

2021 IRONMAN Anti-Doping Program Statistics

The IRONMAN Group and the IRONMAN Anti-Doping Program ("IRONMAN ADP") continued efforts to adapt Anti-Doping activities to the changing realities of the COVID 19 Pandemic throughout 2021.

The 2021 IRONMAN and IRONMAN 70.3 racing calendars were significantly reduced, limiting racing opportunities for athletes and disrupting training programs throughout the year. The IRONMAN 70.3 World Championship was held in St. George, Utah on September 18, 2021, but the realities of COVID 19 Pandemic forced the postponement of the IRONMAN World Championship to May 2022. Throughout 2021 the IRONMAN ADP maintained its testing and educational focus on Age Group and Professional Athletes qualified for both events.

The IRONMAN Group also updated and published its <u>2021 IRONMAN Anti-Doping Rules</u> which were published and in force from January 1, 2021. The rules are based upon the 2021 WADA Code, and with approval and recognition from the World Anti-Doping Agency, IRONMAN continued operations as a Code compliant signatory.

The IRONMAN ADP maintained close collaboration and coordination with National Anti-Doping organizations to monitor athletes and to ensure a targeted analytical approach to all testing that could be accomplished. The IRONMAN Registered Testing Pool was maintained to ensure accurate whereabouts for RTP athletes.

Under the jurisdiction of the IRONMAN ADP 124 samples were collected and analyzed in 2021. Of those samples, 36 were collected in-competition and 46 were collected out-of-competition (OOC).

To the extent possible, the IRONMAN ADP continued the important focus on the Athlete Biological Passport (ABP), conducted in conformance with the WADA Athlete Biological Passport Operating Guidelines. The IRONMAN ADP collected 42 ABP blood samples OOC samples.

There were no Adverse Analytical Findings reported in 2021 and the IRONMAN ADP did not participate in any arbitration proceedings relating to any Anti-Doping Rule Violations. The IRONMAN ADP did not receive or approve any Therapeutic Use Exemptions but did recognize the TUE decisions of other Anti-Doping Organizations for athletes who also compete under the IRONMAN Anti-Doping Rules.

The IRONMAN ADP works with the Salt Lake Medicine Research and Technology Laboratory (SMRTL), in its capacity as the programs designated Athlete Passport Management Unit, to provide scientific oversight. The IRONMAN ADP's comprehensive testing program coordinates planning, intelligence, and results with key Anti-Doping Agencies Worldwide. This collaboration is critical to successful and strategic deterrence and detection as well as to minimize the duplication of efforts. The IRONMAN ADP utilizes the ADAMS (Anti-Doping Administration and Management System) for management of its testing program, ABP and Athlete Whereabouts and to ensure transparency and WADA's ongoing monitoring of reporting and results.

The <u>WADA Anti-Doping Testing Figures</u> reports should be consulted for detailed testing statistics pertaining to the IRONMAN Anti-Doping Program and worldwide anti-doping efforts in IRONMAN and the sport of triathlon.

Additional information regarding the IRONMAN Anti-Doping Program is available at ironman.com.