



*Be Your  
Best*



# Summer Lacrosse

## Summer Training

Cradlers  
Futures  
QuickStart  
Coast  
Camps

## Outdoor League

Girls High School/7 & 8  
Women's College/Post  
Boys High School/8


## Elite Teams

Tryouts: July 30 & Aug 6

[Click to join our mailing list](#)

Contact Us  
Website

[nhtomahawks@comcast.net](mailto:nhtomahawks@comcast.net) and [girls@nhtomahawks.com](mailto:girls@nhtomahawks.com)  
[nhtomahawks.com](http://nhtomahawks.com) and [girls.nhtomahawks.com](http://girls.nhtomahawks.com)



**Register Now**

# CRADLERS™

Bring your energy & smiles. We'll bring the sticks & fun!  
Pre-K ages 3 to 5

**NHT Cradlers Pre-K program** is your player's introduction to lacrosse! Bring energy and smiles and we'll bring the sticks and fun!

5-6pm, M/W June 12, 14, 19, 21, 26, 28 July 10, 12 \$100

Location: Joppa Fields, 160 Joppa Hill Rd., Bedford, NH



**Register Now**

# FUTURES™

Your lacrosse future begins now  
K-4 Program for beginners

**NHT Futures, Grades K-4**, program teaches lacrosse fundamentals in a fun and engaging way. Futures players will learn all the basics needed to begin their lacrosse playing career with NH Tomahawks.

Experience levels: 0-3 years. Players are divided by ability.

Boys 5-6pm Tu/Th June 13, 15, 20, 22, 27, 29 July 11, 13 \$100

Girls 5-6pm, M/W June 12, 14, 19, 21, 26, 28 July 10, 12 \$100

Location: Joppa Fields, 160 Joppa Hill Rd., Bedford, NH



**Register Now**

# QUICKSTART™

Fundamental Skills Training for Grades 5-8

**NHT QuickStart Grades 5-8**, program for players who would like to get a jump start learning lacrosse & players not yet ready for club teams. (recommended experience level 0-3 years)

Boys 5-6pm Tu/Th June 13, 15, 20, 22, 27, 29 July 11, 13 \$125

Girls 5-6pm, M/W June 12, 14, 19, 21, 26, 28 July 10, 12 \$125

Location: Joppa Fields, 160 Joppa Hill Rd., Bedford, NH



**Register Now**

# COAST

Skills Training for Grades K-8

**Coast Clinics, Grades K-12**, beginners thru advanced/elite.

Players divided by ability/age.

Focus on skill building for all positions

Boys 6-7pm Monday 6/19, 6/26, 7/10, 7/17 \$60

Girls 6-7pm Thursday 6/22, 6/29, 7/13, 7/20 \$60

Location: Maples Crossing @ Amesbury, MA

\*Summer Camp also at Amesbury-- camp info below\*



**Register Now**

## Faceoff Factory

Time: 6:00-7:30 PM

Wednesdays: June 14, 21, 28 July 5

Face off Factory Clinics: All 4 \$200

Individual: \$60/ 1.5 hour session

Location: Joppa Fields Bedford, NH

Please note: Faceoff instructors may rotate between Joe Nardella, Dan O'Connell and

Derek Yannone



**NEW HAMPSHIRE**  
**TOMAHAWKS**  
**LACROSSE CAMP**

For Girls  
Ages 5-17

All Positions  
All Abilities

*Be Your Best*

<http://girls.nhtomahawks.com>

Attack  
Midfield  
Defense  
Goalie

## NH Tomahawks Girls Summer Camp

Girls ages 5-17 years

All positions, including Goalies.

Players grouped by ability & age Camp Tuition: \$195

Camp 1: 6/26-6/29; 9am-12pm, Back River, Bedford, NH

Camp 2: 7/10-7/13; 9am-12pm, Joppa Field, Bedford, NH

Camp 3: 7/17-7/20; 9am-12pm, Amesbury, MA

Camp 4: 7/25-7/28; 9am-12pm, Joppa Field, Bedford, NH

**Register Now**

**NH TOMAHAWKS** **SUMMER CAMPS**

Visit our website to register & learn more!

[nhtomahawks.com](http://nhtomahawks.com)  
*Build Your Game*

## NH Tomahawks Lacrosse Boys Summer Camp

Boys ages 5 - 17 years

All positions, including Goalies.

Players grouped by ability & age Camp Tuition: \$195

Camp 1: 6/26-6/29; 9am-12pm, Joppa Field, Bedford, NH

Camp 2: 7/10-7/13; 9am-12pm, Joppa Field, Bedford, NH

Camp 3: 7/17-7/20; 9am-12pm, Amesbury, MA

Camp 4: 7/25-7/28; 9am-12pm, Joppa Field, Bedford, NH

**Register Now**



## NH Tomahawks Girls Outdoor Lacrosse League

High School/7&8 and College/Post College 6 Weeks \$110

Presentation of Mary: 182 Lowell Rd., Hudson, NH

June 20, 27,

Back River Sports Complex: 15 Camp Allen Rd., Bedford, NH

July 11, 18, 25 & 26

Game times: 6pm, 7pm or 8pm

Format: 7 v 7

**Register Now**



## NH Tomahawks Boys Outdoor Lacrosse League

High School 6 Weeks \$110

Presentation of Mary: 182 Lowell Rd., Hudson, NH

June 21, 28 July 12

Back River Sports Complex: 15 Camp Allen Rd., Bedford, NH

July 19, 25 & 26

Game times: 6pm or 7pm

Format: 7 v 7

**Register Now**

# NH Tomahawks Elite Teams

NH Tomahawks is an elite lacrosse club developing athletes to their potential through top notch instruction, league and tournament play. NH Tomahawks elite teams compete with and against the best teams in the country preparing players ultimately to play at the collegiate level.

## Upcoming Tryouts

March 19: Boys Youth (2027-2034) Summer '23

July 30 & August 6: Boys High School/Youth (2024-2035)

Fall '23, Spring '24 & Summer '24

[Learn more: Boys Elite Tryouts](#)

[Learn more: Girls Elite Tryouts](#)



[Click to view](#)

**COLLEGE COMMITMENTS**

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