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HY-TEK's Meet Manager 3/21/2015 07:04

PM

South Winn High School Open - 3/21/2015
Luther College, Decorah, IA
Results

Girls 55 Meter Dash

Name	Year	School	Seed	Finals	H#
=====					
Meet Record: M	7.40	3/27/2010	Stephanie Henry, La Crosse Logan		
2014 Winner:	7.59	3/29/2014	Dani Reicherts, Dunkerton		
=====					
Finals					
1 Kinga Mozes	8	Rochester Centur	14.54	7.80	8
2 Brynne Valkosky	9	Decorah	13.60	7.93	11
3 Kirsten Olson	11	Holmen	12.80	7.96	12
4 Cortney Christnovich	10	Holmen	13.20	7.98	12
7.971					
5 Mishy Wang	12	Rochester Centur	13.76	7.98	10
7.973					
6 Erin Cichanski	10	Rochester Centur	13.57	7.98	11
7.979					
7 Tess Olinger	12	Decorah	13.50	8.06	12
8 Monica Malila	12	Decorah	13.80	8.11	10
9 Jess Nation	11	Rochester Centur	14.66	8.26	7
10 Gabbi Lenth	9	Central- Elkader	13.60	8.28	11
8.271					
11 Tam Nguyen	10	Rochester John M	14.10	8.28	8
8.278					
12 Megan Dittmer	11	La crosse Logan	14.70	8.30	7
13 Lauren Nee	9	Rochester Centur	13.81	8.32	10
14 Leah Tolvstad	11	Holmen	13.90	8.33	9
15 Lexi Bohr		South Winneshiek	13.90	8.34	9
16 Kate Vinski	11	Rochester John M	13.68	8.36	11
17 Lydia Kleckner	10	Decorah	14.70	8.38	7
18 Hannah Smith	9	Holmen	13.20	8.40	12
8.395					
19 Alyssa Barker	10	Central- Elkader	14.45	8.40	8
8.397					
20 Grace Dokken	11	Rochester John M	14.02	8.46	9
8.452					
20 Kienna Green	11	Rochester John M	13.58	8.46	11
8.452					
22 Brynn Bodermann	9	Crestwood	14.50	8.48	8
8.472					
22 Lexie Leuenberger	10	Decorah	14.50	8.48	8
8.472					
24 Shaunna Erickson	10	Crestwood	14.60	8.49	7
25 Monica Tappe	11	Decorah	13.50	8.51	12
26 Laiton Ihde	10	Decorah	15.20	8.53	4
27 Sandra Bitashiwa	11	Rochester John M	13.90	8.54	10
28 Maria McDonough	12	Decorah	15.30	8.55	3
29 Cathleen Ly	10	Rochester Centur	14.74	8.57	6
30 Kayla Walter	10	Decorah	15.20	8.61	4
31 Katelyn Ramstad	11	Decorah	15.20	8.69	4

32	Tiffany Weinacht	11	Crestwood	14.80	8.70	6
33	Morgan Jacobson	10	Central- Elkader	14.96	8.72	6
34	Abby Ahrens	10	Decorah	15.20	8.73	4
8.726						
35	Jenna Legler	11	Holmen	13.60	8.73	11
8.727						
36	Autumn Nelson	9	Crestwood	15.20	8.76	4
37	Autumn Forcelle	9	Crestwood	15.10	8.83	5
38	Rylee Monteith	10	Decorah	15.30	8.85	3
39	Megan Bakalars	9	La crosse Logan	15.50	8.86	2
40	Sierra Grinna	11	Decorah	15.00	8.89	5
41	Karley Dyer	12	Rochester John M	14.05	8.90	8
42	Chelsea Dietzenbach		South Winneshiek	14.90	8.93	6
43	Madeleine Davis	9	Decorah	15.00	9.00	5
44	Summer Fisher	9	La crosse Logan	18.00	9.06	1
45	MaryJo Ekhoﬀ	10	Rochester John M	14.00	9.11	9
46	Jeny Na	9	Decorah	14.60	9.13	7
9.122						
47	Ashley Budde		South Winneshiek	15.50	9.13	2
9.126						
48	Kylee Jostad	9	Holmen	13.80	9.15	10
49	Courtney Vreeman	10	Crestwood	15.00	9.18	5
50	Emily Fleming	11	Rochester Centur	15.29	9.23	3
51	Jaleasah Hendry	10	Postville	16.00	9.28	2
52	Anna Hanson	9	Decorah	15.20	9.31	4
53	Lexie Engelhardt	9	Decorah	14.70	9.32	7
9.313						
54	Kenyatta Kruetzfeldt	11	Rochester John M	14.00	9.32	9
9.317						
55	Erin Pierce	10	La crosse Logan	17.80	9.33	1
56	Emily Irwin	11	Decorah	15.50	9.35	3
57	McKinley Lillegraven	10	Decorah	15.40	9.39	3
58	Samantha Krull	9	Nashua-Plainfiel	15.00	9.45	5
59	Andrea Stensland	11	Rochester John M	14.80	9.54	6
60	Lakota Cerda-Reyes	9	La crosse Logan	17.00	9.68	1
61	Janaye Lundtvedt	9	Decorah	15.00	9.69	5
62	Summer Wernimont	9	La crosse Logan	17.90	9.72	1
63	Christine Chen	9	La crosse Logan	19.00	9.80	1
64	Victoria Miller	9	Decorah	15.50	10.22	2
65	Keeley Greco	12	Decorah	15.50	10.33	3
66	Morgan Pedretti	9	Holmen	14.00	10.72	9
67	Franchesica Berry	9	La crosse Logan	19.00	11.20	1
--	Nicole Harrington	9	Nashua-Plainfiel	15.00	DNS	6
--	Milena Moit	9	Holmen	13.90	DNS	10
--	Demi Sandifer-Reyes	10	La crosse Logan	16.50	DNS	2
--	Tyanna Washa	10	La crosse Logan	16.50	DNS	2
--	Brooke Holden	12	Holmen	13.20	SCR	

Girls 200 Meter Dash

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Meet Record:	M 26.73	3/24/2012	Amber Sanderson,	La crosse Lo		
2014 Winner:	27.28	3/29/2014	Dani Reicherts,	Dunkerton		
Name	Year	School	Seed	Finals	H#	
=====						
1	Tess Olinger	12	Decorah	27.50	28.43	15
2	Linnea Kephart	12	Decorah	28.80	28.44	14
3	Erin Cichanski	10	Rochester Centur	28.59	28.51	15

4	Brynne Valkosky	9	Decorah	29.40	28.67	13
5	Kayla Quandahl	10	Decorah	29.30	28.77	14
6	Katie Perez	11	Decorah	28.80	28.99	15
7	Sarah Mikkelson	9	Decorah	29.50	29.21	13
8	Kylie Kerndt	10	Decorah	28.90	29.22	14
9	Ashley Sprain	11	La crosse Logan	29.80	29.23	12
29.221						
10	Monica Malila	12	Decorah	28.50	29.23	15
29.229						
11	Kaitlyn Nimrod	9	Decorah	29.90	29.26	12
12	Elise Weber	11	Rochester Centur	29.15	29.56	14
13	Tyanna Washa	10	La crosse Logan	31.50	29.65	8
14	Shanelle Kendrick	12	La crosse Logan	30.00	29.71	11
15	Kaitlyn Kregel	12	Decorah	29.80	29.98	12
16	Emily Asche	11	Central- Elkader	29.50	30.11	13
17	Anna Lund	9	Rochester Centur	28.75	30.12	15
18	Megan Dittmer	11	La crosse Logan	31.20	30.22	9
19	Becca Hertges		South Winneshiek	29.50	30.35	13
20	Carly Morris	12	La crosse Logan	32.00	30.43	7
21	Elizabeth Hartman	9	Decorah	31.40	30.57	9
22	Brynn Bodermann	9	Crestwood	29.30	30.65	14
23	Rylea Ranum	9	Decorah	32.80	30.67	6
24	Lydia Kleckner	10	Decorah	30.40	30.69	11
25	Kayla Walter	10	Decorah	34.50	30.80	3
26	Hannah Smith	9	Holmen	30.00	30.86	12
27	Ashley Funk	10	Central- Elkader		30.88	6
28	Lauryn Swigart	9	Central- Elkader	30.50	30.92	10
29	Alexis Mueller	9	La crosse Logan	31.00	30.97	9
30	Lexi Bohr		South Winneshiek	30.00	31.03	11
31	Carissa Moyna	11	Central- Elkader	31.50	31.10	8
32	Rae Ann Klimesh		South Winneshiek	31.00	31.19	9
33	Katlyn Long	11	Holmen	30.00	31.40	11
34	Olivia Syverson	10	Decorah	32.10	31.51	7
35	Bennett Wilsey	9	La crosse Logan	34.00	31.56	3
36	Sandra Bitashiwa	11	Rochester John M	33.58	31.59	4
37	Anjela Bubi	12	Postville	32.00	31.79	8
38	Bronwyn Silk	10	La crosse Logan	32.00	31.80	7
39	Alison Kolek	10	Holmen	31.00	31.92	9
40	Lexie Leuenberger	10	Decorah	30.90	31.96	10
41	Hailey Neirling	9	Decorah	33.50	32.04	4
42	Karley Dyer	12	Rochester John M	33.40	32.09	5
43	Rachel Russell	11	Crestwood	29.70	32.14	13
44	Kasey Thompson	10	Decorah	31.50	32.29	8
45	Megan Bakalars	9	La crosse Logan	35.50	32.40	3
46	Tiana Bullerman		South Winneshiek	31.70	32.42	8
47	Emily Franzen	9	Decorah	31.90	32.46	8
48	Mckala Liddle	9	Nashua-Plainfiel	30.80	32.63	10
49	Sierra Grinna	11	Decorah	34.00	32.66	3
50	Chelsea Dietzenbach		South Winneshiek	32.40	32.68	7
51	Megan Rochleau	12	Central- Elkader	32.50	32.74	7
52	Jenna Legler	11	Holmen	30.50	32.93	10
53	Kaitlin Williams	9	Holmen	33.00	33.03	6
54	Kylee Jostad	9	Holmen	31.00	33.04	9
55	Shayla Murphy	12	Crestwood	30.40	33.14	11
56	Summer Fisher	9	La crosse Logan	36.80	33.16	2
57	Madeleine Davis	9	Decorah	32.40	33.57	7
58	Samantha Harter	9	La crosse Logan	34.00	33.93	4

59	Ashley Budde		South Winneshiek	33.80	34.11	4
60	Sara Busche	12	Rochester Centur	30.45	34.36	10
61	Jeny Na	9	Decorah	30.80	34.55	10
62	Andrea Stensland	11	Rochester John M	35.76	34.62	2
63	Erin Pierce	10	La crosse Logan	37.00	34.79	2
64	Anna Hanson	9	Decorah	33.40	34.99	5
65	Emily Irwin	11	Decorah	35.00	35.10	3
66	Kennedy Maske	9	Postville	33.00	35.19	5
67	Cahre Clayburn	9	La crosse Logan	37.00	35.66	2
68	Jaleasah Hendry	10	Postville	33.00	36.13	6
69	Summer Wernimont	9	La crosse Logan	38.00	36.48	1
70	Lakota Cerda-Reyes	9	La crosse Logan	37.00	36.65	2
71	Rachel Hines	9	Decorah	33.50	37.35	5
72	Christine Chen	9	La crosse Logan	38.00	38.12	1
73	Keeley Greco	12	Decorah	34.50	38.87	3
74	Morgan Pedretti	9	Holmen	33.00	39.61	6
75	Keisha Hendry	12	Nashua-Plainfiel	32.50	39.82	6
76	Hayley Gudeon	10	La crosse Logan	44.00	42.61	1
--	Abby Ahrens	10	Decorah	33.00	DNS	5
--	Monica Tappe	11	Decorah	28.80	DNS	14
--	Sabrina Andera	11	Crestwood	29.80	DNS	12
--	Gabbi Lenth	9	Central- Elkader	30.00	DNS	11
--	Olivia Sandvig	11	Decorah	28.50	DNS	15
--	Demi Sandifer-Reyes	10	La crosse Logan	33.30	DNS	5
--	Katelyn Ramstad	11	Decorah	34.00	DNS	4
--	Shana Hilgersen	12	Central- Elkader	32.50	SCR	
--	Brooke Holden	12	Holmen	30.00	SCR	
--	Maia Heineck	12	Holmen	29.50	SCR	
--	Klara Thompson	9	Decorah	33.50	SCR	

