



CAHA Strategy Committee 2021-22 Season

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Strategy Committee Review of 2020-21 Results

The Strategy Committee reviewed the results for 2020-21 in each of the 4 key strategies. These are detailed below. From this review, the Strategy Committee recommended some updates and changes to the Strategic Plan. These are also listed below. The key strategies for growing hockey in CAHA remain as follows:

STRATEGY – Marketing of the Sport – needs help with resources and people

STRATEGY – DEI – Committee formed and development plans

STRATEGY – Improve on-Ice content and ADM compliance

STRATEGY – Value for families – coaching development, skill development

Action Steps for 2020-21	Results	Observations
6U & 8U Cross-Ice or Quad-Ice Games Only	Needs work but Polar is committed to cross-ice 8U games and half-ice 10U games. Need to help with implementation	Analyze ice space by age group to see if different formats or number of players on the ice can achieve desired outcomes more easily
10U Half-Ice Games in 25% of House, House Select, and B Travel games	Good success at Extreme and Pineville. Others?	Overall feedback very positive where it has been tried. We need to set stronger guidelines and let Associations know that Half-Ice games in all levels is where we are headed in 10U
8U Development Programs – replaces 8U Select	Good compliance. Some organizations still pushing for 8U “Travel”	Need some stronger communication of guidelines and stricter rules to deter the growth of “8U Travel” programs
Coaching Education	Coaching Symposium, Positive Coaching Certification	Accelerate PCA workshops using Zoom, repeat Coaching Symposium
ADM Guidelines & Recommendations for ages & levels plus reporting for tracking progress	Started reporting process via SurveyMonkey. About 40% of Associations replied	Repeat for 2021-22. Provide “report cards” back to Associations on how they are doing versus Best Practices
2 CAHA/Association meetings annually	frequent All-Association Meetings have been held	Keep the frequency of meetings going
ADM & Goalie Market Managers to work with Hockey Directors	Goalie in-market coordinators identified but on hold with COVID	Implement in 2021-22
CHL Improvements	New by-laws and leadership. Election in March and new officers were elected to the new positions: VP/Director of Discipline, Director of Competition, and Director of Tournaments	Continue to work with CHL – especially new officers – to follow the By-Laws, improve the league, and expand the highest competitive level.
Host 8U Team & Scramble Jamborees	on hold with COVID – start up in the summer or fall	Schedule starting in the summer
Host 10U Team & Scramble Jamborees	on hold with COVID – start up in the summer or fall	Schedule starting in the summer
Goaltending Development	8U 36x48 nets subsidy resulted in 70 nets being purchased in CAHA, Hockey Director call on goaltending programming, Vaughn Quick Change gear Rebate – 12 sold so far.	Focus on Hockey Director Leadership Team to implement best practices, schedule Bronze clinics
Partnerships to help Associations with costs	8U nets, Vaughn Quick Change, Pure Hockey partnership in development, Positive Coaching Alliance	Continue developing these programs

Strategy Plan Updates & Changes for 2021-22

6U & 8U Games

Based on ice per player analysis, recommended game format for 6U was 3v3 or 4v4 Cross-Ice and for 8U it was 3v3 Cross-Ice or 4v4 Half-Ice. Change made to the recommended guidelines for game format for 6U is 5v5 Cross-Ice with 4v4 Cross-Ice as secondary option and for 8U it is 4v4 Cross-Ice with 5v5 Half-Ice as a secondary option. It is required that all 8U games in team Jamborees or tournaments within CAHA, be played in a Half-Ice format. No teams allowed to play in full-ice games in or outside of CAHA.

10U Half-Ice Games

The original Strategy Plan goal for 10U games is to achieve 50% of all 10U games be in the Half-Ice format by 2022-23. With COVID-19 being such a factor in 2020-21, we want to give Associations more time to implement 25% of their 10U Half-Ice games in House and House Select in 2021-22. In addition, we want Travel programs to start experimenting with Half-Ice games so we are requiring that 15% of all travel games be in the Half-Ice format. This includes 15% of games in any CAHA-based league that the Associations play in. We recognize that we will need to work with Associations to implement the format via demonstrations, 10U tournaments, and parent education. We will also not penalize those who are slow to adapt as long as they are making a good faith effort.

Goaltending

CAHA recommends that every Association has a Goalie Development Coordinator who oversees goalie development at age levels from 6U/8U where players are trying the position to the older ages where they are refining their goalie skills. The CAHA Goalie Coordinator will work closely with the CAHA Coach-in-Chief and the Youth Committee Chair to help support the Association Goalie Development Coordinators with best practices, updated techniques to maximize development, and support for the cost of programs that support goalie development – purchase of 36x48 nets for 8U, purchase of Quick-Change Goalie Gear for 6U and 8U players to try the position, Try Goalie For Free events, goalie development training. CAHA also recommends the following Best Practices for goalie development in practices and games.

