

Woodbury vs Forest Lake - 10/12/2023**Results****Event 1 Girls 200 Yard Medley Relay Junior Varsity**

Team	Relay	Finals Time	Points
1 Woodbury-MN	A	2:11.38	8
1) Haines, Maggie	2) Kim, Julie	4) Bancker, Caitlin	
33.88 38.10 31.52	27.88		
3) Haines, Quinn			
2 Woodbury-MN	B	2:23.82	4
1) Sonkusare, Ivanka	2) Arnold, Amelia	4) Hao, Chelsea	
37.52 42.84 32.31	31.15		
3) Ghodsian, Parmida			
3 Woodbury-MN	C	x2:26.82	
1) Di Cango, Valentina	2) Collins, Peyton	4) Fortuna, Bella	
36.43 41.67 32.85	35.87		
3) Terrones, Lola			
4 Forest Lake Rangers-MN	A	2:50.44	2
1) Fraser, June 12	2) Hokeness, Britta 12	4) Thao, Levina 12	
47.65 41.55 39.84	41.40		
3) Runtsch, Keely 14			
--- Woodbury-MN	D	X2:41.82	
1) Chauss, Ida	2) Sun, Chloe	4) Holm, Lacy	
38.21 51.50 36.42	35.69		
3) Mortazavi, Ava			

Event 2 Girls 200 Yard Medley Relay Varsity

Team	Relay	Finals Time	Points
1 Woodbury-MN	A	1:54.54	8
1) McGillis, Torun	2) Sorenson-Wagner, Iris	4) Forshee, Addison	
27.62 33.44 28.17	25.31		
3) Kelly, Nora			
2 Woodbury-MN	B	2:05.01	4
1) Kelly, Hailey	2) Rundquist, Sarah	4) Rundquist, Evelyn	
31.60 36.41 29.84	27.16		
3) Hacker, Brynn			
3 Woodbury-MN	C	x2:07.11	
1) Sorenson-Wagner, Ellsa	2) Zhai, Yifan	4) Hummel, Delaney	
31.38 36.63 30.53	28.57		
3) Kim, Hannah			
4 Forest Lake Rangers-MN	B	2:20.79	2
1) Dunaway, Hannah 14	2) Decker, Norah 17	4) Nowlan, Layla 16	
35.27 41.37 34.43	29.72		
3) Mosby-Velasco, Arianna 14			
--- Forest Lake Rangers-MN	A	DQ	
1) Chatwin, Grace 17	2) Nilius, Delaney 14	4) Reid, Megan 15	
29.45 32.27 31.73	27.63		
3) Johnson, Hailey 15			

Event 3 Girls 200 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	Points
1 Collins, Peyton		Woodbury-MN	2:32.49	6
34.68 39.32 39.44	39.05			
2 Fahning, Ellemae	15	Forest Lake Rangers-MN	2:36.39	4
35.19 40.28 41.07	39.85			
3 Hokeness, Britta	12	Forest Lake Rangers-MN	2:40.42	3
36.82 42.61 42.55	38.44			
4 Zelm, Izzy		Woodbury-MN	2:47.07	2
37.42 42.70 44.30	42.65			
5 Bergren, Meadow		Woodbury-MN	2:49.03	1
37.83 43.12 43.91	44.17			
6 Hoekstra, Maddie	12	Forest Lake Rangers-MN	3:10.14	
44.18 50.65 50.41	44.90			

Event 4 Girls 200 Yard Freestyle Varsity

Name	Age	School	Finals Time	Points
1 McGillis, Torun		Woodbury-MN	1:58.29	6
27.66 29.43 30.46	30.74			

Woodbury vs Forest Lake - 10/12/2023

Results

(Event 4 Girls 200 Yard Freestyle Varsity)

Name	Age	School	Finals Time	Points
2 Serafimov, Estella		Woodbury-MN	2:10.96	4
30.80 33.47 34.10 32.59				
3 Forshee, Avery		Woodbury-MN	2:11.66	3
30.74 33.53 34.05 33.34				
4 Johnson, Hailey	15	Forest Lake Rangers-MN	2:13.92	2
30.62 33.69 34.96 34.65				
5 Brown, Elektra	16	Forest Lake Rangers-MN	2:18.01	1
31.60 35.02 36.24 35.15				
6 Schmidt, Nora	14	Forest Lake Rangers-MN	2:21.26	
32.87 35.90 36.86 35.63				