Girls 400 Meter Dash

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Meet Record:	M 1:01.64	3/28/2009	Taylor Moore,	New Hampton		
2014 Winner:	1:02.96	3/29/2014	Kemmesha Thomas,	La Crosse Logan		
Name	Year	School	Seed	Finals	H#	
=====						
1	Taylor Schuring	11	Decorah	1:02.50	1:03.03	7
2	Mason Kallander	9	Holmen	1:12.00	1:06.83	5
3	Ellie Luinenburg	8	Rochester Centur	1:04.15	1:07.63	7
4	Chloe Barth	9	La crosse Logan	1:11.00	1:07.78	5
5	Carolyn Arndt	12	Rochester Centur	1:04.96	1:07.87	7
6	Kate Vinski	11	Rochester John M	1:09.00	1:08.00	7
7	Amber Brinks		South Winneshiek	1:10.80	1:08.16	5
8	Isabel Erickson	11	Rochester Centur	1:12.55	1:08.72	4
9	Tam Nguyen	10	Rochester John M	1:11.00	1:09.79	5
10	Sarah Delacey	9	Rochester Centur	1:10.55	1:10.94	6
11	Sylvia Betteridge	10	Decorah	1:10.50	1:11.12	6
12	Heather Lager	11	Holmen	1:10.00	1:11.19	6
13	Hannah Degener	10	Rochester John M	1:09.05	1:11.90	6
14	Ella Napton	11	Rochester Centur	1:11.00	1:12.03	5
15	Taylor Numedahl		South Winneshiek	1:11.60	1:12.85	5
16	Haley Mills	11	Rochester John M	1:09.04	1:13.10	7
17	Annaliese Meier	11	Rochester Centur	1:15.56	1:13.54	3
18	Morgan Martin		South Winneshiek	1:14.00	1:14.21	4
19	Jessica Morschhauser	9	La crosse Logan	1:12.00	1:14.59	4
20	Kali Olson	10	Holmen	1:13.00	1:16.31	4
21	Katelyn Stephens	9	Nashua-Plainfiel	1:15.84	1:16.43	3

22	Kala Sader	9	Holmen	1:13.00	1:16.74	4
23	Amelia Jobe	10	La crosse Logan	1:15.00	1:21.17	3
24	Emily Fleming	11	Rochester Centur	1:14.88	1:22.35	4
25	Rachel Hines	9	Decorah	1:25.00	1:24.59	1
26	Savannah Nesvik		South Winneshiek	1:18.00	1:27.12	2
27	Danielle Ahern	9	Crestwood	1:17.00	1:27.61	3
28	Brenna Herrmann	12	Decorah	1:25.00	1:31.33	1
29	Cassy Kennon	9	Crestwood	1:17.00	1:32.35	3
30	Jaleasah Hendry	10	Postville	1:20.00	1:36.48	2
--	EmMarie Norton	10	Rochester Centur	1:09.67	DNS	6
--	Karley Freidhof	10	Crestwood	1:18.00	DNS	2
--	Madison McKenna	9	Crestwood	1:19.00	DNS	2
--	Nicole Harrington	9	Nashua-Plainfiel	1:20.00	DNS	2
--	Jessica Carolan	11	Crestwood	1:20.00	DNS	2
--	Aguom Mabor	8	Rochester John M	1:10.00	DNS	6
--	Hannah Kuehl	11	Central- Elkader	1:15.00	SCR	
--	Therese Rasch	11	Decorah	1:25.00	SCR	
--	Sierra Rabe	12	Holmen	1:08.00	SCR	

Girls 800 Meter Run

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Meet Record: M 2:26.90 3/28/2009 Alexis Spain, Valley Commu						
2014 Winner: 2:33.15 3/29/2014 Haley Schroeder, central elkader						
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	Name	Year	School	Seed	Finals	H#
=====						
1	Haley Schroeder	11	Central- Elkader	2:26.20	2:23.47M	2
2	Amanda Taylor	12	Decorah	2:30.00	2:26.23M	2
3	Sydney Hollman	10	Rochester Centur	2:44.22	2:42.07	2
4	Kyra Miller	12	Rochester Centur	2:41.95	2:45.85	2
5	Tiffany Riehle		South Winneshiek	2:50.00	2:49.68	2
6	Sarah Arndt	12	Rochester Centur	2:37.25	2:53.09	2
7	Jess Lechtenberg		South Winneshiek	2:52.00	2:54.01	2
8	Taylor Buchheit		South Winneshiek	2:53.00	2:56.78	2
9	Kelly Kuboushek		South Winneshiek	2:56.00	2:59.97	1
10	Meagan Peterson	11	Rochester Centur	2:51.00	3:02.70	2
11	Jenna Elsbernd		South Winneshiek	3:20.00	3:03.26	1
12	Rachel Carboni	11	La crosse Logan	3:10.00	3:03.31	1
13	Lydia Stover	9	La crosse Logan	2:55.00	3:03.38	1
14	Riley Ott		South Winneshiek	3:02.00	3:04.82	1
15	Tonya Pitt	9	La crosse Logan	2:55.00	3:06.17	1
16	sabrina Marken		South Winneshiek	3:15.00	3:07.66	1
17	Kennedy Maske	9	Postville	3:05.00	3:08.41	1
18	Julia Heiderscheit	12	Holmen	3:45.00	4:47.27	1
--	Maria McDonough	12	Decorah	2:37.00	DNS	2
--	Kenzie Jones		South Winneshiek	3:20.00	DNS	1

Girls 1600 Meter Run

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Meet Record: M 5:21.74 3/29/2014 Bailey Oettel, La Crosse Logan						
2014 Winner: 5:21.74 3/29/2014 Bailey Oettel, La Crosse Logan						
=====						
	Name	Year	School	Seed	Finals	H#
=====						
1	Aly Welch	9	Rochester Centur	5:45.00	5:47.78	2
2	Jenna Galligan	9	Decorah	6:05.00	5:55.78	2
3	Ashley Funk	10	Central- Elkader	6:00.00	5:56.67	2
4	Kaitlin Miller	8	Rochester Centur	6:00.00	5:59.74	2
5	Laura Duffield	10	Rochester Centur	6:20.00	6:02.29	1

6	Kate Andrews	9	Rochester John M	6:00.00	6:03.04	2
7	Rae Ann Klimesh		South Winneshiek	6:15.00	6:08.70	1
8	Abby Kellner	9	Rochester John M	6:00.00	6:09.17	2
9	Jess Lechtenberg		South Winneshiek	6:15.00	6:09.90	1
10	Tiana Bullerman		South Winneshiek	6:15.00	6:10.33	1
11	Alexis Steinlage	11	Decorah	6:15.00	6:19.54	1
12	Brenna Betts	10	Decorah	6:12.00	6:23.40	2
13	Shania Kelly	10	Decorah	6:30.00	6:23.48	1
14	Emily Miller	12	Decorah	6:10.00	6:24.63	2
15	Emma Dambek	12	Decorah	6:20.00	6:35.38	1
16	Kelly Kuboushek		South Winneshiek	6:35.00	6:38.78	1
17	Jenna Elsbernd		South Winneshiek	7:15.00	6:44.37	1
18	Kaylee Cerwinski	9	Nashua-Plainfiel	6:40.55	6:44.65	1
19	Carol Morales	9	Rochester John M	6:10.00	6:44.80	2
20	Riley Ott		South Winneshiek	6:45.00	6:49.45	1
21	Hannah Kuehl	11	Central- Elkader	6:30.00	6:50.82	1
22	sabrina Marken		South Winneshiek	7:15.00	6:52.22	1
23	Kenzie Jones		South Winneshiek	7:20.00	7:11.31	1
--	McKenna Pedretti	9	Holmen	5:55.00	DNF	2
--	Nikki Saltou	10	Crestwood	7:00.00	DNS	1
--	Claire Ommen	12	Rochester Centur	5:50.00	DNS	2

Girls 3000 Meter Run

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Meet Record: M 11:39.34 3/23/2013 Madeline Youngberg, RochesterCentury					
2014 Winner: 12:18.70 3/29/2014 Ashley Funk, central elkader					
Name	Year	School	Seed	Finals	
=====					
1	Mason Kallander	9	Holmen	13:00.00	11:30.27M
2	Josephine Berlage	10	Decorah	12:20.00	11:41.42
3	Felicity Taylor		South Winneshiek	11:55.00	11:53.51
4	Josie Kriener		South Winneshiek	12:15.00	12:16.56
5	Claire Ommen	12	Rochester Centur		12:33.62
6	Kala Sader	9	Holmen	13:30.00	13:24.36
7	Kylie Laube	9	Nashua-Plainfiel	13:30.00	13:33.52
--	Kaitlin Miller	8	Rochester Centur		DNS
--	Sierra Rabe	12	Holmen	12:20.00	SCR

Girls 55 Meter Hurdles

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Meet Record: M 8.94 3/24/2012 Sanderson Amber, La crosse Lo					
2014 Winner: 9.30 3/29/2014 Erin Perkins, Winona					
Name	Year	School	Seed	Finals	H#
=====					
1	Andy Jacobs	11	Rochester Centur	15.90	9.11 7
2	Lexie Warth		South Winneshiek	16.30	9.12 7
3	Olivia Sandvig	11	Decorah	16.00	9.14 7
4	Ashley Sprain	11	La crosse Logan	16.50	9.29 7
5	Linnea Kephart	12	Decorah	17.50	9.64 6
6	Kaitlyn Ganrude	12	La crosse Logan	17.80	9.81 6
7	Shaylan Martin	12	Decorah	17.90	9.99 5
8	Isabel Erickson	11	Rochester Centur	17.26	10.22 7
9	Kylie Kerndt	10	Decorah	17.80	10.28 6
10	Shannon Pisney	9	Crestwood	18.10	10.35 5
11	Mckala Liddle	9	Nashua-Plainfiel	19.55	10.41 2
12	Katelyn Dehning	10	Decorah	18.20	10.44 4
13	Alyssa Rasmussen	12	La crosse Logan	18.50	10.47 4

14	Anjela Bubiy	12	Postville	18.00	10.64	5
15	Alison Kolek	10	Holmen	18.70	10.69	4
16	Kaylie Henry	10	Crestwood	18.20	10.79	4
17	Hannah Degener	10	Rochester John M	18.13	10.81	5
18	Hannah Smith	9	Holmen	17.70	10.82	6
10.813						
19	Ellyson Shelton	10	Decorah	18.20	10.82	5
10.816						
20	Haley Mills	11	Rochester John M	18.35	10.87	4
21	Taylor Bekkum	12	La crosse Logan	19.00	10.96	2
22	Emily Franzen	9	Decorah	18.80	10.99	3
23	Cortney Christnovich	10	Holmen	17.70	11.00	6
24	Rachel Frandsen	12	Rochester Centur	17.43	11.06	7
25	Annaliese Meier	11	Rochester Centur	18.87	11.35	2
26	Rylea Ranum	9	Decorah	18.90	11.40	2
27	Sami Bigalk	9	Crestwood	18.30	11.62	4
28	Rachel Berg	11	Central- Elkader	18.70	11.63	3
29	Elizabeth Hartman	9	Decorah	18.80	11.67	3
30	Kayla Lentz	9	Crestwood	18.80	11.81	2
31	Katrina Sanders	9	Crestwood	18.80	11.94	3
32	Jaleasah Hendry	10	Postville	21.00	12.25	1
33	Kaitlin Williams	9	Holmen	18.70	12.53	3
34	Kennedy Maske	9	Postville	21.25	12.80	1
35	Leandra Thomson	9	Holmen	18.80	13.34	3
--	Payton Hjerleid	10	Decorah	17.90	DNS	5
--	Aguom Mabor	8	Rochester John M	20.26	DNS	1
--	Alyssa Barker	10	Central- Elkader	17.85	SCR	

