

Garden City Cougars Participant/ Parent Contract

RULES FOR THE PARTICIPANT

As a parent/player, I understand that:

1. Every effort should be made to attend all practices. This includes practices held in inclement weather.
2. If unable to attend a practice, your head coach must be notified before practice begins.
3. I agree to arrive on time and abide by the Attendance Policy.
4. Inappropriate language, hitting, bullying or misconduct of any kind will not be tolerated and may result in suspension of the participant from practices, games, or removal from the team.
5. Participants will respect teammates, officials, coaches and opposing players at all times.
6. Cheerleaders must arrive 1 hour prior to all games unless otherwise noted by their coach.
7. Proper game and practice attire is required for participation. If your attire is inappropriate, you will be sent home. All cheerleaders need to be in full uniform (as determined by the coach) or they will sit out. Game uniforms are not to be worn to practices.
8. No jewelry (including earrings/ nose rings) allowed to be worn during practices, games, or competition. **EVEN FOR NEW PIERCINGS.**
9. **NO FAKE NAILS!**
10. Directors/Coaches have the authority to remove a player/participant from a game, prior to or during, due to misconduct or unexcused absences - remember you are representing GCYAA Cougar Football & Cheer.
11. Injured players/participants are expected to attend & watch practices if physically able to, so that they can continue the learning process so they will be able to fully participate when they are physically able to play.

RULES FOR PARENTS/GUARDIANS

I understand that the GCYAA is a non-profit organization run solely by volunteers. As a parent, I will:

1. Volunteer a minimum of three (3) times during the season on game days. See Volunteer Policy below.
2. **The Homecoming fundraiser/ raffle is mandatory for all athletes and each athlete will have a required \$ amount to sell. (Usually \$200) If the \$ amount is not sold, parents are responsible for submitting the difference in cash.**
3. Understand that any returned checks for any reason will incur a \$25 bank fee.
4. Drop off on time and pick up my Cheerleader promptly for practices and games. Cheer Practices will be closed to spectators after the 1st week of practice.
5. Understand that in order for my child to register as a returning veteran participant next season, he/she must end the season in good standing. (Good standing is defined as having participated through the

completion of the season, paid all fees, met all volunteer requirements and returned all equipment by the due date.)

6. Conduct myself in a positive manner at all times, at the practice field and/or the game field. There will be no use of profanity or name calling. Alcohol and drugs of any kind are prohibited. There is no smoking allowed on school or practice grounds.

7. Understand that no parent is allowed on the field at ANYTIME unless called upon by coach or director.

8. Be a positive role model for my participant and his/her peers. I will not criticize participants, coaches, directors/ commissioners, or referees of either the home or away teams.

9. I will honor the 24 hour rule for issues or concerns. I will not approach the commissioner, directors or anyone on the coaching staff after/during a game with a complaint. Complaints must be put in writing after 24 hours to commissioners. Commissioner contact: gcyaacheer@gmail.com.