



LONG BEACH
YOUTH SOCCER ORGANIZATION • EST. 1983

INTRO TO COACHING IN LBYSO

Hello and thank you for considering to be a part of LBYSO's coaching pool.

COACH GENERAL INFO

- 100% reimbursement of your child's fee after the season.
- Experience helpful but not needed. (see **New Coach Resources** below)
- It's your team. You choose the style of play.
- You pick the practice day(s), time and location.
- Background check and certifications required. LBYSO pays any fees.
- All are welcome. You are not required to have a child in the league.
- 16 and 17 year olds can coach for high school volunteer hours.
- **NEW FOR 2022!** If you coach two teams, recruit a certified assistant to cover conflicts.
- **NEW FOR 2022!** Player holds are guaranteed for 3 spots. More can be added provided total player ratings are balanced relative to other teams.

REGISTER TO COACH

Coaches register prior to each season at LBYSO.org or [Coaches Corner](#). For help, [email info@lbyso.org](mailto:emailinfo@lbyso.org).

ROSTER RELEASE

Coaches must complete requirements prior to getting their roster. Parents of assigned players may contact the coach prior to certification. Roster are released 4-5 weeks prior to the opening game.

REQUIRED CERTIFICATIONS

As an affiliate of US Club Soccer, all LBYSO coaches complete the US Club Soccer requirements below. These are all online and help to ensure a safe environment for our players.

1. Set up a Gotsport login.
2. Complete the Gotsport requirements – Background check, Suspension Review, Safe Sport.

LBYSO recommends a basic online coaching course via US Soccer or other training programs.

NEW COACH RESOURCES

New coaches are encouraged to confer with existing LBYSO coaches for help and guidance. A preseason coaches meeting is typically held as a general introduction and Q&A. Other sources include:

[US Youth Soccer Coaching Resources](#) (free)

[Mojo Sport](#) (website) or download the Mojo Sport mobile app from Google Play or Apple stores

[Soccer Drills for Kids](#) (free)



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COACH FAQ

When are games?

Early September thru November, plus playoffs for U10 and up. Spring is March to May with no playoffs. 10 game seasons, weather permitting.

U6-U10 games are Saturday at Heartwell Park from 9am-3pm.

U12 to U16 games are Saturdays between 9am-5pm, Sunday possible but rare.

U12 home games at Molina Park

U14/16 home games at Heartwell Park.

U12 to 16 typically have 5 away games within the greater LB/Anaheim area.

When do I practice?

You pick the practice times(s), one or two days a week, whichever is preferred.

Where do I practice?

Reserved, permitted space and time is available at Heartwell Park, with lights when needed. Practicing at non-Heartwell locations is allowed but is not covered by LBYSO permits.

Do I get any equipment?

New coaches receive a gear bag, 3 balls, bag, pump, cones, whistle, coach jersey if desired.

What size balls are used?

U6/8 size 3, U10/12, size 4, U14/16, size 5. Also ask all players to bring a labeled ball for practices.

What about goals? Do I get one?

The league does not provide practice goals. Some coaches purchase pop-up goals on their own. U12 and older coaches get occasional access to space with standard goals provided by LB Parks.

What are the rules?

LBYSO generally follows FIFA and USSF age-modified rules. More detail at [LBYSO Game Day Reference](#).

U6 is 4v4, no goalie, 30x20 field, coaches or team parents also act as referees.

U8 is 5v5, no goalie, 40x25 field, **NEW FOR 2022!** paid referee.

U10 is 7v7, goalie, 60x40 field, paid referee.

U12 is 9v9, goalie, 80x50 field, paid referee.

U14/16 is 11v11, goalie, 100x65 field, paid referee, typically 3-ref crew.

When are my child's fees reimbursed

100% credit on your child's fee after the season, assuming you complete the season as coach.

SUGGESTIONS

If you coach two teams, it is highly recommended to have an assistant to cover conflicts.

Don't do it all yourself. Recruit a Team Manager from your parents for snacks, banner, pictures, etc.

Ask team parents to pitch in for the cost of any shared items such as pop up goals and extra equipment.

EMAIL IS THE PRIMARY FORM OF COMMUNICATION. ADD LBYSO.ORG AS A SAFE SENDER.

More coaching info at [LBYSO Coaches Corner](#).