



**James E. Taylor High School  
JET Cheer and Mascot  
Tryout Packet  
2023-2024**

**Dear Cheerleader/ Mascot candidate,**

To be a cheerleader or mascot at Taylor High School is a privilege. Team members are not only expected to promote school spirit by attending all required athletic events and extra-curricular activities, but they are also held to a high standard of character as they are role models both on and off campus. We will expect all varsity, junior varsity, and freshman squad members to strive towards excellence in every aspect of life. Beyond the jumps, tumbling, and cheers practiced, one should also learn the value of leading with integrity and how to work hard and effectively together as a team towards a common goal.

Cheerleading is a serious responsibility, and we hope that you, as the candidate, would thoughtfully consider the time commitment and integrity this role requires. If you make the squad, cheerleading must become a major priority. Since you, as a Taylor High School cheerleader and/or mascot, are not only a performer, but an ambassador and leader, school cheerleading must take precedence over other extra-curricular activities, including other THS activities, jobs, and competitive cheerleading. As soon as you put on a Mustang uniform, your reputation will reflect directly upon the rest of the squad. You must assume the spirit and habits of an effective leader and role model. Responsibility, self-motivation, kindness, empathy, and maturity will be practiced by the entire team.

We wish you the best of luck with try-outs!

Sincerely,

*Buffy Brummett*  
*Lacy Wood*

JET Cheer Coaches

**James E. Taylor High School**  
**CHEERLEADER & MASCOT APPLICATION**

**Required Qualifications for Tryout:**

1. Candidates must either be enrolled as 8<sup>th</sup>-11<sup>th</sup> grade students in a KISD school or be a transfer student who can show proof of residency in the THS school zone during the year of tryouts.
2. During the year of tryouts, current 8<sup>th</sup> graders (rising 9<sup>th</sup> graders) are only allowed to try out for the Freshman team. Taylor High school will have a freshman cheerleading squad that will consist of freshmen only.
3. Applicants must have and maintain an overall 2.00 scholastic average calculated using six-weeks averages (not semester averages) for the current school year in all classes as of the last grade-reporting period prior to tryouts. Any student who has failed more than one course in any six-week period this year is at risk. The cheerleading squad is an elite group; if one missing part is gone for 3-6 weeks, the entire TEAM and school suffer.
4. Students must earn 5.0 academic credits at the end of the year of tryouts in order to assume their cheerleader role.
5. Applicants must have no more than two Level II or Level III disciplinary infractions (or a combination thereof). Applicants cannot have any infraction for which an OSS or OAC was served during the present school year. **NO** Level IV or V offenses. (Various levels of disciplinary infractions are listed in the Katy ISD Board-approved Discipline Management Plan and Student Code of Conduct.)
6. All applicants must be willing to give freely of their time for all Cheerleader and Mascot activities and preparation for these activities.
7. Mandatory meetings: All candidates and at least one parent/legal guardian must be in attendance for an orientation meeting to discuss selection process and cheerleader responsibilities. If you are unable to attend the meeting, a parent/guardian must contact the cheer coach PRIOR to the meeting to arrange an alternate time.
8. All candidates must be “green” in rank one in order to tryout. This means that all forms are turned in and complete by the date specified.
9. Candidates must submit a statement from a physician prior to tryouts. The statement must indicate that the candidate is capable of performing all the essential functions of cheerleader/mascot. The physical exam must be documented by the physician on the KISD Cheerleader Medical History and Physical Examination Form. Physical forms will need to be downloaded through the Rank One system and uploaded upon completion.
10. If a team member has resigned/quit the team during the current school year, he/she is NOT eligible to try out for a new team until the following year.

