	6/8/2024	AAU State	Des Moines, IA
	Briella Parry	6:18.09	5/14/2022	Excaliburs	Waukee, IA
	Eleanor Guillaume	6:21.89	8/1/2024	AAU Nationals	Greensboro, NC
	Lauren Urban	6:23.72	6/16/2012	USATF Iowa	Johnston, IA
3000m	Micah Fitzgerald	11:47.40	6/8/2019	AAU State	Indianola, IA
	Alyx Woodley	12:20.50	6/5/2019	AAU State	Indianola, IA
	Briella Parry	12:31.02	5/7/2022	Valley/DCG	West Des Moines, IA
	Afton Phillips	13:18.70	5/25/2024	CRTC	Cedar Rapids, IA
	Reagan Obergfell	13:43.08	5/5/2024	Valley	West Des Moines, IA
	Eleanor Guillaume	13:44.84	7/29/2024	AAU Nationals	Greensboro, NC
	Samantha Craven	14:40.25	7/3/2016	AAU Region 14	Brooklyn Park, MN
	Sarah Shaffer	15:05.84	6/18/2011	USATF Iowa	Johnston, IA
	Maddie Jacobus	15:07.91	5/14/2023	I-Run	Indianola, IA
	Ashley Molis	17:44.23	7/14/2020	JRC	Johnston, IA
80m H	Shawna Molstre	16.64	6/8/2024	AAU State	Des Moines, IA
	Harper Jones	18.64	6/1/2025	JRC	Johnston, IA
	Reagan Wey	18.67	7/30/2023	AAU Nationals	Des Moines, IA
	Harper McDonough	18.86	6/4/2023	JRC	Johnston, IA
	Liliana Anderson	20.79	6/8/2024	AAU State	Des Moines, IA

1500m RW	Ava Thornton	11:27.34	7/3/2016	AAU Region 14	Brooklyn Park, MN
Long Jump	Reagan Wey	12' 1	5/6/2023	Valley	West Des Moines, IA
	Shawna Molstre	11' 8.5	5/11/2024	Excaliburs	Waukee, IA
	Marissa Pewe	11' 7	6/4/2017	JRC	Johnston, IA
	Lexi Van Steenis	11' 3	6/4/2023	JRC	Johnston, IA
	Leah Ferguson	11' 1	7/14/2020	JRC	Johnston, IA
	Emily Mathews	11' 0.25	5/13/2023	Excaliburs	Waukee, IA
	Harper Jones	11' 0.25	5/11/2025	IRUN	Indianola, IA
	Gwyneth Tanner	10' 7.5	5/7/2022	Valley/DCG	West Des Moines, IA
	Peyton Anderson	9' 6.25	6/4/2023	JRC	Johnston, IA
	Eleanor Guillaume	9' 5	5/29/2024	Field Event IRUN	Indianola, IA
High Jump	Cambri Bradley	4' 3.25	8/4/2023	AAU Nationals	Des Moines, IA
	Reagan Wey	3' 11.25	6/17/2023	USATF Iowa	Ames, IA
	Harper Jones	3' 9.25	6/1/2025	JRC	Johnston, IA
	Leilani Bradley	3' 7.25	6/18/2017	USATF Iowa	Ames, IA
	Eleanor Guillaume	3' 5	6/2/2024	JRC	Johnston, IA
	Arushi Suresh	3' 4	6/7/2015	JRC	Johnston, IA
	Sophia Kaye-Moore	3' 4	6/4/2023	JRC	Johnston, IA
	Taylor Westendorf	3' 2	6/3/2018	JRC	Johnston, IA
Shot Put	Reagan Wey	19' 11.5	6/25/2023	USATF Iowa CE	Pella, IA
6 lb	Melayna Brown	19' 10.5	7/28/2020	JRC	Johnston, IA
	Elaine Davidson	19' 3.5	5/15/2022	IRUN	Indianola, IA
	Arushi Suresh	18' 11	6/7/2015	JRC	Johnston, IA
	Sophia Cox	17' 11.5	6/3/2018	JRC	Johnston, IA
	Brenna Tenkippe	17' 4	5/11/2019	Excaliburs	Waukee, IA
	Inez Brown	17' 0	5/3/2025	Excaliburs	Waukee, IA
	Liliana Anderson	14' 11.5	6/8/2024	AAU State	Des Moines, IA
	Noelle Beirman	14' 0.5	6/5/2022	JRC	Johnston, IA
	Eleanor Guillaume	13' 9.25	5/29/2024	Field Event IRUN	Indianola, IA
Discus	Elaine Davidson	44' 5.5	6/5/2022	JRC	Johnston, IA
	Camille Veenstra	28' 2	6/4/2023	JRC	Johnston, IA
	Melayna Brown	24' 0.5	7/28/2020	JRC	Johnston, IA
Javelin	Reagan Obergfell	57' 2	6/15/2024	USATF Iowa	Ames, IA
	Reagan Zehr	49' 0	6/1/2025	JRC	Johnston, IA
aero	Elaine Davidson	47' 5	5/15/2022	IRUN	Indianola, IA
	Liliana Anderson	34' 7	5/11/2024	Excaliburs	Waukee, IA
	Inez Brown	32' 2	5/3/2025	Excaliburs	Waukee, IA
	Claire Miner	29' 5	6/4/2017	JRC	Johnston, IA
Javelin - 400g	Reagan Obergfell	63' 2	6/30/2024	AAU Region 14	Arden Hills, MN
	Elaine Davidson	35' 11.5	6/11/2022	AAU State	Des Moines, IA
	Liliana Anderson	31' 3	6/30/2024	AAU Region 14	Arden Hills, MN
Pentathlon	Reagan Wey	1317	6/25/2023	USATF Iowa CE	Pella, IA

12 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Brandi Vu	13.52	6/17/2018	USATF Iowa	Ames, IA
	Cora Wendler	14.14	5/25/2024	CRTC	Cedar Rapids, IA
	Rebecca Street	14.46	5/11/2024	Excaliburs	Waukee, IA
	Emily Mathews	14.64	5/5/2024	Valley	West Des Moines, IA
	Reagan Wey	14.65	5/25/2024	CRTC	Cedar Rapids, IA
	Katelyn Wetterberg	15.03	6/2/2024	JRC	Johnston, IA
	Aubrielle Dewitt	15.13	6/12/2021	AAU State	Des Moines, IA
	Addisyn McCracken	15.22	5/11/2024	Excaliburs	Waukee, IA
	Leah Ferguson	15.29	6/12/2021	AAU State	Des Moines, IA
	Shawna Molstre	15.40	6/1/2025	JRC	Johnston, IA
200m	Brandi Vu	27.91	7/1/2018	AAU Region 14	Indianola, IA
	Emily Mathews	28.75	5/25/2024	CRTC	Cedar Rapids, IA
	Katelyn Wetterberg	29.70	6/8/2024	AAU State	Des Moines, IA
	Rebecca Street	29.74	6/8/2024	AAU State	Des Moines, IA
	Cora Wendler	29.80	6/16/2024	USATF Iowa	Ames, IA
	Reagan Wey	30.29	6/9/2024	IRUN	Indianola, IA
	Addisyn McCracken	30.35	5/24/2024	CRTC	Cedar Rapids, IA
	Cambri Bradley	30.37	6/9/2024	IRUN	Indianola, IA
	Luciana Lowe	30.92	7/30/2022	State Games	Ames, IA
	Olivia Fehn	31.44	7/14/2020	JRC	Johnston, IA
400m	Emily Mathews	1:07.53	6/30/2024	AAU Region 14	Arden Hills, MN
	Cambri Bradley	1:08.00	6/8/2024	AAU State	Des Moines, IA
	Marissa Pewe	1:08.42	7/8/2018	USATF Region 8	Ames, IA
	Olivia Fehn	1:09.00	7/28/2020	JRC	Johnston, IA
	Katelyn Wetterberg	1:09.41	6/9/2024	IRUN	Indianola, IA
	Cora Wendler	1:09.71	6/2/2024	JRC	Johnston, IA
	Faith Nead	1:10.41	6/5/2016	JRC	Johnston, IA