Girls 4x200 Meter Relay

Meet Record: M 1:53.42 3/28/2009 New Hampton, New Hampton
N DRewelow, T Moore, M Roths, S Sumner

2014 Winner: 1:54.59 3/29/2014 central elkader, central elkader
K Stender, K Juergens, E Asche, H Schroeder

School	Seed	Finals	H#
1 Decorah 'A'	1:53.50	1:53.67	3
1) Kalle Solberg 11			
2) Kaitlyn Kregel 12			
3) Sarah Mikkelson 9			
4) Taylor Schuring 11			
2 Holmen 'A'	1:55.00	1:57.26	3
1) Sophie Cieslicki 12			
2) Brooke Holden 12			
3) Kelsey Koelbl 10			
4) Heather Lager 11			
3 Rochester Century 'A'	1:57.88	1:58.01	3
1) EmMarie Norton 10			
2) Anna Lund 9			
3) Elise Weber 11			
4) Lauren Nee 9			
4 South Winneshiek 'A'	2:00.00	1:59.59	3
1) Lexi Bohr			
2) Becca Hertges			
3) Tiffany Riehle			
4) Amber Brinks			
5 Nashua-Plainfield 'A'	2:02.51	2:03.35	2
1) Abby Lumley 9			
2) Katelyn Stephens 9			
3) Morgan Kapping 9			
4) Sharice Lindeland 9			
6 South Winneshiek 'B'	2:05.00	2:05.26	2
1) Felicity Taylor			
2) Taylor Numedahl			
3) Taylor Buchheit			
4) Morgan Martin			
7 Crestwood 'A'	2:00.00	2:05.48	3
1) Sabrina Andera 11			
2) Rachel Russell 11			
3) Shayla Murphy 12			
4) Shaunna Erickson 10			

8	Rochester John Marshall 'A'	2:04.00	2:05.59	2
	1) MaryJo Ekhoﬀ 10	2) Kienna Green 11		
	3) Kenyatta Kruetzfeldt 11	4) Grace Dokken 11		
9	Central- Elkader 'A'	2:04.00	2:07.28	2
	1) Gabbi Lenth 9	2) Lauryn Swigart 9		
	3) Rachel Berg 11	4) Morgan Jacobson 10		
10	Crestwood 'B'	2:12.00	2:09.14	1
	1) Kaylie Henry 10	2) Tracy Martinek 10		
	3) Tiffany Weinacht 11	4) Abby Kennon 11		
11	Decorah 'B'	1:59.50	2:10.99	3
	1) Lexie Engelhardt 9	2) Alexis Steinlage 11		
	3) Olivia Syverson 10	4) Janaye Lundtvedt 9		
12	Rochester Century 'C'	2:06.75	2:11.63	1
	1) Zoe Krone 9	2) Linnea Johnson 10		
	3) Celia Napton 8	4) Jordan Walker 8		
13	Rochester Century 'B'	2:02.54	2:12.33	2
	1) Makayla Day 10	2) Cathleen Ly 10		
	3) Ella Napton 11	4) Sarah Delacey 9		
14	Crestwood 'C'	2:04.00	2:17.97	2
	1) Brynn Bodermann 9	2) Shannon Pisney 9		
	3) Kayla Lentz 9	4) Sami Bigalk 9		
15	Crestwood 'D'	2:12.00	2:25.81	1
	1) Autumn Forcelle 9	2) Autumn Nelson 9		
	3) Cassy Kennon 9	4) Madison McKenna 9		

Girls 4x400 Meter Relay

Meet Record: M 4:19.95 3/29/2014 central elkader, central elkader
K Stender, K Juergens, E Asche, H Schroeder
2014 Winner: 4:19.95 3/29/2014 central elkader, central elkader
K Stender, K Juergens, E Asche, H Schroeder

School	Seed	Finals	H#
1 Decorah 'A'	4:15.00	4:18.28M	3
1) Tess Olinger 12	2) Kalle Solberg 11		
3) Taylor Schuring 11	4) Katie Perez 11		
2 Rochester Century 'A'	4:19.18	4:21.51	3
1) Andy Jacobs 11	2) Carolyn Arndt 12		
3) Meredith Targonski 10	4) Ellie Luinenburg 8		
3 Decorah 'B'	4:20.00	4:28.05	3
1) Kayla Quandahl 10	2) Kaitlyn Nimrod 9		
3) Sarah Mikkelson 9	4) Kaitlyn Kregel 12		
4 Holmen 'A'	4:30.00	4:37.29	3
1) Kellyn Lamore 12	2) Sophie Cieslicki 12		
3) McKenna Pedretti 9	4) Kelsey Koelbl 10		
5 Decorah 'C'	4:25.00	4:42.90	3
1) Linnea Kephart 12	2) Kylie Kerndt 10		
3) Jenna Galligan 9	4) Rylea Ranum 9		
6 La crosse Logan 'A'	4:45.00	4:50.21	2
1) Chloe Barth 9	2) Megan Dittmer 11		
3) Bronwyn Silk 10	4) Alexis Mueller 9		
7 Nashua-Plainfield 'A'	4:43.48	4:51.38	2
1) Abby Lumley 9	2) Emma Sinnwell 9		
3) Morgan Kapping 9	4) Kaylee Cerwinske 9		
8 Decorah 'D'	4:30.00	4:54.31	2
1) Shaylan Martin 12	2) Brianna Doyle 11		
3) Emily Franzen 9	4) Kasey Thompson 10		

9	Rochester Century 'B'	4:40.11	5:05.39	2
	1) Zoe Krone 9	2) Jordan Walker 8		
	3) Celia Napton 8	4) Linnea Johnson 10		
10	La crosse Logan 'B'	4:50.00	5:17.29	2
	1) Taylor Bekkum 12	2) Megan Bakalars 9		
	3) Alyssa Rasmussen 12	4) Bennett Wilsey 9		
11	La crosse Logan 'C'	5:15.00	5:27.41	2
	1) Demi Sandifer-Reyes 10	2) Samantha Harter 9		
	3) Summer Fisher 9	4) Cahre Clayburn 9		
--	Central- Elkader 'A'	4:35.00	DNS	3
	1) Emily Asche 11	2) Ashley Funk 10		
	3) Carissa Moyna 11	4) Haley Schroeder 11		
--	Central- Elkader 'B'	5:00.00	SCR	
	1) Megan Rochleau 12	2) Gabbi Lenth 9		
	3) Rachel Berg 11	4) Lauryn Swigart 9		
--	La crosse Logan 'D'	5:15.00	SCR	
	1) Jessica Morschhauser 9	2) Tonya Pitt 9		
	3) Lydia Stover 9	4) Rachel Carboni 11		

Girls 4x800 Meter Relay

Meet Record: M 10:17.13 3/28/2009 New Hampton, New Hampton
 J Fitzgerald, D Goodwin, L Jerdee, A Reicks
 2014 Winner: 11:02.80 3/29/2014 West Waterloo, West Waterloo
 B Gerrelts, D Uribe, M O'Brien, S Foster

School	Seed	Finals
1 Decorah 'A'	10:20.00	10:14.34M
1) Kaitlyn Nimrod 9	2) Maria McDonough 12	
3) Katie Perez 11	4) Amanda Taylor 12	
2 Central- Elkader 'A'	10:20.00	10:26.82
1) Kiana Stender 12	2) Alexia Funk 12	
3) Emily Asche 11	4) Haley Schroeder 11	
3 Rochester Century 'B'		11:10.85
4 Rochester Century 'A'	10:50.00	11:14.41
1) Kyra Miller 12	2) Arianna Wertz 8	
3) Katherine Daughtery 8	4) Sarah Arndt 12	
5 Decorah 'B'	10:45.00	11:15.69
1) Payton Hjerleid 10	2) Sylvia Betteridge 10	
3) Allie Hafner 9	4) Brianna Doyle 11	
6 Central- Elkader 'B'	11:00.00	11:55.38
1) Carissa Moyna 11	2) Hannah Kuehl 11	
3) Mackenzie Vlazney 9	4) Alyssa Barker 10	
7 Nashua-Plainfield 'A'	11:45.00	12:24.09
1) Emma Sinnwell 9	2) Kaylee Cerwinske 9	
3) Kylie Laube 9	4) Samantha Krull 9	
8 Crestwood 'A'	11:50.00	12:36.08
1) Blair Bodermann 10	2) Amber Hinck 10	
3) Madison Fitzgerald 10	4) Nikki Saltou 10	
9 Crestwood 'B'	12:15.00	14:17.13
1) Kendra Berns 11	2) Karissa Smoltz 9	
3) Bailie Magic 9	4) Danielle Ahern 9	

Girls 1600 Sprint Medley

200, 200, 400, 800
 Meet Record: M 4:31.97 3/27/2010 Valley Community, Valley Community

2014 Winner: 4:41.64 3/29/2014 central elkader, central elkader
 K Moyle, L Frieden, M Moyle, A Burke
 E Asche, K Juergens, H Schroeder, K Stender

School	Seed	Finals	H#
1 Decorah 'A'	4:35.00	4:35.27	2
1) Brynne Valkosky 9	2) Olivia Sandvig 11		
3) Kayla Quandahl 10	4) Kalle Solberg 11		
2 Rochester Century 'A'	4:55.00	4:38.56	2
1) Jenna Myhro 12	2) Jess Nation 11		
3) Katherine Daughtery 8	4) Meredith Targonski 10		
3 Holmen 'A'	4:30.00	4:48.17	2
1) Kirsten Olson 11	2) Sophie Cieslicki 12		
3) Maia Heineck 12	4) Kellyn Lamore 12		
4 Nashua-Plainfield 'A'	4:56.00	5:17.79	2
1) Mckala Liddle 9	2) Sharice Lindeland 9		
3) Emma Sinnwell 9	4) Morgan Kapping 9		
5 Crestwood 'A'	5:00.00	5:41.34	1
1) Sabrina Andera 11	2) Rachel Russell 11		
3) Blair Bodermann 10	4) Sami Bigalk 9		
6 Crestwood 'B'	5:05.00	6:06.29	1
1) Shaunna Erickson 10	2) Kaylie Henry 10		
3) Madison Fitzgerald 10	4) Amber Hinck 10		
7 Crestwood 'C'	5:15.00	6:47.32	1
1) Autumn Nelson 9	2) Katrina Sanders 9		
3) Karissa Smoltz 9	4) Bailie Magic 9		

Girls 4x55 Meter Shuttle Hurdle

4 Hurdles

Meet Record: M 35.54 3/27/2011 Central Elkader, Central Elkader
 E Ruhser, D Wagner, R Gibney, A Nemechek

2014 Winner: 36.99 3/29/2014 central elkader, central elkader
 K Stender, R Gibney, A Tuecke, K Juergens

School	Seed	Finals	H#
1 La crosse Logan 'A'	1:04.00	35.15M	2
1) Kaitlyn Ganrude 12	2) Taylor Bekkum 12		
3) Alyssa Rasmussen 12	4) Ashley Sprain 11		
2 Decorah 'A'	1:15.00	36.03	1
1) Shaylan Martin 12	2) Payton Hjerleid 10		
3) Katelyn Dehning 10	4) Ellyson Shelton 10		
3 Rochester Century 'A'	1:02.72	36.44	2
1) Isabel Erickson 11	2) Annaliese Meier 11		
3) Rachel Frandsen 12	4) Andy Jacobs 11		
4 South Winneshiek 'A'	1:15.00	36.89	2
1) Lexie Warth	2) Amber Brinks		
3) Taylor Buchheit	4) Morgan Martin		
5 Crestwood 'A'	1:17.50	40.33	1
1) Shannon Pisney 9	2) Kayla Lentz 9		
3) Sami Bigalk 9	4) Katrina Sanders 9		