## Selection Process (Tryouts):

1. Candidates will be chosen by three impartial judges that are selected and vetted by the coaches and administration.
2. Size of teams: Exact size of teams will be determined after the scores are finalized. District guidelines specify that no more than fourteen (14) members are allowed on each of the three teams. Teams may not have fourteen as size will be determined by natural score break.
3. Students MUST be present at tryouts – there will be NO VIDEO submissions allowed. Absences due to district documented COVID will be considered excused and candidates will tryout live via zoom during their allotted time.
4. Scoresheets will be reviewed at the tryout meeting to clarify all expectations and skills. Categories will range from either 1-5 or 1-10 and will encompass all aspects of our program including but not limited to: Jumps, standing tumbling, band dance, sideline chant, crowd-leading cheer, hip hop/pep rally dance, fight song, prop use, motion technique, and spirit/enthusiasm.
5. Candidates will draw a number. During the judging and tabulation, candidates are referred to by number only.
6. The Taylor High School Fight song will be reviewed during clinic, but will not be formally taught. It is the responsibility of the candidate to learn and perfect the Fight Song before tryouts. You can find it on the team YouTube under Cheer Tryouts 2023.
7. Candidates are strongly encouraged to attend the pre-tryout clinics in order to be as well prepared as possible for tryouts. Should a candidate not be present during the clinic session, he/she is responsible for learning any missed material on his/her own time from other participants; clinic leaders are NOT permitted to provide makeup instruction. (Other participants or Senior cheerleaders who teach material are NOT required to help you if you miss a session.)
8. Candidates will not be allowed to campaign prior to tryouts.
9. Candidates are NOT permitted to obtain assistance from ANY of the seniors on Varsity outside of clinic instruction time. Doing so will result in immediate disqualification from the try out process.
10. All applicants will wear appropriate clothing during tryout clinic days. Shirts should abide by dress code (no spaghetti straps or sport bras) and shorts should cover all areas. Cheer shoes are mandatory. Any candidate not abiding by these rules will be asked to go home and change.
11. All applicants will wear **black shorts (no spandex only) and a white t-shirt/tank/polo** for tryouts. No spaghetti strap tank, sleeveless, or tight-fitting attire. Shirt should adhere to dress code standards. *Shirt should be tucked in* and the shorts should appropriately cover all areas. **Solid white cheer shoes and no-show socks must be worn.** Shoes must not have colored stripes or shoe strings, megaphones, or any other identifying cheer markings or logos. *Hair must be worn in THS Competition style hair – low ponytail with a side braid and solid white bow.* No other bow color or combo is allowed. All candidates should wear tryout attire to clinic the day before tryouts for approval. If a candidate is not dressed according to guidelines on tryout day, they will be asked to go home and change.

12. Mascot candidates should wear the same attire as cheerleader candidates. Mascot candidates should *bring all props necessary and a skit idea* to the coaches two days prior to tryouts and should be *ready to perform the skit in front of the judges* on tryout day.
13. Announcement of teams will be via JET Cheer official social media pages as soon as all candidate scores have been tabulated and verified.
14. In the event of a tie, there will be a call back. During the call back procedure, each candidate's score sheets will be destroyed and the judges will re-score candidates in question. The new scores will then be used. We only use this IF there is a tie on the overall score of the three judges total AND the two candidates in question are #14 and #15.
15. Appeals are held at the campus level only. Grounds for appeal may be made in reference to mathematical calculations or procedural impropriety only. Appeal results will be final at the campus level. Parents have five days from the announcement of teams to file an appeal or see their candidates scores. If a parent wants to view the scores, he/she must make an appointment with the cheer administrator and a meeting will take place in the administrator's office at the appointed time. Parents are neither allowed to take pictures of the scoresheets nor able to view other candidates' scores.
16. Alternates are not named. If a vacancy occurs two or more weeks prior to the first day of school, the vacancy may be filled by naming the student with the next highest composite score. At the time a vacancy is filled, uniform and accessories will be ordered at parents' expense. The tryout results are maintained in the cheer administrator's office for use if this circumstance arises.
17. Expectations after tryouts – All candidates selected for any team must continue to meet the "Required Qualifications to Tryout" for the remainder of the present school year. Failure to do so will result in immediate loss of position on the team.

