

Mizuno M1 Volleyball 2020

Fall Volleyball Programs

Experience the Difference at Minnesota's Finest Jr VB Training Program. Register ONLINE @ www.m1volleyball.com

Sunday Fall Skills Sessions – Core Skill Instruction, Drills & Games Sept 13th – Oct 18th

- Girls/Boys Little Diggers: Grades K-1 6pm – 715pm (6 weeks) **\$125:** _____
- Girls/Boys Level I: Grades 2-3 6pm – 715pm (6 weeks) **\$125:** _____
- Girls/Boys Level II: Grades 4-5 6pm – 715pm (6 weeks) **\$125:** _____
- Girls/Boys Middle School Grades 6-8 730pm – 9pm (6 weeks) **\$175:** _____
- Girls/Boys HS Grades 9-12 730pm – 9pm (6 weeks) **\$175:** _____

MEA Break Skills Clinics: Gr 6-9 Thurs Oct 15th / Fri Oct 16th

- Thurs Oct 15th: Setting Clinic 930am – 11am **\$35:** _____
- Thurs Oct 15th: Hitting / Serving Clinic 930am – 11am **\$35:** _____
- Thurs Oct 15th: Libero/Defense Clinic 1130am-1pm **\$35:** _____
- Fri Oct 16th: All Skills Clinic 10am – 12n **\$45:** _____

Pre Club Season Skill Sessions: 90min (*Revised due to HS Changes)

- Saturday Oct 17th - 930am-11am: 12s, 13s, 14s **\$35:** _____
- Saturday Oct 17th - 1130am-1pm: 15s **\$35:** _____
- *Sunday Dec 6th - 930am-11am: 16s **\$35:** _____
- *Sunday Dec 6th - 1130am-1pm: 17s, 18s **\$35:** _____
- Saturday Oct 24th - 930am-11am: 12s, 13s, 14s **\$35:** _____
- Saturday Oct 24th - 1130am-1pm: 15s **\$35:** _____
- *Sunday Dec 13th - 9am-1030am: 16s **\$35:** _____
- *Sunday Dec 13th - 1130am-1pm: 17s, 18s **\$35:** _____
- Saturday Oct 31st - 9am-1030am: 15s **\$35:** _____
- *Saturday Dec 12th - 11am-1230pm: 16s **\$35:** _____
- *Saturday Dec 12th - 1pm-230pm: 17s, 18s **\$35:** _____

Pre Club Season Open Gym Sessions: 90min/4's/6's Play (*revised to HS Season)

- *Mon & Wed Dec 7,9th 6pm – 730pm 17s,18s (2 Sessions) **\$20:** _____
- *Mon & Wed Dec 7,9th 730 – 9pm 16s (2 Sessions) **\$20:** _____
- Tue & Thu Oct 20th, 22nd 6pm – 730pm 12s, 13s, 14s (2 Sessions) **\$20:** _____
- Tue & Thu Oct 20th, 22nd 730 – 9pm 15s (2 Sessions) **\$20:** _____

- Mon – Thu Oct 26-29th: 6pm-730pm 15s (4 Sessions) **\$40:** _____
- *Sat Dec 12th: 3pm – 430pm 17s, 18s (Single Session) **\$10:** _____
- *Sat Dec 12th: 5pm – 630pm 16s (Single Session) **\$10:** _____

*Note: Register for Mizuno M1 Club Season Tryouts at www.m1volleyball.com

Name: _____ Email: (print clearly) _____

Address: _____ City: _____ ZIP: _____ Phone (H) _____

Position: _____ Age: _____ Grade(Fall'20): _____ T-shirt Size: _____ Club Team: _____

REGISTER ONLINE Only. Registrations are Non-Refundable and Non Transferrable.

Space is limited. We recommend that athletes register early. Confirmations will be sent by email.

I hereby authorize the staff of Minnesota One (M1) Volleyball to act according to their best judgment in any emergency requiring medical attention and I waive and release Minnesota One (M1) Volleyball, Inc from any injuries or illnesses incurred while at the practice, class, clinic or open gym session. I have no knowledge of any physical impairment that would be affected by the above child's participation in the above program(s).

Parent/Guardian's Signature _____ Date _____

Register ONLINE at www.m1volleyball.com

Questions? Call M1 @ 952-473-9712 or email admin@m1volleyball.com

Private Lessons: Offered weekly at M1, email Admin@M1volleyball.com to book times.