

From The Head Coach:

May, 2020

On behalf of the VHS Freshman Staff and Cougar Football, I would like to welcome you to the Ventura Cougar Football Program. My name is Tim Garcia and I am the Head Varsity Football Coach at Ventura High School.

The entire staff at Ventura is excited to begin the building process with our new incoming ninth graders. Our goal as a program is to introduce our freshman on how to be a “Cougar” and what it takes to succeed on our campus as a student athlete. Please keep in mind, no previous playing experience is necessary to play freshman football. On average, over 50% of our freshman players will have never played youth football. Without leaving any kids behind, all our student athletes will be coached and mentored by experienced on staff teachers and coaches that care about your kids future on and off the field. They will learn what it means to be the “uncommon” and why that will play a significant factor in their positive development as a young adult. It is the “uncommon” that learn how to manage their time, strive to excel in the class room, on the field, and become leaders on our campus. As the head coach, one of my goals is to work hard for our student athletes who have the ability and the desire to move on to the next level by promoting our kids to college recruiters.

For Ventura Football to be successful, we must have full commitment from its players and families. This is a major time commitment that must be met in order for our program to achieve high levels of success. All practices, meetings and football functions are mandatory. Parents, please keep in mind, this commitment is not just asked of the players, we also need the parents to help with getting your child on time to and from functions. Our football parents are also encouraged to help with our booster organization. This commitment helps insure that no player is left behind due to financial hardship.

Due to the Coronavirus circumstances, we will be meeting with parents and players at our MANDATORY Zoom informational meeting and sign up Tuesday, June 2nd at 6:30pm. If a schedule conflict keeps you from attending the meeting, please email, call or text me so we can make arrangements for you to get needed information. . We are going to do everything on our end to ensure our kids stay safe through this process and at the same time give them the opportunity to play football their freshman year for the Black and Gold.

Take Good Care,  
Tim Garcia  
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Please continue to check for updated information at [www.vhscougarfootball.org](http://www.vhscougarfootball.org)  
or follow Coach Garcia on Twitter @ CoachTimGarcia