	Addisyn McCracken	1:10.72	6/8/2024	AAU State	Des Moines, IA
	Mia Glenn	1:11.08	6/7/2015	JRC	Johnston, IA
	Reagan Wey	1:11.08	5/29/2024	IRUN	Indianola, IA
800m	Samantha Craven	2:35.58	6/18/2017	USATF Iowa	Ames, IA
	Reagan Obergfell	2:36.55	6/15/2025	USATF Iowa	Ames, IA
	Lily Dunley-Williamson	2:42.80	6/16/2012	USATF Iowa	Johnston, IA
	Peyton McClure	2:44.22	6/16/2012	USATF Iowa	Johnston, IA
	Reagan Wey	2:45.01	6/8/2024	AAU State	Des Moines, IA
	Marissa Pewe	2:45.08	7/1/2018	AAU Region 14	Indianola, IA
	Minka Negley	2:45.40	6/17/2023	USATF Iowa	Ames, IA
	Alyx Woodley	2:49.22	7/14/2020	JRC	Johnston, IA
	Alexa Kosman	2:49.59	5/5/2024	Valley	West Des Moines, IA
	Maddie Jacobus	2:54.59	5/5/2024	Valley	West Des Moines, IA
1500m	Samantha Craven	5:34.61	6/18/2017	USATF Iowa	Ames, IA
	Reagan Obergfell	5:35.79	5/4/2025	NW Elite	Waukee, IA
	Briella Parry	5:37.30	6/18/2023	USATF Iowa	Ames, IA
	Alyx Woodley	5:45.05	7/28/2020	JRC	Johnston, IA
	Minka Negley	5:46.80	6/18/2023	USATF Iowa	Ames, IA
	Faith Nead	5:48.91	6/5/2016	JRC	Johnston, IA
	Peyton McClure	5:56.41	6/16/2012	USATF Iowa	Johnston, IA
	Maddie Jacobus	6:06.20	6/30/2024	AAU Region 14	Arden Hills, MN
	Eleanor Guillaume	6:06.26	6/15/2025	USATF Iowa	Ames, IA
	Afton Phillips	6:09.85	6/15/2025	USATF Iowa	Ames, IA
3000m	Briella Parry	11:55.47	7/1/2023	AAU Region 14	Des Moines, IA
	Ella Grinstead	13:05.55	5/16/2021	IRUN	Indianola, IA
	Reagan Obergfell	13:18.03	5/3/2025	Excaliburs	Waukee, IA
	Eleanor Guillaume	13:19.60	6/15/2025	USATF Iowa	Ames, IA
	Afton Phillips	13:20.84	6/15/2025	USATF Iowa	Ames, IA
	Maddie Jacobus	13:40.38	5/11/2024	Excaliburs	Waukee, IA
	Mackenzie Anderson	13:42.59	5/12/2018	Excaliburs	Waukee, IA
	Elizabeth Fjelstad	14:03.06	6/18/2011	USATF Iowa	Johnston, IA
	Erica Butler	14:17.20	6/5/2016	JRC	Johnston, IA
	Lauren Urban	14:17.51	6/16/2013	USATF Iowa	Ames, IA

80m H	Cora Wendler	15.44	6/30/2024	AAU Region 14	Arden Hills, MN
	Alma Hodzic	15.62	6/17/2012	USATF Iowa	Johnston, IA
	Shawna Molstre	15.85	6/1/2025	JRC	Johnston, IA
	Rebecca Street	16.97	6/8/2024	AAU State	Des Moines, IA
	Reagan Wey	17.30	7/28/2024	AAU Nationals	Greensboro, NC
	Luciana Lowe	18.27	6/5/2022	JRC	Johnston, IA
	Katelyn Wetterberg	18.33	5/11/2024	Excaliburs	Waukee, IA
	Harper McDonough	18.46	6/2/2024	JRC	Johnston, IA
	Amelia Dillinger	18.66	5/5/2024	Valley	West Des Moines, IA
	Ashley Molis	18.98	5/16/2021	IRUN	Indianola, IA
1500m RW	Ava Thornton	9:38.39	8/5/2017	AAU Nationals	Detroit, MI
4x100	Avery Vukovich, Maria Wilcox, Brandi Vu, Krissy Spear	1:00.24	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Tenleigh Sieverding, Presley Sime, Katelyn Wetterberg, Cora Wendler	1:01.52	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Emily Mathews, Lexi Kosman, Reagan Wey, Cambri Bradley	1:02.13	5/28/2023	CRTC	Cedar Rapids, IA
	Reagan Wey, Lexi Van Steenis, Peyton Anderson, Blakie Lippincott	1:03.19	6/4/2023	JRC	Johnston, IA
	Genna Shaw, Lila Shaw, Kathleen Muhlbauer, Cora Shaw	1:05.40	6/2/2019	JRC	Johnston, IA
	Peyton Anderson, Lexi Van Steenis, Emily Mathews, Blakie Lippincott	1:05.70	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Ava Jackson, Anna Kallen, Afton Phillips, Eleanor Guillaume	1:07.74	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Mackenzie Anderson, Libby Rose, Marissa Pewe, Ava Elsberry	1:08.54	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Kate Muhlbauer, Krissy Spear, Maria Wilcox, Taylor Westendorf	1:09.00	6/3/2018	JRC	Johnston, IA
	Alaine Warnke, Emily Mathews, Peyton Anderson, Lexi Van Steenis	1:09.94	5/13/2023	Excaliburs	Waukee, IA
4x200	Ella O'Brien, Mae Glass, Krissy Spear, Brandi Vu	2:03.49	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Cora Wendler, Rebecca Street, Addisyn McCracken, Emily Mathews	2:04.12	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Anna Kallen, Blakie Lippincott, Emily Mathews, Lexi Van Steenis	2:15.68	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Addison Hayes, Alyx Woodley, Avery Veigel, Cora Shaw	2:16.72	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Genna Shaw, Kora Maki, Lila Shaw, Rorie Smith	2:19.38	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Liliana Anderson, Grace Griffin, Cambri Bradley, Anna Kallen	2:20.21	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Tatum Bremner, Libby Rose, Marissa Pewe, Mackenzie Anderson	2:21.80	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Aubrielle DeWitt, Blakely Else, Paige Featherston, Aubrey Crim	2:21.82	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Presley Sime, Afton Phillips, Tenleigh Sieverding, Alexa Kosman	2:21.91	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Avery Vukovich, Maria Wilcox, Teegan Claude, Zoe Podlich	2:22.95	5/24/2018	JRC/ATC Relay Meet	Johnston, IA

4x400	Brandi Vu, Mackenzie Craven, Maria Wilcox, Marissa Pewe	4:48.88	8/4/2018	AAU Nationals	Des Moines, IA
