

True Recruiting Cup Rules

Games Times

Games will be 22 minute halves with 5 minute half time.

Central Horn

A central horn will start game, horn will signal start of halftime, horn will signal start of third quarter, a double-horn will signal the two minute warning in the 4th quarter, and a longhorn will end game.

Time-outs

One (45) second time-out per game. The game clock will not stop during a time out. Time-out cannot be called in the last 2 minutes by the leading team. If a timeout is called and the two minute horn goes off, the timeout ends and play resumes.

Advancing/Final Two Minutes

30 seconds to get in the box. Keep it in at 4 goals or less in the last two minutes of the game.

Tie Game- If a game is tied at end of regulation, the game ends and no overtime will be played.

Roster regulations- No player can compete on more than one team within the same age group or grad year (ex. A player could not play for a 2023 AA and A team) Limited age exceptions can be made in advance at the discretion of tournament directors

Referees- can stop the game for any reason that he/she feels fit. Issues or concerns

No tolerance policy- alcohol, drugs, discrimination based on race, gender, religion, or sexual orientation by players, coaches, or fans. If a player, coach, or fan are proven to be in violation of this, the result will be an immediate ejection from the tournament venue.

Sportsmanship- If a player leaves the sideline to get involved in an on the field altercation, or a player on the field runs from the opposite end crossing the midfield, that player is automatically ejected from the game. The player may also be removed from the league. The offending team may have to forfeit the game at the discretion of tournament director. In the event that both teams have players exhibiting this behavior the game may be called and both teams will have the game recorded as a loss. The offending team or teams also may render themselves ineligible for the playoffs. The coaches and officials are expected to protect and promote the safety and well-being of all players

Tournament Directors will only communicate with team head coaches and assistants on all matters.