Event 5 Girls 200 Yard IM Junior Varsity

Name	Age	School	Finals Time	Points
1 Rundquist, Evelyn		Woodbury-MN	2:30.11	6
32.03 39.16 45.44 33.48				
2 Haines, Maggie		Woodbury-MN	2:31.18	4
34.33 38.74 43.17 34.94				
3 Webb, Eleanor		Woodbury-MN	2:39.34	3
35.78 40.14 48.56 34.86				
4 Workman, Nora	16	Forest Lake Rangers-MN	2:50.66	2
37.69 45.41 50.61 36.95				
5 Olson, Erin	13	Forest Lake Rangers-MN	2:59.19	1
41.09 43.80 53.29 41.01				

Event 6 Girls 200 Yard IM Varsity

Name	Age	School	Finals Time	Points
1 Forshee, Addison		Woodbury-MN	2:14.13	6
29.17 33.53 40.59 30.84				
2 Kelly, Hailey		Woodbury-MN	2:30.65	4
33.82 36.56 45.59 34.68				
3 Brown, Kairi		Woodbury-MN	2:32.26	3
32.75 38.65 46.24 34.62				
4 Dunaway, Hannah	14	Forest Lake Rangers-MN	2:41.67	2
37.36 39.20 48.64 36.47				
5 Mosby-Velasco, Arianna	14	Forest Lake Rangers-MN	2:45.30	1
37.98 43.98 48.38 34.96				
6 Nilius, Delaney	14	Forest Lake Rangers-MN	2:46.92	
37.48 44.92 44.27 40.25				

Event 7 Girls 50 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	Points
1 Bancker, Caitlin		Woodbury-MN	28.70	6
2 Kim, Julie		Woodbury-MN	29.39	4
3 Kim, Hannah		Woodbury-MN	29.40	3
4 Norris, Isla	15	Forest Lake Rangers-MN	30.63	2
5 Ferraro, Lizzy	13	Forest Lake Rangers-MN	30.77	1
6 Nowlan, Layla	16	Forest Lake Rangers-MN	31.12	
--- Terrones, Lola		Woodbury-MN	X29.92	
--- Hao, Chelsea		Woodbury-MN	X30.65	
--- Davidson, Kenzie	16	Forest Lake Rangers-MN	X31.17	
--- Block, Zoe		Woodbury-MN	X31.72	
--- Sonkusare, Ivanka		Woodbury-MN	X31.87	
--- Reich, Adalyn		Woodbury-MN	X32.02	
--- Mortazavi, Ava		Woodbury-MN	X32.81	

Woodbury vs Forest Lake - 10/12/2023

Results

(Event 7 Girls 50 Yard Freestyle Junior Varsity)

Name	Age	School	Finals Time	Points
--- Zelm, Izzy		Woodbury-MN	X33.33	
--- Decker, Norah	17	Forest Lake Rangers-MN	X34.08	
--- Sun, Chloe		Woodbury-MN	X34.41	
--- Holm, Lacy		Woodbury-MN	X34.87	
--- Engelsrud, Katie		Woodbury-MN	X36.15	
--- Fraser, June	12	Forest Lake Rangers-MN	X37.56	
--- Steigenberg, Erin	15	Forest Lake Rangers-MN	X38.68	
--- Whitehill, Carly	12	Forest Lake Rangers-MN	X42.18	
--- Thao, Levina	12	Forest Lake Rangers-MN	X43.13	
--- Hyland, Brenna		Woodbury-MN	X57.75	

Event 8 Girls 50 Yard Freestyle Varsity

Name	Age	School	Finals Time	Points
1 Tellez, Maya		Woodbury-MN	26.94	6
2 Fallon, Avery	16	Forest Lake Rangers-MN	27.42	4
3 Kelly, Nora		Woodbury-MN	27.60	3
4 Reid, Megan	15	Forest Lake Rangers-MN	28.15	2
5 Fallon, Sylvie	13	Forest Lake Rangers-MN	28.80	1
6 Rundquist, Sarah		Woodbury-MN	29.22	

Event 9 Girls 1 mtr Diving Junior Varsity

Name	Age	School	Finals Score	Points
1 Block, Zoe		Woodbury-MN	1.43	6

Event 10 Girls 1 mtr Diving Varsity

Name	Age	School	Finals Score	Points
1 Mauder, Gabby		Woodbury-MN	277.80	6
2 Nickles, Delaney	17	Forest Lake Rangers-MN	234.05	4
3 Faulkner, Nina		Woodbury-MN	222.65	3
4 Linn, Halle		Woodbury-MN	200.00	2
5 Gunderson, Emmi	17	Forest Lake Rangers-MN	161.05	1
6 Gray, Lacy	15	Forest Lake Rangers-MN	153.35	

