

YOUTH BASEBALL CLINIC 2019

LED BY BRIAN HARAPAT, ROGERS VARSITY HEAD COACH ALONG WITH THE HIGH SCHOOL COACHING STAFF & PLAYERS

*THIS WILL BE A <u>HANDS-ON</u> AND HIGHLY <u>INTERACTIVE</u>
OPPORTUNITY FOR YOUTH BASEBALL PLAYERS TO DEVELOP
THE MOST IMPORTANT & FUNDAMENTAL BASEBALL SKILLS!

*PLAYER/INSTRUCTOR RATIO OF 3 TO 1 OR BETTER!

SATURDAY, MARCH 16TH:

3RD-4TH GRADE, 10:00A.M.-12:00P.M. 5TH-6TH GRADE, 12:00 - 2:00P.M. 7TH-8TH GRADE, 2:00 - 4:00P.M.

SUNDAY, MARCH 17TH:

3RD-4TH GRADERS, 12:00 - 2:00P.M. 5TH-6TH GRADERS, 2:00 - 4:00P.M. 7TH-8TH GRADERS, 4:00 – 6:00P.M.

*Great tune-up for upcoming youth tryouts!!

*Space is limited and some age groups will fill up FAST!!

*Please wear tennis shoes
Bring helmet, glove and bat!

ALL PLAYERS WILL RECEIVE TRAINING AND PERSONAL FEEDBACK ON THE FOLLOWING SKILLS OVER THE 2-DAY CLINIC:

- HITTING
- PITCHING
- INFIELD PLAY
- BASERUNNING
- OUTFIELD PLAY
- CATCHING
- THROWING MECHANICS

COST: \$75 – PROCEEDS SUPPORT ROGERS HIGH SCHOOL BASEBALL AND CAPITAL IMPROVEMENTS TO OUR BASEBALL FIELDS!

