



2022 Coach's Guidelines

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BENCH STAFF RESPONSIBILITIES:

1. Coaches and Trainers must obtain proper, OLA approved certification.
2. One member of each team's coaching staff must attend the Zone coach's meeting as scheduled. (\$75.00 fine)
3. The Coach, bench personnel and players must maintain proper conduct at all times (i.e. before, during and after games. (OLA Constitution B7.01)
4. The Coach must ensure, particularly, that proper conduct of the team is exercised on the floor.
5. A copy of the Zone Guidelines is provided for each team in their Association on an annual basis; (these guidelines will be handed out at the Zone 9 coaches' meeting.)
6. Ensure that one member of the bench personnel from each team, is in attendance at the Zone coaches' meeting; (date, location and time to be set annually.)
Note: Fine for non-attendance at Zone coach's meeting - \$50.00 per team
7. ***Complete and submit a Non-Zone Game form for any exhibition game played outside the regular Zone Schedule, failure to do so and competing in the 'unsanctioned' game will result in a fine of \$100.00 and the bench personnel suspended until dealt with.*** (the form is available on the OLA & Zone websites)
8. **Concussion Awareness:** Concussions can occur while participating in any sport or recreational activity. Since the circumstances under which a concussion can be sustained are so varied, it's important for all coaches, parents, and athletes to be aware of the signs, symptoms, and what to do if a concussion occurs. Completion of this CLA on-line seminar is a mandatory requirement for all bench personnel:
<http://pointstreaksites.com/view/cla/making-head-way-1> (2019)
9. If a Coach is going to be late for a game, due to unforeseen circumstances, he should attempt to contact the Arena and notify the appropriate people. (If the start of the game is delayed for more than fifteen minutes, the appropriate fine will be levied.)
10. The Coach, Manager or Head timekeeper must notify the Division Convenor and Zone Scheduler of the outcome of any play-off game, immediately after the conclusion of that game by e-mail. (fine \$25.00)
11. If a team has both Home and Away Uniforms, the Coach must have both available for all games, and ensure that his team is dressed in their non-conflicting Colors prior to game time.
12. The Coach must notify his/her Association Representative, to contact the Zone Director and Ref-in-Chief, if neutral referees are to be requested for any play-off games. (Referee mileage fees to be paid by the requesting team.)
13. The Coach must be familiar with the rules and regulations as set down by the C.L.A., O.L.A. and the Zone, and instruct his/her players in the proper playing of the game of Lacrosse, to the best of his/her ability.
14. **Ensure that the teams shake hands** (prior to the start of the game)
15. The use of a suspended player in a game, will result in the game being forfeited, the Coach being suspended for at least one game and the player still having to sit out his/her suspension.
 - Suspensions must be served in consecutive games, including Zone games and all O.L.A. sanctioned tournaments.
 - Suspended players or coaches may not be added to game sheets in a higher (or same) division to "use up" suspensions.
 - Suspended players' or coach's names must appear on the game sheet in the appropriate location, in order that the Convenor will count it as a game served.

- Failure to note the name on the game sheet will result in the game not counting as the suspension having been served.
- A legible copy of the Tournament game sheet must be submitted to the Division Convenor, (in order to verify the serving of suspensions during those games).
- These Tournament game sheets must be sent in with the game sheet for your next regular 'home' game. In the event that these game sheets are not submitted, additional Zone games will be added to the suspension, along with a fine for non-compliance.

16. Team Officials will be brought in for a meeting, when their team has accumulated four reportable suspensions (i.e. Gross or Match penalties), to determine where the problem lies, so that a suitable solution might be reached.

17. The "Coach" in charge of the game must be designated for each game.

18. If a team incurs an excessive number of penalty minutes in one game (excluding misconduct's), the "Coach-in-charge" will be suspended for the next game;

- Tyke, Novice & Peewee - 26 minutes or more. *
- Bantam, Midget & Intermediate - 36 minutes or more. * ***2017 OLA Regulation**

REGISTRATION

Coach or Manager must ensure that all players on the team are registered properly.

Prior to attending any Tournament, you must have the players and bench staff registration forms with all necessary approvals (Club, Zone, OLA). Failure to produce the completed forms at the tournament will result in the player / bench staff being denied the opportunity to participate in that tournament.

GAME CANCELLATIONS

Game-day cancellations are only acceptable under the following circumstances:

1. Arena is unavailable. (i.e. double booking by arena staff)
2. Floor is unsafe to play on. (i.e. wet and slippery). Arena staff will make this decision early in the day. At game time it will be the Referee's decision.

Note: Cancellations will not be permitted due to players being on holiday.

Procedure:

1. The designated Club Rep must immediately notify everyone concerned, (i.e. Opponents, Zone Director, Referee Assignor, Referee-in-Chief, and Scheduler), of the cancellation and the reason
2. Game cancellations (other than those listed above) must be arranged more than 72 hours prior to the scheduled game time, to allow sufficient time to notify everyone involved. This will be subject to a **\$200.00 rescheduling fee** plus fees for assigned referees.
3. Game cancellations with less than 72-hours notice, before the game will be treated as a "No-Show" and the appropriate fines levied.

A. ZONE RESPONSIBILITIES:

- The Zone Scheduler will update the scheduling software and notify the Zone Director, Zone Referee-in-Chief, Zone Assignor, Statistician and OLA Ratings Coordinator of the rescheduled game, after consultation with both Association Reps involved.

B. ASSOCIATION RESPONSIBILITIES:

1. The Association Representatives must ensure that the Zone Scheduler, Referee Assignor, Zone Director, the appropriate division Convenor and the opposing team's Association representative has been notified if a game is to be cancelled.
2. This notification must be made within the set time guidelines to avoid fines.
3. The Association Representative must confer with the opposing team's Association Representative and the Zone Scheduler in order to reschedule the game to a mutually agreeable time.