Event 12 Girls 100 Yard Butterfly Varsity

Name	Age	School	Finals Time	Points
1 Hacker, Brynn		Woodbury-MN	1:05.24	6
30.57 34.67				
2 Fallon, Sylvie	13	Forest Lake Rangers-MN	1:14.42	4
34.76 39.66				
3 Ghodsian, Parmida		Woodbury-MN	1:16.60	3
35.74 40.86				
4 Mosby-Velasco, Arianna	14	Forest Lake Rangers-MN	1:18.67	2
36.99 41.68				
5 Webb, Eleanor		Woodbury-MN	1:19.14	1
35.80 43.34				
--- Runtsch, Keely	14	Forest Lake Rangers-MN	DQ	
44.66 59.32				

Event 13 Girls 100 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	Points
1 Kim, Julie		Woodbury-MN	1:05.31	6
31.51 33.80				
2 Bancker, Caitlin		Woodbury-MN	1:06.47	4
33.01 33.46				

Woodbury vs Forest Lake - 10/12/2023**Results****(Event 13 Girls 100 Yard Freestyle Junior Varsity)**

Name	Age	School	Finals Time	Points
3 Hao, Chelsea 33.16 36.24		Woodbury-MN	1:09.40	3
4 Ferraro, Lizzy 33.07 36.56	13	Forest Lake Rangers-MN	1:09.63	2
5 Norris, Isla 1:10.99	15	Forest Lake Rangers-MN	1:10.09	1
6 Nowlan, Layla 32.83 37.36	16	Forest Lake Rangers-MN	1:10.19	
--- Reich, Adalyn 34.67 36.46		Woodbury-MN	X1:11.13	
--- Arnold, Amelia 34.34 36.83		Woodbury-MN	X1:11.17	
--- Mortazavi, Ava 35.60 37.19		Woodbury-MN	X1:12.79	
--- Bergren, Meadow 37.97 40.67		Woodbury-MN	X1:18.64	
--- Fortuna, Bella 37.96 43.12		Woodbury-MN	X1:21.08	

Event 14 Girls 100 Yard Freestyle Varsity

Name	Age	School	Finals Time	Points
1 Chatwin, Grace 27.71 29.76	17	Forest Lake Rangers-MN	57.47	6
2 Sorenson-Wagner, Ellsa 29.27 31.37		Woodbury-MN	1:00.64	4
3 Serafimov, Estella 29.60 31.12		Woodbury-MN	1:00.72	3
4 Fallon, Avery 29.75 31.34	16	Forest Lake Rangers-MN	1:01.09	2
5 Haines, Quinn 30.14 31.75		Woodbury-MN	1:01.89	1
6 Workman, Nora 31.76 36.75	16	Forest Lake Rangers-MN	1:08.51	

Event 15 Girls 500 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	Points
1 Sonkusare, Ivanka 35.68 40.07 42.08 42.37 42.39 42.38 42.67 42.84 42.33 40.18		Woodbury-MN	6:52.99	6
2 Fahning, Ellemae 37.51 42.97 43.16 43.05 43.74 43.88 43.65 43.13 42.02 38.06	15	Forest Lake Rangers-MN	7:01.17	4
3 Chauss, Ida 37.39 42.67 44.33 43.35 43.25 43.93 42.98 42.93 42.76 39.03		Woodbury-MN	7:02.62	3
4 Davidson, Kenzie 38.46 43.88 44.45 44.77 45.23 46.14 45.11 46.49 44.66 42.37	16	Forest Lake Rangers-MN	7:21.56	2
5 Steigenberg, Erin 42.51 46.76 46.47 46.77 46.76 47.03 47.19 46.45 47.30 42.59	15	Forest Lake Rangers-MN	7:39.83	1
6 Moore, Madelyn 37.38 43.99 45.50 45.06 46.40 47.06 48.18 50.65 51.55 44.89		Woodbury-MN	7:40.66	

Woodbury vs Forest Lake - 10/12/2023

Results

Event 16 Girls 500 Yard Freestyle Varsity

Name	Age	School	Finals Time	Points
1 Johnson, Hailey	15	Forest Lake Rangers-MN	5:54.64	6
31.60 34.23 35.42 36.04 35.32	35.78 36.33 36.34 36.83 36.75			
2 Hummel, Delaney		Woodbury-MN	6:06.01	4
31.93 34.91 36.35 38.17 35.42	37.82 37.49 37.74 37.93 38.25			
3 Zhai, Yifan		Woodbury-MN	6:06.08	3
31.24 35.30 35.95 38.86 36.93	36.16 37.21 37.30 38.18 38.95			
4 Brown, Elektra	16	Forest Lake Rangers-MN	6:09.74	2
32.39 36.44 37.63 37.26 35.48	37.98 38.10 38.39 38.19 37.88			
5 Souza, Eva		Woodbury-MN	6:13.36	1
32.52 37.11 37.70 38.58 37.20	37.06 37.51 38.39 38.32 38.97			
6 Schmidt, Nora	14	Forest Lake Rangers-MN	6:17.61	
34.14 37.70 38.25 38.19 36.27	38.67 39.07 38.43 38.58 38.31			