	Addisyn McCracken, Reagan Wey, Cambri Bradley, Reagan Obergfell	4:49.26	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Marissa Pewe, Tatum Bremner, Mae Glass, Ella O'Brien	4:55.17	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Emily Mathews, Reagan Wey, Reagan Obergfell, Katelyn Wetterberg	4:57.79	7/31/2024	AAU Nationals	Greensboro, NC
	Addisyn McCracken, Cambri Bradley, Katelyn Wetterberg, Reagan Wey	5:01.47	6/9/2024	IRUN	Indianola, IA
	Alexa Kosman, Lexi Van Steenis, Briella Parry, Minka Negley	5:01.52	7/2/2023	AAU Region 14	Des Moines, IA
	Anna Kallen, Alexa Kosman, Emily Mathews, Katelyn Wetterberg	5:02.83	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Alexa Kosman, Reagan Wey, Cambri Bradley, Minka Negley	5:07.02	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Samantha Craven, Kate Rastetter, Ava Elsberry, Olivia Swalley	5:14.19	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Anna Kallen, Alexa Kosman, Reagan Wey, Cambri Bradley	5:17.34	5/13/2023	Excaliburs	Waukee, IA
4x800	Samantha Craven, Olivia Swalley, Ava Thornton, Kate Rastetter	11:28.32	7/9/2017	USATF Region 8	LaCrosse, WI
	Minka Negley, Reagan Wey, Briella Parry, Alexa Kosman	11:37.33	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Reagan Wey, Cambri Bradley, Briella Parry, Alexa Kosman	11:54.69	6/4/2023	JRC	Johnston, IA
	Reagan Wey, Maddie Jacobus, Eleanor Guillaume, Reagan Obergfell	12:17.98	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Alexa Kosman, Eleanor Guillaume, Maddie Jacobus, Reagan Obergfell	12:31.87	5/11/2024	Excaliburs	Waukee, IA
	Reagan Obergfell, Afton Phillips, Ana Knake, Harper Jones	12:36.54	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
800SM	Cambri Bradley, Lexi Van Steenis, Harper McDonough, Minka Negley	2:21.91	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Jenah Gray, Paige Featherston, Blakely Else, Aubrielle DeWitt	2:22.06	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Avery Veigel, Genna Shaw, Rorie Smith, Addison Hayes	2:24.05	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Brandi Vu, Krissy Spear, Tatum Bremner, Mackenzie Craven	2:26.50	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Eleanor Guillaume, Katelyn Wetterberg, Reagan Obergfell, Maddie Jacobus	2:31.83	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Evelyn Huguelet, Maya Jackson, Lainey Kehrberg, Ana Knake	2:33.96	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Libby Rose, Claire Miner, Ava Elsberry, Kate Rastetter	2:36.07	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Teegan Claude, Maria Wilcox, Kate Rastetter, Mackenzie Anderson	2:40.00	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Harper Kurth, Aubriana Henlon, Noelle Beirman, Leah Ferguson	2:41.13	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Grace Griffin, Liliana Anderson, Harper McDonough, Sophia Kaye-Moore	2:43.35	5/23/2024	JRC/ATC Relay Meet	Johnston, IA

1600SM	Reagan Wey, Emily Mathews, Cambri Bradley, Briella Parry	5:08.19	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Reagan Wey, Cambri Bradley, Addisyn McCracken, Alexa Kosman	5:17.75	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Marissa Pewe, Ava Thornton, Olivia Swalley, Samantha Craven	5:20.01	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Charlotte Gonzalez, Harper Jones, Eleanor Guillaume, Reagan Obergfell	5:23.79	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Cora Shaw, Lila Shaw, Kora Maki, Micah Fitzgerald	5:25.41	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Mae Glass, Ella O'Brien, Marissa Pewe, Olivia Verde	5:27.62	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Rebecca Street, Emily Mathews, Anna Kallen, Afton Phillips	5:27.79	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Paige Featherston, Blakely Else, Jenah Gray, Ella Grinstead	5:31.81	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Zoe Podlich, Teegan Claude, Tatum Bremner, Mackenzie Anderson	6:00.51	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Charlie Jackson, Elaine Davidson, Bella Orna, Harper Kurth	6:02.31	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
Long Jump	Emily Mathews	14' 3.25	7/7/2024	USATF Region 8	Fargo, ND
	Leah Ferguson	13' 9.5	6/12/2021	AAU State	Des Moines, IA
	Katelyn Wetterberg	13' 9	6/30/2024	AAU Region 14	Arden Hills, MN
	Aubrielle DeWitt	13' 2.5	5/23/2021	JRC Field Meet	Johnston, IA
	Reagan Wey	13' 1.5	6/9/2024	IRUN	Indianola, IA
	Marissa Pewe	12' 10	5/6/2018	Iowa Speed	Tiffin, IA
	Shawna Molstre	12' 3	5/4/2025	NW Elite	Waukee, IA
	Luciana Lowe	12' 1	6/5/2022	JRC	Johnston, IA
	Ava Elsberry	11' 6.25	6/4/2017	JRC	Johnston, IA
	Harper McDonough	11' 0.75	5/11/2024	Excaliburs	Waukee, IA
High Jump	Katelyn Wetterberg	4' 5	6/2/2024	JRC	Johnston, IA
	Reagan Wey	4' 3.25	5/11/2024	Excaliburs	Waukee, IA
	Cambri Bradley	4' 2	5/29/2024	Field Event IRUN	Indianola, IA
	Ava Thornton	4' 0	5/7/2017	Iowa Speed	Tiffin, IA
	Amelia Dillinger	3' 11	6/2/2024	JRC	Johnston, IA
	Ana Knake	3' 9.25	6/1/2025	JRC	Johnston, IA