C. COACHES RESPONSIBILITIES:

- The Coach must notify his/her Association Representative if a game is to be cancelled.
- **Coaches are not permitted to cancel games or reschedule games!**

Notes:

- In the event that a team is unable to play the rescheduled game, after previously, mutually agreeing to the reschedule, a forfeit will be awarded to the opposing team and the appropriate fines levied, plus costs incurred for; floor time, referees, minor officials, etc.
- In the event that a game has to be cancelled, the Referee Assignor must be personally contacted. **A message on an answering machine is not adequate notification.**
- In keeping with the above ruling, an e-mail is also not adequate notification. You must speak to the assignor to ensure that the message will be relayed to the referees in sufficient time that they are not going to the arena for that game. If there is not sufficient time to prevent the referees from attending, costs will be assessed.

ZONE GAME PLAY

ZONE RESPONSIBILITIES:

The Zone will annually notify all Associations of the game play and penalty guide-lines that are in effect, with instructions to notify their coaches and executive that these are to be enforced. This pertains to Zone regulations and is in addition to all current O.L.A. and C.L.A. Rules.

LENGTH OF GAMES:

PEANUT/PAPERWEIGHT – All games must be curfewed 60 minutes from the scheduled start time. (In order that they don't hold up League games that follow.)

U9 (Tyke) Three fifteen-minute periods, the last two minutes of the third period to be stop-time. (No 30 second rule in Tyke)

U11 (Novice) Three fifteen-minute periods, the last two minutes of the third period to be stop-time. (30 second rule in effect)

U13 (Peewee) Three fifteen-minute periods, the last five minutes of the third period to be stop time. (30 second rule in effect)

U15 (Bantam) Three fifteen-minute periods, the last five minutes of the third period to be stop time. (30 second rule in effect)

U17 (Midget) Three fifteen-minute periods, the last ten minutes of the third period to be stop-time. (30 second rule in effect)

U22 (Intermediate) (same as for Midget)

- Games at all levels must have three minutes rest between periods.
- Stop time may only be waived by mutual agreement of both coaches.
- In the event that a game start-time has been delayed due to a team arriving late, the length of periods may be altered in order that subsequent games do not exceed the time allotted by the arena for that night.

LENGTH OF SEASON:

- Regular season games must be completed two weeks prior to the respective division Provincials.
- If Zone playoffs cannot be completed in one week for that division, then the regular season must be shortened for that specific age division. (i.e. The first two divisions, with Provincials on the Civic Holiday weekend, may have to finish their regular season games before divisions with later Provincials.)

1. All Zone playoffs must be completed within the two week period immediately prior to their respective division Provincials.
2. Teams that are OLA rated "A" in Peewee, Bantam and Midget divisions, will be matched against the same for playoffs. If there is only one "A" team in any of these divisions, the Championship shall be awarded automatically and no playoffs shall take place.
3. Wherever possible, teams shall play within their respective OLA rating category.
4. Teams must be prepared to play at any time during playoffs (i.e.. the next game may be set for the next day).
5. Cancellation of, or "no-show" at any playoff game will result in forfeiture of the game by the offending team. (Appropriate fine)
6. No playoff games will be played after Provincial Championships.(except in situations due to extenuating circumstances).
7. The team finishing highest in the standings as of the July playoff meeting, will have the home arena advantage, for the Championship game in that category.
Note: Due to the unequal number of games being played, ranking will be determined by dividing the team's points by the number of games played by that team, to get the highest average
8. The "Home team", in all playoff games, will be responsible for phoning the results to the Scheduler and Convenor on the night of the game. (Fine - \$25.00)

A. ZONE CHAMPIONSHIPS:

- Two-team playoffs will be (2 out of 3) or (3 out of 5) series, as time permits.
- Three or more teams will be played as a Round-Robin, with the top two teams playing a one-game final.

B. TIEBREAKER FORMULA (C.L.A.)

- In the event of a tie in the standings, the record between the two teams will determine the winner. (A tie is defined as; having the same number of points, derived from an equal number of games played.)
- If a tie still exists, the goal average formula (below) will be used. Only the goals scored in games between the two teams shall be taken into consideration for this calculation.
- If a tie still exists the goal average formula will be used, taking into consideration all games played in the series.
- If a tie still exists, the team with the greatest number of assists during the whole season shall be declared the winner.

Formula:
$$\frac{\text{GOALS FOR}}{(\text{GOALS FOR} + \text{GOALS AGAINST})} = \text{GOAL AVERAGE}$$

LENGTH OF PLAY-OFF GAMES:

In Zone playoff games, the regulation game times are still in effect, with the addition of overtime periods in the event of a tie game. Ten minute, stop-time, "sudden victory" periods will be played with the team scoring the first goal declared to be the winner.

Note: In Round-robin games, a tie stands and no overtime will be played, (Except in the championship game.)

Club Reps are responsible to notify Minor Officials if games are Round-Robin or Series playoffs, and they can advise the referees in case of a tie.