Event 17 Girls 200 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time	Points
1 Woodbury-MN	A	1:59.74	8
1) Kim, Hannah 29.42 30.52 30.55	2) Kim, Julie 29.25	3) Souza, Eva	4) Rundquist, Sarah
2 Woodbury-MN	B	2:14.39	4
1) Sun, Chloe 34.84 32.92 34.00	2) Zelm, Izzy 32.63	3) Chauss, Ida	4) Reich, Adalyn
3 Woodbury-MN	C	x2:20.22	
1) Block, Zoe 31.97 35.12 37.03	2) Bergren, Meadow 36.10	3) Engelsrud, Katie	4) Fortuna, Bella
--- Woodbury-MN	D	X2:03.32	
1) Webb, Eleanor 28.93 39.98 25.21	2) Sonkusare, Ivanka 29.20	3) Mortazavi, Ava	4) Haines, Maggie

Event 18 Girls 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time	Points
1 Woodbury-MN	A	1:49.46	8
1) Brown, Kairi 27.79 27.86 27.13	2) Sorenson-Wagner, Iris 26.68	3) Hacker, Brynn	4) Tellez, Maya
2 Forest Lake Rangers-MN	A	1:51.46	4
1) Workman, Nora 16 29.02 27.23 27.97	2) Fallon, Sylvie 13 27.24	3) Mosby-Velasco, Arianna 14	4) Fallon, Avery 16
3 Woodbury-MN	C	1:57.65	2
1) Bancker, Caitlin 29.58 29.47 29.29	2) Hummel, Delaney 29.31	3) Haines, Quinn	4) Forshee, Avery
4 Woodbury-MN	B	x1:58.05	
1) Rundquist, Evelyn 28.84 33.31 26.90	2) Zhai, Yifan 29.00	3) Terrones, Lola	4) Serafimov, Estella
5 Forest Lake Rangers-MN	B	2:06.97	
1) Nowlan, Layla 16 33.29 32.47 31.97	2) Fahning, Ellemae 15 29.24	3) Davidson, Kenzie 16	4) Ferraro, Lizzy 13
6 Forest Lake Rangers-MN	C	x2:35.65	
1) Runtsch, Keely 14 37.03 37.31 37.69	2) Fraser, June 12 43.62	3) Steigenberg, Erin 15	4) Whitehill, Carly 12

Woodbury vs Forest Lake - 10/12/2023

Results

Event 19 Girls 100 Yard Backstroke Junior Varsity

	<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Finals Time</u>	<u>Points</u>
1	Ghodsian, Parmida 36.79 38.17		Woodbury-MN	1:14.96	6
2	Olson, Erin 39.39 39.80	13	Forest Lake Rangers-MN	1:19.19	4
3	Holm, Lacy 47.25 50.71		Woodbury-MN	1:37.96	3
4	Thao, Levina 48.87 54.30	12	Forest Lake Rangers-MN	1:43.17	2
5	Moore, Madelyn 1:24.13 21.55		Woodbury-MN	1:45.68	1
6	Hoekstra, Maddie 50.34 55.85	12	Forest Lake Rangers-MN	1:46.19	

Event 20 Girls 100 Yard Backstroke Varsity

	<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Finals Time</u>	<u>Points</u>
1	Chatwin, Grace 30.58 32.34	17	Forest Lake Rangers-MN	1:02.92	6
2	Reid, Megan 33.02 34.05	15	Forest Lake Rangers-MN	1:07.07	4
3	Dunaway, Hannah 35.81 36.12	14	Forest Lake Rangers-MN	1:11.93	3
---	Kelly, Nora 31.39 32.15		Woodbury-MN	X1:03.54	
---	Sorenson-Wagner, Iris 33.09 33.95		Woodbury-MN	X1:07.04	
---	Kelly, Hailey 33.48 34.79		Woodbury-MN	X1:08.27	