Girls High Jump

Meet Record: M 5-02 3/29/2014 Abby Phillips, South Winneshiek
 Meet Record: M 5-02 3/27/2010 Angela Berkley, Holmen
 2014 Winner: 5-02 3/29/2014 Abby Phillips, South Winneshiek

Name	Year	School	Seed	Finals
1 Carly Morris	12	La crosse Logan	5-02.00	5-00.00
2 Karin Canakes	12	Rochester Centur		4-10.00
2 Erin Cichanski	10	Rochester Centur		4-10.00
2 Carolyn Arndt	12	Rochester Centur		4-10.00
2 Anna Tuecke	11	Central- Elkader	4-10.00	4-10.00
6 Taylor Schuring	11	Decorah	4-08.00	4-08.00
6 Rachel Frandsen	12	Rochester Centur		4-08.00
6 Tori Thompson	12	Rochester John M	4-08.00	4-08.00
9 Kaylee Cerwinske	9	Nashua-Plainfiel	4-07.00	4-06.00
9 Anna Lund	9	Rochester Centur		4-06.00
9 Amber Brinks		South Winneshiek	4-06.00	4-06.00
9 Anjela Bubiyy	12	Postville	5-00.00	4-06.00
9 Karlee Grabau	12	Crestwood	4-08.00	4-06.00
14 Shannon Pisney	9	Crestwood	4-02.00	4-04.00
15 Mackenzie Vlazney	9	Central- Elkader	4-02.00	4-02.00
15 Tracy Martinek	10	Crestwood	4-06.00	4-02.00
15 Alison Kolek	10	Holmen		4-02.00
18 Kaylie Henry	10	Crestwood	4-02.00	4-00.00
18 Morgan Martin		South Winneshiek	4-02.00	4-00.00
18 Payton Hjerleid	10	Decorah	4-04.00	4-00.00
-- Milena Moit	9	Holmen		NH
-- Kasey Thompson	10	Decorah	4-00.00	NH
-- Cassie Mullenbach	9	Rochester John M	4-02.00	NH
-- Megan Rochleau	12	Central- Elkader	4-00.00	DNS
-- Lynzie Every	10	Holmen		DNS
-- Sarah Walters	9	Rochester John M	4-02.00	DNS
-- Ashley Sprain	11	La crosse Logan	4-08.00	DNS

Girls Long Jump

Name	Year	School	Seed	Finals
4 Jumps				
Meet Record: M	16-07.50	3/29/2014	Dani Reicherts, Dunkerton	
2014 Winner:	16-07.50	3/29/2014	Dani Reicherts, Dunkerton	
1 Tori Thompson	12	Rochester John M	16-07.00	16-03.00
2 Lexie Warth		South Winneshiek	15-09.00	15-08.25
3 Mishy Wang	12	Rochester Centur		15-06.00
4 Ashley Sprain	11	La crosse Logan		14-09.00
5 Andy Jacobs	11	Rochester Centur		14-06.00
6 Kinga Mozes	8	Rochester Centur		14-05.50
7 Olivia Sandvig	11	Decorah	15-00.00	14-02.50
8 Katelyn Dehning	10	Decorah	14-06.00	13-11.00
8 Ashley Funk	10	Central- Elkader	14-01.00	13-11.00
8 Erin Cichanski	10	Rochester Centur		13-11.00
11 Shanelle Kendrick	12	La crosse Logan	14-00.00	13-09.50
12 Alexis Mueller	9	La crosse Logan	13-00.00	13-09.00
13 Taylor Buchheit		South Winneshiek	13-03.00	13-04.00
13 Sarah Mikkelson	9	Decorah	13-00.00	13-04.00
15 Alyssa Barker	10	Central- Elkader	13-06.00	13-03.00
16 Shayla Murphy	12	Crestwood	14-08.00	13-02.50
17 Kelsey Koelbl	10	Holmen	16-00.00	13-01.50
18 EmMarie Norton	10	Rochester Centur		13-00.00
19 Shania Kelly	10	Decorah	11-00.00	12-11.00
20 Maia Heineck	12	Holmen	16-00.00	12-10.50

21	Tiffany Weinacht	11	Crestwood	14-00.00	12-09.50
22	Morgan Kapping	9	Nashua-Plainfiel	13-00.00	12-09.25
23	Brynn Bodermann	9	Crestwood	14-00.00	12-06.50
24	Lexi Bohr		South Winneshiek	13-00.00	12-06.00
24	Katlyn Long	11	Holmen		12-06.00
26	Bronwyn Silk	10	La crosse Logan	13-00.00	12-02.75
27	Karin Canakes	12	Rochester Centur		12-02.00
28	Noelle Nelson	9	Rochester Centur		12-00.75
29	Anjela Bubiy	12	Postville	14-00.00	11-11.50
30	Kirsten Olson	11	Holmen	16-00.00	11-09.25
31	Heather Lager	11	Holmen		10-09.50
32	Samantha Harter	9	La crosse Logan	12-00.00	10-05.50
33	Kiara Lindsey	9	Rochester Centur		10-04.50
34	Cahre Clayburn	9	La crosse Logan	12-00.00	10-04.00
35	Megan Rochleau	12	Central- Elkader	12-00.00	10-03.50
36	Lakota Cerda-Reyes	9	La crosse Logan	12-00.00	9-06.25
37	Abby Ahrens	10	Decorah	12-00.00	8-11.00
37	Kali Olson	10	Holmen		8-11.00
39	Morgan Pedretti	9	Holmen		7-11.50
--	Kaitlyn Ganrude	12	La crosse Logan	16-00.00	SCR

Girls Triple Jump

4 Jumps

Meet Record: M 34-04 3/23/2013 Shannon Brakke, RochesterCentury

2014 Winner: 32-03 3/29/2014 Yvora Thomas, La Crosse Logan

Name	Year	School	Seed	Finals	
1	Carolyn Arndt	12	Rochester Centur	31-11.00	
2	Karin Canakes	12	Rochester Centur	30-08.50	
3	EmMarie Norton	10	Rochester Centur	30-02.75	
4	Rachel Frandsen	12	Rochester Centur	29-10.25	
5	Kinga Mozes	8	Rochester Centur	29-09.25	
6	Noelle Nelson	9	Rochester Centur	29-09.00	
7	Tyanna Washa	10	La crosse Logan	28-00.00	28-11.50
8	Sophie Cieslicki	12	Holmen	30-00.00	27-06.50
9	Sara Busche	12	Rochester Centur		27-01.25
10	Carly Morris	12	La crosse Logan	30-00.00	26-11.50
11	Anna Lund	9	Rochester Centur		26-04.50
12	Hannah Smith	9	Holmen		25-08.75
--	Heather Lager	11	Holmen		DNS
--	Milena Moit	9	Holmen		DNS

Girls Shot Put

4 Throws

Meet Record: M 41-06.75 3/27/2011 Jadyn Spencer, Waterloo West

2014 Winner: 36-04 3/29/2014 Audrey Scharmer, Winona

Name	Year	School	Seed	Finals	
1	Nicole Fautsch	11	Rochester John M	42-00.00	41-08.50M
2	Kassie Hoyme	12	Decorah	40-00.00	38-03.50
3	Kassera Hansen	12	La crosse Logan	35-00.00	33-03.00
4	Becca Hertges		South Winneshiek	33-00.00	33-02.00
5	Stacia Munson	12	La crosse Logan	34-00.00	32-08.00
6	Mikaela Murphy	11	Crestwood	30-00.00	31-08.00
7	Michaela Pinter	11	Crestwood	28-00.00	31-07.50

8	Kate Fitzgerald	10	Rochester Centur	32-00.00	31-06.00
9	Sierra Paske	12	Rochester Centur	31-00.00	31-03.50
10	Savannah Nesvik		South Winneshiek	30-00.00	30-11.00
11	Kaliegh Gosa	12	La crosse Logan	30-00.00	30-08.00
12	Kierra Walske	10	Rochester John M	28-00.00	30-01.00
13	Hailey Neirling	9	Decorah	26-00.00	29-08.50
14	Tyanna Washa	10	La crosse Logan	29-00.00	29-06.50
15	Abby Kennon	11	Crestwood	26-00.00	29-00.00
16	Lydia Kleckner	10	Decorah	25-00.00	28-06.00
17	Christina Nesvik		South Winneshiek	27-00.00	28-05.50
18	McKinley Lillegraven	10	Decorah	25-00.00	28-04.00
19	Kiara Lindsey	9	Rochester Centur	25-00.00	28-03.50
20	Rylee Monteith	10	Decorah	26-00.00	28-03.00
21	Meghan Emerfohl	12	Rochester Centur	29-00.00	27-07.50
22	Morgan Jacobson	10	Central- Elkader	24-10.00	27-03.00
23	Kerigan Hunziker	12	Crestwood	25-00.00	26-06.50
24	Ellie Luinenburg	8	Rochester Centur	24-00.00	26-05.50
24	Laiton Ihde	10	Decorah	25-00.00	26-05.50
26	Kiki Paske	10	Rochester Centur	23-00.00	26-05.00
27	Lauren Heaton	11	Rochester John M	24-00.00	26-02.00
28	Jewel Gipple	9	Nashua-Plainfiel	26-06.00	25-09.50
29	Maddie Wozney	12	La crosse Logan	29-06.00	25-07.50
30	Susan Pielhop	12	La crosse Logan	29-00.00	25-03.50
31	Lauryn Eggert	10	Decorah	23-00.00	25-02.00
32	Kaya Hawver	9	La crosse Logan	28-00.00	25-01.00
33	Rosie Schacht	11	Rochester John M	26-00.00	24-10.50
34	Taityana Austin	10	La crosse Logan	28-00.00	24-09.00
35	Victoria Miller	9	Decorah	20-00.00	24-02.50
36	Kylee Jostad	9	Holmen		23-11.50
37	Keisha Hendry	12	Nashua-Plainfiel	24-06.00	23-10.50
38	Kristi Eberhardt	9	Central- Elkader	23-06.00	22-02.50
39	Makayla Pasch	9	Rochester Centur	20-00.00	22-00.00
40	Maiiah Johanningmeier	10	Decorah	20-00.00	21-09.00
41	Grace Rodman	10	Central- Elkader	22-06.00	21-01.50
42	Brianna Tieden	9	Central- Elkader	20-00.00	19-10.50
43	Leah Tolvstad	11	Holmen		19-08.50
44	Kerissa Clements	12	Holmen		19-03.50
45	Franchesica Berry	9	La crosse Logan	20-00.00	13-11.00
--	Analee Jaekel	9	Holmen		DNS
--	Shana Hilgersen	12	Central- Elkader	33-06.00	DNS
--	Tracy Smith	10	La crosse Logan	28-00.00	DNS
--	Marissa Fuerstenberg	9	Nashua-Plainfiel	26-05.00	DNS
--	Klara Thompson	9	Decorah	20-00.00	SCR

Boys 55 Meter Dash

Meet Record: M 6.68 3/24/2012 Aaron Taylor, Waterloo Eas
 2014 Winner: 6.81 3/29/2014 Jordan Williams, Waterloo East

Name	Year	School	Seed	Finals	H#	
1	Darryl Martin	12	Rochester Centur	11.51	6.76	16
2	Seth Holden	10	Holmen	12.00	6.85	15
3	Aaron Zmolek	11	Holmen	11.90	6.87	16
4	Brandon Christnovich	12	Holmen	11.90	6.89	15
5	Cazz Martin	11	Rochester John M	12.20	6.97	14
6	Grant Kruisselbrink	12	Rochester Centur	11.90	7.00	16
7	Dontrel Johnson	11	Rochester John M	12.24	7.02	14