	Presley Sime	3' 9	6/2/2024	JRC	Johnston, IA
	Avery Veigel	3' 8	5/11/2019	Excaliburs	Waukee, IA
	Ashley Molis	3' 8	5/16/2021	IRUN	Indianola, IA
	Lily Dunley-Williamson	3' 5.25	6/16/2012	USATF Iowa	Johnston, IA
	Marissa Pewe	3' 5.25	6/16/2018	USATF Iowa	Ames, IA
Shot Put	Reagan Wey	26' 0.25	6/8/2024	AAU State	Des Moines, IA
	Alma Hodzic	24' 11	6/17/2012	USATF Iowa	Johnston, IA
	Tara Djukanovic	23' 10.75	6/18/2011	USATF Iowa	Johnston, IA
	Katelyn Wetterberg	21' 10	5/11/2024	Excaliburs	Waukee, IA
	Elaine Davidson	21' 1.25	7/1/2023	AAU Region 14	Des Moines, IA
	Lily Dunley-Williamson	20' 10.75	6/16/2012	USATF Iowa	Johnston, IA
	Liliana Anderson	18' 4	5/17/2025	Valley	West Des Moines, IA
	Ericka Birkett	13' 9.75	6/16/2013	USATF Iowa	Ames, IA
	Noelle Beirman	13' 0	5/14/2022	Excaliburs	Waukee, IA
Discus	Elaine Davidson	42' 5.5	5/14/2023	I-Run	Indianola, IA
Javelin	Reagan Obergfell	55' 8	6/21/2025	AAU State	Huxley, IA
400g	Elaine Davidson	30' 1	6/30/2023	AAU Region 14	Des Moines, IA
Javelin	Reagan Obergfell	71' 0	6/1/2025	JRC	Johnston, IA
	Tara Djukanovic	59' 1	6/18/2011	USATF Iowa	Johnston, IA
aero	Katelyn Wetterberg	52' 10	5/5/2024	Valley	West Des Moines, IA
	Reagan Zehr	47' 11	5/4/2025	NW Elite	Waukee, IA
	Elaine Davidson	48' 0	5/13/2023	Excaliburs	Waukee, IA
	Liliana Anderson	36' 0	5/4/2025	NW Elite	Waukee, IA
Pentathlon	Reagan Wey	1806	7/28/2024	AAU Nationals	Greensboro, NC
	Katelyn Wetterberg	1284	5/11/2024	Excaliburs	Waukee, IA

13 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Brandi Vu	13.07	6/30/2019	AAU Region 14	Milwaukee, WI
	Luciana Lowe	13.87	6/11/2023	Indianola Booster	Indianola, IA
	Addisyn McCracken	13.98	7/19/2025	Iowa Games	Ames, IA
	Juniper Vandelune	14.01	5/28/2023	CRTC	Cedar Rapids, IA
	Ella O'Brien	14.06	6/3/2018	JRC	Johnston, IA
	Cora Wendler	14.08	6/1/2025	JRC	Johnston, IA
	Camryn McGregor	14.10	6/17/2023	USATF Iowa	Ames, IA
	Mia Glenn	14.35	6/5/2016	JRC	Johnston, IA
	Reagan Wey	14.40	6/7/2025	MVTC	Davenport, IA
	Keira Johannes	14.55	7/20/2019	Iowa Games	Ames, IA
	Rebecca Street	14.55	6/1/2025	JRC	Johnston, IA
200m	Brandi Vu	26.75	6/30/2019	AAU Region 14	Milwaukee, WI
	Addisyn McCracken	28.44	7/19/2025	Iowa Games	Ames, IA
	Camryn McGregor	28.71	7/1/2023	AAU Region 14	Des Moines, IA
	Juniper Vandelune	28.77	7/1/2023	AAU Region 14	Des Moines, IA
	Luciana Lowe	28.89	6/11/2023	Indianola Booster	Indianola, IA
	Jacqueline Andrews	29.65	6/8/2024	AAU State	Des Moines, IA
	Emily Mathews	29.64	5/11/2025	IRUN	Indianola, IA
	Cora Wendler	29.59	6/1/2025	JRC	Johnston, IA
	Cambri Bradley	29.66	5/11/2025	IRUN	Indianola, IA
	Annalynn Adams	30.08	5/6/2023	Valley	West Des Moines, IA
400m	Brandi Vu	1:01.50	7/7/2019	USATF Region 8	Fargo, ND
	Cambri Bradley	1:02.57	6/15/2025	USATF Iowa	Ames, IA
	Addisyn McCracken	1:04.41	6/29/2025	AAU Region 14	Arden Hills, MN
	Ella O'Brien	1:06.72	6/17/2018	USATF Iowa	Ames, IA
	Emily Mathews	1:07.52	5/11/2025	IRUN	Indianola, IA
	Mia Glenn	1:07.88	6/5/2016	JRC	Johnston, IA
	Marissa Pewe	1:08.00	6/8/2019	AAU State	Indianola, IA
	Keira Johannes	1:08.66	6/2/2019	JRC	Johnston, IA
	Annalynn Adams	1:09.96	5/6/2023	Valley	West Des Moines, IA
	Reagan Wey	1:09.97	5/11/2025	IRUN	Indianola, IA
800m	Samantha Craven	2:33.01	7/1/2018	AAU Region 14	Indianola, IA
	Alexa Kosman	2:34.35	6/15/2025	USATF Iowa	Ames, IA
	Minka Negley	2:38.09	5/5/2024	Valley	West Des Moines, IA
	Marissa Pewe	2:47.20	6/8/2019	AAU State	Indianola, IA
	Abigail Wharton	2:49.58	6/3/2019	JRC	Johnston, IA
	Gabrielle Osborne	2:53.97	5/11/2019	Excaliburs	Waukee, IA
	Anna Kallen	2:54.12	6/1/2025	JRC	Johnston, IA
	Ava Thornton	2:54.43	8/1/2018	AAU Nationals	Des Moines, IA
	Reagan Wey	2:57.85	7/26/2025	AAU Nationals	Humble, TX
	Ashley Molis	3:00.38	6/5/2022	JRC	Johnston, IA
1500m	Samantha Craven	5:24.12	8/1/2018	AAU Nationals	Des Moines, IA
	Marissa Pewe	5:27.00	6/8/2019	AAU State	Indianola, IA
	Paige Horner	5:34.48	6/22/2014	USATF Iowa	Ames, IA
	Alexa Kosman	5:35.34	5/4/2025	NW Elite	Waukee, IA
	Minka Negley	5:45.89	5/5/2024	Valley	West Des Moines, IA
	Gabrielle Osborne	5:54.97	6/2/2019	JRC	Johnston, IA
	Gwendolyn Miner	6:13.96	6/16/2012	USATF Iowa	Johnston, IA
	Cara Lamping	6:24.22	5/5/2024	Valley	West Des Moines, IA
	Elizabeth Fjelstad	6:24.98	6/16/2012	USATF Iowa	Johnston, IA
	Kate Rastetter	6:30.49	6/2/2019	JRC	Johnston, IA
3000m	Paige Horner	11:22.33	6/21/2014	USATF Iowa	Ames, IA
	Marissa Pewe	12:14.15	6/15/2019	USATF Iowa	Ames, IA
	Abigail Wharton	12:56.91	5/11/2019	Excaliburs	Waukee, IA
	Gwendolyn Miner	13:16.21	6/16/2012	USATF Iowa	Johnston, IA
	Lauren Urban	13:27.04	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Elizabeth Fjelstad	13:40.80	6/16/2012	USATF Iowa	Johnston, IA
	Cara Lamping	14:09.60	5/11/2024	Excaliburs	Waukee, IA

100m H	Cora Wendler	17.50	6/15/2025	USATF Iowa	Ames, IA
	Leah Ferguson	19.58	6/25/2022	AAU Region 14	Des Moines, IA
	Juniper Vandellune	19.61	7/1/2023	AAU Region 14	Des Moines, IA