ZONE 9 FINES

A: ASSOCIATIONS

1. No-Show or late Cancellation - \$100.00 (plus Referee fees & floor time)
2. Game Cancellation (72 hrs.+) - \$200.00 (Rescheduling fee plus Referee fees)
3. Forfeit - \$300.00 (Team suspended and Association voting rights cancelled until paid)
4. Late Start * (15 to 30 minutes) - 50% additional referee's fees - (excluding mileage, * more than 30 minutes treated as a "no show", costs to be paid by the offending team)
5. Late Game Sheet - \$25.00
6. Gross Misconduct - \$40.00
7. Match Penalty - \$40.00
8. Game Misconduct (Coach) - \$25.00
9. Game Misconduct (Player) - \$10.00
10. 10 Minute Misconduct - No fine
11. Major Penalty (5 min.) - \$10.00
12. Late team list (to Convenor) - \$50.00 (Forms provided)
(with first game sheet of the season)
13. Final list by June 15th - \$50.00 (Forms provided)
14. Late Playoff results notification - \$25.00 (Home team) (**to Convenor & Scheduler**)
15. Non-attendance at Zone Meetings- \$100.00 (first offence), and doubling for each subsequent offence during the year
16. Failure to fulfil duties as Mtg. Host - \$100.00
17. Non-attendance at Coach's Mtg. - \$50.00 per team
18. Debts not paid prior to OLA-AGM - \$100.00 + Association will be suspended and voting rights cancelled until all debts are paid
Debts not paid prior to the October Zone Meeting may result in the suspension of the entire club for the following season.
19. Graduated Suspensions (except fighting):
 - 2nd suspension - 3 games + \$35.00 fine
 - 3rd suspension - Discipline Hearing + \$50.00 mandatory fee
20. Fighting Suspensions:
 - 1st or 2nd offence - Balance of game + 1 game suspension + fine
 - 3rd offence - Discipline Hearing + \$50.00 mandatory fee + fine

AWARDS

Zone 9 "Coach-of-the-Year" Award:

Zone 9 "Manager-of the-Year" Award:

Nomination forms are in the forms section and must be completed and returned to the Club Rep and Zone Secretary prior to July 31st. Voting will take place at the September Meeting.

Club reps should also bring a copy to the September Zone Meeting.



ONTARIO LACROSSE AUTOMATIC MINOR DISCIPLINE POLICY (2022)

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The Ontario Lacrosse Association's Automatic Discipline Policy is in effect for all participants (players, bench personnel, volunteers) of the U7, U9, U11, U13, U15, U17, U22 and corresponding girls' divisions of OLA box lacrosse, whether or not the team's participants are "dressed" for the game or event, when attending any OLA-sanctioned events. All fines and suspensions are automatic once they have been recorded on the OLA game sheet and signed off by the officials. It is the sole responsibility of the penalized team to adhere to the OLA's Automatic Minor Discipline Policy throughout the entire season. Discipline is assessed according to the appropriate charts, using the following guidelines:

1. For U7, U9, U11 and U13 participants, discipline will be assessed according to the attached chart on Page 4. For U15, U17 and U22 participants, discipline will be assessed according to the attached chart on Page 5. For U13 players who are competing as Affiliated Players in the U15 Division, discipline will be assessed according to the U15, U17 and U22 chart.
2. Each participant's suspension record is maintained by the Zone Statistician (or designated zone executive) for the duration of the season;
3. Each participant's suspension is served in subsequent OLA-sanctioned previously scheduled exhibition, regular season, playoff and/or championship games until the suspension has been served in full, regardless of which calendar year the infraction occurred. Suspensions that are not served in the calendar year (by reason of injury, release, transfer, roster allocations or any other case) will be carried over to any subsequent season of involvement, regardless in which division the suspension was assessed;
4. Automatic indefinite suspension until a hearing chaired by the appropriate representative will be in effect for any Gross Misconducts and/or Match Penalty;
5. For suspensions assessed to an affiliated player competing for a higher category team, the suspension may be served in the division in which it was assessed or in the division in which the player is registered (but only in one division at a time, and the player is ineligible to participate in any capacity at any level until the suspension is served in its entirety);
6. Suspended participants may not compete while a suspension is under protest/appeal/review;
7. Suspended participants may not be at any arena during OLA games until their suspension has been served in its entirety. For violation of this section, Automatic OLA Review will result;
8. Discipline assessed in zone play that will result in a Zone/IT Hearing will be chaired by the Zone Director (or appointed representative). Discipline assessed in exhibition play or non-zone play that will result in a Zone/IT Hearing will be chaired by the Zone Director (or appointed representative) in which the game took place. Discipline assessed in an invitational tournament that will result in a Zone/IT Hearing will be chaired by the Tournament Convener (or appointed representative). Discipline assessed in an "A" Qualifier or Provincial Championship that will result in a Zone/IT Hearing will be chaired by the appropriate event chairperson (or appointed representative).

9. The head coach of any team who accumulates 26 penalty minutes in U13 or below, or 36 penalty minutes in U15 or above, will receive an automatic game misconduct at the conclusion of the game in accordance with the OLA's Total Penalty Minutes Policy. For the first and second occurrences in the same season, a one game suspension and a fine of \$20 will result. For the third occurrence in the same season, a two-game suspension and a fine of \$40 will result.
10. Discipline that results in fines incurred at tournaments, "A" Qualifiers and Provincial Championships will be payable to the Ontario Lacrosse Association. Discipline that results in fines incurred in exhibition, zone or non-zone play will be payable to the zone in which the infraction occurred in. Associations have 30 days from the date of receipt of the OLA invoice to ensure that payment for any fine has been received in full.
11. Players assessed GM45A (Fighting), GM45C (Restarting a Fight) or GM45D (Fighting Off the Playing Surface) during any Tournament, "A" Qualifier or Provincial Championship will be subject to the discipline as outlined in the appropriate chart, in addition to being disqualified from any further play in that Invitational Tournament, "A" Qualifier or Provincial Championship in any division.
12. Non-playing team personnel who are assessed a game misconduct for verbal abuse directed towards an official (GM28-ii) during the Ontario Lacrosse Festival Provincial Championships will be subject to the discipline as outlined in the appropriate chart, in addition to being disqualified from any further participation, in any division.
13. Participants who confront or engage with spectators off the playing surface will be subject to a fine of \$200 dollars plus any accumulated fines from penalties assessed as well as an automatic five-game suspension, provided an official report is submitted to the OLA by the officials.
14. Teams involved in any "bench clearing" situation (defined as two or more players leaving either team's bench and/or penalty box in order to engage in an altercation on or off the floor) will be subject to a fine of \$200 dollars plus any accumulated fines from penalties assessed, as well as an automatic OLA Review to determine the appropriate discipline for the bench personnel.
15. Teams involved in any pre-game or post-game altercations (defined as actions which would result in penalties being assessed during the course of the game, whether on or off the floor) will be subject to a fine of \$200 dollars plus any accumulated fines from penalties assessed, as well as an automatic OLA Review to determine the appropriate discipline for the bench personnel.
16. Participants who return to competition prior to serving their suspension will be subject to a fine of \$200 plus any accumulated fines from penalties assessed, as well as an automatic three-game suspension in addition to the balance of the original suspension. If any team personnel are determined to have been involved in directing the participant to return to competition prior to serving their suspension, an OLA Review will be scheduled to determine the appropriate discipline.
17. Zone Directors, Tournament Directors or other representatives may not, under any circumstances, intervene in a discipline matter to modify, reduce, vacate or otherwise alter the discipline policy without the written permission of the OLA VP of Minor Box (or appointed designate).
18. Associations and/or teams failing to adhere to the Ontario Lacrosse Association Automatic Minor Discipline Policy may be subject to additional sanctions, based on the nature of the violation and

