



## Sandy Plains Baseball Association COVID-19 Policy

**NOTE: If your player DOES become ill, please communicate their condition immediately to your manager and to our Health and Safety Officer at [safety@sandyplainsbaseball.com](mailto:safety@sandyplainsbaseball.com).**

### **COVID-19 Warning:**

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. When you visit or use the park and facilities at Sweat Mountain Park and Harrison Park, you voluntarily assume all risk related to exposure to COVID-19.
- If you have a fever or COVID-19, you are not allowed in the park.

### **Screening Players and Coaches:**

- Managers are responsible for ensuring players and coaches have a temperature of less than 100.4° before attending practice/games.

### **Maintain Social Distancing:**

- Spacing between persons in the park should be at least six feet at all times.
- Spectators are encouraged to bring their own chairs.
- Members of the same household will be allowed to sit within six feet of each other.
- Players and teams must maintain social distancing inside the dugouts and throughout practices/games.
  - Sections of the stands will be made available to players to allow for social distancing while the team is batting.
- Handshaking and high-fiving is prohibited at all times. (Consider lining up outside the dugout and tipping caps to the opposing team as a sign of good sportsmanship after a game.)
- We ask that sunflower seeds, tobacco, and vaping products not be used (no spitting).
- No team coolers (dispensing type), individual players may bring their own.
- Batting cages will be limited to **2-3 kids per team** at a time.

- Field use will be limited to a **maximum of 50 people** per state guidelines.
- Each team will dedicate a parent or coach to monitor these guidelines during team practice and games.

#### **Use of Personal Protective Equipment and Best Practices:**

- Face masks are strongly recommended for coaches, players, and spectators but are not mandatory.
- Players and parents will be encouraged to bring hand sanitizer and utilize it before and after practice/games.
- Concessions employees will be screened to ensure temperatures are **100.4° or less**.
- Face masks and gloves will be worn by concessions workers.
- Pregame plate meeting will be for umpires and head coaches only, while maintaining six-foot social distance.
- If any physical contact should occur between players, coaches may call time to have disinfectant used on each player.
- Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.

#### **Field Transitions:**

- Players and families should vacate the field/facility as soon as possible after the conclusion of their game/practice to minimize contact with players, coaches, and spectators from the next game.
- If there is a game or practice prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.

#### **Player Equipment:**

- Player equipment should be spaced accordingly outside the dugout to prevent direct contact.
- Players should have their own individual batter's helmet, glove, and bat.
- Measures should be enacted to avoid, or minimize, equipment sharing when feasible.
- Some critical equipment may not be able to be obtained by every individual.
- When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with a disinfectant against COVID- 19. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets).

- Sweat coach pitch catchers will be permitted to use their personal batting helmets while catching.

#### **Rule Modifications for Substitutions:**

- Substitutes will come from the opposing team and will play defense in the outfield only. Follow the specific COVID substitution rule modifications as listed in the respective league rules.

#### **Exposures and/or Player with Illness:**

##### **Player with Positive Test**

1. Player will follow medical instructions and can return once medically cleared
2. Or, per CDC, a positive player can return after a minimum of 10 days from the onset of symptoms, provided that they are symptom free for three consecutive days.

##### **Player with Fever**

1. Player sees Medical Doctor
  - a) Player will follow medical instructions and return once medically cleared
2. Or, Player gets tested
  - a) Negative test – player can return when symptom free for 24hrs without medication
  - b) Positive test – see “Player with Positive test” instructions
3. Or, Player is symptom free for 10 days.

##### **Player with Illness and without Fever**

1. Player sees Medical Doctor
  - a) Player will need to follow their Dr’s instruction on when they will be cleared to return to play
2. Or, Player who has a negative test and is symptom free for 24hrs can return to play in these cases.
3. Or, Player is symptom free for 10 days.

##### **Player with Household Member with a Positive Test:**

1. Player gets tested
  - a) Negative test

1. Per the CDC it will be a 14-day quarantine from the onset of symptoms of the positive household member.

b) Positive test – see “Player with Positive test” instructions

**Team with a Player who Tests Positive**

1. Team will quarantine for 14 days from the date of exposure

a) Players can choose to test on the 4th day after exposure. If the test is negative, then the player can return to play.

**Player who is Exposed to a Positive COVID case that is not on their Team or in their Household**

1. Player will quarantine for 14 days from the date of exposure

a) Players can choose to test on the 4th day after exposure. If the test is negative, then the player can return to play.

**Note:** The word player is synonymous with team member. All COVID health policies apply to the team staff.

- There may be scenarios that we have not considered, and we will handle those on a case-by-case basis. Email questions to [safety@sandyplainsbaseball.com](mailto:safety@sandyplainsbaseball.com)
- Testing guidelines state that you can get tested on the 4th day after exposure