	Annalynn Adams	20.04	5/6/2023	Valley	West Des Moines, IA
	Reagan Wey	20.06	6/8/2025	USATF Iowa CE	Pella, IA
	Angel Easter	20.16	6/25/2022	AAU Region 14	Des Moines, IA
	Rebecca Street	20.33	6/1/2025	JRC	Johnston, IA
	Ashley Molis	20.86	5/7/2022	Valley/DCG	West Des Moines, IA
	Adalynn Harper	20.92	5/11/2024	Excaliburs	Waukee, IA
	Ava Thornton	21.18	8/1/2018	AAU Nationals	Des Moines, IA
	Megan Marshall	22.29	6/18/2011	USATF Iowa	Johnston, IA
	Harper McDonough	22.72	6/1/2025	JRC	Johnston, IA
200m H	Cora Wendler	32.83	6/15/2025	USATF Iowa	Ames, IA
	Reagan Wey	35.02	5/4/2025	NW Elite	Waukee, IA
	Gabrielle Osborne	35.22	6/2/2019	JRC	Johnston, IA
	Ashley Molis	35.31	5/14/2022	Excaliburs	Waukee, IA
	Annalynn Adams	35.69	7/2/2023	AAU Region 14	Des Moines, IA
	Adalynn Harper	37.34	6/16/2024	USATF Iowa	Ames, IA
	Cicely Dirksen	38.97	6/2/2024	JRC	Johnston, IA
	Harper McDonough	39.66	5/17/2025	Valley	West Des Moines, IA
	Quinn Pohlman	40.57	6/3/2019	JRC	Johnston, IA
Long Jump	Cambri Bradley	15' 2	6/15/2025	USATF Iowa	Ames, IA
	Emily Mathews	14' 8	5/11/2025	IRUN	Indianola, IA
	Marissa Pewe	14' 0	5/5/2019	Iowa Speed	North Liberty, IA
	Brandi Vu	14' 0	5/11/2019	Excaliburs	Waukee, IA
	Leah Ferguson	14' 0	6/11/2022	AAU State	Des Moines, IA
	Aubrielle Dewitt	13' 10.75	6/11/2022	AAU State	Des Moines, IA
	Katelyn Wetterberg	13' 10	4/19/2025	Little Raider	Anamosa, IA
	Luciana Lowe	13' 9	5/13/2023	Excaliburs	Waukee, IA
	Reagan Wey	13' 8	5/3/2025	Excaliburs	Waukee, IA
	Keira Johannes	13' 1.5	5/5/2019	Iowa Speed	North Liberty, IA
Triple Jump	Reagan Wey	30' 4.25	6/29/2025	AAU Region 14	Arden Hills, MN
High Jump	Cambri Bradley	4' 9	5/3/2025	Excaliburs	Waukee, IA
	Katelyn Wetterberg	4' 9	5/4/2025	NW Elite	Waukee, IA
	Ava Thornton	4' 7	8/4/2018	AAU Nationals	Des Moines, IA
	Reagan Wey	4' 7	6/29/2025	AAU Region 14	Arden Hills, MN
	Ashley Molis	4' 2	5/15/2022	IRUN	Indianola, IA
	Peyton McClure	3' 11.25	6/16/2013	USATF Iowa	Ames, IA
	Jordan McCreary	3' 9.25	6/1/2025	JRC	Johnston, IA
	Jacqueline Andrews	3' 7	6/2/2024	JRC	Johnston, IA
	Olivia Williams	3' 4	5/13/2023	Excaliburs	Waukee, IA
Shot Put	Reagan Wey	30' 9.75	7/13/2025	USATF Region 8	Ames, IA
6 lb	Katelyn Wetterberg	28' 0.75	6/21/2025	AAU State	Huxley, IA
	Elaine Davidson	22' 9.25	6/8/2024	AAU State	Des Moines, IA
	Ava Thornton	21' 10.75	8/4/2018	AAU Nationals	Des Moines, IA
	Rachel Johnson	20' 9.25	6/16/2013	USATF Iowa	Ames, IA
	Melayna Davis	20' 0.5	6/18/2022	USATF Iowa	Ames, IA
	Paizlee Buchanan	15' 6	5/3/2025	Excaliburs	Waukee, IA
	Emma Bixby	13' 9.75	5/25/2025	CRTC	Cedar Rapids, IA
Discus	Camryn McGregor	55' 5	5/28/2023	CRTC	Johnston, IA
	Rachel Johnson	55' 2	6/16/2013	USATF Iowa	Ames, IA
	Reagan Wey	52' 5	6/7/2025	MVTC	Davenport, IA
	Allyson Norlin	49' 8	5/11/2019	Excaliburs	Waukee, IA
	Elaine Davidson	43' 8	6/15/2024	USATF State	Ames, IA
Javelin	Katelyn Wetterberg	88' 6.25	7/28/2025	AAU Nationals	Humble, TX
	Reagan Wey	62' 6	6/29/2025	AAU Region 14	Arden Hills, MN
	Marissa Pewe	58' 1	6/2/2019	JRC	Johnston, IA
	Elaine Davidson	50' 9	6/9/2024	IRUN	Indianola, IA
	Paizlee Buchanan	28' 6	5/4/2025	NW Elite	Waukee, IA
Pentathlon	Reagan Wey	1910	7/13/2025	USATF Region 8	Ames, IA
	Ava Thornton	1499	7/1/2018	AAU Region 14	Indianola, IA

14 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Camryn McGregor	13.71	5/25/2024	CRTC	Cedar Rapids, IA
	Simone Henlon	13.75	6/25/2022	AAU Region 14	Des Moines, IA
	Annalynn Adams	13.77	7/13/2024	MVTC	Davenport, IA
	Ella O'Brien	13.81	6/29/2019	IRUN	Indianola, IA
	Emilia Kongshaug	13.94	6/19/2021	USATF Iowa	Ames, IA
	Mae Glass	13.99	6/3/2019	JRC	Johnston, IA
	Rilee Wooster	14.32	7/13/2024	MVTC	Davenport, IA
	Jacqueline Andrews	14.49	6/1/2025	JRC	Johnston, IA
	Keira Johannes	14.55	7/14/2020	JRC	Johnston, IA
	Kim Krome	14.64	6/16/2018	USATF Iowa	Ames, IA
200m	Juniper Vandelune	26.83	5/25/2024	CRTC	Cedar Rapids, IA
	Ella O'Brien	28.67	6/15/2019	USATF Iowa	Ames, IA
	Camryn McGregor	28.67	5/25/2024	CRTC	Cedar Rapids, IA
	Emilia Kongshaug	28.99	7/18/2021	AAU Region 14	St Paul, MN
	Rilee Wooster	29.38	5/25/2024	CRTC	Cedar Rapids, IA
	Simone Henlon	29.44	6/25/2022	AAU Region 14	Des Moines, IA
	Olivia Rosenboom	29.50	6/11/2023	Indianola Booster	Indianola, IA
	Mae Glass	30.22	6/3/2019	JRC	Johnston, IA
	Katherine McAllister	30.42	6/16/2013	USATF Iowa	Ames, IA
	Vanessa Osborne	30.64	6/29/2019	IRUN	Indianola, IA
400m	Olivia Rosenboom	1:04.05	6/18/2023	USATF Iowa	Ames, IA
	Ella O'Brien	1:04.45	7/7/2019	USATF Region 8	Fargo, ND
	Minka Negley	1:05.71	5/11/2025	IRUN	Indianola, IA
	Katherine McAllister	1:08.53	6/16/2013	USATF Iowa	Ames, IA
	Jacqueline Andrews	1:09.06	6/1/2025	JRC	Johnston, IA
	Jayna Lamping	1:09.74	5/23/2021	JRC/Iowa Flyers	Johnston, IA
	Keira Johannes	1:11.44	7/28/2020	JRC	Johnston, IA
	Ashley Molis	1:12.31	5/6/2023	Valley	West Des Moines, IA
	Timber Negley	1:13.16	7/2/2023	AAU Region 14	Des Moines, IA
	Mae Glass	1:13.58	6/29/2019	IRUN	Indianola, IA