any other mitigating circumstances deemed relevant by the Ontario Lacrosse Association, which may include one or a combination of additional suspensions assessed; additional fines assessed; forfeiture of the team's games; forfeiture of the team's provincial championship series; forfeiture of the association's performance bond; any other discipline as deemed appropriate at the discretion of the OLA's VP of Minor Box (or appointed designate), in consultation with the appropriate Zone Director (referred to as "OLA Review").

19. In addition to these guidelines, participants are governed by the OLA's policies, procedures, bylaws, rules, regulations, including the specified discipline charts on the following pages. Protests/appeals of any OLA Automatic Minor Discipline or any other policy are subject the guidelines of the OLA Appeals Process. Protests/appeals may not be lodged on behalf of a team for suspensions of five games or less, or for fines of \$100 or less. Only the OLA's VP of Minor (or appointed designate) reserves the right to intervene in discipline matters based on the best interest of the game.

Notwithstanding any of these guidelines, the OLA's Board of Directors may fine a club or team in any sum not exceeding one thousand dollars (\$1000.00), or may suspend or expel a club, team, member or player for notorious and continued foul play, or unfair, unsportsmanlike, ungentlemanly conduct, individually or collectively, on the field or at any place where a lacrosse match is being played, or at any meeting or gathering in the interest of the game, for neglecting to pay assessments made by the Board of Directors or for rules of the Corporation, for neglecting to obey or carry out any persistent infringement of the laws of the game, or the rules of the Corporation, for neglecting to obey or carry out any order of the Board of Directors transmitted by the President or Executive Director. (MR10.01)

Note 1: Automatic OLA Review is defined as an indefinite suspension to the participant until a ruling has been issued by the chair of the discipline committee, which may include a hearing.

Note 2: Protests/appeals may not be lodged on behalf of an individual or team for suspensions of five games or less, or for fines of \$100 or less.

Note 3: * For second offense players and coaches in the same calendar year under GM28 i, an automatic 3-game suspension and a \$50 fine will be ordered. For second offense trainers under GM28 i, an automatic 5-game suspension and a \$50 fine will be ordered. For third offense players and bench personnel under GM 28 i, Automatic OLA Review will result.

Note 4: ** For second offense players and coaches in the same calendar year under GM28 ii, an automatic 5-game suspension and a \$100 fine will be ordered. For second offense trainers under GM28 ii, an automatic 10-game suspension and a \$100 fine will be ordered. For third offense players and bench personnel under GM 28 ii, Automatic OLA Review will result.

OLA U7, U9, U11 AND U13 DISCIPLINE

Game Misconducts			
Infraction	Penalty Code	Suspension	Fine
Infractions within the Exchange Box	GM3	1 Game	\$20
Illegal Helmet	GM11	Balance of Game	\$20
Illegal Equipment	GM13	Balance of Game	\$20
Verbal Contact at Intermission	GM17	1 Game	\$20
Unsportsmanlike Conduct *	GM28 i	1 Game	\$20
Abuse of Officials **	GM28 ii	3 Games	\$50
Attempt to Butt-End	GM35	1 Game	\$20
Checking from Behind	GM38	1 Game	\$20
Fighting	GM45A	1 Game	\$20
Fighting: Restarting Fight	GM45C	1 Game	\$40
Fighting: Off the Playing Surface	GM45D	3 Games	\$40
Fighting: Failure to Clear the Area	GM45E	1 Game	\$20
High-Sticking	GM50	1 Game	\$20
Attempt to Kick	GM57	1 Game	\$20
Leaving the Bench: End of Period	GM60B	Balance of Game	\$20
Leaving the Bench: Altercation	GM60C	2 Games	\$40
Attempt to Spear	GM65	1 Game	\$20
Third Player into an Altercation	GM67	1 Game	\$20
Second Major Penalty	GM77	1 Game	\$20
Second Misconduct Penalty	GM78	1 Game	\$20

Gross Misconducts (Automatic Hearing Required)			
Infraction	Penalty Code	Suspension	Fine
Derogatory Comments	GRM48 i	Minimum 2 Games	\$40
Obscene Gestures	GRM48 ii	Minimum 2 Games	\$40
Persists in USC Behaviour	GRM48 iii	Minimum 2 Games	\$40
Making a Travesty of the Game	GRM48 iv	Minimum 2 Games	\$40

