



QUINLAN FORD HIGH SCHOOL
Athletic Department
10064 S. State Hwy. Spur 264
Quinlan, Texas 75474
PH 903-356-1680 / FX 833-365-0234



2026 FHS Powerlifting Schedule

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>TEAM</u>
Thurs., Jan. 15	Princeton High School	5:00 P.M.	Girls Only
Sat., Jan. 17	Princeton High School	9:00 A.M.	Boys Only
Weds., Jan. 21	Royse City High School	4:30 P.M.	Boys Only
Thurs., Jan. 22	Royse City High School	4:30 P.M.	Girls Only
Sat., Feb. 07	Forney High School	TBA	Girls & Boys
Sat., Feb. 21	Mabank High School	TBA	Boys Only
Sat., Feb. 14	Last Qualifying Meet	TBA	Girls
Sat., Feb. 21	Last Qualifying Meet	TBA	Boys
Tues., Mar. 3	Regionals Royse City H.S.	TBA	Girls
FRI, Mar. 13	Regionals Decatur H.S.	11:00 A.M	Boys
Mar. 17-20	State Meet Edinburg	TBA	Girls
Mar. 27-28	State Meet Abilene	TBA	Boys

Revised 12/02/2025

Mascot: Panther Colors: Blue / White
Head Coach: Gary Pamplin
Assistant Coaches: Taner Renfro and Vance Hale
Athletic Director: Todd Wallace
Athletic Department Secretary: Lacey Morrison