### **Responsibilities of team members and parent(s)/guardian(s):**

1. Applicants shall not become involved in any questionable activities (**No drinking, smoking, vaping, or inappropriate websites/Twitter/Instagram/ Facebook/ SnapChat/ TikTok or other social media profiles**). Doing so may result in removal from the squad.
2. Cheerleading is a time-consuming sport, and all applicants must be willing to give freely of their time for all Cheerleader and Mascot activities and preparation for these activities.
3. All candidates must attend all mandatory summer post- and pre-school practices, NO EXCEPTIONS (other than hospitalization or death of immediate family member). A summer calendar will be given out in May.
4. All team members must attend both the summer cheer camp and all summer practices (**which will be mandatory**). UCA summer camp will be at Texas A&M University in College Station, June 6-9, 2023. Summer practice dates will be June 5, July 24-18, July 31-August 1, and August 7-11, times TBD.
5. Applicants must agree with all Cheerleader/Mascot Guidelines and Standards and be willing to abide by these standards.

6. Cheerleaders and the mascot serve as ambassadors of Taylor High School. As such, they are frequently asked to participate in public service, community and inter-district activities. All team members should be strong students that would not suffer by missing a class.
7. All applicants and their parents must be willing to meet all financial obligations on time. A detailed item list and payment dates will be given out following the announcement of the new squads. If there is a problem with payments, please contact the head coach as soon as possible to work out arrangements for alternate plans. **\*\*\$900 will be due in full before you leave for summer break. All payments will be collected online this year. If a team member quits or is dismissed from the team for any reason, no refunds will be given.**
8. Once on the team, each family is expected to participate in all fundraisers. The coach will establish a minimum requirement for each fundraiser. Parents will always have the option to “opt out” of fundraisers and instead write a check for the minimum requirement amount.
9. It is the expectation that all cheerleaders complete the year. If a cheerleader has quit the cheerleading team during the school year of tryouts, he/she may not try out again until the following school year.
10. All team members (regardless of if they are on the mat) are required to attend UIL State Competition in January. If unable to attend due to an unexcused absence, he/she will be removed from the team immediately and will not be allowed to try out again for the following year’s team.
11. All cheerleaders (regardless of if they are on the mat) are required to attend other cheerleading competitions throughout the year. If unable to attend due to an unexcused absence, he/she will receive a total of 10 demerits.
12. Attendance at all events is mandatory unless otherwise stated. Any and all absences must be cleared through the team’s coach within 24 hours of the events occurrence. Absences due to other UIL activities (FFA, choir, theater, etc.) will be considered excused and will not count against demerit total.
13. Respect and support the coaches and all their decisions.
14. Maintain appropriate behavior on and off the court. If a cheerleader or mascot is discrediting, dishonoring or disgracing themselves or the JET/THS cheerleading program, he/she may be removed immediately from the team.
15. Cheerleaders and mascots serve as ambassadors of Taylor High School. As such, they are frequently asked to participate in public service, community and inter-district activities. All squad members should be strong students who would not suffer by missing a class.

### **Special Positions on the team:**

Captain(s) will be selected by the coaches upon completion of a tryout process. The process will be a fair and equitable one that involves a panel interview and teacher recommendations, among other items, with consideration to the qualities of leadership, responsibility, and academic performance. All candidates will be evaluated using the same scoring rubric. The coaches’ decision is final and may not be appealed.

## **Discipline and Consequences:**

1. In order to maintain discipline, a demerit system is set up for all team members to follow. The coach is the ultimate authority regarding demerits.
2. This demerit system will be used from the time the squad is determined to the end of the cheer year (which is tryouts the following year); however, all cheerleaders are required to abide by all district guidelines from the time that the squad is announced.
3. All demerits will be recorded by the coach and initialed by the cheerleader.
4. If a cheerleader receives 10 demerits, he/she will be placed on a 3-6-week suspension.
5. If a cheerleader receives 15 demerits, he/she will be placed on a 6-9-week suspension.
6. If a cheerleader receives 20 demerits, he/she will be removed from the team.
7. If a cheerleader or mascot receives a grade lower than a 70 on a report card, he/she will be placed on probation/ineligibility for at least 3 weeks per UIL. \*Exception – KAP and AP courses are designated by TEA as exempted from “No Pass, No Play” UIL rule.
8. Any cheerleader who is academically ineligible for two of the three grading periods in a single semester will immediately be removed.
9. ANY student member of an extracurricular organization or campus club representing themselves, or their organization in an unfavorable, questionable, or illegal manner will be subject to the disciplinary actions determined by appropriate school officials and/or organization sponsors/directors/coaches, including probation or dismissal. This includes unfavorable, questionable or illegal actions documented through electronic media or using electronic communication devices in such a way as to bring discredit, dishonor, or disgrace on their organization or members of any other school organization including themselves.

