

2023-24 Tryouts

Saturday August 5th or Sunday August 13th

Jefferson Community College, McVean Center Gym

1220 Coffeen St. Watertown, NY 13601

15 & 16U: 8-10am, Check-in 7:30am

17 & 18U: 10am - 1pm, Check-in 9:30pm

*Must register for tryouts. Link on our website www.lakeeffectsmashvbc.org

*Must have, at the minimum, a tryout USAV membership (Must show on phone or be in our club directory) **LINK will be posted on website by Thursday August 3rd. Region must post new memberships for purchase first.

*NEW Members, to prepare for the season each family should create a free "household" SportsEngine account with an adult's email then add your athlete under your household, this account will be required prior to registering for Lake Effect Smash tryouts and USA Volleyball membership. You will be asked to login to your SE account or create one during your online tryout registration.

*If you have a current USAV membership (not expired), you will not need a try-out membership.

*Completed Medical Release Form (Print from tryout registration or fill out a blank one at tryouts)

*No spectators allowed during tryouts (No bleachers out during tryouts)

*Athletes must bring own water/water bottle

*Please have your daughter wear a numbered shirt if they have one - not mandatory.

*Athletes should have volleyball or court shoes and knee pads.

2024 Lake Effect Smash Volleyball (10th year Anniversary!)

Teams: (Max 11, goal 10 athletes per roster) (*STORM teams MAX 10 athletes*)

15-SILVER (Club Division in tournaments)

16-SILVER (Club Division in tournaments)

***17-STORM (USA, American, or Open Divisions at tournaments)**

17-SILVER (Club Division in tournaments)

***18-STORM (USA, American, or Open Divisions at tournaments)**

18-SILVER (Club Division in tournaments)

13-14U team info will be posted Early Sep. Tryouts in Oct.

Club fee: Includes uniforms, tournament fees, coaches per diem, club admin fee.

Club fee does NOT cover: a full USAV Junior membership, athlete/family travel or hotel fee at tourneys.

15-SILVER- \$650 (3-day Tourney-1, 2-day Tourney-2, 1-day tourney-2) 5 tournaments
16-SILVER-\$1,050 (3-day Tourney-2, 2-day Tourney-3, 1-day tourney-2) 7 tournaments
17-SILVER-\$1,050 (3-day Tourney-2, 2-day Tourney-3, 1-day tourney-2) 7 tournaments
*17-STORM-\$1,150 (3-day Tourney-3, 2-day Tourney-2, 1-day tourney-2) 7 tournaments
18-SILVER-\$1,050 (3-day Tourney-2, 2-day Tourney-3, 1-day tourney-2) 7 tournaments
*18-STORM-\$1,050 (3-day Tourney-2, 2-day Tourney-3, 1-day tourney-2) 7 tournaments

Payments:

In full or 4 payments (25% each payment) with 25% due 1 Sep when athlete accepts team selection.
Payment schedule (1 Sep, 1 Oct, 1 Nov, final payment 1 Feb)

Practice days:

Goal is twice a week (Can be one weekday and weekend day or both weekdays). Estimated times/days will be posted before athletes accepts club team.

Communication is key with coach when missing days for other events.

Practice Locations:

Indian River Intermediate, General Brown HS, or Jefferson Community College.

2024 Tournaments (Tentative):

***Nike Boston Festival #1-Boston Convention Center (3-day tournament) Feb 23-25**

(15s, 16s, 17-Silver)

***Nike Boston Festival #2-Boston Convention Center (3-day tournament) Mar 1-3**

(17-Storm, 18s)

***18s Championships- Location TBD. Mar 23**

(18s)

***Syracuse Smash Tournament-Syracuse fairgrounds (2-day tournament) Apr 6-7**

(All)

***Rhode Island Rumble #1- Rhode Island convention center (2-day Tournament) Apr 20-21**

(16s, 17-Silver, 18-Silver)

***Northeast Qualifier (NEQ) # 4-Philadelphia Convention Center (3-day tournament) Apr 26-28**

(17-Storm)

***Rhode Island Rumble #2- Rhode Island convention center (2-day Tournament) Apr 27-28**

(18-Storm)

***Excelsior Regionals- Syracuse fairgrounds (2-day Tournament) May 4-5**

(15s, 16s, 17s Both)

***North Atlantic Championships (NAC)-Mohegan Sun, Uncasville CT. May 4-5**

(18s)

***Beast of the East-Pittsburgh convention center (3-day Tournament) May 25-27**

(16s, 17s both, 18s both)

****One or Two (single-day) local Tournaments will be added once tournament schedules post by 1 Oct 2023. Depending on the cost increase for 2024 will depend if we do one or two. They will fit in between the bigger tournaments.**

****STORM Teams are new for 2024 season. The first year will only be at the 17U and 18U level.**

What is a Storm team?

A Storm team will have a max player roster of 10 (could be 11 with Director approval). These teams will be entered in higher divisions at tournaments.

What are the requirements for making the Storm team?

1. Must score above average on tryout evaluations.
2. Must be proficient in your position; Example for an OH.
 - a. Must have a 3-4 step approach with correct footwork and arm swing mechanics.
 - b. Must be able to hit higher-level, quicker sets.
 - c. Must be able to block mid forearm or higher.
 - d. Must have serv-rec and defensive skills.
 - e. Must be able to jump float serve.
 - f. Must be able to hit back row, middle and opposite (Average or above)
 - g. Scores must be above average for their position.
3. Must commit to two practices a week, missed practices for other than academics, sickness, or family emergencies will affect playing time at tournaments.
4. Not recommended for dual sport athletes in the spring if games/meets will make the athlete miss practice.
5. These teams are selected by position.

Why a Storm team for LES?

Many years with feedback from parents that they were looking for a stronger team with 100% dedication to practice, team and tournaments. This is our trial year.

Storm teams will only be created if we can fill a solid 10 Athletes.

Our other teams will still be competitive and smaller in numbers per team to allow max playing time opportunities. Also allowing athletes to play a spring HS sport as well as club.

*Parent information meeting (Not Mandatory) via zoom on Thursday August 3rd from 7-8pm to discuss the 2024 season and the STORM teams. Join Zoom Meeting <https://us02web.zoom.us/j/83130575268>