



# The Torch

SYC Weekly Digest

December 27, 2022

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## A Message from the SYC President



As we close out another eventful year, I wanted to take a minute to thank each SYC family for trusting the club as your youth sports home.

Trust is a big word in sports, both individual sports and team sports. Individual sport athletes like golfers and gymnasts have to trust the instruction they receive from coaches. Team sport athletes have to similarly trust their coaches, as well as their teammates. The 2B has to trust the shortstop to be at the bag when executing a double play in softball. The post player has to trust the point guard to deliver a pass accurately and on time in basketball. Soccer players have to trust each other to be in the correct positions both offensively and defensively in almost every context. And in every sport, whether team or individual, the athlete has to trust themselves to execute the skills they have learned and developed. To me, developing that sense of team and trust is the great lesson of youth sports and the one that is most transferable in so many other contexts.

We hope to continue to earn your trust as we move forward into the Club's 60<sup>th</sup> year - contrary to popular belief, I have not been around for all of them, although this will mark my 26<sup>th</sup> year volunteering with the club in some capacity.

On behalf of SYC's board of directors, we wish you all a safe, happy and healthy holiday season!

*Chris Spera*

## OPEN REGISTRATIONS

### WINTER SPORTS

Rec UP Basketball

Kickball

Winter Soccer Clinics

Winter Softball Clinics

Volleyball Clinics

### SPRING SPORTS

Flag Football (Coed)

Flag Football (Coed) - Pre-Season Clinic

Boys Lacrosse

Girls Lacrosse

Girls Rugby

Boys Rugby

Rec Soccer

Rec Soccer - Pee Wee Kickers

Rec Soccer - U5 Cubs

Softball

Rec Volleyball

Travel Volleyball Tryouts

## FEATURED SPORT



**EARLY BIRD DISCOUNT  
ENDING FOR THESE  
SPRING SPORTS!**

Flag Football

Rec Soccer

Girls Softball



**REGISTER HERE**

## NEWS AND SPECIAL EVENTS

**\$60**  
**FOR**  
**60<sup>th</sup>**

**CELEBRATING 60 YEARS  
OF YOUTH SPORTS**



The logo for the SYC 60th anniversary, featuring the SYC emblem and the text 'Celebrating 60 Years'.

As our 60 year anniversary celebration comes to a close, please consider SYC for your end of season giving! We are excited to see what the next 60 years will bring!

[Donate Here](#)

## FAMILY AND COMMUNITY



### First Day Hikes to Start the New Year!

Throughout the day Mason Neck will be leading many types of hikes for both children and adults. First Day Hikes are the perfect way to start the year! First Day hikes is an initiative that started in 1992 in Massachusetts, and in 2012 was adopted in all 50 states to promote a healthy lifestyle.

[Read More](#)

We'd love your feedback! Send questions or comments to [admin@sycva.com](mailto:admin@sycva.com).



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