The following scale will be used for selection of James E. Taylor High School Cheerleaders:

<b>Jumps, Spiriting, Standing Tumbling</b>	Spirit Entrance: Tumbling, Enthusiasm, Volume, Clarity (1-10)	Toe-Touch: Height, Flexibility, and Technique (1-10)	Hurdler: Height, Flexibility, and Technique (1-10)	Pike: Height, Flexibility, and Technique (1-10)	Standing Tumbling: Skill and Technique (1-10)	<b>Category Total Score:</b>
						/50
<b>Band Chant</b>	Motions (Technique, Placement, and Sharpness) (1-10)	Knowledge of chant, including words (1-10)	Rhythm and Timing (1-10)	Prop Use Signs, Poms, Megaphones (1-10)	Showmanship and Energy; Overall Game Day Appeal (1-10)	<b>Category Total Score:</b>
						/50
<b>Situational Cheer</b>	Motions (Technique, Placement, and Sharpness) (1-10)	Knowledge of cheer, including words (1-10)	Voice Projection and Clarity (1-10)	Prop Use Signs, Poms, Megaphones (1-10)	Showmanship and Energy; Overall Game Day Appeal (1-10)	<b>Category Total Score:</b>
						/50
<b>Crowd-Leading Cheer</b>	Motions (Technique, Placement, and Sharpness) (1-10)	Knowledge of cheer, including words (1-10)	Voice Projection and Clarity (1-10)	Prop Use Signs, Poms, Megaphones (1-10)	Showmanship and Energy; Overall Game Day Appeal (1-10)	<b>Category Total Score:</b>
						/50
<b>Hip-Hop Dance</b>	Motions (Technique, Placement, and Sharpness) (1-10)	Knowledge of dance (1-10)	Rhythm and Timing (1-10)	Prop Use Signs, Poms, Megaphones (1-10)	Showmanship and Energy; Overall Game Day Appeal (1-10)	<b>Category Total Score:</b>
						/50
<b>Overall Total Score:</b>						<b>/250</b>

Judges evaluation will be the **sole** criteria for cheerleader tryouts based on the following:

- Spirit entrance that includes tumbling, jumps, and voice
- Band Chant
- Situational Cheer (1 of 2)
- Crowd-leading Cheer
- Hip-hop/pep rally dance
- THS Fight Song (used for tie-breaking purposes)
- Exit

100% Judges Score (See attached Score Sheet)

- **Up to 14** cheerleaders per team may represent James E. Taylor High School for the school year.
- Up to 2 mascots may be chosen.

The selection process is based upon the natural break system, with no more than 14 cheerleaders taken per squad. Keep in mind **there is no guarantee that there will be 14 cheerleaders per squad**. We aim to uphold the standards and technical ability of the James E. Taylor Cheerleading program.