800m	Minka Negley	2:26.63	6/15/2025	USATF Iowa	Ames, IA
	Jessica McKee	2:31.34	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Olivia Rosenboom	2:33.23	6/17/2023	USATF Iowa	Ames, IA
	Lily Dunley-Williamson	2:42.06	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Mackenzie Laughlin	2:42.10	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Peyton McClure	2:44.75	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Audrey Dummermuth	2:45.57	6/12/2021	AAU State	Des Moines, IA
	Timber Negley	2:49.23	5/13/2023	Excaliburs	Waukee, IA
	Addie Coen	2:50.36	6/11/2023	Indianola Booster	Indianola, IA
	Averie Ryan	2:50.62	6/3/2019	JRC	Johnston, IA
1500m	Minka Negley	5:21.82	6/1/2025	JRC	Johnston, IA
	Audrey Dummermuth	5:31.24	6/20/2021	USATF Iowa	Ames, IA
	Peyton McClure	5:40.79	8/2/2014	AAU Nationals	Des Moines, IA
	Marissa Pewe	5:49.37	7/28/2020	JRC	Johnston, IA
	Arabia Parkey	5:51.47	6/18/2017	USATF Iowa	Ames, IA
	Isabelle MCGinnis	6:08.32	5/4/2025	NW Elite	Waukee, IA
	Timber Negley	6:15.30	5/14/2023	I-Run	Indianola, IA
	Ava Thornton	6:20.50	6/8/2019	AAU State	Indianola, IA
	Elizabeth Fjelstad	6:24.98	6/16/2012	USATF Iowa	Johnston, IA
	Olivia Miner	6:29.88	6/2/2019	JRC	Johnston, IA
3000m	Audrey Dummermuth	12:21.42	5/23/2021	JRC/Iowa Flyers	Johnston, IA
	Peyton McClure	12:32.22	8/2/2014	AAU Nationals	Des Moines, IA
	Avery Gilbert	14:09.51	5/11/2019	Excaliburs	Waukee, IA
100m H	Juniper Vandelune	15.94	7/20/2024	Iowa Games	Ames, IA
	Lily Dunley-Williamson	17.19	8/2/2014	AAU Nationals	Des Moines, IA
	Ashley Molis	19.12	6/4/2023	JRC	Johnston, IA
	Timber Negley	20.10	5/14/2023	I-Run	Indianola, IA
	Angel Easter	20.97	5/13/2023	Excaliburs	Waukee, IA
	Emilia Kongshaug	21.27	6/6/2021	JRC	Johnston, IA
	Averie Ryan	21.88	5/11/2019	Excaliburs	Waukee, IA
	Megan Marshall	22.32	6/16/2012	USATF Iowa	Johnston, IA
	Ashley Molis	22.37	5/6/2023	Valley	West Des Moines, IA

200m H	Juniper Vandelune	30.91	7/13/2024	MVTC	Davenport, IA
	Lily Dunley-Williamson	32.59	6/29/2014	AAU Region 14	Brooklyn Park, MN
	Ashley Molis	33.63	7/2/2023	AAU Region 14	Des Moines, IA
	Timber Negley	34.71	6/4/2023	JRC	Johnston, IA
	Averie Ryan	36.07	6/2/2019	JRC	Johnston, IA
4x100	Ella O'Brien, Mae Glass, Keira Johannes, Brandi Vu	55.02	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Vanessa Osborne, Keira Johannes, Courtney Sweet, Mae Glass	56.82	6/2/2019	JRC	Johnston, IA
	Anita Zayeneh, Nova Thornton, Taryn Theilen, Grace Kamara	57.40	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Kim Krome, Ava Thornton, Maria Wilcox, Courtney Sweet	58.91	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Rubie Pohlman, Brenna Murphy, Averie Ryan, Gabrielle Osborne	59.85	6/2/2019	JRC	Johnston, IA
	Marissa Pewe, Lauryn Johannsen, Emily Krone, Victoria Verde	59.86	6/4/2017	JRC	Johnston, IA
	Emmy Van Iten, Hayden Mincks, Rebecca Street, Cora Wendler	59.87	5/4/2025	NW Elite	Waukee, IA
	Katelyn Wetterberg, Cambri Bradley, Reagan Wey, Paizlee Buchanan	59.97	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Avery Vukovich, Vanessa Osborne, Jadeyn Pundt, Brenna Murphy	1:00.04	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Kaylee Pelayo-Pintor, Rilee Wooster, Elaine Davidson, Camryn McGregor	1:00.35	6/8/2024	AAU State	Des Moines, IA
4x200	Reagan Wey, Cambri Bradley, Katelyn Wetterberg, Addisyn McCracken	2:02.48	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Cicely Dirksen, Adalynn Harper, Camryn McGregor, Kaylee Pelayo-Pintor	2:03.40	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Aubrielle DeWitt, Leah Ferguson, Simone Henlon, Ashley Molis	2:05.02	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Courtney Sweet, Gabrielle Osborne, Jadeyn Pundt, Keira Johannes	2:05.61	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Cora Wendler, Rebecca Street, Lexi Van Steenis, Emmy Van Iten	2:05.71	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Natalie Clark, Rylie Henry, Avery Vukovich, Kim Krome	2:07.57	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Luciana Lowe, Melayna Davis Brown, Aubriana Henlon, Juniper Vandelune	2:09.29	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Rishita Kulkarni, Libby Rose, Alexa Sedore, Vanessa Osborne	2:15.64	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Danielle Anderson, Heidi Hellenga, Melayna Brown, Piper Anderson	2:18.72	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Chloe Gierstorf, Kaylee Pelayo-Pintor, Adeline Osweiler, Presley Sime	2:19.82	5/21/2025	JRC/ATC Relay Meet	Johnston, IA

4x400	Ella O'Brien, Mae Glass, Keira Johannes, Brandi Vu	4:25.92	7/7/2019	USATF Region 8	Fargo, ND
	Addisyn McCracken, Cambri Bradley, Alexa Kosman, Minka Negley	4:26.08	6/15/2025	USATF Iowa	Ames, IA
	Ella O'Brien, Marissa Pewe, Ava Thornton, Brandi Vu	4:28.90	6/16/2019	USATF Iowa	Ames, IA
