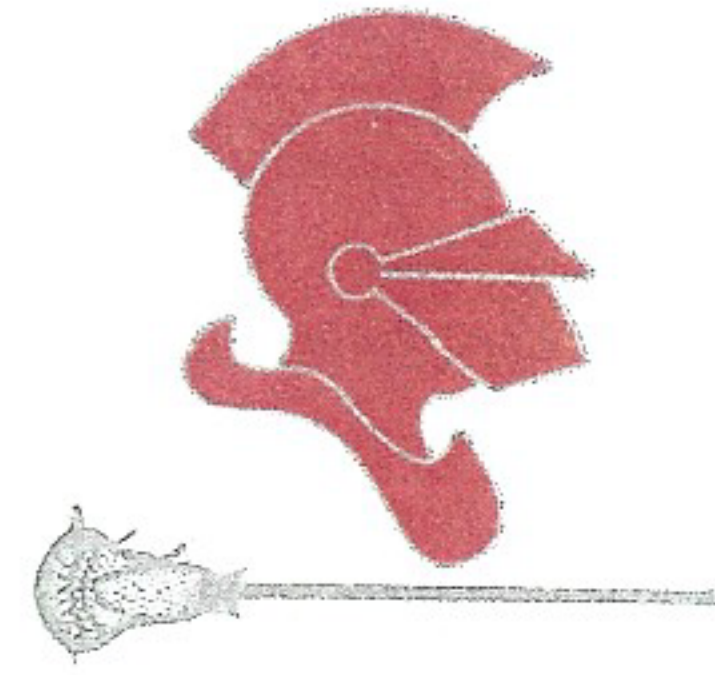


# 2024 BSM Boys' Lacrosse

## Welcome!

### Important Dates:



- Friday, March 8th/Saturday, March 9th
  - Salt Fundraiser Distribution days  
(student-athletes will team up and help each other deliver their salt sales)
- Monday, April 1st
  - Season begins
  - Tryouts 4/1 & 4/2
  - 7th-12th graders to attend JV/Varsity Tryouts
- Sunday, April 7th
  - Evereve Fundraiser: (11:00 am - 2:00 pm @ Evereve Edina) 15% of all purchases benefit the boys lacrosse program
- Thursday, April 4-Sunday, April 7th (VARSITY ONLY)
  - Varsity Spring Trip - Denver, CO
  - Depart MSP 4/4 at 5:55pm
  - Arrive back to MSP 4/7 at 5:40pm
  - Up to 30 student-athletes will be invited to join on our Varsity Spring Trip

### Tryout Times:

- Monday, April 1st:
  - Arrive/Check-in @ 6:30 pm
  - 7th-12th grade | 6:45-9:00 pm
- Tuesday, April 2nd:
  - Arrive/Check-in @ 6:30 pm
  - 10th-12th grade | 6:45-9:00 pm

### Captains Practices:

- Mondays & Wednesdays | 3:00-5:00 pm @ Champions Hall
  - Remaining dates:
    - 2/28
    - 3/4
    - 3/6
    - 3/11
    - 3/13
    - 3/18 (Spring break week)
    - 3/20 (Spring break week)
    - 3/25
    - 3/28

### Point of Contact:

#### Giuseppe Palermo

Head Coach | Boys Varsity Lacrosse

Benilde-St. Margaret's School

2501 Highway 100, St. Louis Park, MN 55416

c: 651-269-4137 | [gpalermo@bsmschool.org](mailto:gpalermo@bsmschool.org)



# Student-Athlete Behavior/Character Agreement

I, \_\_\_\_\_, being a member of the Benilde-St. Margaret's Boys' Lacrosse Program, hereby agree to adhere to the following behavior and character guidelines throughout the academic year. I understand that my commitment to these guidelines is essential for my personal growth, the success of the team, and the reputation of our school.

**1. Substance-Free Commitment:**

I pledge to remain substance-free, including drugs/nicotine products/alcohol, during the entire academic year. I understand that the use of any prohibited substances is strictly against the school's policies and may result in immediate suspension from the team. [In-Season = 6 GM]

**2. Good Character and Sportsmanship:**

I will conduct myself with good character, integrity, and sportsmanship on and off the field. I will respect my teammates, coaches, opponents, officials, and spectators at all times. I understand that unsportsmanlike behavior, including but not limited to, taunting, fighting, or disrespectful language, will not be tolerated.

**3. Academic Excellence:**

I commit to maintaining a minimum GPA of 2.6 throughout the academic year. I will prioritize my academic responsibilities and attend all classes regularly. I understand that my academic performance is more important than my performance in lacrosse.

**4. Attendance and Participation:**

I will attend all team practices, games, and events.. I will be punctual and actively participate in all team activities. If I am unable to attend a practice or game, I will inform the coaching staff in advance. All injuries must be evaluated by the school trainer, Beth.

**5. Respect for Authority:**

I will respect the authority and decisions of my coaches, teachers, and school staff. I understand that their guidance is essential for my personal and athletic development.

**6. No Complaining:**

I will promote team unity and cohesion by supporting my teammates, encouraging their efforts, and fostering a positive team environment. I understand that a strong team bond is essential for our collective success.

**7. Compliance and Consequences:**

I understand that failure to comply with any of these guidelines may result in disciplinary actions, including but not limited to, suspension from games, team activities, or removal from the team. I acknowledge that these consequences are in place to maintain the integrity of our program and the well-being of all team members.

I, \_\_\_\_\_, affirm that I have read, understood, and agree to abide by the terms and conditions outlined in this BSM Boys' Lacrosse Character Agreement. I am committed to upholding the values and standards set forth herein, and I understand the consequences of my actions should I fail to do so.

Student-Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Head Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_