



“Participants in girl’s lacrosse are expected to play, coach, officiate and spectate according to the spirit and intent of the girls’ game and in compliance with USA Lacrosse Girls’ Lacrosse Rules. Emphasis is placed on safety and good sportsmanship.”¹

Expectations for Coaches <i>Coaches are responsible for teaching their players to play by the rules of the game with sportsmanship and safety of the highest standard.</i>	Expectations for Officials <i>Officials are responsible for maintaining fair and safe play by consistently enforcing the rules.</i>
<p>Arrive on time and fully prepared.</p> <p>Review age specific rules during the pre-game meeting.</p> <p>Maintain professional and positive attitudes pre-game, during the game, and post-game.</p> <p><i>Remember we are all working together to provide fair, safe, and fun playing opportunities for our athletes!</i></p>	
Teach players to respect their ROOTS (Rules, Officials, Opponents, Team, Self).	Review score table and timekeeper responsibilities with the parent volunteers pre-game.
Fully understand the rules of lacrosse, including the age specific rules for your team.	Fully understand the rules and foul administration of lacrosse, including the age specific rules for any levels you will officiate.
Accept and respect the calls of the official.	Call the game safely, fairly, and accurately according to the age specific rules.
Ask questions respectfully and remember to take allotted time outs for longer discussions.	Answer coach questions/clarifications respectfully and as thoroughly as time allows.
Assign Sideline (Chill) Manager(s) for the game and assist with sideline management as necessary.	Offer Q&A to parents/fans during halftime as time allows (prioritize any questions from players/coaches before fans).

¹ USA Lacrosse [Girls’ Youth Rules Book 2024](#), page 4, Safety and Responsibility



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Expectations for Players <i>Players are responsible for their behavior and that their equipment and uniform conform to all required and allowable standards, as defined by USAL and MSLax rules.</i>	Expectations for Parents and Spectators <i>Spectators are responsible for their role in a positive and safe play environment by demonstrating sportsmanlike conduct at all times.</i>
<p align="center"><i>Remember we are all working together to provide fair, safe, and fun playing opportunities for our athletes!</i></p>	
<p align="center">Remember to respect your ROOTS (Rules, Officials, Opponents, Team, Self).</p>	<p align="center">Reinforce the respect for ROOTS that your players are learning from their coaches.</p>
<p align="center">Do your best to learn something new about the rules each time you step out on the field.</p>	<p align="center">Make good use of Q&A sessions offered by the officials at pre-game and/or halftime. Refrain from rules comments outside of this time.</p>
<p align="center">Accept and respect the calls of the official. Captains may ask the official for clarification. Other players may seek guidance from their captains and/or coaches.</p>	<p align="center">Accept and respect the calls of the official. Recognize that the coaches call the plays, officials call the fouls, and spectators are Here to Cheer!</p>
<p align="center">Work hard, play fair, and have fun!</p>	<p align="center">Volunteer to be Sideline (Chill) Manager for a game or two. Be an enthusiastic supporter and remember that your positive example is important to your child and all participants on the field and sidelines.</p>

Rules questions/clarifications can be sent to development@mslax.net or rules@mslax.net

Game feedback can be submitted at mslax.net/forms

¹ USA Lacrosse [Girls' Youth Rules Book 2024](#), page 4, Safety and Responsibility