



## Code of Conduct

I pledge to be **R**esponsible for my actions, **A**ccountable for my words, **M**otivated to improve my game, and demonstrate a **S**trong sense of character while participating in NCHS Squash practices and matches.

I will conform my behavior to the following code of conduct:

1. I will commit to make every effort to attend every practice and match, and to be on time.
2. I will display good sportsmanship, play fairly and observe the rules of US Squash.
3. I will respect the referees and their authority during a match.
4. I will treat any coach, parent, player, or participant with respect.
5. I will honorably represent my school, my team and my community.
6. I will contact a coach or captain if I have any questions, concerns or comments.
7. I will not engage in any behavior (for example fighting, verbal or physical threats) which would endanger the health, safety or well-being of anyone.
8. I will not engage in the use of profanity.
9. I will commit to not drinking alcohol, smoking or chewing tobacco, vaping or use of any illegal substances.

I hereby agree that if I fail to conform my conduct to the foregoing while attending or participating in a NCHS squash event I will be subject to disciplinary action.

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Player Name

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Player Signature

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Date