Event 21 Girls 100 Yard Breaststroke Junior Varsity

	<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Finals Time</u>	<u>Points</u>
1	Rundquist, Evelyn 38.59 42.73		Woodbury-MN	1:21.32	6
2	Souza, Eva 39.58 44.10		Woodbury-MN	1:23.68	4
3	Arnold, Amelia 44.09 50.62		Woodbury-MN	1:34.71	3
4	Whitehill, Carly 1:02.54 1:08.66	12	Forest Lake Rangers-MN	2:11.20	2

Event 22 Girls 100 Yard Breaststroke Varsity

	<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Finals Time</u>	<u>Points</u>
1	Nilius, Delaney 34.45 38.08	14	Forest Lake Rangers-MN	1:12.53	6
2	Decker, Norah 43.12 48.46	17	Forest Lake Rangers-MN	1:31.58	4
3	Hokeness, Britta 43.88 50.10	12	Forest Lake Rangers-MN	1:33.98	3
---	McGillis, Torun 34.37 37.40		Woodbury-MN	X1:11.77	
---	Hacker, Brynn 37.58 41.62		Woodbury-MN	X1:19.20	
---	Forshee, Addison 37.62 42.01		Woodbury-MN	X1:19.63	

Woodbury vs Forest Lake - 10/12/2023**Results****Event 23 Girls 400 Yard Freestyle Relay Junior Varsity**

Team	Relay	Finals Time	Points
1 Woodbury-MN	A	4:25.02	8
1) Webb, Eleanor 32.18 1:06.73 31.46	2) Ghodsian, Parmida 1:05.96 32.61 1:07.87	3) Souza, Eva 30.38 1:04.46	4) Haines, Quinn
2 Woodbury-MN	B	4:40.47	4
1) Collins, Peyton 33.94 1:11.47 30.36	2) Haines, Maggie 1:02.06 32.97 1:09.46	3) Terrones, Lola 36.95 1:17.48	4) Moore, Madelyn
3 Woodbury-MN	C	x5:15.54	
1) Chauss, Ida 37.15 1:18.34 40.57	2) Engelsrud, Katie 1:25.71 33.80 1:11.11	3) Hao, Chelsea 37.26 1:20.38	4) Fortuna, Bella
4 Forest Lake Rangers-MN	A	5:24.93	2
1) Davidson, Kenzie 16 33.93 1:13.16 40.13	2) Steigenberg, Erin 15 1:24.33 43.85 1:32.84	3) Hoekstra, Maddie 12 18.32 1:14.60	4) Hokeness, Britta 12

Event 24 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time	Points
1 Forest Lake Rangers-MN	A	4:04.83	8
1) Fallon, Avery 16 29.41 1:01.06 29.81	2) Reid, Megan 15 1:03.28 29.89 1:02.57	3) Johnson, Hailey 15 27.51 57.92	4) Chatwin, Grace 17
2 Forest Lake Rangers-MN	B	4:16.05	4
1) Brown, Elektra 16 31.01 1:04.08 29.68	2) Fallon, Sylvie 13 1:02.35 31.69 1:05.34	3) Dunaway, Hannah 14 30.52 1:04.28	4) Nilius, Delaney 14
3 Forest Lake Rangers-MN	C	x4:50.83	
1) Workman, Nora 16 33.10 1:11.82 36.96	2) Olson, Erin 13 1:15.97 35.58 1:14.03	3) Fahning, Ellemae 15 32.52 1:09.01	4) Schmidt, Nora 14
--- Woodbury-MN	A	X3:56.03	
1) McGillis, Torun 26.91 55.81 29.71	2) Brown, Kairi 1:00.81 28.08 59.02	3) Forshee, Addison 28.54 1:00.39	4) Tellez, Maya
--- Woodbury-MN	B	X4:06.61	
1) Sorenson-Wagner, Ellsa 30.11 1:02.06 28.68	2) Kelly, Nora 1:00.45 29.08 1:02.35	3) Kelly, Hailey 30.42 1:01.75	4) Serafimov, Estella
--- Woodbury-MN	C	X4:15.86	
1) Forshee, Avery 30.67 1:03.96 29.96	2) Rundquist, Sarah 1:03.35 31.18 1:05.95	3) Hummel, Delaney 29.71 1:02.60	4) Kim, Hannah

Scores - WomenWomen - Varsity - Team Rankings - Through Event 24

1. Woodbury	94	2. Forest Lake Rangers	84
-------------	----	------------------------	----

Scores - WomenWomen - Junior Varsity - Team Rankings - Through Event 24

1. Woodbury	122	2. Forest Lake Rangers	35
-------------	-----	------------------------	----