	Abigail Wharton, Brandi Vu, Marissa Pewe, Ella O'Brien	4:30.49	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Minka Negley, Cambri Bradley, Emily Mathews, Addisyn McCracken	4:43.17	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Reagan Wey, Katelyn Wetterberg, Cambri Bradley, Addisyn McCracken	4:45.95	6/1/2025	JRC	Johnston, IA
	Gabrielle Osborne, Quinn Pohlman, Maria Wilcox, Mae Glass	4:48.91	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Alexa Kosman, Anna Kallen, Kaylee Pelayo-Pintor, Minka Negley	4:49.11	6/1/2025	JRC	Johnston, IA
	Reagan Wey, Katelyn Wetterberg, Alexa Kosman, Cora Wendler	4:51.01	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Minka Negley, Cara Lamping, Rilee Wooster, Juniper Vandelune	4:51.40	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
4x800	Jessica McKee, Lily Dunley-Williamson, Mackenzie Laughlin, Peyton McClure	11:01.21	8/2/2014	AAU Nationals	Des Moines, IA
	Alyx Woodley, Micah Fitzgerald, Marissa Pewe, Abigail Wharton	11:12.43	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Minka Negley, Alexa Kosman, Isabelle McGinnis, Anna Kallen	11:19.81	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Mackenzie Craven, Marissa Pewe, Ava Thornton, Samantha Craven	11:40.11	6/3/2018	JRC	Johnston, IA
	Ava Thornton, Gabrielle Osborne, Kate Rastetter, Averie Ryan	11:59.43	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Abigail Wharton, Ava Thornton, Averie Ryan, Avery Gilbert	12:11.96	5/11/2019	Excaliburs	Waukee, IA
800SM	Camryn McGregor, Angel Easter, Juniper Vandelune, Luciana Lowe	2:08.53	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
	Grace Kamara, Anita Zayeneh, Taryn Theilen, Arabia Parkey	2:10.83	5/25/2017	JRC/ATC Relay Meet	Johnston, IA
	Keira Johannes, Kim Krome, Mae Glass, Ava Thornton	2:12.23	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Camryn McGregor, Kaylee Pelayo-Pintor, Juniper Vandelune, Cara Lamping	2:14.02	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Alexa Sedore, Vanessa Osborne, Kim Krome, Samantha Craven	2:14.35	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Vanessa Osborne, Sidney Pohlman, Rubie Pohlman, Quinn Pohlman	2:18.77	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Piper Anderson, Melayna Brown, Simone Henlon, Ashley Molis	2:20.92	5/26/2022	JRC/ATC Relay Meet	Johnston, IA
	Ava Jackson, Adeline Osweiler, Isabelle McGinnis, Anna Kallen	2:25.40	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Danielle Anderson, Heidi Hellenga, Aubrielle DeWitt, Leah Ferguson	2:29.02	5/26/2022	JRC/ATC Relay Meet	Johnston, IA

1600SM	Cora Wendler, Reagan Wey, Cambri Bradley, Minka Negley	4:46.17	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Brandi Vu, Ella O'Brien, Marissa Pewe, Abigail Wharton	4:52.37	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
	Katelyn Wetterberg, Addisyn McCracken, Emily Mathews, Alexa Kosman	4:53.42	5/21/2025	JRC/ATC Relay Meet	Johnston, IA
	Rilee Wooster, Cicely Dirksen, Adalynn Harper, Minka Negley	4:56.33	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Avery Vukovich, Rishita Kulkarni, Mackenzie Craven, Ava Thornton	5:08.62	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Kim Krome, Emoni Lewis, Libby Rose, Samantha Craven	5:12.86	5/24/2018	JRC/ATC Relay Meet	Johnston, IA
	Averie Ryan, Sidny Pohlman, Maria Wilcox, Quinn Pohlman	5:37.04	5/23/2019	JRC/ATC Relay Meet	Johnston, IA
Long Jump	Juniper Vandelune	14' 7.25	6/9/2024	IRUN	Indianola, IA
	Mae Glass	14' 3.5	6/2/2019	JRC	Johnston, IA
	Keira Johannes	13' 5.5	7/14/2020	JRC	Johnston, IA
	Katherine McAllister	13' 2	6/16/2013	USATF Iowa	Ames, IA
	Jadeyn Pundt	12' 4	5/5/2019	Iowa Speed	North Liberty, IA
	Leighton McKibban	12' 3.75	6/1/2025	JRC	Johnston, IA
	Alexandra Tanner	12'	6/6/2021	JRC	Johnston, IA
	Vanessa Osborne	11' 11	6/29/2019	IRUN	Indianola, IA
	Kim Krome	11' 7.75	5/12/2018	Excaliburs	Waukee, IA
	Olivia Miner	11' 5.5	5/11/2019	Excaliburs	Waukee, IA
High Jump	Ava Thornton	4' 5	6/15/2019	USATF Iowa	Ames, IA
	Ashley Molis	4' 5	8/2/2023	AAU Nationals	Des Moines, IA
	Emilia Kongshaug	4' 2	6/6/2021	JRC	Johnston, IA
	Audrey Dummermuth	4' 2	6/6/2021	JRC	Johnston, IA
	Olivia Rosenboom	4' 2	5/14/2023	I-Run	Indianola, IA
	Jayna Lamping	3' 10	5/16/2021	IRUN	Indianola, IA
	Alexandra Tanner	3' 10	6/6/2021	JRC	Johnston, IA
	Simone Henlon	3' 3.25	5/7/2022	Valley/DCG	West Des Moines, IA
Shot Put	Elaine Davidson	26' 0.75	6/21/2025	AAU State	Huxley, IA
	Melayna Davis Brown	20' 6	5/6/2023	Valley	West Des Moines, IA
6 lb	Anika Schmitt	19' 6.75	6/16/2013	USATF Iowa	Ames, IA
Discus	Simone Henlon	57' 3	6/18/2022	USATF Iowa	Ames, IA
	Elaine Davidson	56' 10	6/21/2025	AAU State	Huxley, IA
	Anika Schmitt	35' 10	6/16/2013	USATF Iowa	Ames, IA
	Mia Goodlett	28' 4	5/13/2023	Excaliburs	Waukee, IA
Javelin	Elaine Davidson	60' 8	5/3/2025	Excaliburs	Waukee, IA
Pentathlon					

15 Year Old Girls						
Event	Name	Time/Distance	Date	Meet	Location	
100m	Grace Kamara	13.43	6/4/2017	JRC	Johnston, IA	
	Juniper Vandelune	13.49	7/19/2025	Iowa Games	Ames, IA	
	Simone Henlon	13.58	6/17/2023	USATF Iowa	Ames, IA	