Match Penalties (Automatic Hearing Required)			
Infraction	Penalty Code	Suspension	Fine
Boarding	MP33	Minimum 2 Games	\$40
Butt-Ending	MP35	Minimum 2 Games	\$40
Charging	MP37	Minimum 2 Games	\$40
Checking from Behind	MP38	Minimum 2 Games	\$40
Cross-Checking	MP40	Minimum 2 Games	\$40
Elbowing	MP42	Minimum 2 Games	\$40
Fighting	MP45	Minimum 2 Games	\$40
High-Sticking	MP50	Minimum 2 Games	\$40
Kicking	MP57	Minimum 2 Games	\$40
Kneeing	MP59	Minimum 2 Games	\$40
Abuse of Officials	MP62	OLA Review	\$500
Slashing	MP64	Minimum 2 Games	\$40
Spearing	MP65	Minimum 2 Games	\$40
Throwing the Stick	MP69	Minimum 2 Games	\$40
Unnecessary Roughness	MP72	Minimum 2 Games	\$40

OLA U15, U17 AND U22 DISCIPLINE

Game Misconducts			
Infraction	Penalty Code	Suspension	Fine
Infractions within the Exchange Box	GM3	1 Game	\$20
Illegal Helmet	GM11	Balance of Game	\$20
Illegal Equipment	GM13	Balance of Game	\$20
Verbal Contact at Intermission	GM17	1 Game	\$20
Unsportsmanlike Conduct *	GM28 i	1 Game	\$20
Abuse of Officials **	GM28 ii	3 Games	\$50
Attempt to Butt-End	GM35	1 Game	\$20
Checking from Behind	GM38	1 Game	\$20
Fighting	GM45A	1 Game	\$20
Fighting: Restarting Fight	GM45C	2 Games	\$40
Fighting: Off the Playing Surface	GM45D	4 Games	\$40
Fighting: Failure to Clear the Area	GM45E	1 Game	\$20
High-Sticking	GM50	1 Game	\$20
Attempt to Kick	GM57	1 Game	\$20
Leaving the Bench: End of Period	GM60B	Balance of Game	\$20
Leaving the Bench: Altercation	GM60C	4 Games	\$40
Attempt to Spear	GM65	1 Game	\$20
Third Player into an Altercation	GM67	2 Games	\$20
Second Major Penalty	GM77	1 Game	\$20
Second Misconduct Penalty	GM78	1 Game	\$20

Gross Misconducts (Automatic Hearing Required)			
Infraction	Penalty Code	Suspension	Fine
Derogatory Comments	GRM48 i	Minimum 2 Games	\$40
Obscene Gestures	GRM48 ii	Minimum 2 Games	\$40
Persists in USC Behaviour	GRM48 iii	Minimum 2 Games	\$40
Making a Travesty of the Game	GRM48 iv	Minimum 2 Games	\$40

Match Penalties (Automatic Hearing Required)			
Infraction	Penalty Code	Suspension	Fine
Boarding	MP33	Minimum 2 Games	\$40
Butt-Ending	MP35	Minimum 2 Games	\$40
Charging	MP37	Minimum 2 Games	\$40
Checking from Behind	MP38	Minimum 2 Games	\$40
Cross-Checking	MP40	Minimum 2 Games	\$40
Elbowing	MP42	Minimum 2 Games	\$40
Fighting	MP45	Minimum 2 Games	\$40
High-Sticking	MP50	Minimum 2 Games	\$40
Kicking	MP57	Minimum 2 Games	\$40
Kneeing	MP59	Minimum 2 Games	\$40
Abuse of Officials	MP62	OLA Review	\$500
Slashing	MP64	Minimum 2 Games	\$40
Spearing	MP65	Minimum 2 Games	\$40
Throwing the Stick	MP69	Minimum 2 Games	\$40
Unnecessary Roughness	MP72	Minimum 2 Games	\$40



OLA Non-Zone Game Guidelines

All organizers of minor box non-zone games are required to follow the Ontario Lacrosse Association's constitutional regulations related to games played outside of their zone's regular schedule. These regulations apply to all non-zone games, including exhibition games, interlock games, Fun Days and any other non-scheduled matches.

MR6.01

Teams in the Corporation shall not be allowed to play matches with teams or players who have been suspended or expelled from the Corporation during the period of such suspension or expulsion. Clubs doing so knowingly shall be suspended automatically, subject to ruling by the Board of Directors.

MR6.02

All teams intending to take part in non-zone games must submit completed OLA Non-Zone Game Form to both Zone Directors at least one week prior to scheduled game for authorization. All participants, players, bench personnel and game officials, must be in good standing. Game sheets for the games must be forwarded by the home club to the appropriate Zone designate within 48 hours. Any discipline matters resulting from the game will be dealt with under the direction of the home team's Zone Director.

MR6.03

A player shall not play in an exhibition game or tournament unless as a member of the association with which he/she is signed.

In addition to these constitutional regulations, the following rules also apply:

1. Non-Zone games will not be authorized if a team has not fulfilled their Zone responsibilities
2. Regularly scheduled Zone games which are cancelled and then rescheduled for a later date are considered to be non-zone games and subject to the
3. Non-Zone game forms should be submitted by email attachment using the file title format:

<Non Zone Host Club Division Team Number vs Visitor Club Division Team Number – Date>
eg:

Non Zone Barrie Novice 1 vs Brampton Novice 2 – July 4 2019

Questions related to the regulations of non-zone games, or other specific circumstances should be directed to VP Minor (vpminor@ontariolacrosse.com).

