

**FAIRFIELD FOOTBALL INC**

**Topic:** Player Safety and Emergency Action Plan  
**Approved:** 03/26/24  
**Review:** Annually in March  
**Supersedes:** 04/28/23

**.01 PURPOSE OF EMERGENCY ACTION PLAN:**

The purpose of an Emergency Action Plan (EAP) is to provide Fairfield Football Inc. (FFI) with a Player Safety Plan (PSP) in case of a serious or life-threatening condition that arises during practice or games. Coaches and others involved in athletics must constantly be on guard for potential injuries and although the occurrence of limb-threatening or life-threatening emergencies is not common, the potential exists. Therefore, prepared emergency responders must have planned in advance for the action to be taken in the event of such an emergency.

**.02 NEED FOR PSP:**

The PSP has been categorized as a written document that defines the standard of care required during an emergency situation. Serious emergencies rarely happen but when they do, a quick, organized response can make a difference between a successful and unsuccessful reaction to an emergency. A PSP that is well-planned and rehearsed will provide responders with the approach they need for an effective response. Also of significance is the legal basis for the development and application of an emergency plan. It is well known that organizational medical personnel, including certified athletic trainers, have a legal duty as reasonable and prudent professionals to ensure high-quality care of the participants

**.03 EMERGENCY CONTACTS:**

POSITION	NAME	PHONE
President	Jon Holler	(717)968-5732
Vice President	Ryan Ebaugh	(717)408-5534
Secretary	Suzi Miner	(717)398-8179
Equipment Manager	Brandon Varner	(717)788-8716
Football Director	John Packard	(301)748-4162
Cheer Director	Kaylee King	(301)442-8594
Treasurer	Steve Joyner	(717)817-8140
Emergency Contact	Ambulance, Fire, Police	9-1-1

Information to be provided over the phone in case of emergency:

1. Your name and phone number if you are the one calling in
2. The exact location of the emergency and directions
  - Fairfield School: 4840 Fairfield Road
  - Fairfield Fire Company: 106 Steelman St
  - Carroll Valley Park: 5685 Fairfield Road
3. Type of injury or illness
4. Number of people injured
5. Other information as required/asked

The first aid person will decide to call EMS. This person will personally make the call or they may assign a responsible person to call. Local EMS should also have a map of the campus to aid in the response to an emergency. A map is located at the end of this document.

#### **.04 CHAIN OF COMMAND:**

The first aid person is in charge of the emergency until EMS arrives. The only exceptions are the visiting first aid person (if the team has one), who is responsible for their team, and when the first aid person is not at games or practices the head coach is in charge until the first aid person or EMS arrives.

#### **.05 EMERGENCY QUALIFICATIONS:**

It is required that at least one coach is trained in CPR and First Aid and that a certified EMT is present at all games. During practice, an EMT, AT, or First Aid Person is not required to be present due to EMS being nearby. Visiting teams should be informed of EAP procedures.

#### **.06 PSP TRAINING AND PERSONNEL:**

Once the need for the player safety plan is realized, the plan must be deployed and implemented. Education and rehearsal are necessary for PSP to be successful. Personnel involved in PSP training should include, but not be limited to, coaches, board members, parents, players, and EMS. The safety director will be in charge of annual training and will meet with coaches before each season begins to rehearse EAP for each sport that season. Training will involve a review of PSP, a presentation of expectations and standards that each person will be held accountable for, assignments of responsibilities, and rehearsal PSP. A thorough understanding of the procedures associated with the emergency care plan is required to ensure quick and successful care. Training and review are required each time a member joins the personnel involved in emergencies.

#### **.07 RESPONSIBILITIES OF EMERGENCY TEAM MEMBERS:**

During home games, the home team first aid person is responsible for both the home and visiting team unless the visiting team has their own first aid person. First aid persons from either team may assist each other as needed or requested. The duties of the first aid person do not replace the requirement for a certified EMT during home and away games. All coaches are responsible for emergencies during practice until EMS arrives on the scene. Since insurance coverage varies among athletes, parents may decide how their athlete is cared for and where they are cared for (if no hospital is listed the closest hospital will be utilized). Parents are the primary person to accompany the athlete to the hospital. If parents are not around, an assistant coach will accompany the athlete to the hospital. In the event of an injury, the head coach must notify the Football Director/ Cheer Director as soon as possible with a detailed account of what occurred so that the proper league documentation can be filed.

#### **.08 EQUIPMENT AND SUPPLIES:**

Each head coach will receive a first aid bag. The first aid bag will be kept and maintained by the equipment manager. The first aid bag should contain at the minimum the following: **Scissors, Tweezers, CPR mask, Medical Gloves, Blood Pressure Cuff, Stethoscope, Band-aids, Cold packs, ace bandages, Sam splints, Medical Tape, etc.** If an emergency arises and supplies are used, the equipment manager will be responsible for replacing them. Also, medical records and emergency contacts for all athletes should be available at all practices and games (home and away). These records may be in digital or paper format and will be provided to each coach before the start of the season.

#### **.09 ENVIRONMENTAL CONDITIONS:**

In case of lightning, the referee or an executive Board Member will use the WeatherBug app to determine if lightning is within 10 miles of the practice or game location. This information will then be communicated to the head coach who is responsible to stop the game or practice.

Additional weather and environmental recommendations for FFI are as followed:

- Heat:

At a heat index of 95 degrees or greater, practice is canceled or postponed until it drops below that number. At a heat index between 93 and 94 degrees, no helmets or shoulder pads are allowed and there must be a water break every 15 minutes.

- Cold:  
If the wind chill temperature is below 32 degrees practice is canceled or postponed until it rises above that number. If the wind chill temperature is below 50 degrees, football players should wear long sleeves to practice and games. For cheerleading, if the wind chill is below 50 degrees, cheerleaders should wear a long-sleeved jacket and pants.
- Other:  
In case of fire, keep everyone away from nearby buildings. In case of an earthquake, find a clear spot away from buildings, trees, and power lines and drop to the ground. Once the shaking stops check yourself and others for injuries. Expect aftershocks and each time you feel one, drop, and cover. Make sure head coaches call 911 to inform emergency services of the situation and any injuries.