	Camryn McGregor	13.58	5/17/2025	Valley	West Des Moines, IA	
	Rilee Wooster	14.01	6/15/2025	USATF Iowa	Ames, IA	
	Brenna Murphy	14.08	7/14/2020	JRC	Johnston, IA	
	Kim Krome	14.46	7/1/2019	AAU Region 14	Milwaukee, WI	
	Vanessa Osborne	14.72	7/28/2020	JRC	Johnston, IA	
	Melayna Davis Brown	15.13	5/5/2024	Valley	West Des Moines, IA	
	Mia Goodlett	15.92	5/11/2024	Excaliburs	Waukee, IA	
200m	Grace Kamara	27.31	6/4/2017	JRC	Johnston, IA	
	Juniper Vandelune	27.57	7/13/2025	USATF Region 8	Ames, IA	
	Olivia Rosenboom	28.00	5/25/2024	CRTC	Cedar Rapids, IA	
	Camryn McGregor	28.42	5/17/2025	Valley	West Des Moines, IA	
	Simone Henlon	28.48	6/17/2023	USATF Iowa	Ames, IA	
	Rilee Wooster	28.75	6/15/2025	USATF Iowa	Ames, IA	
	Vanessa Osborne	30.30	7/14/2020	JRC	Johnston, IA	
	Brenna Murphy	30.41	7/14/2020	JRC	Johnston, IA	
	Kim Krome	30.79	7/20/2019	Iowa Games	Ames, IA	
	Melayna Davis Brown	31.89	6/8/2024	AAU State	Des Moines, IA	
400m	Olivia Rosenboom	1:05.60	5/25/2024	CRTC	Cedar Rapids, IA	
	Grace Kamara	1:06.35	7/2/2017	AAU Region 14	Maple Grove, MN	
	Vanessa Osborne	1:09.19	7/28/2020	JRC	Johnston, IA	
	Heidi Hellenga	1:12.91	6/4/2023	JRC	Johnston, IA	
	Simone Henlon	1:15.33	6/4/2023	JRC	Johnston, IA	
	Kim Krome	1:18.83	6/15/2019	USATF Iowa	Ames, IA	
	Tegan Engbrecht	1:19.98	6/4/2023	JRC	Johnston, IA	
	Brenna Murphy	1:21.55	7/14/2020	JRC	Johnston, IA	
	Rylie Henry	1:25.80	5/16/2021	IRUN	Indianola, IA	
800m	Marissa Pewe	2:30.44	6/19/2021	USATF Iowa	Ames, IA	
	Olivia Rosenboom	2:35.61	6/8/2024	AAU State	Des Moines, IA	
	Tegan Engbrecht	3:08.10	6/4/2023	JRC	Johnston, IA	
1500m	Marissa Pewe	5:20.99	6/6/2021	JRC	Johnston, IA	
	Olivia Rosenboom	5:24.14	6/30/2024	AAU Region 14	Arden Hills, MN	
	Timber Negley	5:48.79	5/5/2024	Valley	West Des Moines, IA	
3000m	Olivia Rosenboom	11:56.30	5/25/2024	CRTC	Cedar Rapids, IA	
100m H	Juniper Vandelune	16.89	5/3/2025	Excaliburs	Waukee, IA	
	Kim Krome	19.84	6/16/2019	USATF Iowa	Ames, IA	
200m H	Timber Negley	33.06	5/5/2024	Valley	West Des Moines, IA	
400m H	Juniper Vandelune	1:13.62	7/13/2025	USATF Region 8	Ames, IA	
2000m SC	Nova Thornton	10:01.42	8/4/2018	AAU Nationals	Des Moines, IA	
Long Jump	Vanessa Osborne	13'3.75	7/7/2020	BGM	Brooklyn, IA	
	Kim Krome	13' 0.5	5/5/2019	Iowa Speed	North Liberty, IA	
	Brenna Murphy	12' 9	7/14/2020	JRC	Johnston, IA	
High Jump						
Shot Put						
Discus	Simone Henlon	59' 8	6/4/2023	JRC	Johnston, IA	
Javelin						

16 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Simone Henlon	13.39	6/8/2024	AAU State	Des Moines, IA
	Mollie Ancell	14.06	6/1/2025	JRC	Johnston, IA
200m	Simone Henlon	28.81	6/8/2024	AAU State	Des Moines, IA
	Mollie Ancell	29.78	6/21/2025	AAU State	Huxley, IA
400m	Mollie Ancell	1:03.20	6/1/2025	JRC	Johnston, IA
	Simone Henlon	1:11.46	6/2/2024	JRC	Johnston, IA
	Huda Anglo	1:21.13	6/12/2021	AAU State	Des Moines, IA
800m					
1500m					
3000m					
100m H					
400m H					
2000m SC	Nova Thornton	10:01.42	8/4/2018	AAU Nationals	Des Moines, IA
4x100					
4x200	Timber Negley, Minka Negley, Melayna Davis Brown, Simone Henlon	2:01.34	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Heidi Hellenga, Piper Anderson, Tegan Engbrecht, Simone Henlon	2:08.44	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
4x400	Timber Negley, Simone Henlon, Camryn McGregor, Melayna Davis Brown	4:58.04	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Jayna Lamping, Aubrielle DeWitt, Ashley Molis, Marissa Pewe	5:04.71	5/23/2021	JRC/Iowa Flyers	Johnston, IA
	Tegan Engbrecht, Simone Henlon, Piper Anderson, Heidi Hellenga	5:14.61	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
800SM	Rylie Henry, Piper Ladwig, Marissa Pewe, Jayna Lamping	2:13.55	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
1600SM	Melayna Davis Brown, Juniper Vandelune, Simone Henlon, Timber Negley	4:58.18	5/23/2024	JRC/ATC Relay Meet	Johnston, IA
	Simone Henlon, Rylie Henry, Audrey Dummermuth, Marissa Pewe	5:13.95	5/27/2021	JRC/ATC Relay Meet	Johnston, IA
	Simone Henlon, Heidi Hellenga, Piper Anderson, Tegan Engbrecht	5:27.56	5/25/2023	JRC/ATC Relay Meet	Johnston, IA
Long Jump					
High Jump	Kaitlyn Molis	4' 4	6/6/2021	JRC	Johnston, IA
Shot Put					
Discus	Simone Henlon	69' 1	5/5/2024	Valley	West Des Moines, IA
Javelin					

17-18 Year Old Girls					
Event	Name	Time/Distance	Date	Meet	Location
100m	Ava Ross	13.62	6/11/2023	Indianola Booster	Indianola, IA
	Sarah Birkett	15.17	6/16/2013	USATF Iowa	Ames, IA
200m	Ava Ross	28.04	6/17/2023	USATF Iowa	Ames, IA
	Sarah Birkett	30.81	6/16/2013	USATF Iowa	Ames, IA
400m	Ava Ross	1:04.24	6/18/2023	USATF Iowa	Ames, IA
	Sarah Birkett	1:11.50	6/16/2013	USATF Iowa	Ames, IA
800m					
1500m					
3000m					
100m H					
400m H					
4x100					
4x200					
4x400					
800SM					
1600SM					
Long Jump	Sarah Birkett	12'8.5	6/16/2013	USATF Iowa	Ames, IA
High Jump					
Shot Put	Vivian Baker	28' 5.5	6/5/2022	JRC	Johnston, IA
Discus					
Javelin	Sarah Birkett	52'3	6/16/2013	USATF Iowa	Ames, IA