2021 Zone Director Contact Information

Zone 1 – Craig M.	mainmac2012@gmail.com	Zone 7 – Rory S.	rorysmith01@hotmail.com
Zone 4 – Scott M.	morrisco@rogers.com	Zone 8 – Eddie J.	fast@sympatico.ca
Zone 5 – Greg R.	olazone5director@gmail.com	Zone 9 – Mary S.	zd9lacrosse@gmail.com
Zone 6 – Paul V.	zone6lacrossedirector@gmail.com	Zone 10 – Wendy B.	zone10lacrosse@gmail.com

OLA Non-Zone Game Guidelines (Template)

Game Details:

Host Team	Host Zone	Zone
Host Team Number	Division of Play	
Visiting Team	Visiting Team Zone	Zone
Visiting Team Number	Date	

Game Time: _____

Game Location: _____

(Arena Name + Town)

Referee Assignor: _____

(Zone RIC's Name)

Host Team Manager's Name: _____

Host Zone Director Approval: _____

Date of Approval: _____

Instructions for submission:

1. Forward a completed copy of this form to each team's zone director for approval at least one week prior to the scheduled game date.
2. Host teams are required to schedule floor time and time-keepers. Zones are responsible for scheduling referees. Host teams are not permitted to contact referees directly.
3. The Host Zone Directors is responsible for ensuring that all guidelines are followed.

Instructions for post-game:

1. Forward the top copy of the completed game sheet to the Host Zone Director within 48 hours.
2. Game Misconducts, Gross Misconducts and Match Penalties incurred in Non-Zone Games will be subject to discipline hearings as determined appropriate, by VP Minor Tanya Thompson.



Zero Tolerance Policy

There will be zero tolerance for abuse of O.L.A. certified officials, during sanctioned lacrosse games in Zone 9, in either tournament or league play.

Immediate Ejection and Suspension:

- Immediate action to be taken by the Official, will be to eject the offending player/coach/team official/spectator from the game.
- Failure of the offender to leave the area as requested, will result in a forfeiture of the game to the non-offending team.
- The offender will be suspended indefinitely from all sanctioned lacrosse activities, until the occurrence has been dealt with by the Zone Disciplinary Committee.

Verbal Reporting:

- The Official must verbally report all instances of ejection due to 'abuse of an official', immediately following the game.
- This verbal report is to be filed with the Zone Technical Director to inform him that the suspension has occurred. (Must be followed up with a written report).
- The association hosting the event where the offence occurred, will be required to deal with the incident as per the following procedures:

Written Follow-up:

- Collect game sheet and a copy of the incident report from the Officials.
- Prepare a list of names and phone numbers of witnesses who were in attendance. These are to be submitted to the Zone Technical Director, who will then contact the Chair of the Zone Disciplinary Committee and the respective Convenor.
- Discipline Committee to be convened (within seven days) to meet with the offender(s) to have them explain their actions and to determine the length of suspension to be served.
- The Chair of the Disciplinary Committee will report the decision of the committee to the offender, the Association rep, the Convenor and the Zone Executive.
- Repeated occurrences will be dealt with by increasingly stiffer penalties and the ultimate penalty may be permanent removal from the arenas and the game.

Appeals:

- The offender may appeal the suspension to the Zone Executive via the Zone Appeal Process.

ZONE 9 – 2022 PRELIMINARY OLA RATINGS

Association	BOYS						GIRLS			
	U9	U11	U13	U15	U17	U22	U11	U15	U17	U22
Burlington	A / C	B / C	A / C	A	A			A	B	B
Fort Erie	D	D	D	D	D	C				
Hamilton	C	C	C	C / D	B	B				
Lincoln	D	D	D	D	D	C				C
Nia-on-the-Lake	C	C	C	C	C	C				
Pelham	C	C	A / C	C	C					
Simcoe	D	D	D	D	D	C	B	B	B	C
Six Nations	B / C / D	B / C / D	A / C / D	A / C / D	A / C / D	A	B	B	B	B
St. Catharines	A / C	A / C	A / C	A / C	A / C	A			A	A

2022 ZONE 9 SCHEDULING RATINGS

Association	BOYS						GIRLS			
	U9	U11	U13	U15	U17	U22	U11	U15	U17	U22
Burlington	A / C	B / C	A / C	A / C	A / D					A
Fort Erie	D	D	D	D	D	C				
Hamilton	C	C	C	C / D	B	B				
Lincoln	D	D	D	D		C				C
Nia-on-the-Lake	C	C	C	C	C	C				
Pelham	C	C	A / C	C	C					
Simcoe	D	D	D	D	D	C		B	B	C
Six Nations	B / C / D	B / C / D	A / C	A / C	A / C / D	A		B		B
St. Catharines	A	A / C	A / C	A / C	A / C	A			A	A

2022 OLA & CLA Championships

July 1 - 3	1 st Provincial “A” Qualifier	Kitchener
July 16 -17	2 nd Provincial “A” Qualifier	Iroquois Park - Whitby
July 28 - 30	OLA ‘Final 6’- “A” (Peewee/Bantam) Championship	Iroquois Park - Whitby
July 29 - 31	OLA Peewee Provincials	Durham Region
July 29 - 31	OLA Bantam Provincials	Durham Region
July 31 – Aug 2	OLA Tyke Provincials	Durham Region
Aug 2 - 4	OLA Girls Provincials	Durham Region
Aug 2 - 4	OLA Intermediate Provincials	Durham Region
Aug 5 - 7	OLA Novice Provincials	Durham Region
Aug 5 - 7	OLA Midget Provincials	Durham Region
Aug 15 - 20	Girl’s Box Lacrosse Championships of Canada	Langley, BC
Aug 15 - 20	Peewee Lacrosse Championship of Canada	Langley, BC
Aug 15 - 20	Bantam Lacrosse Championship of Canada	Langley, BC
Aug 15 - 20	Midget Lacrosse Championship of Canada	Langley, BC

Aug 6 - 21	Canada Summer Games (Midget Box)	St Catharines, ON
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RESIDENCE RULES

MR2.05

No player who has changed his residence or club since January 1st of the current year shall be certified unless he has satisfied the Board of Directors of such change with bona fide complete and definite information regarding same.

MR2.08(a)

A player resident in a community represented by a club with house league and/or a team entered in a category for which he is eligible to play, must register with that club except where such player's services are waived by that club subject to the provisions of MR3.12.