8	Shahan Ameen	10	Rochester John M	12.19	7.04	14
9	Stephen Bly	12	Rochester John M	12.23	7.07	14
10	Joshua Mattison	10	Rochester John M	12.42	7.11	13
11	Lavontay Basley	10	La crosse Logan	13.20	7.13	8
12	Darren Perkins	10	Rochester John M	12.46	7.15	12
7.141						
13	Tanner Roy	11	Rochester Centur	12.16	7.15	14
7.146						
14	Nathan Fitzgerald	12	Central- Elkader	11.90	7.15	16
7.147						
15	Samuel Rotty	12	Rochester Centur	12.09	7.17	15
16	Jesse Hanson	11	Rochester John M	12.44	7.18	13
17	Riley Schreader	11	Rochester John M	12.21	7.20	14
7.191						
17	Colten Rastetter	12	Clayton Ridge	11.77	7.20	16
7.191						
19	Dylan Cooper	12	Holmen		7.21	4
20	Ben Backes	11	Central- Elkader	12.00	7.23	15
21	Christian Strauss	12	Holmen	12.00	7.25	15
22	Caleb Hawkins	10	La crosse Logan	12.60	7.26	12
23	Easton Cook	11	Clayton Ridge	11.80	7.30	16
7.297						
23	Tristan Trejo	10	Rochester Centur	12.44	7.30	13
7.297						
25	Elijah Johnson	10	Holmen	13.00	7.30	9
7.299						
26	Ted Hilgersen	10	Central- Elkader	12.60	7.33	11
27	Zach DeVore	10	Decorah	12.80	7.37	11
7.365						
27	Rodney Schwartzhoff	9	South Winneshiek	12.86	7.37	10
7.365						
29	Solomon Stoeckly	10	Holmen		7.39	4
7.381						
30	Thomas Hanson	11	Rochester Centur	12.52	7.39	12
7.384						
31	Matthew Kallis	11	Rochester Centur	12.35	7.43	13
32	Logan Monteith	9	Decorah	14.00	7.44	6
33	Austin George	11	Holmen	12.90	7.45	9
34	Thiab Abuserrieh	12	Rochester Centur		7.49	1
7.483						
34	Colton LeClaire	10	Holmen	13.50	7.49	8
7.483						
36	Abe Molling	9	Holmen		7.49	1
7.489						
37	Jonathan Muhs	9	Rochester Centur	12.42	7.52	13
38	Ben Lenth	12	Postville	12.90	7.53	9
7.521						
39	Alec Nissen	10	Holmen	13.50	7.53	8
7.522						
40	Neil Kelly	12	Central- Elkader	12.90	7.54	10
41	Dawson Meyer	10	Decorah	13.90	7.55	6
42	Jalen Lincoln	9	La crosse Logan	12.50	7.57	12
43	Nate Tolvstad	10	Holmen		7.58	2
44	Paul Bartle	9	La crosse Logan	12.60	7.59	11
45	Alex Holthaus	10	South Winneshiek	12.98	7.61	9
46	Alex Ney	12	Rochester Centur	12.72	7.62	11
7.617						

47 Kyle Gamoke	12 Holmen	12.50	7.62	12
7.618				
48 Dan Fischer	10 Holmen		7.64	3
7.635				
49 Trevar Benson	12 Postville	14.20	7.64	6
7.637				
50 Shawn Alexander	12 Rochester John M	12.30	7.66	13
7.658				
51 Parker Klingman	9 Central- Elkader	13.80	7.66	7
7.659				
52 Fletcher Shafer	10 La crosse Logan	12.80	7.68	11
53 Alex Cassem	10 Holmen	13.00	7.69	9
7.686				
54 Braxton Smith	9 South Winneshiek		7.69	4
7.687				
55 Daniel Koenig	12 Postville	12.90	7.71	10
56 Josh McGrath	9 La crosse Logan	12.80	7.73	10
57 Seth Heerts	11 Holmen	13.60	7.77	7
7.767				
58 Zab Vue	9 La crosse Logan	12.90	7.77	10
7.768				
59 TouKee Xiong	9 La crosse Logan	13.00	7.79	9
60 Nathan Tappe	9 Decorah	13.60	7.81	7
61 Andrew Zittlow	9 Holmen		7.91	3
62 Braydn Harbaugh	9 Clayton Ridge	12.10	7.92	15
63 Ben Jones	9 Holmen		7.93	1
64 Matthew Holthaus	10 South Winneshiek	13.13	7.95	8
65 Tye Anderson	9 Decorah	13.70	7.96	7
66 James Paulson	9 Decorah	14.30	8.00	5
67 Chol Tong	9 La crosse Logan	12.70	8.04	11
68 Drew Reicks	12 Postville	14.70	8.05	5
69 Justin Dion	9 La crosse Logan	12.60	8.06	12
70 Jorge Cardona	12 Postville	13.50	8.10	8
71 Skyler Yang	9 La crosse Logan	13.10	8.13	8
72 Mac Hughes	10 Postville	13.90	8.20	6
73 Kameron Sikkink	9 Decorah	13.95	8.31	6
74 Brannan Hogan	9 Decorah	14.10	8.38	6
8.374				
75 Ben Storlie	10 Holmen		8.38	2
8.377				
76 Aldo Gonzaloz	10 Postville	14.20	8.43	5
77 Cole Tweten	9 Decorah	13.80	8.51	7
8.506				
77 Carson Eikenberry	9 Holmen		8.51	3
8.506				
79 Michael Bruening	9 Decorah	14.60	8.52	5
80 Kevin Davis	12 South Winneshiek	13.80	8.54	7
81 Roy Balder IV	9 Holmen		8.59	1
8.583				
82 Bryon Bruening	9 Decorah	14.70	8.59	5
8.586				
83 Tanner Schultz	9 Holmen		8.74	1
84 Kory Lyons	10 Holmen		8.76	1
85 Logan Hauber	9 Decorah	14.50	8.78	5
86 Brandon Batzel	9 Holmen		8.82	4
87 Leo Vang	9 Holmen		9.03	2
-- Jaydon Butzman	9 Holmen		DNS	3

-- Weston Royer	10	La crosse Logan	12.80	DNS	10
-- Craig Newsome	9	Holmen		DNS	3
-- Plai Vang	10	Holmen		SCR	
-- Nick Shupe	10	Holmen		SCR	
-- Jackson Lukes	9	South Winneshiek	16.20	SCR	
-- Calvin Williams	9	Holmen		SCR	
-- Anthony Vang	10	Holmen		SCR	
-- Jeng Leng Vang	10	Holmen		SCR	
-- Anthony Pearson	11	South Winneshiek	15.70	SCR	
-- Noah Steinhoff	10	Holmen		SCR	

Boys 200 Meter Dash

Meet Record: M 23.14 3/24/2012 Aaron Taylor, Waterloo Eas
 2014 Winner: 23.92 3/29/2014 Jordan Williams, Waterloo East

Name	Year	School	Seed	Finals	H#
1 Brandon Christnovich	12	Holmen	24.50	23.11M	16
2 Darryl Martin	12	Rochester Centur	25.11	23.94	15
3 Cazz Martin	11	Rochester John M	25.31	24.10	14
4 Grant Kruisselbrink	12	Rochester Centur	25.22	24.55	15
5 Seth Holden	10	Holmen	25.50	24.61	13
6 Samuel Batterson	12	Rochester Centur	25.33	24.71	14
7 Joe Bond	10	La crosse Logan	26.30	24.73	12
8 Joshua Buettner	12	Rochester Centur	25.09	24.76	15
9 Jordan Rommes	12	South Winneshiek	24.86	24.84	16
10 Easton Cook	11	Clayton Ridge	24.66	24.96	16
11 Manny Buckhanan	11	La crosse Logan	26.80	25.14	11
12 Dion Smith	10	La crosse Logan	25.80	25.17	13
13 Dontrel Johnson	11	Rochester John M	25.37	25.21	14
14 Jesse Hanson	11	Rochester John M	25.58	25.25	13
15 Christian Strauss	12	Holmen	25.00	25.33	16
25.323					
16 Mabor Mabor	12	Rochester John M	26.89	25.33	11
25.328					
17 Riley Schreader	11	Rochester John M	25.33	25.42	14
18 Darren Perkins	10	Rochester John M	25.68	25.46	13
19 Joshua Mattison	10	Rochester John M	25.41	25.51	14
20 Shahan Ameen	10	Rochester John M	25.28	25.57	15
21 CJ Siegel	9	La crosse Logan	25.80	25.61	13
22 Zach DeVore	10	Decorah	27.60	25.66	8
23 Caleb Hawkins	10	La crosse Logan	28.30	25.67	7
24 Elijah Johnson	10	Holmen	26.50	25.81	12
25 Colton LeClaire	10	Holmen	27.00	25.84	10
26 Tyler Burke	11	Holmen		25.92	1
27 Andrew Jarrett	11	La crosse Logan	27.30	26.10	10
28 Rodney Schwartzhoff	9	South Winneshiek	27.13	26.20	10
29 Mac Faldet	12	South Winneshiek	26.66	26.31	11
30 Austin George	11	Holmen	25.95	26.35	12
31 Brian Muhs	12	Rochester Centur	26.23	26.45	12
32 Tim Winter	11	Decorah	26.60	26.64	12
33 Mitch Torud	9	Holmen		26.68	2
34 Alex Holthaus	10	South Winneshiek	26.35	26.72	12
35 Theo Carr	10	La crosse Logan	28.50	26.75	6
36 Jalen Lincoln	9	La crosse Logan	27.20	26.81	10
37 Logan Monteith	9	Decorah	27.90	26.87	8
38 Fletcher Shafer	10	La crosse Logan	29.20	26.90	5

39	Joel Cunliffe	12	La crosse Logan	27.30	26.98	9
40	Joseph Bebber	9	Clayton Ridge	25.00	27.03	15
41	Will Tooke	12	La crosse Logan	27.30	27.44	9
42	Matthew Holthaus	10	South Winneshiek	26.92	27.46	11
43	Josh McGrath	9	La crosse Logan	29.20	27.55	4
44	Spencer Gull	10	Clayton Ridge	25.44	27.74	14
45	Nate Tolvstad	10	Holmen		27.86	9
46	Paul Bartle	9	La crosse Logan	30.00	27.92	4
47	Nathan Tappe	9	Decorah	27.80	27.95	8
48	TouKee Xiong	9	La crosse Logan	29.00	28.05	5
49	Aiden Ross	9	La crosse Logan	28.50	28.25	7
50	Tye Anderson	9	Decorah	28.50	28.30	6
51	Zab Vue	9	La crosse Logan	27.50	28.31	9
52	Zach Grant	9	Central- Elkader	25.00	28.42	15
53	Tom Shirbroun	11	Central- Elkader	29.00	28.52	5
54	Andy Lillegraven	9	Decorah	26.80	28.59	11
55	Ben Storlie	10	Holmen		28.69	1
56	Jorge Cardona	12	Postville	29.00	28.85	6
57	Justin Dion	9	La crosse Logan	28.00	28.88	8
58	Mac Hughes	10	Postville	29.50	28.93	4
59	James Paulson	9	Decorah	28.20	29.00	7
60	Ben Dugger	11	Decorah	29.00	29.29	5
61	Brad Corrigan	11	Decorah	29.10	29.31	5
62	Michael Bruening	9	Decorah	29.20	29.54	5
63	Cole Tweten	9	Decorah	28.60	30.02	6
64	Ben Halfmann	9	Holmen		30.36	2
65	Aldo Gonzaloz	10	Postville	30.90	30.41	3
66	Brannan Hogan	9	Decorah	28.00	30.55	7
67	Carson Eikenberry	9	Holmen		30.69	2
30.683						
68	Skyler Yang	9	La crosse Logan	30.00	30.69	4
30.689						
69	Reed Williams	9	Holmen		30.74	2
70	Logan Conroy	9	Holmen		31.39	2
71	Jasyn Raddatz	9	South Winneshiek	29.80	31.49	4
72	Dawson Huinker	9	South Winneshiek	28.70	31.54	6
73	Erick Fadness	9	Decorah	33.20	31.86	3
74	Bryon Bruening	9	Decorah	29.30	32.63	4
75	Chol Tong	9	La crosse Logan	27.50	32.65	8
76	Josh Nierengarten	9	Decorah	32.40	33.23	3
77	Kylus Pettit-Ehler	9	Decorah	38.00	35.92	3
--	Alex Cassem	10	Holmen	26.75	DNS	11
--	Treyton Jacobsen	11	South Winneshiek	24.76	DNS	16
--	Cody Hoeth	10	La crosse Logan	28.30	DNS	7
--	Juan Uribe	11	South Winneshiek	27.36	DNS	9
--	Weston Royer	10	La crosse Logan	27.20	DNS	10
--	Mitchell Herold	11	South Winneshiek	24.86	DNS	16
--	Shawn Alexander	12	Rochester John M	28.02	DNS	7
--	Abe Molling	9	Holmen	27.70	DNS	8
--	Alec Nissen	10	Holmen	27.30	DNS	9
--	Adam Hovden	10	Decorah	25.50	DNS	13
--	Lavontay Basley	10	La crosse Logan	31.00	DNS	3
--	Maurizio Chilanti	12	Rochester John M	26.95	DNS	10
--	Antonio Vazquez	9	Postville	29.00	SCR	
--	Nick Shupe	10	Holmen	27.50	SCR	
--	Calvin Williams	9	Holmen		SCR	
--	Craig Newsome	9	Holmen		SCR	