## James E. Taylor Cheer/Mascot Candidate Important Dates/Deadlines

March 28	<b>ALL completed forms due to THS Front Office by 3:00 pm—LATE FORMS WILL NOT BE ACCEPTED</b> (Forms can be submitted before this date. This is the last date to submit forms). All required forms must also be uploaded to Rank One by this date, including a copy of the current physical.
April 3-4	2:45-4:15 (High School Candidates); 4:30–6:00 (Junior High Candidates) Cheerleader clinics in Gym 2 at Taylor HS Seniors introduced. Tryout material taught. Tryout expectations and process reviewed. Tryout material reviewed in rotations.
April 5	Review all material, draw for order, practice in tryout groups, tryout demo
April 6	<p>3:00 p.m. Tryouts begin—FOLLOW SCHEDULE 3:15 p.m. Judging will begin Candidates need to report to THS tryout ready, including hair and makeup. Candidates are only allowed to bring a refillable water bottle and a cell phone. Candidates will surrender all electronic devices upon entry. Candidates will have devices returned upon dismissal. There will be a small warm up space, but candidates are not permitted to be loud and/or disruptive.</p> <p>2:45 pm: high school candidates report to THS. Candidates dismissed upon conclusion of tryouts after all scores have been tallied and no tie determined</p> <p>4:45 pm: freshman candidates report to THS. Freshman candidates dismissed upon conclusion of freshman tryouts after all scores have been tallied and no tie determined.</p> <p><b>All parents, guardians, and/or family members must not enter any part of any building and/or surrounding premises during entire tryout process.</b></p> <p><b>ALL PRACTICES AND TRY-OUTS ARE CLOSED TO THE PUBLIC. ABSOLUTELY NO PARENTS OR FRIENDS WILL BE ALLOWED NEAR THE GYM AREAS OF JAMES E. TAYLOR HIGH SCHOOL. CANDIDATES WILL BE DISQUALIFIED.</b></p> <p><b>Teams will be announced via official social media accounts upon conclusion of tryouts and verification of scores.</b></p>
Tuesday, April 11	6:30 pm--Mandatory Meeting for ALL 23-24 squad members <b>AND</b> parents in 9 <sup>th</sup> Grade Commons. Once main meeting concludes, all brand new to THS candidates and parents/guardians remain for additional meeting.
Wednesday, April 12	Uniform fitting appointments for the new squads

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**CHECKLIST FOR FORMS TO TURN IN BY Tuesday, March 28, 2023, BY 3:00 pm, to Main Campus Front Office at James E. Taylor High School. Please put all forms in this order:**

1. \_\_\_\_\_ Taylor High School Cheer Candidate Statement
2. \_\_\_\_\_ Personal Student and Parent/Guardian Information Form
3. \_\_\_\_\_ Emergency Card/Cheer agreement
4. \_\_\_\_\_ Parent/Guardian authorization Form
5. \_\_\_\_\_ Trip Authorization/Parent Consent to Treatment of Student  
*\*\*If insurance information is unavailable, please include the "Katy ISD Waiver" Form*
6. \_\_\_\_\_ UIL Concussion Acknowledgement Form
7. \_\_\_\_\_ Pre-participation Physical Evaluation verification printed from Rank One (copy of current school year one on file) \*\* Candidates will only need to get a new physical if it is not already on file. \*\*
8. \_\_\_\_\_ Current Report Card (includes entire year view as well as conduct available on HAC)
9. \_\_\_\_\_ Copy of Insurance card

These papers should be in the order listed above.

If you single side print them from this document, all papers will be in the correct order.

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## James E. Taylor High School CHEER CANDIDATE STATEMENT

My parent and I have read the application and agree with the requirements to be a James E. Taylor High School cheerleader or mascot. If selected as part of the squad, I will do my best to honor the time commitment and will uphold the standards of integrity expected of me. At this time, I would like to place my name in the running for 2023 – 2024 James E. Taylor High School (JET Cheer and Mascot) cheerleader or mascot.

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please check the line that applies to you:

\_\_\_\_\_ I am currently an **8<sup>th</sup> Grader** trying out for the **Freshman** squad.

\_\_\_\_\_ I am currently a **freshman** trying out for the **Junior Varsity** squad.

\_\_\_\_\_ I am currently a **freshman** trying out for both the **Junior Varsity and Varsity** squads.

\_\_\_\_\_ I am currently a **sophomore** trying out for the **Junior Varsity** squad.

\_\_\_\_\_ I am currently a **sophomore** trying out for both the **Junior Varsity and Varsity** squads.

\_\_\_\_\_ I am currently a **sophomore** trying out for the **Varsity** squad.

\_\_\_\_\_ I am currently a **junior** trying out for the **Varsity** squad.

\_\_\_\_\_ I am currently a \_\_\_\_\_ trying out for a **mascot** position.