MR2.08(b)

A player who is eligible but resident in a municipality with no minor team in any group for which he is eligible, shall be given the choice of the club for which he may play, when the difference between his residence to the two or more municipalities concerned does not exceed eight kilometres by the shortest well traveled route and by mileage shown on the current map issued by the appropriate department of the Ontario Government.

MR2.08(c)

Having made his choice, such player shall remain a member of the club for which he has signed until properly released, or until the municipality in which he lives operates a team for which he is eligible, at which time he shall have the choice of signing with the new team in his own municipality or remaining with club with which he originally signed.

NOTE:

Paperweight players MUST return to their own resident association once attaining Tyke age.

Soft Lacrosse players MUST return to their own resident association once attaining Paperweight age.

MR2.09(a) Residence Rule:

This shall be an area in which he/she has been living with his family as of January 1st of the playing year. If a player makes a bona fide change of residence after January 1st and has qualified with a club, such a change of residence must be brought to the attention of the Board of Directors before such a player is entitled to play with the club he first qualified with.

MR2.09(b)

Any certified O.L.A. player who has played for five (5) consecutive years with the same club or association shall have the option upon changing residence to remain with his previous club or association for the remainder of his minor eligibility. Having made his choice, such player shall remain a member of the club for which he has signed until properly released. (see MR3.01, MR3.12)

MR2.10 – Residence Rule:

In the event a club signs a player from a city, town or village that does not have an entry by May 1st, and at a later date, city, town or village so affected enters a team, the player will remain with the team holding his signed certificate until released.

MR3.01

A player must apply for a release from his/her club/association to play for another club/association by May 15th of the current playing season. All players must be registered and OLA approved for the current season prior to any participation. Such release shall become official immediately upon Zone and OLA approval.

MR3.11

No rep player may be conditionally released more than once to the same club. If a club releases a rep player to the same club a second time, that player is unconditionally released to that club.

A player released to play House League, may not play Rep for that Club seeking that player's release, (either as an AP or otherwise), without the releasing club's written permission. Any player released to play house league may be released more than once to the same club without becoming unconditionally released.



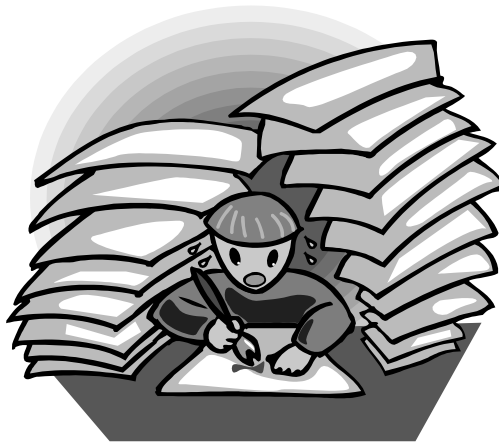
LIST OF FORMS TO BE SUBMITTED

These forms are in the Coach's Guidelines provided to each team at the Coach's Seminars, held immediately prior to the start of each season.

- Zone Rep Team list (to be submitted by June 1st)
- OLA - Final Team List for Provincials (by June 15th)
- Zone 9 Coach/Manager-of-the-year nomination (to Club Rep and Zone Secretary by August 31st)

Forms must be filled out completely and accurately and e-mailed to the appropriate persons on time.

***The fine for failure to comply with this requirement is \$50.00
(for each occurrence)***



The Provincial Roster must be sent by June 15th.

After this date there is no movement of players between teams in the same Division!

Association:_____ **Division** _____ **#** _____

Date _____

[illegible]

Bench Staff	Name	Phone #	Certification

(The Fine is \$50.00 for being late.)

Zone 9 Lacrosse

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Nomination Form – “Coach-of-the-Year”

This nomination form must be completed and returned to the Club Rep and Zone Secretary, no later than July 31st. Late nominations will not be accepted, as the voting will take place at the Sept. meeting. Your Club Rep should also bring a copy of this to the Zone meeting.

I/We would like to nominate (Coach) _____ of the

(Association) _____ (Division) _____ for the Coach-of-the-Year Award.

Reason for nomination: (conduct in game toward his players, fellow coaches, opponents, referees, minor officials and parents; coaching skills; leadership; dedication to the game; years of experience; etc.)

NCCP Level: **Community Development:** **In training** ☐ **Trained** ☐ **Certified** ☐

Intro to Competition: **In training** ☐ **Trained** ☐ **Certified** ☐

Other Certifications: (ie. First Aid, CPR., etc.)

Signed: _____ **Position:** _____ **Assoc.** _____

This nomination form must be completed and returned to the Club Rep and Zone Secretary, no later than July 31st. Late nominations will not be accepted, as the voting will take place at the Sept. meeting. Your Club Rep should also bring a copy of this to the Zone meeting.

(Association) _____ (Division) _____ for the Manager-
of-the-Year Award.


Reasons for nomination: (fulfilling responsibilities to Club & Zone, conduct toward players, coaches, opponents, referees, minor officials and parents; leadership; dedication to the game; years of experience; etc.)

[illegible]

Signed: _____ Position: _____ Assoc. _____

Paying the Referees at your Home Game

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	Burlington	Fort Erie	Hamilton	Lincoln	NOTL	Pelham	Simcoe	Six Nations	St. Catharines
Burlington		68	14	31	53	53	68	35	38
Fort Erie	68		68	45	36	33	87	94	33
Hamilton	14	68		33	53	44	58	26	40
Lincoln	31	45	33		32	14	61	58	14
NOTL	53	36	53	32		25	98	79	13
Pelham	53	33	44	14	25		61	53	15
Simcoe	68	87	58	61	98	61		31	97
Six Nations	35	94	26	58	79	53	31		64
St. Catharines	38	33	40	14	13	15	97	64	

The above mileage rates are total \$ (mileage is calculated at the rate of \$0.35/km.)
Mileage is paid by the last home team of each night, unless the referee is not officiating the final game

Example:

4 games are being played at Bill Burgoyne Arena in St. Catharines

Three referees are being used, all from out of town

6pm - Peewee → R1 (Hamilton) and R2 (NOTL) → game fee paid

7pm - Bantam → R1 (Hamilton) and R2 (NOTL) → game fee **plus** R2 mileage

8 pm - Midget → R1 (Hamilton) and R3 (Welland) → game fee paid

9pm - Intermediate → R1 (Hamilton) and R3 (Welland) → game fee **plus** R1 and R3 mileage

In this case, the Bantam team pays R2's mileage, and the Intermediate team pays R1's and R3's mileage

All teams regardless of division, must have cash on hand to pay the officials' mileage, if necessary.