-- Noah Steinhoff

10 Holmen

SCR

Boys 400 Meter Dash

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Meet Record: M	53.03	3/29/2014	Peter Heglund-Lohman, La Crosse Logan		
2014 Winner:	53.03	3/29/2014	Peter Heglund-Lohman, La Crosse Logan		
Name	Year	School	Seed	Finals	H#
=====					
1	Easton Cook	11 Clayton Ridge	54.56	54.58	8
2	Mitchell Herold	11 South Winneshiek	55.31	54.86	8
3	Ben Backes	11 Central- Elkader	55.50	55.96	8
4	Derek Ehrhardt	10 Central- Elkader	55.90	56.41	8
5	Isaiah Hopp	12 Central- Elkader	54.90	56.50	8
6	Mabor Mabor	12 Rochester John M	58.71	56.53	6
7	Neil Kelly	12 Central- Elkader	57.90	56.95	7
8	Treyton Jacobsen	11 South Winneshiek	56.13	57.23	7
9	Elijah Anderson	11 Rochester Centur	56.91	57.41	7
10	Garret Hemesath	11 Decorah	59.60	57.65	5
11	Dallas Matt	11 Decorah	59.20	57.98	5
12	Simon Werven	8 Rochester John M	1:00.32	57.98	5
13	Dylan Johnston	10 La crosse Logan	59.00	58.01	6
14	Zachary McKenzie	12 Rochester John M	57.55	58.06	7
15	Mac Faldet	12 South Winneshiek	59.21	58.16	5
16	Monte Ridley	10 Rochester John M	58.43	58.78	6
17	Drew Reinhardt	10 Central- Elkader	59.50	58.81	5
18	Ted Hilgersen	10 Central- Elkader	59.00	59.11	6
19	Jonathan Muhs	9 Rochester Centur	58.52	59.18	6
20	John Chase	12 La crosse Logan	57.50	59.49	7
21	Alex Wick	11 Holmen	1:04.00	59.75	3
22	Joseph Bebbler	9 Clayton Ridge	55.08	59.88	8
23	Jack Blomberg	9 La crosse Logan	59.00	1:00.51	6
24	Ryan Holman	12 Holmen	1:04.00	1:00.68	3
25	Mitch Torud	9 Holmen		1:01.28	1
26	Alec Quandahl	11 South Winneshiek	1:02.47	1:02.26	4
27	Joel Nielsen	10 Rochester Centur	1:02.50	1:02.49	4
28	Nate Brenengen	11 La crosse Logan	1:08.00	1:04.42	2
29	Marcus Romenesko	10 Rochester Centur	1:11.00	1:04.75	1
30	Jack Moran	10 Rochester Centur	1:08.00	1:04.88	2
31	Caleb Hedlund	9 Rochester Centur	1:02.00	1:05.09	4
32	Jarod Phillips	9 Decorah	1:02.20	1:06.48	4
33	Braxton Smith	9 South Winneshiek	1:05.40	1:07.08	3
34	John Meier	11 Rochester Centur	1:10.00	1:07.17	2
35	Ben Kelly	9 Central- Elkader	1:05.00	1:07.46	3
36	Ben Halfmann	9 Holmen		1:07.64	1
37	Tyler Kirscht	11 Rochester Centur	1:12.00	1:08.09	1
38	Jacob Ling	10 South Winneshiek	1:03.45	1:08.31	4
39	Sam Jordan	10 La crosse Logan	1:05.00	1:08.76	3
40	Kevin Davis	12 South Winneshiek	1:02.40	1:08.80	4
41	Nick Haas	9 Holmen		1:13.25	1
42	Caleb Jones	9 Central- Elkader	1:09.00	1:16.08	2
43	Dakota Clauson	9 La crosse Logan	1:08.00	1:18.00	3
44	Jasyn Raddatz	9 South Winneshiek	1:10.30	1:18.93	2
45	Dawson Huinker	9 South Winneshiek	1:08.50	1:20.12	2
--	Juan Uribe	11 South Winneshiek	1:00.47	DNS	5
--	Maurizio Chilanti	12 Rochester John M	57.49	DNS	7
--	Mason Heisler	9 Holmen		DNS	1

Boys 800 Meter Run

Meet Record: M 2:01.25 3/24/2012 Paul Escher, La crosse Lo
 2014 Winner: 2:06.17 3/29/2014 Nathan Meyer, South Winneshiek

Name	Year	School	Seed	Finals	H#
1 Seth Massot	11	Rochester Centur	2:10.00	2:10.46	2
2 Evan Schultz	9	La crosse Logan	2:14.00	2:13.18	2
3 Benjamin Meyer	11	South Winneshiek	2:08.30	2:13.60	2
4 Jacob Jansen	11	Central- Elkader	2:12.00	2:15.85	2
5 Kevin Andrews	11	Rochester John M	2:22.71	2:17.43	2
6 Ben Kellner	12	Rochester John M	2:27.33	2:17.54	2
7 Steven Holkesvik	12	Decorah	2:20.50	2:17.90	2
8 Nathan Ward	10	South Winneshiek	2:09.80	2:18.12	2
9 Tyler Grade	12	Holmen	2:10.00	2:20.69	2
10 Noah Carpenter	11	Holmen	2:20.00	2:20.97	2
11 Braxton Haines	10	La crosse Logan	2:14.00	2:21.12	2
12 Brendan Numedahl	10	Decorah	2:19.50	2:21.57	2
13 Patrick Mullan	10	Rochester Centur	2:22.00	2:22.67	2
14 Ryan Pearson	10	Rochester Centur	2:26.00	2:24.46	2
15 Sam Sonnabend	10	Rochester John M	2:29.14	2:25.89	1
16 AJ Poirier	9	Rochester John M	2:29.26	2:32.77	1
17 Kameron Sikkink	9	Decorah	2:29.50	2:35.09	1
18 Blake Rochleau	10	Central- Elkader	2:30.00	2:35.45	1
19 Eric Franzen	9	South Winneshiek	2:33.20	2:37.41	1
20 Logan Hauber	9	Decorah	2:35.50	2:37.76	1
21 Ben Brinks	12	Holmen		2:41.27	1
22 Jeffery Young	11	Holmen		2:41.35	1
23 Paxten DeVilbiss	9	South Winneshiek	2:37.60	2:41.58	1
24 Elijah Hopp	10	Central- Elkader	2:31.00	2:42.07	1
25 Austin Tieskoetter	9	South Winneshiek	2:41.50	2:43.56	1
26 Kaelan Boe	9	South Winneshiek	2:43.60	2:44.98	1
27 Cody Mueller	9	Central- Elkader	2:51.00	2:47.30	1
-- Nick Haas	9	Holmen		SCR	
-- Daniel Seidel	10	Holmen		SCR	
-- Mason Heisler	9	Holmen		SCR	

Boys 1600 Meter Run

Meet Record: M 4:38.39 3/24/2012 Chris Ganrude, La crosse Lo
 2014 Winner: 4:51.78 3/29/2014 Braydon Johnson, Winona

Name	Year	School	Seed	Finals	H#
1 Seth Massot	11	Rochester Centur	4:40.00	4:40.08	1
2 Tim Meyer	11	Decorah	4:58.50	4:54.33	1
3 Joe Schmida	10	La crosse Logan	4:59.00	4:56.68	1
4 Eric Jenkerson	11	La crosse Logan	4:59.00	5:00.47	1
5 Zeke Green	10	Rochester Centur	5:10.00	5:01.14	1
5 Jacob Jansen	11	Central- Elkader	5:00.00	5:01.14	1
7 Tyler Vande Lune	9	Decorah	5:10.50	5:07.97	1
8 Marcus Jarrett	9	La crosse Logan	4:59.00	5:08.12	1
9 Ryan Holman	12	Holmen	5:00.00	5:15.95	1
9 Kade Steinbrecher	9	Holmen	5:10.00	5:15.95	1
11 Eric Sagen	9	La crosse Logan	4:59.00	5:15.97	1
12 Isaac Winemiller	10	Rochester Centur	5:30.00	5:28.43	2
13 Jackson Robelia	10	Rochester Centur	5:30.00	5:28.50	2
14 Blake Rochleau	10	Central- Elkader	5:45.00	5:32.81	2

15	Cody Mueller	9	Central- Elkader	5:50.00	5:33.11	2
16	Eric Franzen	9	South Winneshiek	5:58.40	5:47.38	2
17	Paxten DeVilbiss	9	South Winneshiek	5:59.30	5:47.63	2
18	Kaelan Boe	9	South Winneshiek	6:31.10	5:48.99	2
19	Nick Haas	9	Holmen		5:59.58	2
20	Austin Tieskoetter	9	South Winneshiek	5:57.30	5:59.72	2
21	Elijah Hopp	10	Central- Elkader	5:55.00	6:03.16	2

Boys 3200 Meter Run

Name	Year	School	Seed	Finals	
1	Samuel Nelson	12	Rochester Centur	10:30.00	10:19.45
2	Antonio Judson-Red Elk	10	Rochester Centur	11:42.00	10:45.26
3	Andrew Larson	11	Decorah	10:58.50	10:56.26
4	Mark Lucivansky	11	Rochester Centur	11:45.00	11:55.37
5	David Will	10	Rochester Centur	12:40.00	12:18.03
6	Jarod Phillips	9	Decorah	11:58.50	12:48.92

Boys 55 Meter Hurdles

Meet Record: M 8.23 3/27/2010 Harrison Shelby, Waterloo East						
2014 Winner: 8.40 3/29/2014 Jeremiah Harrison, Waterloo East						
Name	Year	School	Seed	Finals	H#	
1	Isaiah Hopp	12	Central- Elkader	15.90	8.34	5
2	Lane Rahlf	11	Decorah	17.50	8.61	5
3	Joe Bond	10	La crosse Logan	17.50	8.95	5
4	John Meier	11	Rochester Centur	18.46	9.02	4
5	Joel Nielsen	10	Rochester Centur	18.92	9.04	4
6	Theo Carr	10	La crosse Logan	19.00	9.06	4
7	Matt Kosin	11	Holmen	19.00	9.21	4
8	Steven Holkesvik	12	Decorah	19.70	9.31	3
9	Jace Moore	10	Clayton Ridge	18.00	9.34	4
10	Mac Faldet	12	South Winneshiek	19.58	9.40	3
11	Will Tooke	12	La crosse Logan	17.50	9.60	5
12	Aiden Ross	9	La crosse Logan	20.00	9.85	3
13	Jack Moran	10	Rochester Centur	19.64	9.88	3
14	Alec Quandahl	11	South Winneshiek	19.42	9.93	3
9.921						
15	Tyler Burke	11	Holmen	19.00	9.93	3
9.924						
16	Joel Cunliffe	12	La crosse Logan	17.50	10.09	4
17	Marcus Romenesko	10	Rochester Centur	20.61	10.58	2
18	Jaydon Butzman	9	Holmen		10.81	1
19	Jacob Ling	10	South Winneshiek	20.34	10.89	2
20	Caleb Hedlund	9	Rochester Centur		11.16	1
21	Juan Uribe	11	South Winneshiek	21.87	12.47	1
22	Kevin Davis	12	South Winneshiek	22.10	12.50	1
23	Tyler Kirscht	11	Rochester Centur	20.02	12.89	2
--	Dion Smith	10	La crosse Logan	16.70	DNS	5
--	Aaron Swartzendruber	11	Postville	17.50	SCR	
--	Taite Douangdy	10	Holmen	20.00	SCR	