**\*\*Coaches will get the following information from your counselor/report card:**

Current GPA: \_\_\_\_\_ # of N's in Conduct: \_\_\_\_\_ # of U's in Conduct: \_\_\_\_\_

Student Information:

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  
Student ID: \_\_\_\_\_ Middle name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Subdivision: \_\_\_\_\_ City: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Birthdate (month/date/year): \_\_\_\_\_  
Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Cell phone number: \_\_\_\_\_  
E-mail address: \_\_\_\_\_

Mother or Female Legal Guardian Information:

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Subdivision: \_\_\_\_\_ City: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Home Phone Number: \_\_\_\_\_  
Work Phone Number: \_\_\_\_\_  
Cell phone number: \_\_\_\_\_  
E-mail address: \_\_\_\_\_

Father or Male Legal Guardian Information:

Last name: \_\_\_\_\_ First name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Subdivision: \_\_\_\_\_ City: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Home Phone Number: \_\_\_\_\_  
Work Phone Number: \_\_\_\_\_  
Cell phone number: \_\_\_\_\_  
E-mail address: \_\_\_\_\_

# Student and Parent Agreement for Cheerleader Regulations and Guidelines

<b>PRINT</b>				
Student's Name	Last	First	Middle	Date
<p>This form must be signed and returned to the cheer coach by the announced date prior to cheerleader tryouts. In addition, the physical exam and medical information card must be completed and notarized prior to tryouts.</p>				
<b>STUDENT SECTION</b>				
<p>I have read and understand the Katy ISD Senior High School Cheerleader Guidelines and campus cheerleader constitution, by-laws, and handbook information. My signature below signifies that I have read and agree to abide by all published guidelines and that I am not presently on deferred adjudication or probation for any law violation that will continue past the date of the scheduled tryouts. I understand that willfully falsifying any personal information in the application/participation process will result in my immediate dismissal from the tryout process or from the squad, if selected.</p>				
Date		Student Signature		
<b>PARENT/GUARDIAN SECTION</b>				
<p>I have read and understand the Katy ISD Senior High School Cheerleader Guidelines and campus cheerleader constitution, by-laws, and handbook information. I give my student permission to participate in cheerleader tryouts. I have discussed the requirements, responsibilities, and rules with my student.</p>				
<p>I agree to support and uphold these cheerleading regulations if my student is selected as cheerleader.</p>				
Date		Parent/Guardian Signature		
<p>Information/Photos pertaining to my child may be used in news releases and publications.          Yes   No   (Please circle one)</p>				
<p>Squad/group photos only, no name, may be used in news releases/publications          Yes   No   (Please circle one)</p>				
Date		Parent/Guardian Signature		

# Parent/Guardian Authorization for Regular Extracurricular Travel and Consent to Emergency Treatment of Student

Student's Last Name	First Name	Middle Name	Grade Level
Extracurricular Activity			School Year

As the parent/guardian of the above-named student (or adult student), I grant permission for my child (or me) to travel and participate in all regularly/routinely scheduled activities of the designated extracurricular group for the current school year. I understand that all students are required to ride to and from all school-sponsored activities in District-provided transportation according to Board Policy FMG. An exception may be granted for a student to be released to the custody of his/her parent at the completion of the activity if a written request is received and approved prior to the trip. It is understood that a separate permission slip will need to be completed for any additional activities requiring travel in order for my child to participate.

It is understood that neither the Katy Independent School District, nor any of its trustees, officers, employees, or organization sponsors are liable for any accident or injuries that may occur to the above-named student as a result of any aspect of his/her participation on these trips.

I acknowledge that in case of an emergency, illness, or accident for which a parent cannot be reached, an attempt will be made to reach one of the emergency contact people listed below. However, if no one can be reached, I authorize the school officials to take whatever action is deemed necessary in their judgment, for the health of my child. I will be responsible for any cost in the event my child must be transported by ambulance and receive medical care.

As the parent(s)/guardian(s) of the above-named student, a minor, I/we do hereby authorize a Katy Independent School District staff member(s), to act as my/our agent(s), to consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and/or hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any licensed physician/surgeon, whether such diagnosis or treatment is rendered at the office of said physician/surgeon or at a hospital. Parents/guardians will be notified by the district, by the contact information below, of any treatment rendered to the student.

