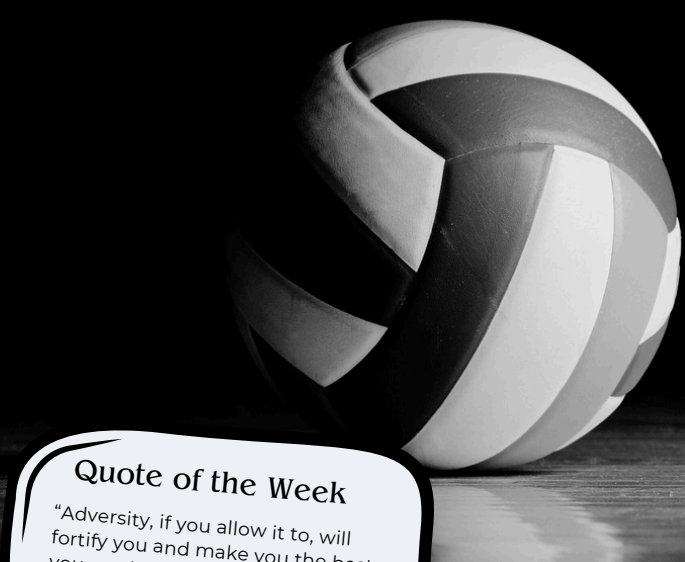


The Court Chronicles

"Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting."
 -Anonymous



Sport Parenting 101

Do	Don't
Remember the game is complex with many variables, some of which many parents don't understand.	Do not talk to the coach about playing time, this must first be done by the player.

Quote of the Week
"Adversity, if you allow it to, will fortify you and make you the best you can be."
 -Kerri Walsh

BOOK CLUB

The Gift of Failure
 by Jessica Lahey



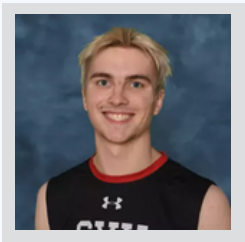
Chapter 11 of *The Gift of Failure* by Jessica Lahey, titled "The Value of Praise," explores the importance of how praise is given to children. Lahey stresses that praise should focus on effort, persistence, and the process of learning rather than innate ability or outcomes. She explains that when children are praised solely for their achievements, they develop a fixed mindset, believing that success is only about natural talent. In contrast, praising the effort and strategies they use encourages a growth mindset, where children see challenges as opportunities for learning. Lahey also discusses the dangers of over-praising, which can lead to a fear of failure and a reluctance to take risks. The chapter highlights that effective praise should motivate children to embrace difficulties, work through setbacks, and take pride in the effort they put into their learning, helping them build resilience and a positive attitude toward failure.

FROM THE VAULT

Why do we pay so much money for our kids to do all their sports? I have a confession to make; I don't pay for my kids to do sports. Personally, I couldn't care less about what sport they do. So, if I am not paying for sports *what am I paying for?*

I pay so that my kids can be out on the court or in the gym instead of in front of a screen.

ALUMNI HIGHLIGHT



Caydann Cox
 CCVB and St Xavier
 Men's Volleyball



Ashley Brown
 NVA and Central
 Community College
 Volleyball

Kyle's
DAD Joke
 of the week!

What kind of ape is in a minefield?

A baboom.

Upcoming Games

- 4/3/25** LOVB ATL v. LOVB OMA
7pm CDT on LOVB
- 4/4/25** LOVB MAD v. LOVB STL
9pm CDT on ESPN+ or ESPN+
- 4/5/25** LOVB HOU v. LOVB MAD
5:30pm CDT on LOVB
LOVB AUS v. LOVB STL
8pm CDT on LOVB