Boys 4x200 Meter Relay

Meet Record: M 1:36.34 3/27/2011 Waterloo East, Waterloo East

2014 Winner: 1:39.76 3/29/2014 Winona, Winona
 D Taylor, S Hodges, A Taylor, S Washington
 T Cross, R Clark, C Wermuth, C Wisted

School	Seed	Finals	H#
1 South Winneshiek 'A'	1:37.34	1:37.42	3
1) Benjamin Meyer 11	2) Treyton Jacobsen 11		
3) Mitchell Herold 11	4) Jordan Rommes 12		
2 Central- Elkader 'A'	1:45.00	1:41.31	2
1) Ben Backes 11	2) Neil Kelly 12		
3) Derek Ehrhardt 10	4) Drew Reinhardt 10		
3 Decorah 'B'	1:42.70	1:42.14	3
1) Robert Smedsrud 11	2) Cole Mincks 11		
3) Michael DeVore 10	4) Cameron Korsness 11		
4 Holmen 'A'	1:43.00	1:42.36	3
1) Austin George 11	2) Seth Holden 10		
3) Abe Molling 9	4) Alex Cassem 10		
5 Postville 'A'	1:43.00	1:42.44	3
1) Evan Jacobson 12	2) Gavin Ruckdashal 11		
3) Daniel Koenig 12	4) Ty Johnson 12		
6 Decorah 'A'	1:39.70	1:43.07	3
1) Drake Bauer 11	2) Jacob Leeps 12		
3) Adam Knight 12	4) Dallas Matt 11		
7 Rochester Century 'C'	1:46.00	1:43.28	2
1) Tanner Roy 11	2) Miguel Benjamin 10		
3) Matthew Kallis 11	4) Caleb Hedlund 9		
8 South Winneshiek 'B'	1:44.30	1:44.57	2
1) Nathan Ward 10	2) Alex Holthaus 10		
3) Matthew Holthaus 10	4) Rodney Schwartzhoff 9		
9 Rochester Century 'B'	1:44.00	1:44.79	2
1) Noah Guy 11	2) Brian Muhs 12		
3) Thomas Hanson 11	4) Tristan Trejo 10		
10 Postville 'B'	1:46.00	1:49.40	2
1) Ben Lenth 12	2) Aaron Swartzendruber 11		
3) Joe Gordon 12	4) Jorge Cardona 12		
11 Central- Elkader 'B'	1:50.00	1:56.98	1
1) Parker Klingman 9	2) Ben Kelly 9		
3) Caleb Jones 9	4) Zach Grant 9		
12 Postville 'C'	2:00.00	1:57.03	1
1) Drew Reicks 12	2) Trevar Benson 12		
3) Travis Fish 9	4) Mac Hughes 10		
13 South Winneshiek 'C'	1:56.70	1:59.85	1
1) Braxton Smith 9	2) Gabe Kipp 9		
3) Dawson Huinker 9	4) Jasyn Raddatz 9		
-- Rochester Century 'A'	1:40.00	DQ	3
1) Samuel Batterson 12	2) Joshua Buettner 12		
3) Grant Kruisselbrink 12	4) Darryl Martin 12		

Boys 4x400 Meter Relay

School	Seed	Finals	H#
Meet Record: M 3:38.64	3/27/2011	La Crosse Logan, La Crosse Logan	
	K Conniff		
2014 Winner: 3:38.79	3/29/2014	South Winneshiek, South Winneshiek	
	C Brincks, B Meyer, M Herold, D Franzen		
1 Holmen 'A'	3:38.00	3:36.11M	3

1) Brandon Christnovich 12	2) Dylan Cooper 12		
3) Christian Strauss 12	4) Aaron Zmolek 11		
2 Decorah 'A'		3:51.50	3:47.00 3
1) Adam Knight 12	2) Tim Meyer 11		
3) Parker Fretheim 12	4) Isaac Luzum 12		
3 Rochester Century 'A'		3:50.00	3:47.27 3
1) Joshua Buettner 12	2) Elijah Anderson 11		
3) Andrew Schweyen 11	4) Matthew Ryan 11		
4 Postville 'A'		3:53.00	3:51.97 3
1) Ben Lenth 12	2) Greg Steva 12		
3) Evan Jacobson 12	4) Ty Johnson 12		
5 La crosse Logan 'B'		3:50.00	3:54.28 3
1) Evan Schultz 9	2)		
6 Rochester Century 'B'		3:55.00	3:56.09 2
1) Michael Wagner 12	2) Jacob Mussell 12		
3) Samuel Nelson 12	4) Seth Massot 11		
7 La crosse Logan 'A'		3:50.00	3:58.55 3
1) Marcus Jarrett 9	2)		
8 La crosse Logan 'C'		4:05.00	4:00.63 1
1) Joe Schmida 10	2)		
9 Holmen 'B'		4:00.00	4:02.11 2
1) Jeffery Young 11	2) Ben Brinks 12		
3) Adam Novak 11	4) Josh Butzman 11		
10 Postville 'B'		4:04.00	4:06.81 2
1) Aaron Swartzendruber 11	2) Daniel Koenig 12		
3) Joe Gordon 12	4) Jorge Cardona 12		
11 Decorah 'B'		3:56.50	4:07.99 2
1) Cameron Korsness 11	2) Brendan Numedahl 10		
3) Tyler Vande Lune 9	4) Jackson Varney 9		
12 Rochester Century 'D'		4:17.00	4:10.74 1
1) Ryan Pearson 10	2) Christian Fiksdal 11		
3) Ty Eder 10	4) Christopher Brakke 12		
13 Rochester Century 'C'		4:10.00	4:13.58 1
1) Isaac Winemiller 10	2) Zeke Green 10		
3) Jackson Robelia 10	4) Jonathan Kaufmann 10		
14 Holmen 'C'		3:55.00	4:24.16 2
1) Tyler Grade 12	2) Noah Carpenter 11		
3) Kade Steinbrecher 9	4) Max Koss 10		

Boys 4x800 Meter Relay

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Meet Record: M	8:37.68	3/27/2010	South Winneshiek, South Winneshiek D Holthaus, J Lyons, B Losen, J Ameling
2014 Winner:	10:00.62	3/29/2014	central elkader, central elkader D Reinhart, T Hlgerson, B Rochleau, E Hopp
School		Seed	Finals
=====			
1 Decorah 'A'		9:05.80	8:51.33
1) Isaac Luzum 12	2) Bryce Hosting 11		
3) Garret Hemesath 11	4) Parker Fretheim 12		
2 Rochester Century 'A'		9:00.00	8:54.28
1) Andrew Schweyen 11	2) Jacob Mussell 12		
3) Matthew Ryan 11	4) Michael Wagner 12		
3 Rochester John Marshall 'A'		9:24.13	9:30.83
1) Kevin Andrews 11	2) Ben Kellner 12		
3) Sam Sonnabend 10	4) AJ Poirier 9		
4 Holmen 'A'		9:45.00	9:51.91

- 1) Max Koss 10
- 3) Josh Butzman 11

- 2) Adam Novak 11
- 4) Alex Wick 11

Boys 1600 Sprint Medley

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200, 200, 400, 800			
Meet Record: M	3:48.81	3/29/2014	South Winneshiek, South Winneshiek J Schroeder, T Jacobsen, B Meyer, D Franzen
2014 Winner:	3:48.81	3/29/2014	South Winneshiek, South Winneshiek J Schroeder, T Jacobsen, B Meyer, D Franzen
School		Seed	Finals
=====			
1 Decorah 'A'		4:04.50	4:00.09
1) Drake Bauer 11	2) Jacob Leeps 12		
3) Adam Hovden 10	4) Dawson Holkesvik 9		
2 Decorah 'B'		4:08.50	4:01.04
1) Robert Smedsrud 11	2) Shawn Shindelar 10		
3) Bryce Hosting 11	4) Andrew Larson 11		
3 Rochester Century 'A'		4:10.00	4:08.42
1) Matthew Kallis 11	2) Thomas Hanson 11		
3) Miguel Benjamin 10	4) Jose Benjamin 9		
4 Postville 'A'		4:11.00	4:09.14
1) Daniel Koenig 12	2) Ty Johnson 12		
3) Greg Steva 12	4) Joe Gordon 12		
5 Rochester Century 'B'		4:15.00	4:17.26
1) Noah Guy 11	2) Tristan Trejo 10		
3) Austin Berg 11	4) Christian Fiksdal 11		

Boys 4x55 Meter Shuttle Hurdle

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3 Hurdles				
Meet Record: M	26.37	3/27/2011	Hudson, Hudson	
			C Henke, T Bond, C Wright, T Wright	
2014 Winner:	27.91	3/29/2014	central elkader, central elkader	
			N Fitzgerald, D Ehrhardt, T Hlgerson, H Bries	
School		Seed	Finals	H#
=====				
1 Central- Elkader 'A'		42.40	26.88	3
1) Nathan Fitzgerald 12	2) Ted Hilgerson 10			
3) Derek Ehrhardt 10	4) Isaiah Hopp 12			
2 Decorah 'A'		45.60	27.02	3
1) Lane Rahlf 11	2) Jacob Roher 10			
3) Cole Mincks 11	4) Steven Holkesvik 12			
3 Postville 'A'		43.52	28.38	3
1) Ty Johnson 12	2) Aaron Swartzendruber 11			
3) Evan Jacobson 12	4) Ben Lenth 12			
4 La crosse Logan 'A'		48.00	29.23	2
1) Joel Cunliffe 12	2)			
5 South Winneshiek 'A'		48.85	29.27	2
1) Jacob Ling 10	2) Alec Quandahl 11			
3) Benjamin Meyer 11	4) Nathan Ward 10			
6 Decorah 'B'		48.80	29.56	2
1) Michael DeVore 10	2) Dawson Holkesvik 9			
3) Jackson Varney 9	4) Shawn Shindelar 10			
7 Rochester Century 'A'		57.00	29.70	1
1) John Meier 11	2) Joel Nielsen 10			
3) Jack Moran 10	4) Marcus Romenesko 10			

-- Rochester Century 'B' DNF 1
 1) Tyler Kirscht 11 2) Caleb Hedlund 9
 -- Holmen 'A' 1:20.00 SCR
 1) Jaydon Butzman 9 2) Matt Kosin 11
 3) Tyler Burke 11 4) Taite Douangdy 10

