Mount Diablo Wrestling Association

MDWA covers Alameda and Contra Costa counties with the exception of Oakland. Contacts: Dave Calkins (925-522-6813

2024 Freestyle and Greco Season Tournament Schedule

"Once you've wrestled, everything else is easy."

Dan Gable,
Olympic Gold Medalist
and two-time NCAA Champion

Registration and Fees

Entry fee: \$15 (\$20 for Snake Pit and Championships). Current USAW card required

All registrations must be submitted by 7pm the day before the tournament at www.trackwrestling.com. No walk-up registrations. Input wrestler's exact weight at time of registration. Weights will be checked if challenge is made. All wrestlers must check-in by 8:00am. See Tournament Schedule below for more details.

Tournament Format

Pooled 3 – 5 wrestler round robins by weight and USAW age group. If possible, Snake Pit & Championships will be bracketed and will follow USAW weights and age groups. Awards: Medals for top 3 placers in each style. Special Awards at Snake Pit & MDWA Championships

Tournament Schedule

7:30a – 8:00a Check-in and Skin Check (and weighin for MS, Cadet and Juniors for Championships)
8:00a – 9:00a Warm Ups

9:00a 6U through 14U wrestling

WRESTLING SUCCESS STARTS HERE

Tuesday March 5th, 2024

COEP - COACHES AND OFFICIALS EDUCATION PROGRAM COMMUNITY YOUTH GENTER 2251 GALAXY CL. CONCORD, CA 94520 Steve Gee SGEE@CYCMAIL.ORG

Saturday March 16, 2024

"The Wolverine Invitational"
Deer Valley High School
4700 Lonetree way
Antioch, CA. 94531
Golden State Wrestling Club Rich
Madrigal shortmadman@yahoo.com

Saturday, March 23, 2024

MDWA - Knights Freestyle / Greco Tournament Foothill High 4375 Foothill Rd, Pleasanton, CA 94588 Guardian Knights Wrestling Club Justin Phillips Justinandrewphillips@gmail.com

Saturday, March 30, 2024

MDWA "Rumble in the Den" Liberty High School 850 Second ST Brentwood Delta Wrestling Club David Calkins dcalkins73@yahoo.com

Saturday, April 6, 2024

"MDWA Concord Youth Center" 2241 Galaxy Ct Concord, CA 94520 CYC Wrestling Club Steve Gee Sgee@cycmail.org



Sunday April 7, 2024

NorCal Beach Wrestling" Pacifica State Beach 5000 California Hwy 1 Pacifica, CA. 94044 Tod Blank 925-237-6118 tblank191@gmail.com

Saturday, April 27, 2023

MDWA "Pittsburg Steeltown Invitational" 1750 Harbor Street Pittsburg, CA 94565 Roger Darrin 925-726-9948 Montyboa@gmail.com

Saturday, May 11, 2023

"MDWA Championships"
Deer Valley High School
4700 Lonetree way
Antioch, CA. 94531
Golden State Wrestling Club
Rich Madrigal
shortmadman@yahoo.com

