



The Torch

SYC Weekly Digest

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [SYC Store](#)



Former SYC Player
- Brian Cobbs -
pictured in the Washington Post

Brian Cobbs, who played football with SYC from 2007 to 2013, was on the front page of the Washington Post's sports section. Brian is a sophomore wide receiver for the Maryland Terrapins. In their first season game this past Saturday, the Maryland Terrapins beat Howard Bison 79 - 0. Congratulations to Brian and the Terrapins!

[Read more from The Washington Post](#)

OPEN REGISTRATIONS

FALL SPORTS

[Cheer](#) - **1st - 3rd spots available**
[Field Hockey](#)

[Rec Soccer](#) - **Few age groups open.**

[Rec Soccer Monday Night Training](#)

[Rec Soccer Goalkeeper Training](#)

[Rec Softball Clinics](#)

[U5 Soccer Cubs](#)

[Pee Wee Kickers](#)

FEATURED SPORT



SYC West End Rugby Fall/Winter Academy

We're excited, for the first-time ever, to offer a clinic led by NOVA Women's and Men's Rugby clubs. Don't miss this chance to learn from the reigning national champion NOVA Women and some of the best men players on the East coast!

The clinic will take place on 27 Oct from 0830 - 1530; lunch is included.

The fee for the clinic is included in your Academy fee.

[LEARN MORE ABOUT FALL/WINTER RUGBY ACADEMY](#)

[Register Here!](#)

NEWS AND SPECIAL EVENTS



REC SOCCER COACH MEETING **TONIGHT!**

Tuesday, September 3
Lee High School cafeteria

7PM - 8PM: U5-U11 Boys and Girls, U12 Boys
8PM - 9PM: U13-U19 Boys and Girls, U12 Girls

Thanks for all you do coaches!
We'll see you tonight!



SYC Travel Soccer Opening Weekend!

Looking Good!



Washington REDSKINS vs Chicago BEARS

Monday, September 23rd at 8:15PM
 Section 106, Row 11, Seats 34 and 35
 Tickets do not include parking.
 Total Price: \$280.00

Support SYC Football! **Call the office at 703-339-3796** during office hours to purchase.
 Tickets must be picked up in the office during office hours.

Office Hours: MTThF from 9AM - 4PM, Wed from 9AM-7PM

FIRST COME, FIRST SERVE

IN THE COMMUNITY



Goals of Youth Soccer Month

- Raise awareness of Youth Soccer and the benefits of playing the game.
- Emphasize soccer as the number one youth participation sport in America and a leading contributor to the healthy lifestyle of millions of American families
- Bring kids and families of all ages and all abilities together for fun, friendship and fitness.
- Highlight the various programs available to children interested in participating in soccer, including inner-city, special needs, recreational and elite soccer programs.

[**READ MORE**](#)

INTERCOLLEGIATE ATHLETICS AND THE SPORT
MANAGEMENT PROGRAM PRESENTS

□—————□

Connecting and Motivating the Internet Generation Athlete

□—————□

September 9, 2019 | 6:30 pm - 8:30 pm

Merten Hall | George Mason University
Fairfax Campus

An essential topic in today's world of athletics, at every level of play, in every sport. Learn from Mason experts who have studied and worked with athletes and teams about connecting with and motivating athletes. Topics such as theory behind motivation, self-regulation, trust and flow, as well as techniques such as goal setting, building trust and mindfulness will be explored. The audience will be encouraged to participate at the end of the program.

SAVE on Soccer Equipment with these [COUPONS!](#)

SAVE on Softball Equipment with these [COUPONS!](#)



Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | www.sycva.com