Note about assigning:

Our goal in assigning is to ensure that all games use local referees where possible, and when travel is necessary, that officials are used from the same center. Where officials travel from the same center, only one mileage is paid (either the referees carpool, or the referees split the total mileage in half).

If the person responsible for paying the referees has questions/concerns about the mileage and whether or not the referees should have split the mileage, that person should pay the referees the requested amount and then contact Brent (brentcoulombe@gmail.com) to explain the details and follow up with the situation.

2022 Game Fees / Game Lengths / Stop-time information			
Division	Game Fee	Game Length	Stop-Time
Peanut/Paperweight	\$24.00	60 minutes from <u>scheduled start</u>	3 minute intervals
Tyke	\$29.00	Three 15 minute periods	Last 2 minutes
Novice	\$29.00	Three 15 minute periods	Last 2 minutes
Peewee	\$31.00	Three 15 minute periods	Last 5 minutes
Bantam	\$31.00	Three 15 minute periods	Last 5 minutes
Midget	\$35.00	Three 15 minute periods	Last 10 minutes
Intermediate	\$37.00	Three 15 minute periods*	Last 10 minutes
Each game has a 3-minute intermission between periods, and a three-minute warm-up before play.			
Stop-time must be in effect unless otherwise agreed to by <u>both</u> teams			
In round-robin Zone playoffs, regulation game times must remain in effect (as above)			
In Zone Championship games, regulation game times remain in effect, with the addition of 10-minute stop-time, overtime periods, where the winner is declared by 'sudden victory' (teams do not switch ends for overtime)			

The above game fees and game lengths are in effect for Zone games in the 2022 season

Midget and Intermediate game lengths have been reduced to 3x 15min periods

Referees are paid at the end of each game by the home team of that division

It is the responsibility of the Home team in every game to determine, (by asking the referees), if they are just doing that game or if they are also doing the next game. In this way you will know which referee receives just the game fee and if either referee is to be paid mileage as well.

Referees must be paid for the games that they were scheduled to do, prior to them leaving the arena. If they are not paid for any reason, the Zone Treasurer will issue a cheque to the referee, for the amount owing. The Club will then be invoiced for the amount plus a \$50.00 fine

Zone 9 Executive

Position	Name	Phone	E-mail
Zone Director	Mary Sticca	905-357-0813	zd9lacrosse@gmail.com
Assistant Zone Director	Nicole Napper	905-745-1459	nnapper@packerslogistics.com
Treasurer	Marg Boldt	905-468-3756	marg_boldt@sympatico.ca
Secretary	Dave Vernon	905-734-7833	vernon8@bell.net
Scheduler	Kathleen Durocher	905-630-9790	kdurocher4@gmail.com
Referee-in-Chief	Roger Nurse	905-320-3486	rmnurse@rogers.com
Referee Assignor	Brent Coulombe	905-931-3619	brentcoulombe@gmail.com
Referee Supervisor	Frank Lawrence	905-931-8203	crease@sympatico.ca
Zone Hearings Chair	Sam Hildebrandt	905-933-4367	zoneregistrar@gmail.com
Zone Statistician	Nicole Napper	905-745-1459	nnapper@packerslogistics.com
Conradi-Engemann Tournament Co-chair	Dora Ruch	905-935-4781	bruch8@cogeco.ca

Club Executives

Position	Name	Phone	E-mail
Burlington Chiefs			
President	Dave Hunter	905-466-1502	president@burlingtonlacrosse.com
Rep. Director	Daryl Chalmers	647-641-8535	repbox@burlingtonlacrosse.com
Fort Erie Hawks			
President	Patrick Sweeney	905-380-8646	president@forterielacrosse.com
Vice-President	Chris General	905-991-0967	vicepresident@forterielacrosse.com
Hamilton Bengals			
President	Greg Gillis	905-389-6405	president.hla@gmail.com
Vice-President	Joel Firmin	905-929-5635	joelfirmin1307@hotmail.com
Lincoln Redcoats			
President	Doug Haine	905-933-6312	hainers5@bell.net
Vice-President	Greg Taylor	905-512-7792	taylor76greg@gmail.com
Niagara-on-the-Lake Thunderhawks			
President	Chris Williams	289-241-2209	chicolax67@hotmail.com
Secretary	Christa Rawsthorne	905-380-9207	notlax2019@gmail.com
Pelham Raiders			
President	Spencer Tanguay	289-687-4543	spencer_tanguay@hotmail.com
Vice-President	Roy Belanger	289-219-4235	belanger.lax@gmail.com
St. Catharines Athletics			
President	Salah Hamdani	289-501-2144	sallah@hamdani.ca
Rep Director	Jason Paul	905-964-3550	jason.paul77@hotmail.com
Simcoe Timberwolves			
President	Ron Schweitzer	905-730-1426	smlapresident2020@gmail.com
Vice-President	Patrick Bergsma	519-429-0544	patrick.bergsma@live.ca
Six Nations			
President	Kevin McNaughton	519-732-0696	cubberman@live.com
Vice-President	Carlton Hill	905-536-9481	kathcart@hotmail.com