

3 ON 3 FALL LEAGUES

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2023 BASKETBALL 3 ON 3 FALL LEAGUE REGISTRATION 2023 BASKETBALL 3 ON 3 FALL LEAGUE REGISTRATION 2023 BASKETBALL 3 ON 3 FALL LEAGUE REGISTRATION 2023 BASKETBALL 3 ON 3 FALL

NORTHERN MINNESOTA BREAKDOWN TEAM/SCHOOL 3 ON 3 FALL SERIES

TEAM REGISTRATION

High School/School District _____
Team Nickname: _____
Team Captain Name: _____
Email: _____
Cell: _____
Address: _____

Player 3 _____
Name _____
Grade _____

Player 4 _____
Name _____
Grade _____

PLAYER INFO AND GRADE (23-24 SCHOOL YEAR)

Player 1 _____
Name _____
Grade _____

Player 2 _____
Name _____
Grade _____

Player 5 _____
Name _____
Grade _____

Player 6 _____
Name _____
Grade _____



Dates:

Week to Week Sign Up

Oct 29th: Proctor High School (Girls)

November 5th: Mt Iron Buhl High School and Pelican Rapids (Boys and Girls)

November 12th: Rock Ridge High School (Boys)

Contact info:

Team: [Grid]
Contact: [Grid]
Address: [Grid]
City: [Grid] State: [Grid] Zip: [Grid]
Cell Phone: [Grid]
Email: [Grid]

My check or money order to: **Breakdown Sports USA** is enclosed.

Credit card order    CVV code (back of card)

Credit card # [Grid] Exp. date (mo/yr) [Grid]

Printed name & signature: _____

Select date(s):

Location:	Date	Boys	Girls	Var.	B - 9th/8th
Proctor HS	Oct. 29	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mt Iron Buhl HS	Nov. 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pelican Rapids	Nov. 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rock Ridge HS	Nov. 12	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Levels:

Two Divisions

Varsity

B-9th-8th

How do you rate your teams?

(1 high level, 2 average, 3 lower level)

1 2 3

Total cost: [Grid]

Mail to: Breakdown Sports USA, 4726 2nd Street Court NE, St Cloud MN 56304

RULES AND REGULATIONS 2023

FORMAT:

Each team will play 3 games of 20 minutes running time.

TOURNEY FORMAT:

Players must all be from the same school district

Max # of players is 6 per team.

Teams can be assembled of minimum of 3 players, max of 6 players.

Players can be assembled by grades how they choose.

They choose the level of competition.

1 Certified Official will be on each half court

Schedules will be posted 5-6 days prior to the date listed.

Week to Week Sign Up

RULES:

Games are played on half court

No coaches, players will coach their teams.

One official per court

Scoreboards for games. (Host will have one person keeping the score)

20 Minute Running Time Games.

Coin Flip to determine who starts with the ball conducted by the official.

No Time Outs, but water breaks is allowed if needed

Unlimited substitutions after made basketball or when ball is not in play

Teams can play with two players if this situation occurs.

Must have both feet outside the 3 point line on change of possession

Half court line is out of bounds

Balls that go out of bounds with no possession change, teams can enter the ball from out of bounds from the officials spot. If the ball changes possession, then the ball is checked beyond the arc.

Steals, Blocked Shots with possession change, balls must be taken back beyond the arc.

Following a made basket or dead ball, ball can be checked anywhere behind the arc.

Defensive rebound must be taken past the arc.

No free backs and this included air balls

2 points for made basket

3 points for outside the arc

FREE THROWS:

A fouled player will shoot one free throw worth 1 point, if made, a bonus free throw is awarded worth one point.

A shooting foul will be worth 2 points inside the arc, and 3 points past the arc.

Intentional Fouls will result in 2 points plus the ball.

Free Throws have a 7 second time limit to shoot.

Official will have discretion on stalling and award ball to defense. **NO STALLING**

TIES:

Each team gets 2 free throws and can designate the player to shoot them.

If both teams tie after 2 free throws, then each team gets 1 free throw a piece until the tie is broken.

A new player will shoot these free throws alternate.

No player can shoot two consecutive.

Results will be posted by the Site Director after each game.