GOALIE DEVELOPMENT BY AGE GROUP – Equipment, Practice, Game Time

AGE GROUP	Net Size	Pucks	Equipment	Who Plays Goalie in Practice?	Game Play	Game Format
6U	24 x 36	Blue	Quick Change	All players	Rotate players in every 10-15 minutes	Quad or Cross
8U	36 x 48	Blue	Quick Change	All players	Rotate players in every 10-15 minutes	Cross
10U	Full Size	Black	Quick Change or Dedicated	Rotate or dedicated	2 nd goalie skates out, split periods or rotate every few minutes. NO goalie should be a backup that doesn't play goalie or player in every game.	Half or Full
12U	Full Size	Black	Dedicated	Dedicated	10U method OR Split periods or rotate so every goalie plays in every game	Full

GOALIE DEVELOPMENT IN PRACTICE – Drill Planning

SKILL LEVEL	Movement & Positional Skills	Save Movement Skills	Tactics & Transition	Advanced Positioning & Post-Save Consequences
BEGINNER	75%	20%	5%	
INTERMEDIATE	50%	20%	30%	
ADVANCED	35%	10%	40%	25%

USAH/CAHA GUIDELINES & RECOMMENDATIONS FOR ALL AGE GROUPS

The key principles for all age groups is to align with USA Hockey's ADM best practices for practice to game ratios, maximizing skill development, increasing value to families, and playing more games locally while minimizing overall travel costs. For House programs, most programs are currently at a 1:1 practice to game ratio so any movement towards a 3:1 practice to game ratio will increase overall skill development. Recommended guidelines for practice to game ratios, maximum games/game days, and geographic boundaries are designed to increase retention, improve family value, and increase skill development. These are USAH ADM Best Practices and are communicated in the form of Guidelines and Recommendations for 2020-21. Game Format for 6U and 8U continue as Cross-Ice and 10U Half-Ice games are introduced as rules in 25% of games in House, House Select/B for 2020-21.

ADM GUIDELINES & RECOMMENDATIONS FOR SEASON STRUCTURES BY AGE GROUP/LEVEL EFFECTIVE 2021-22 SEASON

AGE GROUP	TARGET # PRACTICES (50-60 mins)	OFF-ICE PER WEEK	RECOMMENDED GAME DAYS OR GAMES	GAME FORMAT FOR 2021-2022	TARGET PRACTICE TO GAME RATIO	RECOMMENDED MAXIMUM TRIPS OUTSIDE OF CAHA
6U/8U						
6U	50-60	1	16-20 GAME DAYS	4v4 Cross or ¼ ice	3:1	0
8U	50-60	1	16-20 GAME DAYS	4v4 Cross-Ice or 5v5 Half-Ice	3:1	0
8U Development	60-75	1	20-25 GAME DAYS	4v4 Cross-Ice or 5v5 Half-Ice	3:1	0
10U						
10U House	50-60	2	20-25 GAME DAYS	25% Half-Ice	2:1	0
10U B/Select	50-60	2	20-25 GAME DAYS	25% Half-Ice	2:1	1
10UA	75-80	2	20-25 GAME DAYS	15% Half-Ice	3:1	2
10UAA	75-80	2	20-25 GAME DAYS	15% Half-Ice	3:1	3
12U						
12U House	60-70	2	30-35 GAME DAYS	Full-Ice	2:1	0
12U B/Select	60-70	2	30-35 GAME DAYS	Full-Ice	2:1	1
12A Travel	80-90	2	30-35 GAME DAYS	Full-Ice	3:1	2
12AA/AAA Travel	80-90	2	30-35 GAME DAYS	Full-Ice	3:1	No limit
12U Girls Travel	80-90	2	30-35 GAME DAYS	Full-Ice	3:1	No limit
14U						
14U House	80-100	2	40-50 GAMES	Full-Ice	2:1	0
14UB/Select	80-100	2	40-50 GAMES	Full-Ice	2:1	No limit
14A/AA/AAA Travel	120-130	2	40-50 GAMES	Full-Ice	3:1	No limit
14U Girls Travel	120-130	2	40-50 GAMES	Full-Ice	3:1	No limit
16U/18U						
16/18 House	80-100	2	50-60 GAMES	Full-Ice	2:1	0
16/18 B/Select	80-100	2	50-60 GAMES	Full-Ice	2:1	No limit
16/18 A/AA/AAA Travel	120-130	2	50-60 GAMES	Full-Ice	3:1	No limit
19U Girls Travel	120-130	2	50-60 GAMES	Full-Ice	3:1	No limit