Boys High Jump

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Meet Record:	M	6-01	3/27/2011	Tylor White, Waterloo East	
2014 Winner:		6-00	3/29/2014	Chris Brincks, South Winneshiek	
Name	Year	School	Seed	Finals	
=====					
1	Dylan Cooper	12	Holmen	6-00.00	6-06.25M
2	Zachary McKenzie	12	Rochester John M	5-08.00	6-00.00
3	Shawn Shindelar	10	Decorah	5-08.00	5-10.00
3	Monte Ridley	10	Rochester John M	5-00.00	5-10.00
3	Elijah Anderson	11	Rochester Centur	5-10.00	5-10.00
6	Dan Fischer	10	Holmen	5-04.00	5-08.00
6	Treyton Jacobsen	11	South Winneshiek	5-06.00	5-08.00
6	Grant Kruisselbrink	12	Rochester Centur	5-04.00	5-08.00
6	Jonathan Kaufmann	10	Rochester Centur	5-02.00	5-08.00
10	Joe Bond	10	La crosse Logan	5-04.00	5-06.00
11	Solomon Stoeckly	10	Holmen	5-04.00	5-04.00
11	Ty Eder	10	Rochester Centur	5-00.00	5-04.00
11	Caleb Hawkins	10	La crosse Logan	5-04.00	5-04.00
11	Jace Moore	10	Clayton Ridge	5-06.00	5-04.00
11	Adam Hovden	10	Decorah	5-02.00	5-04.00
16	Craig Newsome	9	Holmen		5-02.00
16	Tyler Kirscht	11	Rochester Centur	5-00.00	5-02.00
16	Simon Werven	8	Rochester John M	5-00.00	5-02.00
16	Ben Tschirgi	12	Central- Elkader		5-02.00
20	Ben Jones	9	Holmen		5-00.00
20	Matt Kosin	11	Holmen	5-07.00	5-00.00
20	Theo Carr	10	La crosse Logan	5-04.00	5-00.00
20	Dallas Matt	11	Decorah	5-02.00	5-00.00
--	Lars Kraakenes	12	Holmen	5-04.00	NH
--	Alec Nissen	10	Holmen	5-04.00	NH
--	Jonathan Muhs	9	Rochester Centur	5-00.00	NH
--	Cody Hoeth	10	La crosse Logan	5-04.00	DNS
--	Adam Paulson	9	Holmen		DNS
--	Noah Steinhoff	10	Holmen		DNS
--	Nick Shupe	10	Holmen	5-04.00	DNS
--	Jordan Rommes	12	South Winneshiek	6-00.00	DNS
--	Calvin Williams	9	Holmen		DNS

Boys Long Jump

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4 Jumps					
Meet Record:	M	20-04	3/23/2013	Aric Elmore, La Crosse Logan	
2014 Winner:		19-07.50	3/29/2014	Riley Brockway, Postville	
Name	Year	School	Seed	Finals	
=====					
1	Darryl Martin	12	Rochester Centur	18-00.00	19-05.00
2	Colten Rastetter	12	Clayton Ridge	19-02.75	19-03.00
2	Aaron Zmolek	11	Holmen	18-00.00	19-03.00
4	Benjamin Meyer	11	South Winneshiek	19-07.00	19-00.50
5	Stephen Bly	12	Rochester John M	16-05.00	18-06.75

6 Samuel Rotty	12 Rochester Centur	17-10.00	18-04.50
7 Nathan Ward	10 South Winneshiek	18-07.00	18-04.00
8 Michael DeVore	10 Decorah	15-10.00	18-01.50
9 CJ Siegel	9 La crosse Logan		18-00.75
10 Jacob Roher	10 Decorah	17-05.00	17-11.75
11 Cole Mincks	11 Decorah	16-05.00	17-11.00
12 Dawson Holkesvik	9 Decorah	16-08.00	17-10.00
13 Adam Knight	12 Decorah	17-01.00	17-08.00
14 Evan Jacobson	12 Postville	18-00.00	17-07.50
15 Jacob Leeps	12 Decorah	17-10.00	17-06.00
16 Kyle Gamoke	12 Holmen	17-00.00	17-03.75
17 Gavin Ruckdashal	11 Postville	18-00.00	17-03.25
18 Jaydon Butzman	9 Holmen		17-00.50
19 Joshua Mattison	10 Rochester John M	15-06.00	16-11.50
20 Mac Faldet	12 South Winneshiek	15-08.00	16-10.75
21 Mabor Mabor	12 Rochester John M	13-11.00	16-09.25
22 Abe Molling	9 Holmen		16-03.50
23 Rodney Schwartzhoff	9 South Winneshiek	16-00.00	15-11.50
24 Tye Anderson	9 Decorah	13-10.00	15-11.25
25 Dawson Meyer	10 Decorah	16-06.00	15-11.00
26 Josh McGrath	9 La crosse Logan		15-10.25
27 Ty Eder	10 Rochester Centur		15-09.50
28 Spencer Gull	10 Clayton Ridge	16-00.00	15-08.50
29 Braydn Harbaugh	9 Clayton Ridge	17-00.25	15-07.50
30 Alec Quandahl	11 South Winneshiek	14-07.00	15-04.75
31 Braxton Smith	9 South Winneshiek	16-07.00	15-04.00
32 Austin George	11 Holmen	16-05.00	15-00.50
33 Jackson Varney	9 Decorah	15-04.00	14-08.00
34 Jeffrey McEarchern	10 Rochester Centur	14-00.00	14-03.50
35 Andrew Zittlow	9 Holmen		14-03.00
36 Michael Bruening	9 Decorah	13-08.00	13-08.00
37 Ben Halfmann	9 Holmen		13-07.50
38 Shawn Alexander	12 Rochester John M	13-09.00	13-05.50
39 Chol Tong	9 La crosse Logan		13-03.75
40 Jacob Ling	10 South Winneshiek	14-03.00	12-09.50
41 Reed Williams	9 Holmen		12-06.50
42 Jon Scherf	10 Central- Elkader		11-05.50
43 Brandon Batzel	9 Holmen		10-02.50
-- Lavontay Basley	10 La crosse Logan		DNS
-- Weston Royer	10 La crosse Logan		DNS
-- Dan Fischer	10 Holmen		DNS
-- Carson Eikenberry	9 Holmen		DNS
-- Elijah Johnson	10 Holmen		DNS
-- Ben Jones	9 Holmen		DNS
-- Roy Balder IV	9 Holmen		DNS
-- Tyler Burke	11 Holmen	16-00.00	DNS
-- Logan Conroy	9 Holmen		DNS
-- Leo Vang	9 Holmen		DNS
-- Anthany Vang	10 Holmen		DNS
-- Christopher Brakke	12 Rochester Centur	18-00.00	DNS
-- Plai Vang	10 Holmen		DNS
-- Colton LeClaire	10 Holmen		DNS
-- Taite Douangdy	10 Holmen		DNS
-- Tanner Schultz	9 Holmen		DNS

Boys Triple Jump

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4 Jumps

Meet Record: M 44-06.50 3/27/2010 Kenny Winslow, La Crosse Logan

2014 Winner: 42-02.50 3/29/2014 Rae Tillman, La Crosse Logan

Name	Year	School	Seed	Finals
1 Brandon Christnovich	12	Holmen	38-00.00	42-09.50
2 Dylan Cooper	12	Holmen	36-00.00	39-00.00
3 Ty Eder	10	Rochester Centur	34-04.00	36-11.00
4 Joel Nielsen	10	Rochester Centur	34-06.00	36-09.50
5 Joel Cunliffe	12	La crosse Logan		36-07.00
6 Samuel Rotty	12	Rochester Centur	33-00.00	35-11.50
7 Kade Steinbrecher	9	Holmen	30-00.00	35-10.00
8 Kyle Gamoke	12	Holmen	36-00.00	35-06.25
9 Jonathan Kaufmann	10	Rochester Centur		34-03.50
10 Jeffrey McEarchern	10	Rochester Centur	33-00.00	32-07.50
11 Alex Cassem	10	Holmen	30-00.00	32-00.50
-- Christopher Brakke	12	Rochester Centur	38-00.00	DNS
-- Jeffery Young	11	Holmen	30-00.00	DNS

Boys Shot Put

4 Throws

Meet Record: M 49-00.25 3/27/2011 Logan Breitsprecher, South Winneshiek

2014 Winner: 48-01 3/29/2014 Calvin Wright, La Crosse Logan

Name	Year	School	Seed	Finals
1 Ryan Moser	12	Clayton Ridge	55-10.00	53-11.50M
2 Jonathan Dicke	12	Rochester Centur	42-00.00	47-01.50
3 Nathan Fitzgerald	12	Central- Elkader	51-00.00	46-08.50
4 Jarod Banks	11	Holmen	41-00.00	45-07.50
5 Thomas Pecinovsky	11	Decorah	41-05.00	44-03.50
6 Andy Lillegraven	9	Decorah	39-06.00	44-00.00
7 Christian Breckner	12	La crosse Logan	41-02.00	43-05.50
8 Manny Buckhanan	11	La crosse Logan	41-02.00	41-05.50
9 Ben Dugger	11	Decorah	39-05.00	40-09.00
10 Trevar Benson	12	Postville	40-00.00	39-11.50
11 Cole Ray	10	Rochester John M	34-00.00	38-06.50
12 Nathan Bakalars	11	La crosse Logan	33-10.00	38-03.50
13 Eli Nott	12	La crosse Logan	35-08.00	38-02.50
13 Aaron Wuttke	12	La crosse Logan	35-08.00	38-02.50
15 Javon Whitesell	10	La crosse Logan	37-03.00	37-07.50
16 Emanuel Jada	11	Rochester John M	38-00.00	37-04.50
17 Gergely Mozes	12	Rochester Centur	35-00.00	36-11.00
18 Andrew Murray	10	Holmen	35-00.00	36-09.00
19 Brad Corrigan	11	Decorah	34-10.00	36-07.50
20 Alex Ney	12	Rochester Centur	32-00.00	36-03.00
21 Reid Gerber	10	Rochester John M	30-00.00	36-00.00
21 Mitchell Herold	11	South Winneshiek	38-03.00	36-00.00
23 Austin Sommerfeldt	12	La crosse Logan	35-08.00	35-01.50
24 Evan Verhota	12	La crosse Logan	35-08.00	34-10.00
25 Anthony Vang	10	La crosse Logan	33-10.00	34-04.50
26 Ben Nickel	11	La crosse Logan	33-10.00	33-07.50
27 Logan Graff	10	Holmen	30-00.00	33-03.50
28 Andrew Jarrett	11	La crosse Logan	33-10.00	33-02.00
29 Drew Reinhardt	10	Central- Elkader	38-00.00	32-09.50
30 Alex Sterlavage	11	La crosse Logan	31-01.00	32-07.50
31 Drew Reicks	12	Postville	34-00.00	32-03.50

32 Jackson Lukes	9 South Winneshiek	29-03.00	32-01.50
33 Sam Nickel	10 La crosse Logan	31-01.00	31-03.50
34 Anthony Pearson	11 South Winneshiek	28-06.00	31-00.00
35 Seth Heerts	11 Holmen	35-00.00	30-09.00
36 Samuel Rivas	10 Rochester Centur	27-11.00	30-04.50
37 Josh Nierengarten	9 Decorah	29-10.00	30-02.50
38 Zach Grant	9 Central- Elkader	29-00.00	29-07.50
38 Dillon Schuety	10 Central- Elkader	29-00.00	29-07.50
40 Thiab Abuserrieh	12 Rochester Centur		29-02.50
41 Parker Klingman	9 Central- Elkader	29-00.00	28-11.00
42 Erick Fadness	9 Decorah	29-06.00	28-06.50
43 Travis Fish	9 Postville	33-00.00	28-03.50
44 Kory Lyons	10 Holmen	35-00.00	28-00.50
45 Avery Stringer	10 Rochester Centur	23-09.00	27-06.00
46 Thomas Sarazin	9 Holmen	30-00.00	27-02.00
47 Kyle Jacobson	9 Central- Elkader	29-00.00	26-08.50
48 Hunter Backholm	9 Rochester John M	22-00.00	26-07.50
49 Logan Monteith	9 Decorah	25-05.00	25-11.00
50 Gabe Kipp	9 South Winneshiek	25-05.00	25-02.00
51 Jon Scherf	10 Central- Elkader	27-00.00	25-00.50
52 Kylus Pettit-Ehler	9 Decorah	23-05.00	24-00.00
53 Carter Sime	9 Holmen	30-00.00	23-00.00
54 Kevin Davis	12 South Winneshiek	25-03.00	22-05.00
55 Aldo Gonzaloz	10 Postville	32-00.00	20-04.50
-- Tim Winter	11 Decorah	42-10.00	DNS
-- Noah Weisbrod	10 La crosse Logan	37-03.00	DNS
-- Zade Johnson	10 La crosse Logan	31-01.00	DNS
-- Tyler Bolsinger	11 Clayton Ridge	39-01.00	DNS