It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power on the part of our aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment or hospital care which aforementioned physician/surgeon, in the exercise of his/her best judgment, may deem advisable, prior to any treatment being rendered.

I/We hereby authorize any hospital which has provided treatment to the above-named minor to surrender physical custody of such minor to the agent(s) upon completion of treatment.

It is understood that I/we must assume legal responsibility for any expenses incurred for medical treatment which may not be covered by my/our personal insurance, Medicaid, or Medicare.

Name of Father/Guardian:	(Last)	(First)	(Middle)
Father's Home Phone	Father's Work Phone	Father's Cell Phone	
Name of Mother/Guardian:	(Last)	(First)	(Middle)
Mother's Home Phone	Mother's Work Phone	Mother's Cell Phone	

## Insurance Information

Name of Insured/Policyholder:	Last	First	Middle
Insurance Company			
Policy Number	Group Number		
Type of Insurance Plan			
<input type="checkbox"/> HMO	<input type="checkbox"/> PPO	<input type="checkbox"/> Medicaid	<input type="checkbox"/> Medicare
<input type="checkbox"/> Other: _____			

## Medical Information

Please note: My child has the following allergies/medical conditions and/or is currently taking the following medications:

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Signature of Parent/Guardian:	Date
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# CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student \_\_\_\_\_

**Definition of Concussion** - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

**Prevention** - Teach and practice safe play & proper technique.

- Follow the rules of play.
- Make sure the required protective equipment is worn for all practices and games.
- Protective equipment must fit properly and be inspected on a regular basis.

**Signs and Symptoms of Concussion** - The signs and symptoms of concussion may include but are not limited to: Head ache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

**Oversight** - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

**Treatment of Concussion** - The student-athlete shall be removed from practice or competition immediately if suspected to have sustained a concussion. Every student-athlete suspected of sustaining a concussion shall be seen by a physician before they may return to athletic participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computer, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

**Return to Play** - According to the Texas Education Code, Section 38.157:

A student removed from an interscholastic athletics practice or competition under Section 38.156 may not be permitted to practice or compete again following the force or impact believed to have caused the concussion until:

- (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;
- (2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;
- (3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and
- (4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student:
  - (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;
  - (B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and
  - (C) have signed a consent form indicating that the person signing:
    - (i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to-play protocol;
    - (ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;
    - (iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and
    - (iv) understands the immunity provisions under Section 38.159.

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

## Rank One Step by Step Instructions

1. Log onto Rankonesport.com
2. Click on the red button “PARENTS CLICK HERE”
3. Click on Online Forms
4. Select your state (Texas)
5. Select your district (**Katy ISD-FINE ARTS**) \*\*If you select KatyISD it will take you to athletics forms...you need to select the FINE ARTS one to get to the cheer forms.
6. Click Proceed to Online Forms
7. Create a New Account or log in to an existing account
8. Click to add a new student
9. Search for your student \*\*You need their Student ID for this\*\*
10. Select Cheerleading as the sport/activity to add
11. Click Start forms- this will take you back to the main parent page.
12. Click on the grey “view” button next to your student’s name
13. Now you will fill out the following forms: To do this simply click on the form name and complete it.  
When filling out forms – make sure you use CURRENT GRADE LEVEL. When you fill out each form – you will see the status as “pending approval”
  - a. Emergency Card & Personal Information – Cheer Agreement
  - b. Participation/Authorization for Travel/Consent to Treat
  - c. UIL Forms Signature Page
  - d. Parent/Guardian Authorization
14. For the physical – you’ll need to download the physical form to take with you to the doctor. When you have the form, after you click on the form link, it will ask you how you want to upload the physical – either pdf or picture. Either one works.
15. Once all forms are uploaded and complete, your candidates name will have a green checkmark next to it.
16. Please print out all completed forms to include with the other required paperwork.

**You will need to fill out all forms on Rank One required by the district; they are included in this packet. There is no need to fill them out twice. You can print out the ones you fill out on Rank One and include those in the paperwork turned in to the front office at THS.**