

*Dear Potential Player & Parent,*

*Welcome to the Forest Lake Girls' Basketball Program. The Coaching Staff is extremely excited to begin the 2020-2021 basketball season! We are looking forward to building a program with a strong tradition of excellence. We hope that you are getting yourself ready for a season built on hard work and dedication, along with much success. Our season will start on Monday December 21st, January 4th or January 18th at 2:45 pm in the Main Gym at FLHS. Please make sure the following items are addressed before our start date.*

1. Register on-line at <http://rangers.flaschools.org>. All registration and payments will be on-line with the exception of the physical examination form (hard copy).
2. Make sure all insurance forms, physicals, payments and eligibility forms are completed before our start date. A **roster** will be issued to the coaching staff listing all student-athletes who are cleared to practice.
3. Please contact Jody Berg the following individuals with questions about registrations.
4. Physical Exams must be current within the last 3 years and cover the entire season from start to end date.
5. The cost for participation this year for all players is \$360.00. 100% refunds will be given for a season-ending injury, move away or cut from the squad from the beginning to the midpoint of the season. \*\*\* COVID might adjust this school policy.
6. If available, 9<sup>th</sup> graders will be given the opportunity to play in the MYAS State Tournament. The Girls' Basketball Program will cover the cost with no additional cost for players.
7. Practice Uniforms must be purchased for all 9<sup>th</sup> through 12<sup>th</sup> grade players. The uniforms may be purchased at a date TBD from Coach Wagner or Coach Holmquist. **The cost for the uniforms will be \$50 – checks payable to FOREST LAKE GIRLS' BASKETBALL. Practice Uniforms should be purchased before the start date or during the first week.**
8. All Student-Athletes will be responsible for checking on and maintaining academic eligibility.

*Continue to work hard and enjoy the game of basketball! As a program, we need to build on the great strides we have made through all the hard work at the summer practices, open gyms and weight room time; this season is going to be a very special year for Forest Lake Girls' Basketball. Go Rangers!*

***Forest Lake Girls' Basketball Coaching Staff***

## **Forest Lake Girls' Basketball Coaching Staff**

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# **Tradition Never Graduates.**



## **Ranger Basketball**