



## 2021-2022 Indoor WOMEN'S REC League – Fall Season

| Team | Team Name/Colour | Head Coach        | Ass't Coach         |
|------|------------------|-------------------|---------------------|
| 1    | Team Red         | Emily Stevens     |                     |
| 2    | No Name          | Sarah Middlestadt |                     |
| 3    | Pink             | Carissa Graham    |                     |
| 4    | Las Reinas       | Ann Capra         | Dale Rowe/Mike Rowe |
| 5    | Merlot           | Lisa Soltermann   |                     |
| 6    | Toronto Tornados | Cory Butler       |                     |
| 7    | Team White       | Emily Stevens     |                     |
| 8    | U18 Girls        | Adam Whitehead    |                     |

### Games on Monday at the Pickering Soccer Centre

Teams will play two 25 minute games each week / 7 v 7 (including Keeper)

| Field              | Oct 25 | Nov 1 | Nov 8 | Nov 15 | Nov 22 | Nov 29 | Dec 6 |
|--------------------|--------|-------|-------|--------|--------|--------|-------|
| <b>C – 7pm</b>     | 7v5    | 1v3   | 4v5   | 8v2    | 8v6    | 6v2    | 5v6   |
| <b>B – 7:30 pm</b> | 8v4    | 4v2   | 3v6   | 1v5    | 1v7    | 7v8    | 3v7   |
| <b>C – 8pm</b>     | 2v3    | 5v8   | 2v7   | 7v3    | 3v4    | 4v1    | 2v1   |
| <b>B – 8:30pm</b>  | 6v1    | 6v7   | 8v1   | 6v4    | 2v5    | 5v3    | 4v8   |

### No Session on October 11 – Thanksgiving Weekend

#### NOTES

- **Shinpads are mandatory Jewellery not to be worn during sessions**
- Please wear uniform to all games
- Team listed first is the Home team and supplies the game ball
- Players changes made on "The Fly" – no throw ins "Pass or Dribble In"
- Please follow all Covid protocols including social distancing, wearing of masks and sanitizing hands as much as possible
- Please let your coach and RSVP on Team App if you will not be attending

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| <b>PHONE: 905-831-9803</b>   |
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